



Always. *There for the community.*

lions australia
75 years and counting



March 2024



Lions District 201 C1

Lions Chronicles

DG Pete's Preamble



Welcome to March which is Club Officer Election month, hoping there are many members putting their hand up to carry out the various important positions it takes to run a Club.

I would like to thank Mallala & District Lions Club for hosting the Cabinet Meeting on 25th of Feb at their clubrooms. A fantastic facility that not only serves as clubrooms, but also as an emergency evacuation area. The idea and requirement came to fruition after

the Pinery Fires. Great effort Mallala & District Lions.

February has been a relatively quiet month for Megan and I. The District did have 3 members attending the Regional Lions Leadership Institute (RLLI) in Melbourne. This course is generally for our newer Lions that haven't held any Club Officer positions and provides valuable knowledge on Leadership, that doesn't mean those that have held positions can't attend. I do encourage you all in participating in the training that Lions provides, along with Club Development days, they are a great way to gain new knowledge or to ensure you have the latest information and ways to do things.

At the last Council Meeting in January, one of the issues discussed was the lack of application for Multiple District positions, this also includes

Continued on page 2

p3 LCIF Update

Read the latest Lions Clubs International Foundation (LCIF) update from PDG Lance Leak OAM.

p8 It's All Happening in C1

Check out the latest long list of projects, activities and events happening around our district and be inspired.

p15 Volunteers Needed

Are you, and your club, interested in supporting cancer patients in Adelaide, helping them travel to their cancer treatments? Find out how you can help.

DG Pete's Preamble (cont.)

support for our Clubs. Positions include helping on one of our many Foundations as a board member. If these administration positions don't have volunteers the Foundation or function could cease. It is the fact we have volunteers serving in these position that allows us as an organisation to spend all the money from the public on our projects. Many other organisations pay for this administration. Please follow the link via our Lions Australia Website and have a look at what is available: <https://lionsclubs.org.au/members/resources/committee-vacancies/>

Let's make the best out of the last 4 month of the 2023-2024 Lions Year, continue with the excellent growth we have had and ensure we finish on a high. Please do not hesitate to contact any of the Cabinet Officer to ask questions, to help you with membership drives, or any other questions or support that you may require.

Yours in Service,
Peter Korndorfer
District Governor



West Beach Lions Community Project

Buddy Bench for Elizabeth O'Grady Kindergarten

During 2023 the Director of the Elizabeth O'Grady Kindergarten in Grange made contact with Lions International seeking assistance from a Lions club to purchase a "Buddy Bench" for their facility at Grange in Adelaide. For unknown reasons their email was passed onto Geoff Leader, an International Director from Lion District 105N in England. The email trail eventually made it to West Beach Lions to action.

Contact was established with the Director, Betty and discussions commenced as to what they were seeking and how Lions would be able to assist. Our club agreed to take on the funding of the "Buddy Bench" for the kindergarten and subsequently placed an order for a recycled plastic bench at a cost of \$1,500. One of our members also approached the local Bendigo Bank Community Bank at West Beach for financial support. The Community Bank agreed to assist and contributed \$1,000 to the cost of the item.

Whilst the bench was delivered before Christmas it was decided to undertake the installation once the new school year commenced in 2024. With the assistance of our members the bench was delivered and erected on 2 February. The children and the staff of the Elizabeth O'Grady Kindergarten were pleased to have the bench installed in the playground area.

A buddy bench or friendship bench is a seat in a school playground where a child can go when they want someone to talk to. Buddy benches may be distinctively different from other seating in the school and may be specially designed by an artist or with the help of the children themselves. They are sometimes rainbow-colored. Such benches are situated in open and well-travelled areas of the school so that any child using the bench will be noticed quickly.

A child feeling the need for a friend to talk to can sit on the buddy bench. Other children and staff will recognize this as a sign that some help, support or comfort is needed and will come to talk with the child.

The buddy bench is a means by which a child can seek support without the need to rationalize their feelings or to seek out a particular member of staff or special friend. Because the bench is in the day-to-day environment of the school it can be used at any time and for any reason—from seemingly trivial matters to more serious concerns—and encourages children to ask for help when they are troubled.

Both West Beach Lions Club and Bendigo Bank Community Bank West Beach are exploring the opportunity to install similar "Buddy Bench" seats in other local schools.



LCIF Update

We now enter the second half of this Lions year and it is time to think about end of year club celebrations. Hand Over dinners are a great time to reward members for their contribution throughout the year. What a better way than to present a Melvin Jones Fellowship, not only rewarding a member, but also assisting the Lions Clubs International Foundation in their work supporting Lions Clubs in times of need or grants to worthy projects.

Recently LCIF have made a Major Catastrophe Grant of \$US100,000 for flood relief in northern Australia. I ask you to consider your own club and other clubs in your area to support LCIF.

Nearly all clubs in this district have a Status of Credits toward a Melvin Jones Fellowship which can be used towards the \$US1,000 needed.

Please request your information from me should you need the information.

At the beginning of the year, our District fundraising goal was \$US 25615. Donation of \$US12220 have been made. This gives us a gap of \$US13482. Our club participation stands at 18.5%.

To date the following clubs have supported this year:- Adelaide Hellenic, Clare District, Elizabeth (including 4 personal), Gawler, Glenside (substantially), Paralowie, Port Augusta, Port Pirie (1 personal), Prospect and Rocky River and I thank them for their ongoing support.

There is ONE UNKNOWN CLUB DONOR who gave a donation of \$US780. If your club is not listed above, I ask if you will please advise me, to enable credit to be given to your club. The donation was made thru our Cabinet Treasurer prior to the new year, but there was no indication from where the donation was made.

I thank you for your support and look forward to it continuing into the future.

PDG Lance OAM,
District C&BL and LCIF Co-Ordinator



Lions Clubs International
FOUNDATION



Your Club Website

It is very important that clubs have a website to promote their projects, events and activities. For many, your club's website will be the first port of call to make contact. Social media is a great promotional tool, but works best in conjunction with a website.

If your club doesn't have a website and would like to discuss how to go about getting your club back online, contact Petrea Stacey via pr.c1@lions.org.au or 0410 625 005 to discuss your options.



Welcome To Our New Lion Members

Welcome to the District C1 Lions Family.

Prospect-Blair Athol

Anthony Weyers sponsored by Romeo Colaco



Australian Lions Foundation Update

Lion Sari-Elle Kraemer, from Lions Club Coogee (N5) has been in training for several months to enter the Everest Marathon with the goal of raising \$120,000 for the ALF Compassionate Grants Fund. Details of how to support Sari-Elle to achieve her goal are included below.

COMPASSIONATE GRANTS are provided to assist persons or families in necessitous circumstances. This may be by the provision of medical aids, equipment or cash to provide relief from hardship. A "Compassionate Grant" is a grant of funds to a person or families who are suffering financial hardship through illness or other necessitous circumstances judged worthy by the Directors. Applications from a Lions, Leo Club, Zone, District or Lions Multiple District 201 can be applied for.

Yvonne Bradford – District Chair, Australian Lions Foundation.



Sari-Elle takes on the World's Highest Marathon for Australian Lions Foundation



Lion Sari-Elle is on a mission to raise \$120,000 to help change lives through the Australian Lions Foundation.

Compassionate grants from the Foundation are a lifeline for individuals or families grappling with hardships, offering critical aid like medical equipment or financial relief.

In May 2024, Sari-Elle will compete in the highest marathon on earth, aiming to boost funds and spread the word about the phenomenal work Lions volunteers do in their communities, backed by the Australian Lions Foundation.

Sari-Elle has set herself an extraordinary training schedule to prepare for this amazing challenge. Time is running out to donate.



AUSTRALIAN LIONS FOUNDATION AMBASSADOR TAKING ON WORLD'S HIGHEST MARATHON

SARI-ELLE'S EVEREST MARATHON

42.195 kms 5,364m above sea level and a mission to raise \$120,000!



In training for the May 2024 Everest Base Camp Marathon Sari-Elle Kraemer is raising funds and awareness for the incredible impact Lions volunteers have in their community with the assistance of the Australian Lions Foundation.

Scan the QR code to make a donation or visit www.giveshow.com.au/cr/everestmarathon

Donations over \$2 are tax deductible

ALF Compassionate Grant Fund
BSB 036-157. Account Number 535251

Lions Anniversaries

Each month, we recognise and celebrate Lions' membership milestones.

5 YEARS

Lion Glenn Hayes
Clare District

Lion Timothy Jordan
Burnside

Lion Ronald van Diessen
Clare District

Lion Dipson Khadka
City of Adelaide

Lion Ryan Wood
Clare District

10 YEARS

Lion Diane Rashleigh
Port Pirie

15 YEARS

Lion Brenda Kay
Port Augusta

20 YEARS

Lion Alex Bircher
Athelstone Rostrevor

Lion Keith De La Haye
Wallaroo

Lion Harry Webb
Golden Grove

Lion Lyn Webb
Golden Grove

40 YEARS

Lion Warren Henriks
Golden Grove

Lion Thomas Tierney
Tumby Bay & Districts

60 YEARS

Lion Ray Barry
Charles Sturt



News From Torrens Valley

Torrens Valley Club has been very busy, assisting an elderly community member by removing items from shed & tidy up, with assistance from Onkaparinga Lions, ready for her moving after the sale of her property. Members provided a free breakfast at the Council's Community Awards Day at Gumeracha, there was also a free water slide for kiddies. Club member Lion Paul Hammer received an award for his "Service to the Community".

Club members attended and provided a sausage sizzle, for approx 70 attendees, at the "Coolomon Sculpture" unveiling in Gumeracha's Federation Park.

Our monthly coffee morning, once again well supported by club members.

Our club was made aware of a victim of

domestic violence who was in need of some assistance to relocate and in need of household items.

Our club purchased items of bedding, a couple of members donated a bed and fridge. Some items were purchased from a member's garage sale. Thank you to Onkaparinga Lions for the furniture and other household items donated. She was also able to get supplies from the well stocked Community pantry, which our club supports.

Recycle for sight - we have approx 400pr of spectacles ready to be packed and sent to QLD for evaluation.

Our newest member was inducted at this month's Dinner meeting with Zone Chair Annette Slater doing the honours.



Club Charter Anniversaries

Each month, we will celebrate the anniversary of each club in our district.

MARCH 2024

Celebrating 23 years
West Lakes Seaton - 26 March 2001

Celebrating 44 years
Glenside - 18 March 1980

Celebrating 46 years
Lock - 8 March 1978

Celebrating 60 years
Charles Sturt - 6 March 1964
Richmond - 19 March 1964
Tea Tree Gully - 4 March 1964



Melbourne 2024

106TH LIONS INTERNATIONAL CONVENTION

June 21-25, 2024

Always Remembered

Lions who passed away in February 2024

Lion Jack Rogers
Tea Tree Gully



PR Trailer Bookings 2024

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club's own materials. We just ask that the trailer is returned in the same condition it was picked up.

You will need to organise with PDG Dean Noll or VDG Peter Korndorfer, pick up and drop off of the trailer. It is generally housed in Gawler, and the facility is not accessible on the

weekend. The trailer may also be stored at other locations depending on use. Please get in early and organise the pick up and drop off.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

Club	Dates Required	Event
Golden Grove Lions Club	2 - 3 March 2024	Skin Cancer Screening
District GMA Team	6 - 7 April 2024	Skin Cancer Screening - Semaphore
Elizabeth Playford Lions Club	19 - 21 April 2024	Skin Cancer Screening - Elizabeth
Salisbury Lions Club	22 September 2024	Dogs Day Out 2024

The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford.
Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.



LIONS CLUB OF WHYALLA INC.



WE SERVE

**59
YEARS
OF
SERVICE**

PRESIDENT Meg HILL

Along with the members of the Lions Club of Whyalla Inc

Invites

*Lions Club members and partners and
Past Members, partners and friends of Lions Clubs*

To attend our 60th Anniversary Celebration Dinner

To be held at
Weeroona Bay Football Clubrooms
Cartledge Avenue, Whyalla Stuart

On Saturday 6th April, 2024
6.00pm for 6.300pm

3 Course Meal
\$35.00 per head
Pay cash on the night or
Transfer to L/C of Whyalla Inc
Admin A/c – 105140
Account No 524891040
Dress Code - Neat Casual

RSVP 24th March, 2024
To Allan Smith
P. O. Box 446, Whyalla
Mobile 0429601497

Peruse old photos and view history of Club



Sir Ross & Keith Smith's
Vickers Vimy, England – Australia 1919

LIONS CLUB OF WEST BEACH



CELEBRATING 60 YEARS OF SERVICE

**WEST BEACH LIONS CLUB INVITES
ALL LIONS, PARTNERS AND FRIENDS TO JOIN THEM IN A
CELEBRATION OF 60 YEARS OF SERVICE.**

DATE AND TIME: WEDNESDAY 15TH MAY 2024 AT 6:30PM FOR 7:00PM

**LOCATION: WESTWARD HO GOLF CLUB, WEST BEACH PARKS GOLF PARK,
MILITARY ROAD, WEST BEACH SA 5024**

**COST: \$55 PER PERSON INCLUDES MAIN COURSE AND DESSERT
(PLEASE ADVISE SPECIAL DIETARY REQUIREMENTS WHEN BOOKING)
DRINKS AVAILABLE AT THE BAR**

PLEASE BOOK BY 8TH MAY 2024

**ACCEPTANCES TO BE ADVISED TO SECRETARY JENNIFER OSIS,
jkdosis49@gmail.com**

PAYMENT TO BE MADE TO:

**WEST BEACH LIONS CLUB ADMINISTRATION ACCOUNT
BENDIGO BANK**

BSB 633 000

ACCOUNT #: 242 816 776

(PLEASE GIVE YOUR NAME IN THE PAYMENT DETAILS)



We Serve

Changing the World

Be the change.

BE THE CHANGE

Believe in Yourself

**To change the world, we first must believe
change is possible.**

**Here are some key steps that can help
you face the challenges ahead.**

Be brave.

In the causes you tackle and in the work that you do,
don't shy away from something that may seem too difficult.
You're up to the task and other Lions are here to support
you. So take that bold first step.

Invest in the future.

We all have a reason to invest in the future, and young
people may be uniquely positioned to help us create
change. We are better able to deal with the issues facing
our communities when they're at the table with us. Let's
invite the next generation of global leaders to serve with us
as Lions.

Collaborate.

We do our best work as a team. Work with community
leaders, other service organizations, and each other to
address the biggest problems facing your communities.
Collaboration makes change happen faster.

Lead the way.

Lions and Leos lead by example. We show the world what
is possible when people care about their communities and
when kindness is the goal. Lead the way, and others will
join you.

It's All Happening in C1

Service projects within our C1 District are a wonderful thing. The service projects that our clubs run are inspiring, directly help people within our communities and are a reflection on why we do what we do.

Service projects is what makes our organisation different to charities and foundations. It's our point of difference when there are so many organisations people can choose to volunteer with. They're what tugs on the emotional heart strings of the general public to be in awe of what we do and how we make a difference.

Here I want to highlight a number of service projects going on all year round by our clubs. If your club is in a "funk" ... or needs to inject something new or different into your club ... or simply want some inspiration as to what your club could do next, have a look at this. In no particular order:

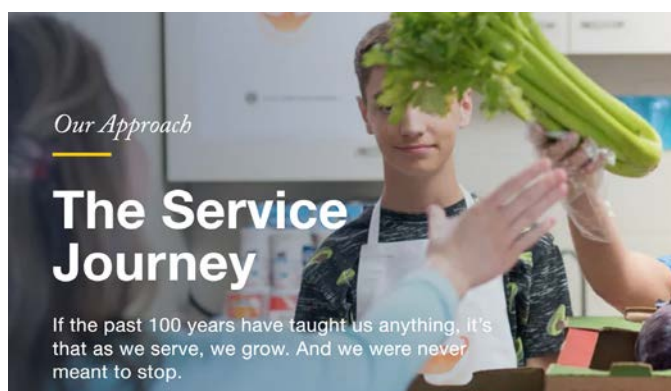
- Making Strides
- Strides
- Digital Imaging for the Aged
- Aid to the elderly & infirmed
- Fred's Van
- Hutt Street breakfast
- Food for the Needy
- Collecting and donating for Foodbank SA
- Collecting and donation for Adelaide Day Care
- Collecting and donating stamps, ring pulls, second-hand books, bread tags, batteries, bottle caps, shopping bags
- Collecting and donating various items to be sent overseas
- Collect and donating sleeping bags & blankets for the homeless
- Collecting and donating toiletry packs
- BBQ's to support organisations, charities or foundation (not for fundraising)
- Peace Poster
- Youth of the Year
- Leos clubs
- Cubs clubs
- Youth Exchange
- Clean-up Australia Day
- Roadside cleaning
- Gardening
- Planting trees
- Rose garden maintenance
- Property management and maintenance
- Restoration and maintenance of town train turn table
- Railway Station maintenance
- Local park maintenance
- Lions park maintenance
- Local playground maintenance
- Local town cemetery maintenance
- Local fountain maintenance
- TTG Historical Museum maintenance
- Diggers Walk town project
- Supply fire wood for residents
- Men's Shed
- Knitting items ready to donate where needed
- Community events – various (free of charge for the public)
- Eye Health Program
- Skin cancer screening
- Diabetes screening
- Hearing screening
- Recycle for Sight (either/both spectacles and hearing aids)
- Driver revivor and other road safety programs

- Training dogs for the Australian Lions Hearing Dogs
- Australia Day breakfast
- Sunshine packs
- Hear Me Roar! project
- Xmas pageants
- Senior citizen's Xmas lunch
- Xmas Spirit Event
- Xmas carols
- Xmas hampers and gifts
- Xmas street party
- Xmas sleigh
- Life blood donating
- Children of Courage awards
- Lions & SAPOL Citizen of the Year awards
- The Gleeson Wetlands
- Traffic management/marshalling
- Supporting young carers
- Support SANFL junior schools football
- Care packs for hospitals
- Sunscreen dispensers at local events
- Buddy benches
- Biggest Morning Tea
- Rebuilding bicycles
- Blue Tree project
- Lion-hearted stress teddies
- Mallala Community Complex
- Shelter hire (for free)
- Medic dolls
- Beanies for Babies
- Community library
- Knit blankets and make quilts
- Blanket Salisbury with Love
- Dogs Day Out
- Boom boom box concert
- Build a cubby
- Provide emergency bedding
- Deliver phone books to residents

Go to <https://lions201c1.org.au/projects/club-projects/> and use the database function to find which clubs run these wonderful service projects (please note that the database is currently being updated, so please advise if there are any new projects to be added for your club).

Please contact that club to find out more. Better yet – invite someone from that club as a guest speaker, to your club and learn more about that service project.

Andrew Stacey
District GST Coordinator



Leveraging AI for Lions Australia

Lions Australia, as a prominent service organisation, must adapt to the evolving landscape to stay relevant and attract new members. Harnessing the power of Artificial Intelligence (AI) can play a pivotal role in achieving these goals by addressing pressing global issues and modernising the organisation's outreach.

AI-Enhanced Engagement

AI-driven chatbots and personalised communication can engage members and prospects effectively. These tools can provide information, answer queries, and maintain a sense of community, increasing member retention and recruitment.

Mental Wellbeing Initiatives

AI-powered mental health applications can help Lions Australia address the growing global concern for mental health. By offering online support, counselling, and resources, Lions can contribute to the mental wellbeing of the community.

Environmental Advocacy

AI can assist in monitoring environmental data, identifying critical issues, and predicting future challenges. Lions can lead conservation efforts by leveraging AI for reforestation projects, wildlife conservation, and sustainable practices.

Disaster Response

AI can enhance Lions' disaster response efforts by predicting natural disasters and optimising resource allocation. AI-driven communication systems can coordinate relief efforts swiftly and efficiently.

Data-Driven Decision-Making

AI-driven analytics can provide insights into membership preferences, outreach effectiveness, and resource allocation, enabling Lions Australia to make informed decisions and adapt to changing needs.

Social Media Engagement

AI tools can analyse social media trends and sentiment to tailor marketing campaigns, attract a younger audience, and increase Lions' digital presence.

By embracing AI technologies to address current global concerns, such as mental wellbeing and the environment, Lions Australia can secure its relevance, attract new members, and continue its mission of community service well into the future. The combination of AI and Lions' commitment to service can create a powerful force for positive change in the world.

Pat Williams
Environment Coordinator



STOP PRESS



The 201C1 District bid to host the 2026 MD201 Convention in Adelaide was successful.

The event is planned to be held at the Adelaide Showgrounds in May 2026 and the Gala Dinner will be held in the William Magarey Room at the iconic Adelaide Oval.

The Convention Committee will be finalized in the next few weeks, and it is the groups aim to put on the best convention in recent history.

The committee would welcome any suggestions or ideas that members may have to make this objective come to reality.

Contact Rob Royal in the first instance on;

Ph. 0418 803 938 or at rob.royal@adam.com.au



Radio Promo

Club Presidents and Secretaries: Lion Nick Brown (President of the Lions Club of Gawler) will be pleased to promote any upcoming projects, events and/or activities that your club may have on PBA-FM (FM 89.7 in the northern suburbs or listen on www.pbafm.org.au.)

For more information, or to share your club's news and upcoming events, please contact Lion Nick email nick.brown@pbafm.org.au or call him on 0417 014 431.

News Update from Peterborough Lions

Our Club enjoyed working with the District Council of Peterborough & the Rotary Club of Peterborough at the Australia Day Breakfast in the Town Hall, helping to serve breakfast to the public, which was cooked by the Rotary Club of Peterborough.

Members arrived at 7am and helped set up the serving tables, and then served the orange juice, cereal with fruit, eggs & bacon & toast and pancakes to the approximate 160 people in attendance. Members then helped with the clean up after the event.

A highlight of the Australia Day Breakfast, was to have our Lions Club nominated in the Australia Day Community Award section for our 201 C1 Lions District Convention. Chairperson Shirley Dearlove accepted the Certificate on behalf of the Club. The winner was the Community Tree Planting project, which was a worthy winner.

Recent donations of \$250.00 have been given to the Peterborough History Club with President Julie Atkinson presenting a cheque to Chairperson Joyce Collom, who is also a Lions member.

This amount was also given to a local lady Jackie Boyd for the 'World's Greatest Shave' on Thursday 29 February, where she will have her hair cut & then coloured blue, in memory of both her mother & father.

Vanessa Malycha, Shirley Dearlove, Judy Higginson attended the Lions LEHP training on Sunday 18 January hosted by the Lions Club of Jamestown, with members from Jamestown, Peterborough & Rocky River attending.

Members listened to LEHP National Chairperson, Bryan Hearn talk about the importance of the free screen testing for Pre-school, Primary School students, so that any problems could be picked up at an early stage, rather than later, when it would then affect their learning at school.

A facilitator organises and co-ordinates a school or town to run the event & does all the paperwork, eg parents authority forms to test their child, etc. Six screeners are required to run the event, so this could be done as a combined Zone event, or other screeners coming to a town.

The testing was then done by 4 testing stations, which included testing for colour blindness, testing distance with charts that had symbols on them, a 3D booklet and an amazing camera that, within 3 seconds, detected any problems!

We had 6 keen grandchildren participate in the training, so that we could all try each training station with them, which everyone enjoyed working with the children.

Only trained Lions screeners could do the testing, which included doing this workshop and then an online course, which both Vanessa, Shirley, and Judy have done. Also, required is a

Working with Children Certificate.

A trained facilitator then collates all the information (eg. if done at a school) and any child with sight problems, would have their screening assessment paperwork given to their parents, which then becomes their responsibility to make an optician appointment. Both Vanessa & Shirley have also done the Facilitator training.

Thank you to the Lions Club of Jamestown for organising & hosting the event & providing morning tea and lunch.

Thank you to Brian & Pat Hearn for the informative & practical training session for such a great program, that all Lions members should consider doing for the benefits of the children in your community!!



Sponsor the Lions Peace Contests

For more than 35 years, Lions International has offered children around the world the opportunity to create their visions of peace by sponsoring the Peace Contests. Local Lions clubs sponsor the contests in their neighborhood schools and youth groups.

Sponsoring a Peace Poster Contest is one of the most unique and rewarding projects that your Lions club can be involved in. Not only is your club inspiring children to imagine a world of kindness, you'll also be engaging with your community and showcasing all the incredible ways that Lions serve.

Designed for kids ages 11 to 13, the Peace Contests offer children the chance to showcase their talent on an international stage and compete for great prizes. The grand prize winner receives US\$5,000 and a trip to a special awards ceremony.

Top Five Reasons to Sponsor the Peace Contests:

Encourage children to express their feelings through art.

By giving children a creative outlet for their thoughts, they can discover new ways to speak their mind.

Boost kids' self-esteem and let them know that their ideas matter.

The recognition that children receive from participating in the Peace Contests will help them gain the confidence they need to become leaders and peacemakers.

Give your club the opportunity to promote peace in a world of conflict.

Social media feeds are noisy with world news items that break hearts and ignite anger. Share a child's image of peace and bring a smile to someone's day.

Increase your club's visibility in the community.

Work with local school districts and youth groups. Get community leaders involved. Contact news outlets to announce the winners. Let your town know that your Lions club is committed to youth engagement and international peace and tell them how they can participate.

Give children and adults hope for a peaceful future.

In a world filled with conflict and uncertainty, the need for kindness, peace and love has become even greater. And who better to illustrate this than a child? Make a difference in a child's life and promote peace in your community. Most importantly, it gives children—and adults—hope for the future.

Purchase your 2024-25 Peace Poster kit, "Peace Without Limits", today and help pave the way to peace and international understanding in your community.

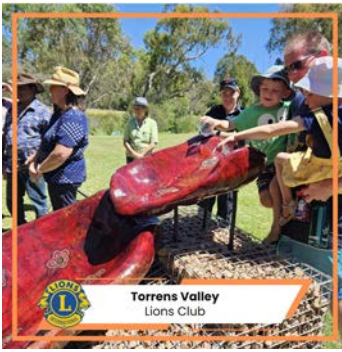
Lions International

Gleeson Wetlands



Beautiful early morning at Gleeson Wetlands, one of our signature projects, maintained by volunteers for 10 years. Thank you Yvonne for the beautiful photos. Take a stroll around the Wetlands and check out the birdlife. Easily accessible now with the new car park.

Around Our District



**Torrens Valley
Lions Club**



**Gawler
Lions Club**



**Booleroo Centre & Districts
Lions Club**



**Kadina
Lions Club**



**Adelaide Hellenic
Lions Club**



**Charles Sturt
Lions Club**



**Elizabeth Playford
Lions Club**



**Clare Lions Gonna Group
Lions Club Branch**



**Gawler
Lions Club**



**Clare District
Lions Club**



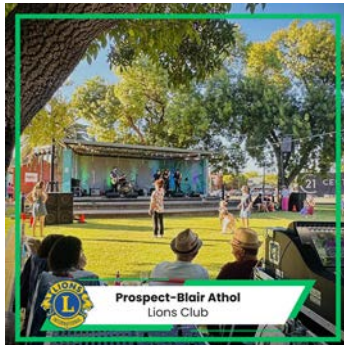
**Charles Sturt
Lions Club**



**Kimba
Lions Club**



**Balaklava & Districts
Lions Club**



**Prospect-Blair Athol
Lions Club**



**Clare District
Lions Club**



**Clare Gonna Group Branch
Lions Club**



**Torrens Valley Lions Club
Lions Club**



**Angle Vale
Lions Club**



**Onkaparinga
Lions Club**



**City of Adelaide
Lions Club**

News from Lions Club of Onkaparinga

2023 ended with a ROAR (literally) for the Lions Club of Onkaparinga with the Grand Finale of the ROAR Talent Tour in December at a packed Bridgewater Sports & Social Club. Initiated by Lion Corry Moors, the ROAR was a collaboration between the Lions Club of Onkaparinga and the Adelaide Hills Council. Early in the project, Corry involved Mark de Lange, Community Development Officer Youth & Recreation at the Adelaide Hills Council and it evolved into what has been described as the most significant initiative for the original live (youth) music scene in the Hills in more than two decades.

A review of the project presented to Lions at our February meeting revealed that initial objectives had been met and more, including: activating local town halls across our district; providing a range of development opportunities for young people including the Adelaide Hills Youth Leadership group who developed, organised and ran the event and valuable experience for sound engineering students; stimulating interest for original music and young talent in the Hills; providing valuable networking opportunities to build a positive, mutually supportive culture for youth music in the Hills. The camaraderie, enthusiasm and support between the target groups aged 11-18 year olds and 18-25 year olds was amazing to see at each of the three heats and grand finale. In addition to the winners of the finale, winners were also the youth of the Adelaide Hills, all Hills Musos who participated and our town halls that were rocked by the ROAR!

Also in December, members were busy selling Christmas raffle tickets; winning the best community float at the Woodside Christmas Pageant; selling Christmas cakes and puddings; and organising food hampers for those in need in our community. January started off quietly with our Lions Shed closed for 2 weekends over the Christmas/New Year period. Members of our local community must have spent some of that time having a bit of a clean-up as when the Shed re-opened it was flooded with donations – a total of 188 community members donated items, ranging from a couple of bags to trailer loads. Lions and volunteers were kept busy sorting items that would otherwise have gone to landfill. January concluded with our annual free Australia Day Community Breakfast provided to approximately 300 community members from across our district.

Compiled by Lyn Green

Photos: The Lions Club Woodside Pageant Float consisted of 3 scale model Viking boats.

Middle: Lions Kingsley Blenkiron, Roz Bowering, and Corry Moors with the large version of the Viking boat.

Bottom: President Eileen Williams checks out the middle size boat and on the back of the ute in the background is the small boat.



GMA Update



In the last DG Bulletin, I reported that our district member numbers had risen to 1,091. I have to report that as of 25th February 2024 our numbers have decreased to 1,089, a drop of 2 members. This highlights the volatility of our membership numbers, as one minute we can celebrate, and then lament the drop in numbers the next.

This just accentuates the need for all clubs to put in place a well-considered membership growth plan. These plans must first have a clear statement or goals as to where the club wants to be in, let's say, 5 years' time. This plan then needs to contain specific actions to be undertaken to reach those goals or objectives covering membership retention and new member growth. Not only is it essential for the existence of your club and its community service activities, it is also critical to this district's change in status from "In Transition" so that we can avoid the possibility of being redistricted if we do not turn around our historic drop in membership numbers.

As in prior reports, I, again, urge clubs to check out the LCI web site <https://www.lionsclubs.org> and search for "troubleshooting guide for clubs". This document lists all the issues and queries clubs may have re membership and then importantly, it has links to a vast amount of information to help address those issues.

The MD201 website at <https://lionsclubs.org.au/> also has a lot of information available as well, so check out the Resources Centre. If you need help, contact me by email at gma.c1@lions.org.au or phone 0418 803 938. Remember, the GMA team are here to assist you not just in the planning, but to provide any additional personal resources your club needs.

Have you ever considered undertaking a Multiple District role? I can assure you that these roles can be very rewarding and you will make new friends with Lions from all round the country. Why not checkout the latest list of vacancies at the following link to the MD201 website. You never know what opportunity awaits you. <https://lionsclubs.org.au/members/resources/committee-vacancies/>

PDG Rob Royal
201C1 GMA Coordinator



ALHD Update



Hearing Awareness Week runs from 1–7 March and is an annual event that highlights the issues affecting Australians living with hearing loss.

One in six adults in Australia experience some degree of hearing loss. However, only one in three do anything to address it. For most people, hearing begins to deteriorate from their mid-thirties, and it usually declines slowly over time, meaning it can be hard to detect. The small, sensitive hair-like cells within the inner ear get worn out over the years.

When this happens, you don't simply go deaf, but it becomes more and more difficult to understand sounds clearly, particularly speech. Eventually, untreated hearing loss can become a significant problem, impacting your relationships with others, participation in the community and even your independence.

So, how do I know if I need to see an audiology professional?

- You have the TV or radio volume louder than is comfortable for others
- You find hearing over the telephone hard work
- Group conversations have become difficult to follow
- You ask people to repeat things or misunderstand what they say
- You've started avoiding places because you can't hear properly
- Someone suggests you might not be hearing as well as you used to

If these tell-tale signs sound familiar, you may benefit from a free* 15-minute Hearing Check with a Specsavers Audiology Professional. To find your nearest store or to book online, visit www.specsavers.com.au/hearing.

*If further testing is required, a fee may apply.

Aus. Day Event



Modbury Lions Australia Day BBQ



Volunteers Needed

The Icon Cancer Centre, located at Windsor Gardens, has approached the City of Adelaide Lions Club seeking assistance with transporting their patients. This is a great opportunity to support patients going through a challenging time, and will require volunteers from multiple clubs, therefore opening this opportunity to all clubs across C1.

The organisation has recently acquired a vehicle that can be utilised to transport cancer patients from the Cancer Council Lodge on Greenhill Road to the Icon Cancer Centre in Windsor Gardens. Drivers needed!!

A team of dedicated drivers are needed to commit to regular shifts for this transportation initiative. By participating, Lions will be directly contributing to the well-being of cancer patients in our community, ensuring they receive the vital therapy they need.

Transportation Schedule - the centre would work with you to establish a flexible schedule that accommodates availability.

Training & Support - training will be provided on vehicle operation, safety protocols, and any other required information.

If you and/or your club would like to be involved, please contact Lydia Tamblyn, Site Manager, on (08) 8164 3623 or via email: lydia.tamblyn@icon.team and let her know which Lions Club you are from.



Lions in Adelaide 2026

If you haven't already heard, our district has been awarded the right to host MD201's National Convention, based at the Adelaide Showgrounds in May 2026.

Preliminary planning has already started by the interim Convention Committee, but the real work starts now. If you believe you have something to offer and would like to be part of the Convention Committee, please give me (Rob Royal) a call on 0418 803 938. Our group is already aiming to put on the best ever National convention ever. There is a lot of work to do, but it will be fun, and you can be part of it!





Lions Clubs Serve

Besides sausage sizzles and selling donuts, what community service activities do Lions Clubs do?

Besides social interaction, here are just a few examples of the services provided by Lions Clubs.

Angle Vale - Recycling, quilts for the needy.

Balaklava - Maintenance of community spaces, train turntable restoration, tree planting.

Booleroo Centre - Second-hand book sales, recycling.

Bute - Community Fauna Park management, RFDS runway maintenance.

Clare - Maintenance of Gleeson Wetlands, recycling (inc. furniture).

Rocky River - Boat Licensing Project, recycling.

Jamestown - Recycling, Lions Eye Health Screenings.

Kadina - Playground maintenance, Road Watch.

Mallala - RV Park maintenance, Community Hall development.

Gilbert Valley - Recycling, environmental projects, tree planting.

Orroroo - Lions Park maintenance.

Peterborough - Environment/tree planting, recycling, enhancement of public spaces.

Wallaroo - Recycling, local markets, eye health screening.

Moonta - Community fountain maintenance, home maintenance for the needy.

Sharing stories from
Lions Clubs around SA
Please contact
Pat Williams 0411 492 223

LCI: Vision

Ever since Helen Keller inspired us to champion the cause in 1925, we've served and advocated for the blind and visually impaired. Nearly a century later, this long-standing mission continues unhindered.



LEARN

Vision Facts

253 million people are blind or have moderate to severe distance vision impairment (MSVI)

1.1 billion have near-vision impairment simply because they don't have a pair of glasses

>75% of all blindness and MSVI is avoidable

89% of people with visual impairment live in developing countries



DISCOVER

We Have a Plan

We have a long history of serving the blind and visually impaired, and remain committed to continuing this mission into our next century of service.

Our Strategic Objective

Prevent avoidable blindness and improve quality of life for people who are blind and visually impaired.

For more information, visit the Lions International Website:

<https://www.lionsclubs.org/en/start-our-global-causes/vision>

Impossible Pie

Ingredients:

¾ Cup pastry mix

3 eggs

1 ½ cups milk

¾ cup chopped bacon

¾ cup grated cheese



Method:

Mix all ingredients in large bowl.

Pour mix into greased oven dish and bake till set.

Pastry will form base on bottom of dish.

Hint:

Can add other ingredients of choice such as onion, parsley, tomato, zucchini, spinach etc.

From Moz's Kitchen
Port Augusta Lions Club

Jokes From Around C1

Proof cats don't always land on their feet.



From Torrens Valley Lions Club



Of course I have gained weight. That's why its called growing older.!

From Stansbury Dalrymple
Lions Club

Short and Funny

A sandwich walks into a bar. Barman says, "Sorry, we don't serve food in here."

What do you call a smart group of trees? A brainforest.

What do you call a rich elf? Welfy.

What do you call it when a dinosaur crashes his car? Tyrannosaurus Wrecks.

What happens to a frog's car when it breaks down? It gets toad away.

Did you know if you were to stretch your blood vessels out end to end in a straight line, you would die?

To his delight, seated at a bar is an elderly looking lady. The gentleman walks over, sits alongside of her, orders a drink, takes a sip, turns to her and says "So tell me, do I come here often?"

From Golden Grove Lions Club



Employment applications always ask who is to be called in case of an emergency. I think you should write, "An ambulance."

The older you get the tougher it is to lose weight because by then your body and your fat have gotten to be really good friends.

From Cowell Lions Club



Lions District C1
Lions Chronicles

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Lions - Always there for the community.



Emergency & Disaster Relief | Childhood Cancer
| Hunger | Vision | Hearing Dogs | Environment |
Diabetes Prevention | Community Service Projects

Lions Awareness Day 2024