MONTHLY

Lions Flying High

201 C1 District

NEWSLETTER



From DG Steve

his year is moving quickly, Christmas and the New Year are now a distant memory, Easter is rapidly approaching.

Our current district lion membership is positive 38 members since June 30th 2024. We are one of four districts in positive growth, I am very happy to say that we are ranked number one for new members.

Whilst this is great, we must keep up the momentum, re: additional members joining clubs. It certainly looks like people want to join service clubs again. Whilst we are in positive territory, we did have a significant loss of dropped members. This remains a real issue for all districts. So, I ask that all clubs work with new members to ensure they are included and feel valued and needed.

Work towards reengagement with members with the view to reduce the members dropped since June. It is far easier to work with existing lions than to go out and start recruiting new members. Let's keep the members we have. Ask them what they would like to do re service or projects, keep them engaged and remember to take a breather to celebrate and have some fun.

It's now that time of the year when clubs should be searching for your new office bearers for 2025/26. Elections need to be

held before the end of March. Please start discussing now because clubs will still need to complete the PU101 form and enter their office bearers in the portal. Any clubs that do not complete this in the allocated timeframes will experience issues with access in the new year. An issue that the district



So don't be "THAT CLUB" this year.

The Traralgon Multiple District Convention from 2 – 5 May 2025. MD is well worth attending.

I encourage all clubs and members to think about attending. Visit the Australian Lions website lionsclubs.org.au/members/73rd-md-201convention-2025/ and all the information and registration form will be accessible.

Have fun, enjoy your Lions experiences and stay safe.

Cheers,
Steve Fawcett
District Governor

LCIF: A Foundation of Service

The Wake of Hurricane Helene: LCIF's Response to the Devastating Storm

In late September 2024, families were plunged into darkness when Hurricane Helene tore through the Southeastern United States. This storm was the deadliest to strike the U.S. mainland since Katrina in 2005, causing widespread destruction and heartbreak.

We never would have been able to provide the community service we have without LCIF, and I can't wait to use this MCAT.

At least 233 lives were lost, and over four million people were left without power. District Governor Lion Patty Jean Strong of District 35-I says, "It was rough. The next day, there's no power, no communication. You don't have television; you don't have air conditioning; you don't have a cell phone; you don't have internet." Without power, even the smallest tasks become battles.

For millions, the storm changed everything in an instant. Life as they knew it had been flipped upside down. "You lose all your personal items. Your family photos, your wedding photos, your grandma's china, even simple things like your clothing and shoes, never to be seen again. It makes me so emotional," District Governor Strong says, as her voice starts to tremble. Knowing these victims had a long and painful road to recovery ahead of them, Lions Clubs International Foundation (LCIF) approved 11 grants totaling US\$335,000, in response to Hurricane Helene.

This includes nine Emergency Grants of US\$15,000 each across Florida, Georgia, North Carolina, South Carolina and Tennessee. These grants helped provide things like water, food, cleaning supplies, toiletries, flashlights and linens.

In addition, Multiple District 35 (Florida) and Multiple District 31 (North Carolina) received Major Catastrophe Grants (MCAT) of



US\$100,000 each to further assist recovery efforts. On top of that, in response to Hurricane Milton, a category 5 hurricane that struck Florida less than two weeks after Helene, District 35-O Florida also received an Emergency Grant for US\$15,000 to provide eating utensils, bedding, toiletries, cleaning supplies and nonperishable food to those affected. "We never would have been able to provide the community service we have without LCIF, and I can't wait to use this MCAT," says District Governor Strong.

The essential supplies and physical assistance go a long way in rebuilding the community, but for many, the emotional support can be just as effective. District Governor Strong says, "It's not just about the material goods because those things are transient. They need humanity and empathy, and that's what I give. What makes the biggest impact is compassion. Here in Florida, we've all lived through these storms. We've all been affected, and we know what they're feeling."

When natural disasters strike, Lions are among the first to offer help. With an LCIF disaster relief grant, they can do even more for communities devastated by hurricanes, floods, fires and other major events.



News from Elizabeth Playford Lions

Lions Club of Elizabeth Playford assistance to a local family.

Recently, our club was approached by a care worker seeking assistance for a client in a dire situation. A single mother with six young children was living in emergency housing without any cooling, during those incredibly hot days we experienced. Tragically, the youngest child, only 8 months old, required hospitalization due to the severe heat.

Club members quickly rallied together, concerned for the welfare of the children. However, we faced a significant challenge: a statewide shortage of portable coolers due to the extreme heat. After many phone calls, we finally managed to locate the last available cooler in the state.

Due to privacy concerns, we are unable to share photos of the family.

However, this photo shows the appreciation of cool air something many of us take for granted.



News from Torrens Valley Lions Club

The end of January saw the Torrens Valley Club members cater for the Australia Day free breakfast. All members were busy either cooking the breakfast, serving tea & coffee or OJ and organising the Scouts & CFS cadets with the flag ceremony. The breakfast was very well attended and showed our Club that our community was appreciative of the celebrations being held on Australia Day, over 250 breakfasts were served.

Following on from the successful Tour Down Under, Gumeracha was awarded best dress town for the day and for the whole tour. This was thanks to the Gumeracha Community and lions members.

Our bbqs for 2 primary school end of year functions were such a success they have already booked us in for the Dec 2025! The Club has donated profits from these bbqs, to the schools, to be used to benefit the children.

Discussions are in progress to expand the LEHP screenings to other primary schools in our area and to revisit the ones we did last year. A couple more of our members have been trained and will assist this year.

Williamstown held a "town garage sale", one of our members suggested that members could donate items, deliver to his place and proceeds would go to our club. This turned out to be a good day with not much left in the driveway at the end of the day, these were then donated to the local op shop.

This month the Club gained a new member, Lion Sharen Flynn. Congratulations and welcome.

The Club's coin collection continues with the donation boxes being emptied in Dec and again in February. We also have collected more eye glasses which will be packaged and sent off soon.

The local Community Pantry continues to have our support with a car boot load being delivered in January and again in February. January's delivery was mainly going back to school food and drink items as well as pantry staples.

Delivery of Appreciation certificates were distributed to businesses and individuals, who supported the Club's work in assisting our community by way of donations for the Pantry or donations for our raffle prizes.





LIONS CLUB

DEVELOPMENT

FORUMS

Everyone is welcome. New Lions - come and learn more about the various roles in Lions Clubs. Experienced Lions - discover what's changed.

WHYALLA: Sunday, 18 May 2025 CBD: Saturday, 31 May 2025

EVENT HIGHLIGHTS:

- Breakout Sessions (Presidents, Secretaries, Treasurers, Membership & Service Chairs)
- · Open Forum for sharing ideas
- Information on AI learn how to use AI for promotion, planning and more
- Lunch provided

More Info or Questions, email glt.c1@lions.org.au





Club Charter Anniversaries

March 2025

Each month, we will celebrate the anniversary of each club in our district.

Celebrating 24 years
West Lakes Seaton - 26 March 2001

Celebrating 45 years
Glenside - 18 March 1980

Celebrating 47 years Lock - 8 March 1978

Celebrating 61 years
Charles Sturt - 6 March 1964
Richmond - 19 March 1964
Tea Tree Gully - 4 March 1964

Peterborough & District Lions Club

The Lions Peterborough & District Lions Club recently enjoyed the Flinders Gin Distillery, lunch at the Tickle Belly Hill Cafe, and were hard at work at a working bee at the Lions Rose Garden.













Empowering Youth for a Brighter Future

ions International is dedicated to empowering young people through a wide range of programs and initiatives. As part of our global commitment to youth, we foster leadership, education, and inclusivity, encouraging families to get involved in community events, projects and activities.

Our **Youth of the Year program** recognises and develops future leaders, challenging students to showcase their academic, leadership and community achievements through interviews and public speaking. This program builds confidence, communication skills as well as sharing a commitment to serving their communities.

The **Lions Quest** initiative promotes positive youth development through social-emotional learning. The program equips young people with essential life skills, fostering social-emotional learning, character development and positive decision-making. This program is designed for schools and communities, and assists students to build their confidence, resilience and stronger relationships.

Another program run through the **Lions Eye Health Program** (LEHP) involves vision screens in primary schools to help identify potential vision problems early. A program that has a high impact in schools and the future of children screened.

The **Peace Poster and Essay Competition** encourages creativity and global awareness among children around the world. The results of this competition is awe-inspiring.

These programs are run through schools and communities, led and facilitiated by local Lions Clubs. But our investment in youth does not stop there.

Leo Clubs provide opportunities for leadership, fellowship and community service for young people aged 12 - 18; with the opportunity to continue as a Leo-Lion and Lion. Leos are involved in hands-on projects, teamwork, leadership and mentoring roles. Leos have a positive impact in the community, both in and outside of the school environment, and this program helps equip them for experiences, and challenges, in the future.

Other opportunities involve supporting our youth to attend, and participate in, **youth exchanges and camps**. An opportunity to build confidence, independence, life skills, make new friends, and create memories.

For primary school children, there's the **Cubs Club program**. Lions International offer a few resources for Clubs to include children in their meetings and projects, members bring along their children and share the Lions experience, with some starting a cubs club of sort within their own club that is held simultaneously.

Back in 2019, the Lions Club of the City of Adelaide designed, developed and documented their own cubs club program, which involves primary school children as young as 5 starting their own



club that runs similar to a Lions Club. The cubs club program has been developed to empower children to have a direct influence and impact on their local community and beyond, through community services, project development, leadership and raising awareness.

The first club chartered was the Little Roarers Cubs Club, based at Annesley Junior School. Following this, the Lions Clubs of the City of Adelaide and Golden Grove partnered to charter the Pedare Pride Cubs Club at Pedare Christian College in May 2021. The developed program has been shared with Lions Clubs in Australia and overseas, with a few other cubs clubs having been formed based on this successful program.

The Clare Lions Club engages with their local schools to learn about the environment and actively care for the Gleeson Wetlands, while the Lions Club of Elizabeth Playford have a strong relationship with their local schools and are involved in building shelving for libraries, painting buildings, supplying books and much more.

Many clubs have created their own projects and events, including scholarships, public speaking competitions, photoraphy competitions, leadership retreats and more.

Through these youth programs and projects, Lions are shaping the future generations, helping these children build a better future for themselves and their communities.

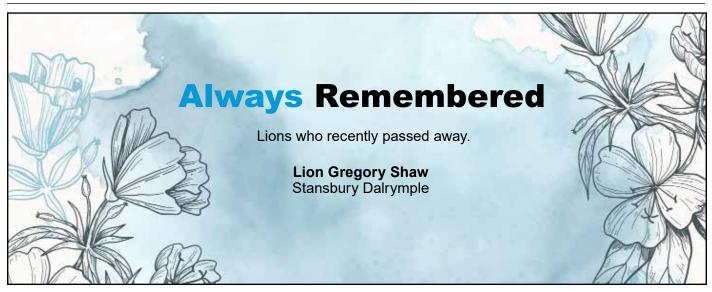
Is your club interested in learning more about existing youth programs, or have an idea for something new? Talk to your neighbouring clubs, clubs in your zone, or reach out to a club who's projects are sparking your interest.

For more information on specific programs, a few contacts include:

Youth of the Year: Ken Bradford
Peace Poster: Julie Pickles
Vision Screening: Michael Neal

Cubs Club: Petrea Stacey & Annette Slater

Leo Program: Annette Slater Youth Exchange & Camps: Erin Williams









Adelaide Italian Lions Update

Please note the Adelaide Italian Lions Club's new postal address: PO Box 309, Marden SA 5070







Welcome To Our New Lion Members

Welcome to the District C1 Lions Family.

Adelaide Filipino (New Charter)

Lucila Abiado

Sonny Afante

Joanna Base

Grace Capati

Eileen Cardona

Gemmalyn Castigo

Reymar Castigo

Helen Cruz

Christine Dieckmann

Xanthal Din

Carmie Duncan

Joel Espartero

Imelda Gamesa

Juileta Goodman

Francisca Langley

Violetta Leslie

Marieshel Lingatong

Dennis Loreto

Mylene Loreto

Maritess Martinez

Norfe McCaskill

Jane Onuzans

Arlyn Pelonio

Morning Grace Rodriguez

Irene Rowe

Marie Anne San Gabriel

Louie Trocio

Mary Anne Watts

Gawler

Donna Rae sponsored by David Schwartz Leslie Rae sponsored by David Schwartz

Golden Grove

Jeanna Sebastian sponsored by Fenella Ratcliffe

Maitland & District

Graeme Caddy sponsored by Ivor Carter

Onkaparinga

Gregory Jaensch sponsored by Cynthia Weyland

Quorn

Malcolm Maddigan sponsored by Anne Freebairn

Wallaroo

Tony Hudson sponsored by Moira Copping

Whyalla

David McGregor sponsored by Allan Smith
Diane Rowe sponsored by Allan Smith
Wayne Trenwith sponsored by Amanda Lehmann



Hear Me Roar! Project Working Bee

embers from the Lions Club of the City of Adelaide were joined by Lions and friends from other Lions Clubs at the North Adelaide Community Centre on Sunday, 16th of February, for the Hear Me Roar! Project working bee. Together we helped sort out boxes of books that were recently donated to the City of Adelaide Lions Club. We also stuffed cushions and port pillows which are made from many brightly printed materials ready for hand sewing the openings.

Sitting around the long tables In the community centre, attendees can choose to mingle with other members and have a chin wag about their own club activities or projects that they are planning to undertake. There are many opportunities to brainstorm and share ideas that have brought like-minded people together and branch out into new fields of fundraising, or social activities that grow the fellowship of being a Lion.

The sorting of books has become a very useful way of providing students in many schools reading material. The books sorted for lower primary and upper primary students are packed into labelled "Hear me Roar" blue bags and boxed to be delivered to many Schools across Adelaide and surrounding suburbs.

Members are also occupied with stuffing and hand-stitching the gap left after stuffing the large number of pre-sewn pillows and cushions.

The day often produces a large pile of the pillows ready for delivery. The large plastic bag filled with an assortment of pillows and cushions with brightly coloured materials including floral designs, dinosaurs, fairies, geometric shapes, movie themes such as Harry Potter and Avengers, and indigenous art. A wide range of designs.

Cushions are donated to hospitals, organisations, children's camps run by organisations such as Puddle Jumpers and foster

children through Backpacks 4 SA Kids.

Other items, including port pillows, are donated to patients who have undergone breast or heart surgery, trauma, or chemo port sites, to use as buffers in the car, while they recover.

The many regular volunteers that attend the quarterly 'Hear Me Roar" days often take home unfinished sewing jobs to be completed in their own spare time, as the demand for these items continues to grow. In fact new ideas of items such as toys that assist children with a need for sensory activities have been developed, and the project includes baby bibs, stoma bag covers and many other popular items.

The charities and medical centres that receive the completed items are always very grateful and there seems to be an evergrowing need for these items. This indicates that this volunteer time is very important and well rewarded when we hear feed back from the recipients.

It is always very gratifying to receive letters and messages of gratitude sent back to the club for our continued support. The time spent attending such quiet relaxing day is very rewarding.

As a regular to these sessions, I am satisfied that my time is very important and valued by the wider community a great feeling that my effort has reached a need out in the wider community.

The charities list continues to grow and as the theme for International Lion clubs is "WE SERVE" we know our time has helped many of those requiring support.

Kaleeda Rasheed City of Adelaide lions Club.







Donation to ALHD

The Richmond Lions Club has made a generous and meaningful gesture in memory of Past District Governor Tony Pederick OAM, who passed away in late 2024. In honouring his legacy, the Lions Club has purchased a second vehicle for ALHD, a cause that Tony and his family were passionate about for many years. Tony, a PDG of the C1 District, was a steadfast supporter of ALHD, and his commitment to the cause is remembered fondly by all who knew him.

Tony's dedication to ALHD lives on through his family, who continue to support the organisation. His daughter Petrea, who works on the ALHD website, along with her husband Andrew and their daughters Indie and Addie, and Tony's wife Marilyn, carry forward the values Tony held dear. This gesture from the Richmond Lions Club is a beautiful tribute to his memory and a lasting impact on a cause that meant so much to him.

We are deeply grateful to the Richmond Lions Club for their continued support, and for this special contribution in Tony's honour.

- Australian Lions Hearing Dogs

Active Citizen Award

Congratulations to Lion Michael Neal from Burnside Lions Club on being presenting the Active Citizen Award by the Burnside Council.







Port Lincoln Lions Update

President: Michael Wynne (mobile: 0427 275 188)

Vice President: Norm Pope

Secretary: Vacant.

Please send all emails to: WCMA@internode.on.net



Adelaide Filipino Lions Club

Adelaide Filipino Lions Club debuts with its first official club meeting.

The Adelaide Filipino Lions Club (AFLC) has been officially chartered and made its maiden club meeting on Monday 17th February 2025 at the Elizabeth Playford Lions Club in Elizabeth North.

The club is the brainchild of Aisley Castigo-Hancock, the club's pioneering president whose vision is to foster camaraderie and create a strong united Filipino front to serve and be active in the wider community.

Twenty-two of the 33 charter members attended the meeting where the officers fleshed out their plans for the year, with a Charter Night in the works and plenty of hands volunteering for Fred's Van.

It is looking bright for this newly minted Lions club, thanks to the generosity of several Lions clubs with their pledges of support.

The night was extra special because it was Aisley's 50th birthday, a fitting celebration to honour this incredible lady whose hard work brought to light a rare opportunity to bring together the goodwill and talent of the growing Filipino diaspora and be of service in this beautiful land they now call home.

By Eileen Cardona & Irene Rowe, AFLC members





City of Adelaide Lions Support SARRC

On Sunday, February 9th at Point Malcolm Reserve, our Lions Club had an early start to support the SA Road Runners Club.

As our team was setting up, we were surround by the many athletic figures around the reserve preparing for the run. It was impressive to see such a large group preparing and then completing their registration for the different distances they were to run. Despite a forecast for high temperatures, there had been a record number of registrations for this event.

The morning by the sea was quite pleasant, with a lovely breeze at that beachfront reserve. As runners informed us after they had run, the conditions were perfect for them.

The runners were impressive taking the event in their stride. Our Lions team were very impressed with the age range of participants from quite young children through to seniors. As an observer of the runners, it was clear they were very eager to participate in such a run, and lots were happy to hydrate well and then saunter over to visit us for a feed. The runners were greeted warmly by those cheering them on; our Lions included.

Inspired by the families sharing the morning run together. It was a happy atmosphere so our team were happy to share their successful morning run. Well done to all the runners. It was great to see so many people keeping themselves fit and aiming to lead a healthy lifestyle, which aligns with our club's Lions Get Active program and what we promote through the global cause of diabetes.

Kaleeda Rasheed City of Adelaide Lions Club.





Around The Clubs - District C1























Port Augusta Lions Club Awards

 $\ensuremath{\Lambda}$ wards recently presented by Port Augusta Lions Club:

- James D Richardson Award presented to Shirley & Stuie
- James D Richardson Award presented to Anne-Marie
- Sea-Gull Chip Award presented to Elaine
- Service Award presented to Jennie from the Block
- Hot Dog Award presented to Anne-Marie
- Spiral Spud Award presented to Kippo
- Straight Sausage Award presented to Myles









Lions Hearing Dogs Update

National Hearing Dog Day marks the annual celebration of Australia's first Hearing Assistance Dog, Amber, who was delivered on April 19th, 1982.

Prom this prestigious milestone, Australian Lions Hearing Dogs have gone on to train and deliver over 700 Assistance Dogs to valued recipients across Australia. It is in this achievement that we come together to celebrate on April 19th for National Hearing Dog Day. Not only is it a day to recognise the growth and awareness that surrounds Assistance Dogs, but to come together as a community to continue to learn, understand, support and celebrate with each other.

This year, we have plenty of exciting opportunities for learning and activities for engagement planned. In the month of April, we will be hosting casual day events at different schools around Australia. In addition to this, we will attend schools where we have spoken at in the past, and schools that have implemented Auslan as part of their curriculum. We believe it is significant to use National Hearing Dog Day and the month around the 19th to spread awareness into our early education system.

Additionally, we will again be partnering with Indepet, a

membership group of independent pet stores across Australia. Through small donations customers will receive personalised items and material as a show of appreciation from us to their endless commitment and support of National Hearing Dog Day and our Hearing Assistance Dog Program.

As always, we invite all Lions Clubs and their members anywhere across Australia to join us in celebrating this important day through any means that you can. Visit www. lionshearingdogs.com.au/hearingdogday for resources and ways to get involved, or contact our team at development@lionshearingdogs.com.au



Jokes from Around C1









What did one toilet say to the other?
You look a bit flushed.



Dogs have
more friends
than some
people because
they wag their
tail and not
their tonguel



Why did the pig stop sunbething? He was bacon in the sun!



Please remember to submit your articles no later than the 24th of each month to be included in the following month's edition.

Contact The Editor

Petrea Stacey Phone: 0410 625 005

Address : PO Box 139 Walkerville SA 5081

Web & Email: www.lions201c1.org.au pstacey@forerunner.com.au

