



December 2023



Lions District 201 C1

Lions Chronicles

Celebrating Lion Bronte



In June 2023, ALWF bid a fond farewell to Bronte Cameron, a dedicated member of the ALWF Board who had served on the board since 1996 and also played an instrumental role in the operations of Lions Quest. We had the privilege of sitting down with Bronte to reflect on his remarkable Lions' journey.

A lifelong commitment to Lions, spanning over 53 years, was driven by Bronte's unwavering vision of supporting young people in "creating a successful life."

"It's in the family," Bronte recalls with

a smile, "My dad was a Rotary Youth Chairman, and my mum was a President of Rotary."

Bronte's journey with Lions Australia commenced in 1970 when he first joined the Lions Club of Whyalla, then moved to the Lions Club of Salisbury (Past President), eventually becoming a member of the Lions Club of Elizabeth Playford (Past President), where he remains a member to this day. Over these five decades, Bronte undertook various roles and spearheaded numerous projects.

In the early to late '80s, Bronte served as a Lions Youth Group Leader at the Lions Village Licola Camp, transporting young people from across the state to the camp.

"We would travel by bus for the 12-hour trip and spend eight days at the camp before taking them all back home," Bronte shares. His selfless dedication created life-changing opportunities for young people, and he fondly remembers a recent tap on the shoulder from a lady who attended

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DG Pete's Preamble

Read this month's message and review from our District Governor, Peter Korndorfer as we head into the festive season.

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Lions Mental Wellbeing

Mental health and wellbeing is important, not only to those we help, but to our own Lion volunteers.

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Around Our District

Take a look at the amazing projects and activities C1 Lions Clubs have been involved with throughout the past month ... a journey through photos.

DG Pete's Preamble

And just like that we are in December, and a busy first half of our Lions year nearly completed, the Christmas Pageant has been held, the big Christmas Tree in Victoria Square had its lights turned on. In many of our communities we have held our own Pageants and are gearing up to hold our Christmas Carol events, Trailer and Christmas stocking raffles are in full swing, as are the Christmas cakes and pudding sales. From all accounts these are going like hot cakes, excuse the pun.

Remember in this festive time, what we do as Lions Clubs is even more important, there are ever more people in need of a little help and support. Programs like food drives, toy runs or whatever event your Club is running to help those in need are ever more important, please keep up the great work and I pass on my personal thank you to all of you the members and Clubs of 201C1.

I challenged clubs to participate in a District wide food drive and whilst the event wasn't as big as I hoped for, it was still a success. With a little more planning and earlier information I know we can make these events bigger and better in the future. There are several clubs that run these events on a regular basis, one even weekly. These food drives work in well with our new District Project, run by the Kimba Lions Club, which will provide meat to Foodbank process from commercially non-viable life stock. I would like to thank you the District Clubs for taking up this fantastic project, a special thank you to Richmond and Glenside Lions Clubs for their incredible generosity supporting this Project.

We have held our C1 Making Strides events, congratulations to the overall and category winners. I set you as Lions an ambitious goal, but like always, the higher the bar is set for Lions the better we perform. We managed to visit all Clubs across our great Nation and have ended up at the Melbourne Convention Centre ready to celebrate and party at the International Convention in June 2024. Thank you to Petrea & Andrew Stacey for the brilliant job once again in collating the figures and informing us with amazing facts from clubs across our vast country as we passed through the various districts.



A wonderful effort by you all in growing our District, at the time of writing this Preamble, we as a District are up 23 members, we have recruited 78 new Lions into our folds, but sadly have lost 55. I would like us all to put in a concerted effort to reduce these drops whilst still maintaining the fantastic recruitment efforts by you all. Remember, there is ever more service required by us Lions and to be able to provide this increased need we need more helping hands.

Please remember to consider our Foundations with making donations, especially LCIF and ALF who support our communities during times of hardship. We already have had fires and recently floods.

As we wind down for a well-deserved Christmas break, please ensure you take some time out to celebrate with family and friends, to recharge your batteries and to look back at what amazing work you as Lions have achieved since start July 2023.

Megan and I would like to wish you, your Clubs, family and friends a festive, safe, joyous and wonderful Christmas.

Yours in Service,
Peter Korndorfer
District Governor 2023-24

Lions Anniversaries

Each month, we recognise and celebrate Lions' membership milestones.

5 YEARS

Lion Carla Hirst
City of Adelaide

Lion Kristian Leach
City of Adelaide

Lion Lisa Causby
Port Augusta

10 YEARS

Lion David Schiller
Onkaparinga

Lion Grantley Stevens
City of Adelaide

Lion Michael Lucas
Onkaparinga

Lion Sharyn Shillabeer
Onkaparinga

Lion Shirley Harrison
Port Pirie

Lion William Harrison
Port Pirie

15 YEARS

Lion Geoffrey Turner
Cowell

30 YEARS

Lion Elizabeth Scaffidi
Elizabeth Playford

Lion Anthony Treasure
Whyalla Mount Laura

55 YEARS

Lion Barry Taylor
Burnside

Tea Tree Gully Lions Club News

On November 1st, the Mayoress of Tea Tree Gully, Marijka Ryan was inducted as an "Associate Member" into our Tea Tree Gully Club.

This was a very historic occasion, as Marijka is the first Lady to be inducted into our club, hopefully there's more new members to come.



On November 15th,, after three months of getting to know his new owner Kunal , "Hearing Dog Lee" passed all tests with flying colours and was presented with his badge of honour Hearing Doggie Coat, by President Bill Webbe. Our club is proud to sponsor Lee.



Club Membership Growth Grants

Are you considering/implementing a Membership Growth Plan

Then consider for a District 201C1 Membership Growth Grant of up to \$500 to assist with some of the costs.

What can it be used for:

- PR Activities
- Printing of Club brochures/Banners etc
- Consumables at an info day event

There is no reason not to apply, so contact Rob Royal, GMA Coordinator on 0418 803 938, have a chat and an application form will be sent to you. You will need to supply details on the planned activities as part of the application process.



Club Charter Anniversaries

Each month, we will celebrate the anniversary of each club in our district.

December 2023

Celebrating 44 years

Orroro & District - 19 December 1979

Celebrating 52 years

Wallaroo - 16 December 1971



Celebrating Lion Bronte Cameron (cont.)

the camp years ago. She told him, "Those camps changed our lives forever." Such moments are the essence of Bronte's Lions' legacy.

Bronte's involvement with Lions Quest began in 1992, a passion he carried through until June this year (2023). Lions Quest, initially a three-day teacher training course run by Life Skills Australia, evolved over the years. Bronte candidly admitted feeling like a "duck out of water" at the beginning, but he soon realized that his insights from working with young people and his genuine interest in their welfare were invaluable. Kevin Donnelly, A Lions Quest trainer pointed out to Bronte that just having an interest in youth wellbeing means you can make an impact.

In Bronte's first decade, Lions Quest adapted to meet the needs of teachers and transitioned from a three-day to a two-day, and then one-day course, all culminating in online teacher training in 2022.

Under Donna Munro's and Bronte's guidance, Lions Quest trained over 10,000 teachers, leaving a lasting impact on youth development.

In 1996, Bronte joined ALWF (ALDAF back then) as the State Director for SA/NT, representing both ALWF and Lions Quest. Lions Quest eventually became a project of ALWF in 2011. During this time Bronte held several key roles, including Lions Quest District Chairman (1992-2011), Multiple District 201 Chairman Lions Quest (2000-2015), and Director of the Australian Lions Quest Youth Foundation (2004-2014). When the project moved to ALWF, Bronte became the ALWF Project Manager and Director of the Lions Quest Programs for Australia.

Since his appointment to the ALWF board in 1996, Bronte was always an active member, eager to promote ongoing projects and participate in new developments, such as the Boswells Dilemma, an interactive game on pharmaceuticals for students.

In 2000, during the Sydney Olympics, the Foundation collaborated with the Sports Institute on a project addressing drugs in sports, with Bronte playing a pivotal role.

In 2010, Bronte proudly presented the Foundation's innovative project, Tune in Not Out, at the International Lions Convention in Sydney. This marked a significant leap forward in utilising modern approaches to youth development, which combined Bronte interest in technology with his youth work.

Bronte was always active during Drug Action Week taking an ALWF information stand to local shopping centres.

Beyond his dedication to Lions Quest and ALWF, Bronte served as a District Chairman, actively participating on the District Cabinet for 33 years, including roles as Zone Chairman and Youth Programs Coordinator.

Notably, Bronte fostered 7 Lions Hearing Dogs puppies from 2018, a responsibility he continues to fulfil with Sunshine currently enjoying her stay with Bronte.

Whilst Bronte insists he embarked on his volunteer journey

without the need for recognition, his exceptional efforts have not gone unnoticed. In April 2023, Bronte was inducted into the Australian Lions Foundation Hall of Fame, a very well-deserved acknowledgement.

His long list of accolades includes:

- The International President's Appreciation Award
- Melvin Jones Fellow
- Dr. Harry Jenkins Fellow
- Bill Holmes Award
- Ian Fowler Award
- Graham Pearce Award
- Helen Keller Fellowship
- Australian Lions Quest Gold Award (2)
- Ian Stockdale Award
- J.D. Richardson Award
- Australian Lions Children's Mobility Foundation Silver Award
- Council of Governors Appreciation Award (2004)
- 50 Year Monarch
- District Governor Appreciation Awards
- Numerous President, District Chairman Awards & Club Awards
- New Horizon Awards
- Key Member Awards
- 53 Years of 100% Attendance
- Life Member of Licola Lions Village

Bronte's dedication to Lions extends to Youth Exchange, Drug Awareness Programs and Youth Outreach. He also has an impressive list of volunteer work outside of Lions, but that would fill another few pages!

In June 2023, Bronte concluded an extraordinary tenure of 24 years on the ALWF Board and in the management of Lions Quest. His knowledge and dedication have been invaluable, and current and past members express their gratitude for his unwavering service.

Bronte's involvement with Lions continues, so be sure to look for him at conventions and meetings and ask him to share a story or two.

Thank you, Bronte, for setting an exceptional example of the Lions Code of Ethics. Your legacy will continue to inspire generations to come.

Story by Lynsey, ALWF News, alwf.org.au (24 Nov 2023)



Rail Care - Grange Railway Station

Last year, the West Beach Lions Club became aware of an opportunity to be involved in an environmental project with Rail Care SA. Rail Care SA is a volunteer program led by the South Australian Public Transport Authority, that looks to build healthy neighbourhoods and lead community engagement.

The club agreed to take on the tidy up of the Grange Railway station garden areas as an ongoing project. Over the past few months, we have been on the site at least once a month and have started the large task of bringing the existing vegetation under control and trimming the assorted bushes and growth.

The project is sanctioned and fully supported by Rail Care such that any large or heavy lifting or trimming will be conducted utilising contractors and our club will trim and plant appropriate bushes, shrubs and vegetation for the area.

Some of the bushes and trees have not received any attention for a number of years so we have a lot of trimming and clearing to do before any planting can occur.

To date, we have found a pair of shoes, a syringe, lots of lolly wrappers and assorted debris and I am sure we will find more when we trim more of the large overgrown bushes.



Before the trim



After first trim



Before the clean up



Under storey clean up

GLT Zoom Sessions

The Cabinet Secretary will email all C1 Lions Clubs to the Zoom link prior to the meeting. Meetings start at 7:30pm and run for one (1) hour.

25 January	Club Membership Approach update
22 February	Service Projects



Welcome To Our New Lion Members

Welcome to the District C1 Lions Family.

Barossa Valley

Stephen van der Wijngaart sponsored by Katie van der Wijngaart

Cowell

Jason Curtis sponsored by Geoffrey Turner
Michelle Curtis sponsored by Geoffrey Turner

Elizabeth Playford

Prita Asih sponsored by Peter Korndorfer
Danielle Johnston sponsored by Megan Butler
Shannon Learmond sponsored by Emmerson Cole
Prof. Ralph Martins sponsored by Peter Korndorfer

Glenside

Anthea Jones sponsored by Stephen Ryan

Golden Grove

Kingsley Millar sponsored by Harry Webb

Port Pirie

David Burbridge sponsored by Leon Darley

Prospect-Blair Athold

Paul Gosztola sponsored by Bryan Coggle

Stansbury Dalrymple

Tristan Fantinel sponsored by Jordan Howe



Lions Mental Wellbeing

The COVID-19 pandemic has had a profound impact on the mental health and wellbeing of people around the world. As the pandemic continues to affect our lives, it is important to recognize the unique challenges that volunteers face in maintaining their mental health and wellbeing.

The pandemic has caused a great deal of stress and anxiety for many people, and volunteers are no exception. Volunteers often face unique challenges in maintaining their mental health and wellbeing, such as the lack of a regular paycheck, the need to balance work and family responsibilities, and the feeling of isolation from their peers. In addition, volunteers may be exposed to traumatic events or situations that can further exacerbate their mental health and wellbeing.

To address these challenges, it is important to recognise the signs of mental health distress and to provide support to volunteers. It is also important to provide resources and information about mental health and wellbeing, such as information about stress management, coping strategies, and mental health services.

Additionally, it is important to create a safe and supportive environment for volunteers, where they can feel comfortable discussing their mental health and wellbeing.

Finally, it is important to recognise the importance of self-care



for volunteers. Self-care can include activities such as exercise, meditation, and spending time with friends and family. It is also important to recognise that self-care is not a one-size-fits-all approach, and that different people may need different strategies to maintain their mental health and wellbeing.

By providing resources and support to volunteers, we can help ensure that they are able to maintain their mental health and wellbeing during the pandemic. By recognising the unique challenges that volunteers face and providing resources and support, we can help ensure that volunteers are able to maintain their mental health and wellbeing during this difficult time.

by Patrick Williams



Lions make things happen!

So, back in the September issue of this District newsletter, I invited all clubs to consider being part of a food drive on Sat, 18th Nov and ask the general public to donate non-perishable food items or other items such as hygiene products, etc.

There are a number of awesome clubs that chose to get involved on this date:

- Port Augusta
- Golden Grove
- City of Adelaide

The following awesome clubs ran food drives the following weekend on Sat, 25th Nov or Sun, 26th Nov:

- Glenside
- Salisbury
- West Lakes-Seaton

This coordinated effort was wonderfully supported by Foodbank SA and ABC radio who greatly assisted on the promotion of this event. For more promotion, see the posts on the C1 Facebook page, thanks to Petrea Stacey.

On top of these clubs heading out to various locations, 3 wonderful clubs have participated in their own way:

- Adelaide Hellenic are donating \$200 worth of food
- Athelstone-Rostrevor and Adelaide Italian are donating \$950
- Clare District collect food for Foodbank weekly

In total, the people of Adelaide and South Australia have demonstrated their generosity in times of need and have donated approx. just under 500kg of food and other items. That equates to about 1000 meals for families who are struggling. Well done Lions and well done Adelaide and South Australia.

Our next Foodbank food drive will occur on Sat, 4th May next year. I invite all clubs in C1 to start making plans now to take part. Be part of this great cause, making a difference to your community and making it a better place.

Andrew Stacey
District GST Coordinator



Lion Spotlight: Gail Fleming



Name: Gail Fleming
(Lions Club of Barossa Valley)

How long have you been a Lion?
4 years as a Lion after being a Lions Lady for 10 years in Queensland.

My husband Lion Wayne Fleming and I moved to the Barossa Valley, from Brisbane, two years ago and transferred from the Lions Club of Samford (Qld). We were welcomed with open arms into the Lions Club of Barossa Valley.

Why did you join Lions?
I joined Lions to help charter a new Club in Queensland.

Do you have a current position in Lions?
I am currently President of the Lions Club of Barossa Valley.

What lions positions have you held in the past (club, district, multiple district)?
Club Secretary

What's your favourite memory or experience in lions?
My favourite experience in Lions was being involved with the Lions Medical Research Foundation (Qld) and supporting my daughter, Eloise Fleming, as a quest entrant raising much needed funding for the Foundation.

Favourite quote?
"Kindness Matters"

Favourite movie?
Love Actually

Favourite book?
It.

News from Gawler Lions

On the 13th of October Gawler Lions Club officially held the opening of their new barbecue in the 5th Street Gawler South Park, by Mayor Karen Redman. A BBQ lunch was served to 40 Lions Members and guests.

The cost of the BBQ was \$17,000, Gawler Lions Club were very lucky to receive a donation of \$10,000 from Adelaide Road Pharmacy, who had won a competition for being 2022 Community Pharmacy of the Year, Arrotex Pharmaceutical had sponsored the competition with the money specified that it was to be used for a Community project. We used this gift and put an extra \$7,000 towards it from money raised from our Sunday Markets and barbeques.

Thank you to the Gawler Council for supplying and building it for the Lions Club of Gawler.

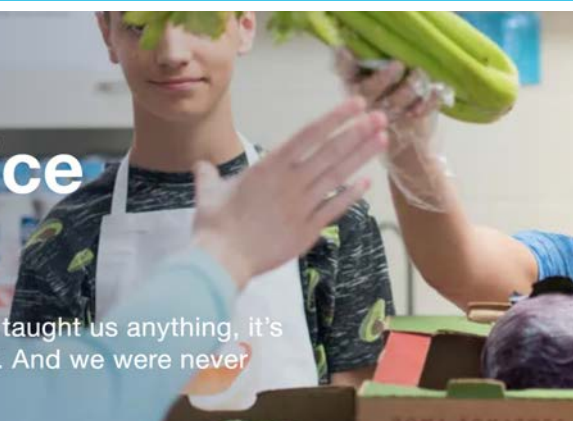
Lions Christmas Cakes are now available from our outlets in Gawler, Health-E-Advice Pharmacy, Terry White Pharmacy, Adelaide Road Pharmacy, Hewett Pharmacy, Bendigo Bank, Westpac Bank SA, Gawler Dry Cleaners, and Mitre 10. Gawler Caravan Centre, Gawler Heritage Café.

We will be again selling cakes and puddings on each Thursday to Sunday for the month of December. The cakes contain 50% fruit. The prices are 1.5 kg cake \$20.00, 1kg cake \$16.00, 80 gram mini cake \$2.50, 900gram Pudding \$16.00 ea.

Our Approach

The Service Journey

If the past 100 years have taught us anything, it's that as we serve, we grow. And we were never meant to stop.





PR Trailer Bookings 2023/24

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club’s own materials. We just ask that the trailer is returned in the same condition it was picked up.

You will need to organise with PDG Dean Noll or VDG Peter Korndorfer, pick up and drop off of the trailer. It is generally housed in Gawler, and the facility is not accessible on the

weekend. The trailer may also be stored at other locations depending on use. Please get in early and organise the pick up and drop off.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

Club	Dates Required	Event
Gilles Plains Lions Club	1 - 3 December 2023	Skin Cancer Screening
Golden Grove Lions Club	2 - 3 March 2024	Skin Cancer Screening
Salisbury Lions Club	22 September 2024	Dogs Day Out 2024

The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford.
 Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.

Hutt Street Centre: Angel For A Day

Hutt Street Centre has been supporting those experiencing or a risk of homelessness since 1954. Today, it provides a huge range of services for those doing it tough, including:

- Breakfast and lunch six days a week
- Showers
- Lockers
- Clothes washing
- Dental and medical services
- Counselling
- Support to find suitable accommodation
- Activities such as drama, art and cooking classes and book club to support wellbeing

In the last couple of months, the number of clients seeking support has grown by about 30%. This figure is very likely to grow, as times get tougher for many people in our community.

Lions clubs are invited to assist this wonderful organization by doing "Angel For A Day". The club pays \$350 to cover the cost of food for a day, and it can also send up to two people to assist with meal preparation and service.

Golden Grove Lions Club decided to do Angel For A Day three times this financial year, at a cost of \$1050. Club participants have reported that their experience was very worthwhile, and that they really enjoyed doing this volunteer work. Our club highly recommends this community service opportunity to other clubs.



Picture: Fen Ratcliffe and Daphne McWhinnie with Annette Slater, who works as a volunteer in Hutt St Centre kitchen on Fridays. All are members of the Lions Club of Golden Grove.

News from Torrens Valley Lions Club

Members of our club have been busy and December looks like being busier. We have arranged to sell cakes and raffle tickets in each of the towns, at a couple of events we have been invited to and at Bunnings Modbury Family night.

Our members are now off the sick list and back to meetings, unfortunately a couple have now tested positive to Covid. Hopefully their symptoms will not be too severe and they will be back to meetings soon.

6 of our members volunteered to put a Lions Hearing Dog, as an assistance dog, through his training with a recipient. Unfortunately because of work and other commitments while having a small toddler around, she has decided that now is not the time for her to have the dog and he has been returned to Lions.

Our Club cooked a BBQ lunch for Relay for Life at Balhannah and also a sausage sizzle at Torrens Valley Little Athletics for their first 3 meets in Birdwood.

Our support of the local Community Pantry continues with a payment to the Mt Pleasant Butcher for meat products and allocation of funds for general pantry staples. In addition to this, we have allocated funds for the Pantry Christmas Hampers together with donations from various businesses. We also

received a generous donation of personal hygiene items from Terry White St Agnes for the Pantry.



Lions Foodbank Project News

Lions District 201C1 Convention Passes Motion to Amplify Support for Lions Foodbank Project

In a remarkable display of solidarity and commitment to community service, the Lions District 201C1 Convention, held in Peterborough, overwhelmingly passed a motion to bolster the Foodbank Project spearheaded by the Kimba Lions Club. This philanthropic initiative focuses on supplying mincemeat to Foodbank SA, utilising sheep generously donated by farmers. The convention's resounding approval underscores the Lions' dedication to addressing food insecurity and making a tangible impact in the lives of those in need.

The Foodbank Project is focused on processing sheep to provide a valuable source of mincemeat, a versatile and nutritious ingredient for meal preparation. Each sheep processed, yields approximately 20 kilograms of mincemeat, with every kilogram capable of producing three meals. This innovative approach not only aids in combating hunger but also supports local farmers by utilising their donations to benefit the community.

The cost of processing each sheep is estimated at \$100, a nominal fee considering the substantial impact on alleviating food insecurity.

Lions District 201C1 has successfully secured financial support from various Lions Clubs from across the district, demonstrating the collective strength of the organisation in rallying behind impactful projects. Donations received include a generous contribution of \$4,000 from the Kimba Lions Club, \$5,000 from the Glenside Lions Club, \$15,000 from the Richmond Lions Club, and an additional \$10,050 from various other Lions Clubs within the district.

The financial support garnered from Lions Clubs has translated into tangible results. To date, the Lions District 201C1 has donated a commendable 27,000 meals to those in need, showcasing the immediate and positive impact of the Lions Foodbank Project. This initiative exemplifies the Lions' ability to mobilise resources and make a meaningful difference in the lives of individuals and families facing food insecurity.

With the initial success of the Lions Foodbank Project, Lions District 201C1 has set an ambitious initial target of \$100,000 [approx. 80,000 meals]. This financial goal will enable the project to expand its reach, process more sheep, and ultimately contribute to a larger number of meals for the community. Lions remains steadfast in its commitment to achieving this target and further solidifying its role as a force for positive change.

The motion passed at the Lions District 201C1 Convention reflects the organisation's unwavering commitment to community service and addressing pressing issues such as food insecurity. The Lions Foodbank Project, with its innovative approach and tangible impact, exemplifies the Lions' dedication to making a difference in the lives of those less fortunate. As the project continues to gain momentum, Lions looks forward to achieving its \$100,000 target and leaving an enduring legacy of compassion and community support.

For any further information please contact Peter Korndorfer District Governor District 201C1 on 0402 483 059

Donations eagerly sought for this Project Contact Lions District 201C1 Treasurer, Tony Pederick OAM - 0410 625 007.
Donate to: Lions Clubs International District 201C1
BSB 105057 | Account 029003340



C1 Making Strides 2023

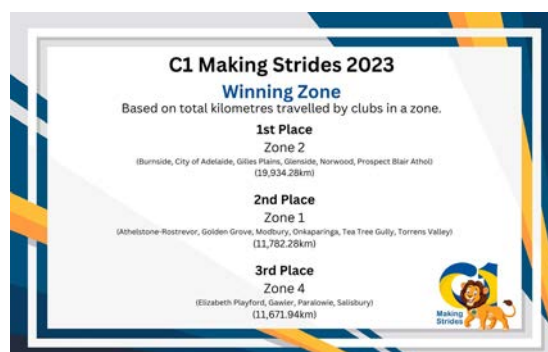
C1 Making Strides is over for another year, and what an effort! Congratulations to everyone who participated this year. It was great to see 156 Lions across 31 clubs get involved.

This is the third year the program has run, having started in 2020/21 by PDG Tony Pederick OAM. Each year it has run, there has been a different goal in terms of where we virtually travel and where we hope our final destination may be.

This year, DG Peter Korndorfer requested that we virtually travel around Australia (MD201), visiting every Lions Club (and Leos), with our final destination being the location of the Lions International Convention in 2024 ... Melbourne. AND ... we made it (just) ... together we travelled an outstanding 67,296.26km, visiting 1,203 clubs.

Congratulations to the Lions Club of the City of Adelaide for travelling the furthest total distance and therefore taking out the top prize. This year, we had additional award categories also. Congratulations to all. The results are published here.

A big thank you to Andrew Stacey for the many hours (we lost count) that he put into mapping out our journey around Australia to ensure we visited every Lions Club and calculated the distance between each and every one.



Pancreatic Cancer Catering

On Sunday 5 November, the West Beach Lions Club assisted PanKind, (The Australian Pancreatic Cancer Foundation) at their second Adelaide "Put Your Foot Down" annual walk.

November is recognised globally as Pancreatic Cancer Awareness Month and is an important time of year for communities to raise awareness of the disease, celebrate survivors and honour loved ones.

This year there were over 200 people walking from Grange Jetty to Henley Beach and back in support of The Australian Pancreatic Cancer Foundation.

The day started around 8am with West Beach Lions cooking bacon and eggs for participants and on completion of the walk around 10.30am we then provided the staple sausage and onion sandwich and water.

Whilst the walkers paid for the food this money went directly to PanKind as part of their fundraising activities towards Pancreatic Cancer research.

More information regarding PanKind can be found via the following link, <https://pankind.org.au/take-action/put-your-foot-down-walks/>



5 November PanKind "Put Your Foot Down" walk



Radio Promo

Club Presidents and Secretaries: Lion Nick Brown (President of the Lions Club of Gawler) will be pleased to promote any upcoming projects, events and/or activities that your club may have on PBA-FM (FM 89.7 in the northern suburbs or listen on www.pbafm.org.au.)

For more information, or to share your club's news and upcoming events, please contact Lion Nick email nick.brown@pbafm.org.au or call him on 0417 014 431.

Vale David Myers

Our beloved member, Lion David Myers, sadly passed away on November 26, 2023.

David Myers was a charter member of the West Lakes-Seaton Lions Club, and a much loved member of the club for over 20 years. David was not only a dedicated member of the club, he was also proud to have held positions of President and Secretary.



He always wore a big smile, and had a great sense of humour. David will be missed by all of us.

Karen Hutchison
President
Lions Club of West Lakes-Seaton

Your Club Website

It is very important that clubs have a website to promote their projects, events and activities. For many, your club's website will be the first port of call to make contact. Social media is a great promotional tool, but works best in conjunction with a website.

If your club doesn't have a website and would like to discuss how to go about getting your club back online, contact Petrea Stacey via pr.c1@lions.org.au or 0410 625 005 to discuss your options.

News from Peterborough & District Lions

We were FINALLY thrilled to be able to host the Lions 201 C1 District Convention in Peterborough on 27 October to 29 October 2023!!!

After over a year of preparing for the 2020 Convention, which was cancelled due to COVID and shutdowns of the Town Hall, we finally held a successful Convention in the beautiful Town Hall, enjoyed by 115 people.

Again, another year of monthly meetings, followed by weekly meetings from September onwards saw Chairperson Shirley Dearlove and her small committee organise a fun-filled weekend, with all our Club members helping to ensure the event ran smoothly.

Friday night's Flag Ceremony involved local youth participating in this important event. Then, a beautiful Remembrance Ceremony performed by Lyn Gratton with a PowerPoint presentation, remembered the 31 Lions members & partners, who passed since our last Convention, including our late member, Leo Malycha.

Family or Club members were given a blue butterfly from Megan Butler to place in the Sunflower Love Heart Wreath. Judy Higginson then presented them with a gift of a Love Heart Memorial Token in an organza bag. District Governor Peter stepped in for those who didn't have family or Club members present.

The Mayoral Reception afterwards was a delicious grazing platter by President Julie Atkinson & her workers, who also did the Gala Dinner on the Saturday night.

Saturday, the Business Session with voting & guest speakers, kept the day busy & informative.

The Convention Committee, Club members and other Lions members then set up the tables & hall with the theme of "Steaming into Space", with a beautiful space age balloon display with the Earth, as a fantastic backdrop for everyone to have their photos taken.

Then after dinner, it was time for us all to enjoy the Gala Dinner at night time and dance the night away to the great sounding music of 'The Jukebox Boys'.

A silent auction, raffles and a coin line was held on the night. The coin line was for the ALCCRF.

A highlight of the night was by President Julie Atkinson who created the 'Lion Laurie Edmonds Commitment to Service Award'. She created this award in honour of acknowledging our dedicated, hardworking Charter Member, Laurie Edmonds, with the award then given to another committed Lions member for their service.

Julie presented this to the first recipient, Vanessa Malycha, in front of the large crowd for all her hard work both at Club & District level. Congratulations Vanessa! Well Done!

Unfortunately, Laurie was unable to attend, so their photo was taken at the Lions Dinner Meeting on Tues 21 November.

This Award would then be presented by the outgoing President to another Lion member for service, with their name engraved & added to the award.

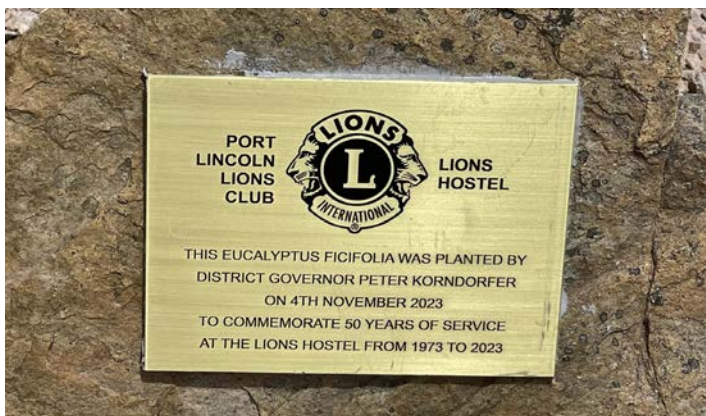
On Sunday, a beautiful breakfast was held at '229 Main Street', the old Capital Theatre, which had a Question & Answer time. Lions then went and enjoyed the Festival Markets in the Town Square in the Main Street.

The Flag Ceremony with the Lions Club of Peterborough & District Inc., handing over the flags to the Lions Club of Cowell for next year's Convention and presentations by District Governor Peter Korndorfer, concluded a wonderful weekend of fun & fellowship!

Thank you all for the fun and fellowship and for attending and supporting our Club hosting the Convention and supporting our town. We look forward to seeing you at other events or coming back to our town!



Port Lincoln Lions Club Hostel - 50 Years



GMA Update from PDG Rob Royal

In the last DG Bulletin, I reported that our district member numbers had increased to 1,080. As of the 24th November, our numbers rose again to 1,085, which is a net growth of 22 new members in the district this Lions' year. Well done to all, but, remember, December and June months are notorious for clubs to drop members before the semi annual dues are calculated and sent to the clubs.

The District GMA team is confident that the GMA approach will deliver positive outcomes to clubs when the club commits to the processes as described in the GMA (Global Membership Approach). There are, however, a couple of concerns that I must raise again.

The first is that some clubs believe they are a strong club with 20+ members, good projects (both service and fund raising) and as such they have no need to spend time and money on an active membership growth program. This is very disappointing as most clubs, strong or otherwise, have an aging membership (average age now is 70+) so all clubs will lose many of those members in the next few years, not just from illness, etc, but after some decades of service they are just tired and worn out. So while today things seem fine, in two or so years time it may not be the case. What makes this worse is that by the time clubs recognise they do have a problem refreshing their membership, it could already be too late to invest in a full on membership growth plan. And what is one of the key symptoms of a tiring membership, difficulty finding members prepared to take on club (and district) management roles, as "I've done that job for x times already etc etc".

The second concern and probably more critical, many clubs are just not bothering to face the fact they must grow and refresh. That being the case, it is inevitable and their membership numbers will continue to drop, with the eventual closure of the club. And the often touted solution, "all we need to do is amalgamate with our next door club".

That is not a solution as the "merged club" is just a bigger version of a club in trouble!

The third concern I have is that since the GMA team has started to talk about the Big Audacious

Mission" or BAM and the availability of the district giving clubs a grant of up to \$500 to help with a club's membership growth activities, only two clubs contacted us signalling their intention to develop their plan and apply for the grant. So far no club has lodged a grant application, which unfortunately gives some credence to the comment above that many clubs are just not bothering to even consider the need to develop a membership growth plan.

So, I ask all clubs to look at these issues with a sense of urgency and if you have not already started a critical look at where your club is going in the next five years, start that process now! There are many resources available for you to draw upon, and the GMA team have the personnel that are available and willing to work with you to get your club's membership plan into action.

Check out the LCI web site <https://www.lionsclubs.org> and search for "troubleshooting guide for clubs". In this document it lists all the issues and queries clubs may have re membership and then importantly it has the links to a vast amount of information to help address those issues. If you need help, contact me by email at gma.c1@lions.org.au or phone 0418 803 938. Remember the GMA team are here to assist you not just in the planning, but to provide any additional personal resources your club needs.

PDG Rob Royal, 201C1 GMA Coordinator



Busy Lions in Port Augusta

The Lions Club of Port Augusta has been busy with KESAB cleanups, District Convention, Contarf presentation night, Bradley Amos footy match, spiral spuds and Show n' Shine. And that's just a snap shot of the amazing things they've been up to lately.



First National Cultural Tour

A cultural tour of the Lower Mid North Region of South Australia.

The First Nations Cultural Tour in the Lower Mid North of South Australia was born out of a profound recognition of the historical oversight concerning the Indigenous peoples of the region. The initiative was sparked by a desire to rectify this gap in understanding and appreciation. With collaborative support from Landscape SA, District 201 C1 Lions, and Climate Connect, a remarkable journey was set in motion. The event was widely advertised, offering 24 coveted seats on a coach - a number that astoundingly sold out within a mere three days.

The tour itself proved to be an unequivocal success, leaving a lasting impact on all those who participated. Attendees were not only eager to embark on such cultural journeys in the future but were also deeply moved by the experience. First Nations Elder Quenten Agius, who shared his ancestral wisdom and narratives, became visibly emotional during his talks. This event was not just about historical reclamation; it was an opportunity for Quenten and his family to recount their version of the land's settlement, offering a perspective that had long been overlooked.

As the echoes of this transformative tour continue to

resonate, it serves as a testament to the hunger for a deeper understanding of local colonial history through the lens of the Indigenous community. The resounding success of this endeavour reinforces the importance of providing more platforms for these vital narratives to be shared, cherished, and learned from in the future.

Patrick Williams
C1 Environment Coordinator



Camp Quality Caravan - West Beach Parks

It has been 5 years since the West Beach Lions, in conjunction with the support of many C1 District and C2 District Lions clubs as well as Australian Lions Foundation, replaced an old caravan for Camp Quality at West Beach Parks.

Over the past five years the club has undertaken general minor maintenance and replacements of components utilising surplus funds from the project. With the intensive use of the facility for generally 45 weeks of the year by various families the facility is still looking in excellent condition.

When the caravan was initially replaced, Camp Quality did not want any external branding of the unit for which we were happy with.

Recently Camp Quality had a change of direction and requested that we affix a Camp Quality logo to the external wall and I sought approval to also brand this with the Lions logo.

As can be seen from the following picture these logos were recently placed on the caravan in a prominent position.

Additional information regarding Camp Quality can be found via the following www.campquality.org.au



Around Our District



Torrens Valley
Lions Club



Balaklava & Districts
Lions Club



West Beach
Lions Club



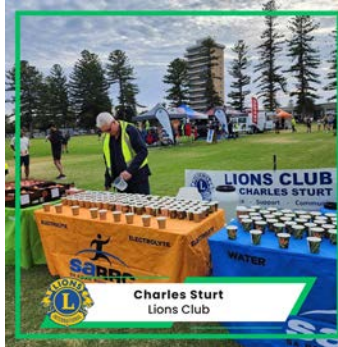
Port Augusta
Lions Club



West Lakes - Seaton
Lions Club



Golden Grove
Lions Club



Charles Sturt
Lions Club



Clare Gonna Group Branch
Lions Club



City of Adelaide
Lions Club



Adelaide Hellenic
Lions Club



Port Augusta
Lions Club



Lions Club of Elizabeth Playford
Elizabeth Playford
Lions Club



Gilles Plains
Lions Club



Pedare Pride
Cubs Club



Athelstone-Rostrevor
Lions Club



Golden Grove
Lions Club



Angaston & District
Lions Club



Glenside
Lions Club



Salisbury
Lions Club



Paralowie
Lions Club

Find more on district's social media channels via @Lions201C1

Australian Lions Hearing Dogs Update



As 2023 swiftly draws to a close, we find ourselves on the brink of a new year, 2024. This past year has been a whirlwind, and as we enter the final stretch, we're proud of our progress. Thanks to our expanded team and innovative methods, we're on target to place a total of 35 Assistance Dogs by December's end. This includes 31 Hearing Assistance Dogs and 4 Medical Alert Dogs, showcasing the remarkable growth of our Medical Alert Program since its inception in 2021. By the end of 2023, we will have also accredited a total of 15 dogs.

Our Puppy Program and Breeding Program have flourished, with various strategies enhancing their success. With this growth, the need for both puppies and volunteers to guide them during this crucial phase has risen. To meet this demand, our team has explored and tested new approaches, such as recruiting volunteers in the South-East of SA. These volunteers care for some of our puppies with fortnightly video calls and monthly visits from our Puppy Socialisation team. Presently, 5 puppies are in the South East being a part of this trial.

Our volunteer program is thriving, with familiar and new faces dedicating their time to enriching the lives of our dogs. Their

support ensures our dogs receive the love and care essential for their happiness and well-being.

Our heartfelt gratitude extends to the incredible sponsors from Lions Clubs and individual supporters who have played an invaluable role in our journey. After all, it is your support that has also been instrumental in our organisation's achievements.

As we bid adieu to spring and embrace the upcoming summer, along with the festive season of Christmas and New Year's, please note that our Training Centre will be closed during the holidays. However, our dedicated staff will be on-site, ensuring our dogs are well cared for. Our office will close from the end of business on Friday, December 22nd, reopening on Tuesday, January 2nd. During this period, our emergency phone line will remain active for urgent matters that require immediate attention. We want to express our heartfelt gratitude for your unwavering support and interest in ALHD throughout 2023.

Wishing you all a joyful and safe holiday season and we can't wait to see you in 2024.

Australian Lions Hearing Dogs



Changing the World

DR. PATTI HILL

LIONS CLUBS INTERNATIONAL PRESIDENT

2023 - 2024

BE THE CHANGE

Believe in Yourself

To change the world, we first must believe change is possible.

Here are some key steps that can help you face the challenges ahead.

Be brave.

In the causes you tackle and in the work that you do, don't shy away from something that may seem too difficult. You're up to the task and other Lions are here to support you. So take that bold first step.

Invest in the future.

We all have a reason to invest in the future, and young people may be uniquely positioned to help us create change. We are better able to deal with the issues facing our communities when they're at the table with us. Let's invite the next generation of global leaders to serve with us as Lions.

Collaborate.

We do our best work as a team. Work with community leaders, other service organizations, and each other to address the biggest problems facing your communities. Collaboration makes change happen faster.

Lead the way.

Lions and Leos lead by example. We show the world what is possible when people care about their communities and when kindness is the goal. Lead the way, and others will join you.



Mints...Mints...Mints...

We have SOOO MANY MINTS!!! (And in Mint Condition).

It appears that the Mint Chair ordered an extra ton of Mints & Fizzers! Please get in touch and take them off our hands!

M: 0430 188 175

E: salisburyionssa@gmail.com

Beau Brug

President

Lions Club of Salisbury

Gleeson Wetlands

There is now an access road at the Christison Road (south) entrance Gleeson Wetlands leading to a car parking area for those who may not be able to walk the distance in to visit the Wetlands. Thank you to Clare Quarry, Clare & Gilbert Valleys Council and, of course, our members for this great initiative.



Melbourne 2024
106TH LIONS INTERNATIONAL CONVENTION

C1 Signature Service Projects

As part of my District GST Coordinator's role, I've sent emails and written previous articles for the District Newsletter about clubs and service projects. As part of my strategic plan for 2023/24 (that was emailed to all clubs), clubs have been encouraged to convert a service project to a signature service project.

There are also several clubs who are very well known for their signature activities.

For those club who already have a signature service project, they have been asked to promote that project(s) so that all the other clubs in our District are aware and can identify that project with your club.

Now that it's the end of the 2023 calendar year, I am really pleased to support and assist the promotion of any clubs' signature service projects. In no particular order, I present to you each club that identified their signature service project(s):

- Burnside – Digital Images for the Aged & Lions Eye Health Program
- Bute & Districts – Fauna Park maintenance
- City of Adelaide – Hear Me Roar! Project, Cubs Club program & Xmas Spirit Event
- Clare District – Youth of the Year, Clare Christmas Pageant & Recycle for Sight
- Gilles Plains – Blue Tree Project
- Golden Grove – Lion-Hearted Stress Teddies & Cubs Club program
- Mallala & District – Mallala Community Complex- Emergency Relief and Command Centre
- Paralowie – Medic Dolls, Beanies for Babies, Blankets for nursing homes & Beanies for Lyell McEwin Hospital
- Port Augusta – Strides & Pichi Richi Marathon
- Prospect-Blair Athol – Blue Tree Project & tree planting at Dudley Park Railway

- Salisbury – Blanket Salisbury with Love
- Tea Tree Gully – Art Show
- West Beach – Australian Lions Hearing Dogs, Camp Quality West Beach Park, Grange Railway Station & Recycle for Sight

The following clubs have signature activities:

- Burnside – Op shop
- Glenside – Bookmart and Art Show
- Mallala & District – Mallala campground and Parnham campground
- Onkaparinga – Op Shop
- Richmond – Op Shop

The following club has a signature service project on the way, so keep an eye out for their release:

- Charles Sturt – Sunshine Packs

Congratulations to all of these clubs. I look forward to hearing more about them, watching their progress and hearing the stories about how they impact their local communities.

If you would like to know more about any of these projects, I encourage you to contact that club directly.

If you would like to know how to convert a service project to a signature service project, I am available for a discussion any time.

Thank you to all clubs for serving your communities in all the forms that you do. Service is what makes our association different to charities and foundations, has direct and meaningful impact and tugs at the heart strings of the general public. Hopefully, they'll want to join you in having an impact too. Keep up the great work!!!!

Andrew Stacey
District Global Services Team (GST) Coordinator

Pull-Up Banner Designs

Did you know that you can get free files from the Lions Australia Shop (in the Public Relations section) for pull-up banners. There are several versions, including:

- Where there's a need, there's a Lion
- We make things happen
- Lions logo and club name

<https://www.lionsclubsshop.com.au/category/265-public-relations-material>

There are also Lions Christmas Cakes & Puddings banner design files available in the District Resource Library, that you can download and organise to be printed.

If you have an idea in mind for a different banner design, please contact District PR & Marketing Coordinator, Petrea Stacey, to discuss your requirements.

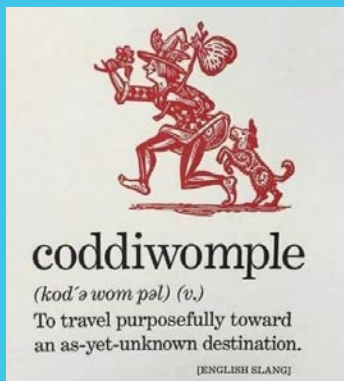
Various stores, including Officeworks, will print the banners for you. They range in price, depending on the size you want. I double sided banner (851mm x 2000mm) is \$280.

Remember that there is a grant of up to \$500 for promo materials available from the District C1 budget. Apply to Rob Royal (see details in the November District newsletter)

Jokes & Notes From Around C1



From Modbury Lions Club



From Torrens Valley Lions Club



From Port Augusta Lions Club



From Kimba Lions Club



From Torrens Valley Lions Club



Lions District C1
Lions Chronicles

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Recipe from Port Augusta Lions

Ingredients

¾ cup sugar
125 grams butter
2 eggs
1 t spoon bi carbon soda
2 table spoons vanilla essence
3 ripe bananas
SR flour
salt

Method

Beat together ¾ cup of sugar and 125 grams of butter.

Add 2 well beaten eggs, t spoon of bi carbon soda dissolved into 2 tablespoons of vanilla essence

Beat up 3 ripe bananas with ½ t spoon of salt – add to above mixture along with 1 & half cups of SR flour.

Bake for 45 minutes at 180 degrees.

Enjoy!!

From Jen's Kitchen

