

# **Lions Clubs International**

# We support our global causes







Vision

Childhood Cancer



# Lions District 201 C1 Lions Chronicles

### **DG Pete's Preamble**



ere we are! It is October, our Convention month, one quarter of our Lions year done and no doubt we are all now busy delivering our Service Projects and getting ready for Christmas Raffles both small and large. If you haven't booked and registered for Convention please do so, it promises to be a fantastic event.

I received a request for support through Lions Australia Head Office, the support was from a young family whose son needed financial support for a medical device. This request was passed to Zone Chair Annette and the Lions Clubs of Onkaparinga and Torrens Valley. I would like to congratulate all involved on the quick response to this request and the can-do attitude everyone displayed. This, to me, is what we Lions are about. We see or hear of someone in need, and we spring into action to Serve. In the end, the financial support was not needed as all the funding was provided through a 'Go Fund Me' page, again thank you to all involved.

Another great story to share is the Salisbury Lions Club's "Dog's Day Out", well done on a fantastic event. The weather could not have been better, which certainly helped the huge crowd and the many dogs in attendance. Megan and I thoroughly enjoyed the event.

Our Vision screening program is going from strength to strength with numerous clubs now participating. Well done Michael Neal on driving this

Cont. on page 2



### **LCICON 2024**

Find out the latest information about the 2024 Lions international Convention in Melbourne. It is going to be an amazing event, not to be missed!

October 2023

p17 Christmas is Coming

Check out the new range of Christmas gifts available at the Australian Lions Hearing Dogs. Start getting organised for Christmas now.

p18

### **Around Our District**

Lions across the C1 District continue to be very active in their communities, making a positive impact through various events, projects and activities.

### DG Pete's Preamble (cont.)

fantastic service project and thank you to those clubs participating. This is a service project that most members can participate in.

Multiple District has the Big Audacious Mission, do you have a Big Audacious Service Project? Why not plan big, flex your Service power, show your communities just what Lions can do, make them sit up and take notice of your Club, success breeds success and membership growth, share your Big Audacious Project. Keep your eyes and ears open, because we as District 201C1 Cabinet have been planning our own Big Audacious Service Project that you as members and Clubs can get involved in, more on that at our Convention in Peterborough. Which reminds me "HAVE YOU REGISTERED YET?"

Do you have a new member, are you about to induct a new member? Why not bring them to the Convention to be inducted there, inductions are a special part of becoming a Lion and a special moment. Can we manage 10 new Lions to be inducted at the Convention? Please pass on any names to me.

Club visits are now in full swing, with 1VDG Steve, 2VDG Ray and myself up to 4 nights a week visiting clubs. Our Cabinet Officers are also busy supporting Clubs and looking at new Club opportunities. Remember, Cabinet is there for you, the clubs and members, to support you and help you with how to find those new projects, how to support your members, training needs and much more. Just Ask! I have also attended the first Council meeting which was very eventful, after which Megan and I headed of to the ANZI Forum in Christchurch along with 2nd VDG Ray Najar. These events are fun and information filled and well worth attending.



We have seen a slow but steady increase in numbers attending our monthly Zoom sessions. These are for you, the members, and it would be wonderful to have at least one member per Club attending. We are also still in growth as a District, currently up 14 members. The sad thig is we have added 48 new members, but have dropped 34. I ask that we look after our members both old and new and ensure we make serving our communities both worthwhile and enjoyable.

Have an incredible October, continue the amazing work each and every one of you is doing for your community. In the words of our International President "Let's Change the World" for the better. Continue to serve your communities and share those stories.

> Yours in Lionism, DG Peter Korndorfer

### UPCOMING WORKING BEE

Help Us Support Thousands of Individuals and Families Across South Australia.

**Create Comfort:** Get creative making cushions to bring comfort to children in foster care, and patients during their journey through various health challenges and treatments.

**Empower Minds:** Sort and label children's books ready to be gifted to children to encourage a love for reading and help improve literacy.

Drop by and say hello for an hour or two or spend the whole day with us. Every bit of help counts!

www.hearmeroarproject.com.au

Sunday, 12 November 2023 9:30am - 4pm

North Adelaide Community Centre 176 Tynte St, North Adelaide

#### FREE EVENT





### Club Charter Anniversaries

Each month, we will celebrate the anniversary of each club in our district.

### October 2023

**Celebrating 34 years** Golden Grove - 9 October 1989

**Celebrating 48 years** Wudinna - 14 October 1975

**Celebrating 55 years** Torrens Valley - 23 October 1968

# **GMA Update**

n the last DG Bulletin, I reported that our district had gained 22 new members in July to make our total membership 1,085. However, by the end of August, our numbers dropped to 1,077, a drop of 8 members in August. As at the 23rd of September, this figure had dropped to 1,076.

If we are to grow and continue our level of service to the community, we must reverse this trend. I do not want to keep on repeating this but the first thing we need to do is to accept we have a problem and we need to grow our clubs, regardless of the size of our club. So-called big clubs must keep on replacing their retiring members, just as much as the smaller clubs must increase theirs. We all know that the demands on service clubs like Lions is increasing with cost-of-living demands, as climate change is increasing the frequency and damage done by floods, fires and drought!

As such, all clubs should have a membership growth Action Plan. In developing that plan, remember that BAM simply is a phrase identifying our target growth or 30,000 members in Australia by 2030. GMA is simply the process to follow to achieve this. GMA breaks down membership growth into 4 key areas: 1. New Club development (including Club branches started by clubs), 2. Growing existing clubs, 3. Improving retention rates of existing members and lastly 4. Developing/ training members to undertake club and district administrative roles. Each area needs to be addressed separately and ideally, involve different members to share the load. Afterall, membership is not the responsibility of just the club Membership chair, it's a joint responsibility of all members.

The LCI and the MD201 GMT team led by Ann Eldridge, has developed a lot of material to help clubs and I urge all members to review some of the vast amount of information that is available to assist and guide clubs through the process. Check out the LCI website https://www.lionsclubs. org and search for "troubleshooting guide for clubs". In this document it lists all the issues and queries clubs may have re: membership and then, importantly, it has the links to a vast amount of information to help address those issues.

The MD201 website at https:// lionsclubs.org.au/ also has a lot of information available as well, so check out the Resources Centre. A new addition is the "New Member Sponsors



Checklist", which is a easy to follow list of tasks that should be followed to ensure the appropriate way to introduce new members into your club. No or inappropriate induction or mentoring of new members in their first year is a major cause why so many new members leave after one- or twoyears' service. Addressing membership retention will help enormously with our goal to reach our BAM targets. After all, for district 201C1 that is only a growth of 54 members/ year, which is only 1 member per club per year to reach our target, and that is not unrealistic.

To assist clubs who do develop a detailed Membership Action Plan, the District has allocated \$10,000 for clubs this year to help them carry out their membership growth activities. As such the GMA team will make available grants of up to \$500 to help with costs for planned activities. These can be advertising costs, banner or A-Frames purchases, etc. Just contact me by email at gma.c1@lions. org.au or phone 0418 803 938 and we can have a chat about your needs and I will send to you a grant application form for the GMA team to revue, before awarding your club a membership growth activity grant. Remember the GMA team are here to assist you not just in the planning, but to provide any additional personal resources your club needs.

PDG Rob Royal, 201C1 GMA Coordinator



Each month, we recognise and celebrate Lions' membership milestones.

#### 5 YEARS

Lion Dell Balkauskas Stansbury Dalrymple

Lion Shuvra Saha Adelaide Hellenic

Lion Shelby Fraser Port Lincoln

#### **10 YEARS**

Lion Allan Mayfield Clare District

Lion Cathrine Greven Glenside

#### 20 YEARS

Lion Elaine Morony Burnside

Lion Marijka Ryan Charles Sturt



### BE THE CHANGE

### **Believe in Yourself**

To change the world, we first must believe change is possible.

Here are some key steps that can help you face the challenges ahead.

#### Be brave.

In the causes you tackle and in the work that you do, don't shy away from something that may seem too difficult. You're up to the task and other Lions are here to support you. So take that bold first step.

#### Invest in the future.

We all have a reason to invest in the future, and young people may be uniquely positioned to help us create change. We are better able to deal with the issues facing our communities when they're at the table with us. Let's invite the next generation of global leaders to serve with us as Lions.

#### Collaborate.

We do our best work as a team. Work with community leaders, other service organizations, and each other to address the biggest problems facing your communities. Collaboration makes change happen faster.

#### Lead the way.

Lions and Leos lead by example. We show the world what is possible when people care about their communities and when kindness is the goal. Lead the way, and others will join you.



### **GLT Zoom Sessions**

The Cabinet Secretary will email all C1 Lions Clubs to the Zoom link prior to the meeting. Meetings start at 7:30pm and run for one (1) hour.

26 October	Club Branch - how to start one	
23 November	Club Membership Approach update	





### Welcome To Our New Lion Members

Welcome to the District C1 Lions Family.

Barossa Valley Vicky Chapman sponsored by Gail Fleming

Gilles Plains Linda Skewes sponsored by Deborah Winter

**Onkaparinga** Stella Bellosguardo sponsored by Sharyn Shillabeer



# How to Set Up a Food Drive

- 1. Set dates and times Peter has suggested doing multiple C1 drives on Saturday Nov 18 2023 and Saturday May 4 2024, so that we can attract publicity from the media. A 10am – 3pm time slot seems to work well.
- 2. Nominate an organization to receive the donated items. Contact the organization to seek their permission and support. They may send someone along on the day. They may also have a banner to advertise their organization.
- 3. Create a list of items that you are wishing to be donated. This will come from working with the organisation you are donating the items to.
- 4. Contact your local shopping centre to seek permission to set up a table free of charge inside. Ask for a space outside a supermarket to attract more donations.
- 5. Advertise the event with posters in the shopping centre, posts in local community Facebook pages, local radio etc.
- 6. Organise how to deliver the donated goods to the organisation.
- 7. Ask those on the roster to plan what they will say to customers/ potential new members.

- 8. Prepare a certificate of thanks to give to the shopping centre management on the day.
- 9. Print some membership forms to have on the table.
- 10. Print a sheet to take down details of those potential members.
- 11. Consider having some freebies eg Lions mints.
- 12. Organise the following:
  - A roster of those manning the table (two shifts)
  - Tablecloth
  - Baskets (preferably see through) to collect the goods (may be supplied by the receiving organization)
  - Labels on the baskets (as above)
  - Club brochures (display in a perspex brochure holder for visibility available from Officeworks)
  - Labels on table to show that you are collecting goods
  - List of suitable items
  - Club pullup banners
  - Table and chairs (may be supplied by the shopping centre)
  - Boxes to transport donated goods
  - Some donations to put in the baskets to start things off

13. Arrive half an hour earlier on the day to set up.



### Lions make things happen!

### **Clare Lions Impromptu Choir**

he Impromptu Choir performed at the Auburn FrenchFest on Sunday afternoon, 10th September in the comfortably full Auburn Catholic Church; our first public performance in a long time. Penny Pratt, Member for Frome, who is fluent in French, was our MC. We performed "The Carnival of Animals" collaboratively with 25 musicians from Clare and surrounds, Burra, Balaklava and the Barossa. It was a guirky happy performance, with musicians ranging from young to not-soyoung, with small musical pieces/solos selections from the French classics, emulating sounds of animals, showcasing instruments like the trumpet, flute, harp, saxophone, piano, recorder, violin and others. The choir embellished the performance with a rendition of La Marseillaise (in French), Frére Jacques – getting the audience to join in, which they did heartily, singing in rounds - Mademoiselle from Armentiers and Allouette.

Young Mel from Balaklava sang a sublime Pie Jesu with her enchanting voice, and the event finished with a lovely rendition by the musicians of Ravel's Bolero, and the rousing Cancan. It was a thoroughly lovely event to engage in - everyone seemed to be in high spirits, enjoyed by both participants

and audience. The acoustics were fabulous, Leonie our conductor extraordinaire was fabulous. We look forward to performing some more!



PROGRAMME

AURU



### **Australian Lions Foundation**

Whilst our country is enjoying some degree of respite from the ravages of the major disasters of recent years, and with Clubs recovering from Covid, life goes on, and Lions Service and Projects, in and for their communities, continues.... and that is where the ALF General Account can help your Club, and vice versa! ....ALF, Helping Lions Help Their Community! Did You Know...

i. Year in, year out, ALF continuously provides General Grants to Lions Clubs and Districts in our Multiple District 201 to help with deserving Community Projects! Over the last 10 years Total General Grants each year (including Covid years) ranged from \$430,000 to \$860,000!

ii. If your Club is short on funds for a needed and deserving community project, and your Club has or can raise 50% of the funds needed, your project may well qualify for an ALF \$ for \$ General Grant! (Most community improvement/welfare projects, with some exceptions, are eligible - Maximum grant \$15,000 - See the General Grant Guidelines -WEB - alf.org.au);

iii. The ALF General Fund is funded almost entirely by Donations from Lions Clubs & Districts to the ALF General Account and by donations for ALF Awards.

iv.If your Club/District makes a donation to the ALF General Account and requests credit for future ALF Awards, then you can enjoy multiple benefits, eg -

a.Your donation helps fund deserving Lions projects throughout our MD201 via the ALF General Grants Program;

b.You get credit (to the value of donation) to obtain ALF Awards to present deserving Citizens or Lions, with the PR/Membership/ BAM Benefits that can generate;

c. Your Club could possibly even get the donated funds back again (to help with a complying Club project) via an ALF General Grant!

d.You will help your District qualify for ALF's General Account Incentive Program!!

Want to learn more about ALF General Grants, and the multiple benefits of donating to the ALF General Account? Then phone your ALF District Chair, your ALF State Director, or phone me:-PDG Ken Hallam, General Grants Chairman

It's a No-Brainer!!

You Can Double Your Money With ALF!

Speak to me, your District Chair/ State Director if you require any information.

Yvonne Bradford 0418 850 556

### Lion Spotlight: Georgia Kontos

Name:Georgia Kontos (Lions Club of Wudinna)

How long have you been a Lion? 20 years

#### Why did you join Lions?

I helped the Lions Club develop a computer program for their annual auction, way back in the 90s. They asked me to become a member, so I did.

### Current club position?

Treasurer and Secretary

### What's your favourite memory or experience in Lions?

Being part of the Youth of the Year Award; getting together with other Lions Clubs to hear their success stories and what they do.

**Favourite movie:** Blues Brothers

**Favourite book:** Wuthering Heights and Thorn Birds



#### INVITATION

TO ATTEND THE 50TH ANNIVERSARY OF THE PORT LINCOLN LIONS HOSTEL 4TH OF NOVEMBER 2023

OPEN DAY, 12-4 WITH COMMEMERATIVE TREE PLANTING BY D.G PETER KORNDORFER AT 1.00PM

DINNER AT THE HOSTEL 6.30 FOR 7.00 DINNER RSVP BY 7TH OCTOBER (BYO DRINKS) (NUMBERS ARE LIMITED) ENQUIRIES AND RSVP TO HOSTEL MANAGER LION MELVA 0499039458 EMAIL lionsclubhostel@gmail.com





### PR Trailer Bookings 2023/24

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club's own materials. We just ask that the trailer is returned in the same condition is was picked up.

You will need to organise with PDG Dean Noll or VDG Peter Korndorfer, pick up and drop off of the trailer. It is generally housed in Gawler, and the facility is not accessible on the weekend. The trailer may also be stored at other locations depending on use. Please get in early and organise the pick up and drop off.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

Club	Dates Required	Event
Wallaroo Lions Club	14 - 15 October 2023	Skin Cancer Screening
Peterborough & District Lions Club	27 - 29 October, 2023	C1 District Convention
Gilles Plains Lions Club	1 - 3 December 2023	Skin Cancer Screening

The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford. Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.

### Le Fevre Lions Club Promotion

n recent weeks, our GMA team has been working hard to reestablish a Lions Club on the LeFevre Peninsula. We have:

- Held two weekend food drives for Uniting SA at the Port Adelaide Plaza. This resulted in the donation of non-perishable food and other items for those in need in this area. We also advertised our information meeting and held a free raffle. This collaboration with Uniting SA was very successful, as we managed to build relationships with this local organisation. Two people also expressed an interest in joining Lions
- Held an information meeting about Lions at the Port Adelaide Library. This event was poorly attended by the public. We did, however, hold a discussion with the mayor, Claire Boan. She provided us with very useful information about the needs and groups in the local area. Claire will pass on our details to the council's Community Development Officer, who will contact us to discuss the matter further. Nick from Hearing Dogs also did a great demonstration of how Hearing Dog Lucy responds to sounds. This is such an impressive Lions project!

As a result of these actions, we have learnt much about which strategies may help us to achieve our goal. We now have useful template files for running food drives, which will be made available to all C1 District clubs. As our DG Peter wants clubs to participate in the goal of running two food drives on 18 November 2023 and 4 May 2024, these will be very helpful. Please see the article written by Andrew Stacey on page 21 of the September District Bulletin for details about this goal.

Please contact a member of our team if you need further information.

Annette Slater (on behalf of the GMA Focus Teams)





# **Lions Engaging with Others**

### The benefits of Lions volunteers engaging in club and local community groups.

Lions volunteers play a crucial role in enhancing the wellbeing of communities worldwide. By actively participating in club or local community groups, these dedicated individuals can experience numerous benefits personally and contribute to the betterment of society. This essay explores the advantages of Lions volunteers engaging in such groups and highlights the potential for seeking resolutions to unpleasant situations within clubs or at home, especially for elderly individuals who may face unique challenges in managing daily life. To provide reliable insights, Australian sources will

be referenced throughout the essay.

#### **Enhanced Social Connections**

Joining a club or local community group provides Lions volunteers with opportunities to establish and strengthen social connections. According to a study by the Australian Psychological Society (APS), social interactions play a vital role in promoting mental and emotional well-being among older adults ("Positive Ageing"). Participating in regular Saturday morning chats over coffee fosters camaraderie, friendship, and support networks within the club or community group. These connections alleviate feelings of isolation and enhance overall quality of life.

#### Increased Support & Problem Solving

Club or community group gatherings create a platform where Lions volunteers can seek resolutions to unpleasant situations within their own club or at home. As individuals age, they may encounter challenges in managing various aspects of their lives. A sense of belonging and shared experiences within the group can provide valuable support and advice. For instance, if an elderly person is struggling to manage certain tasks that were once easier in their younger years, fellow Lions volunteers who have faced similar situations can offer guidance and practical solutions.

#### Access to Knowledge & Resources

By participating in club or local community groups, Lions volunteers gain access to a wealth of knowledge and resources. These groups often provide educational workshops, seminars, and guest speakers who share expertise on topics relevant to the community. In Australia, organizations such as the Council on the Ageing (COTA) offer resources and information tailored to the needs of older adults, including practical advice on managing daily life ("COTA Australia"). Engaging with these groups allows Lions volunteers to stay informed, learn new skills, and access services that can enhance their well-being and that of others within their club or community.

Lions' volunteers can reap numerous benefits by becoming actively involved in club or local community groups. Through regular gatherings and connections formed during Saturday morning chats over coffee, volunteers experience enhanced social connections and support networks. Seeking resolutions to unpleasant situations within their club or at home becomes more manageable through the shared experiences and advice of fellow group members. Access to knowledge and resources further empowers individuals to navigate the challenges they may face, especially as they grow older.

Finally, personal growth and development are fostered through active participation in these groups. By referring to reliable Australian sources, Lions volunteers can leverage the benefits of engaging in club or local community groups to enhance their own well-being and contribute to the greater good of society.

Pat Williams

Our Approach

### The Service Journey

If the past 100 years have taught us anything, it's that as we serve, we grow. And we were never meant to stop.

# The Environment & Your Mental Health

Connect with your environment to maintain your mental wellbeing.

Our relationship with nature is critical in supporting good mental health and preventing distress.

Regarding mental health benefits, nature has a very wide definition. It can mean green spaces like parks, woodlands and forests and blue spaces live rivers, wetlands, beaches and even a small local creek with a bit of water trickling along the creek bed. It also includes trees on an urban street, private gardens, plantings on a verge, and even indoor plants. Surprisingly, even watching nature documentaries is good for your "soul". So, it is obvious that the benefits of nature are available to almost all of us no matter where we live.

Exposure to nature has been linked to many benefits, a few of which I have listed below:

- Lowering blood pressure
- Increasing self-esteem
- Reducing anxiety and improving mood
- Improving attention and focus

Therefore, it is important to be aware of how our environment affects our mental health, and to seek out environments that are conducive to our well-being. This may include spending more time in nature and connecting with people who share our culture and values. By caring for the environment, we can also care for ourselves and our fellow Lions members.

#### Pat Williams





### **Radio Promo**

Club Presidents and Secretaries: Lion Nick Brown (President of the Lions Club of Gawler) will be pleased to promote any upcoming projects, events and/or activities that your club may have on PBA-FM (FM 89.7 in the northern suburbs or listen on www.pbafm.org.au.)

For more information, or to share your club's news and upcoming events, please contact Lion Nick email nick.brown@pbafm.org.au or call him on 0417 014 431.



27 - 29 October, 2023 Peterborough, SA

www.lions201c1convention.com.au

### Your Club Website

t is very important that clubs have a website to promote their projects, events and activities. For many, your club's website will be the first port of call to make contact. Social media is a great promotional tool, but works best in conjunction with a website.

If your club doesn't have a website and would like to discuss how to go about getting your club back online, contact Petrea Stacey via pr.c1@lions.org.au or 0410 625 005 to discuss your options. A virtual trip around MD201, raising awareness for diabetes 17 August - 14 November 2023

How?

Lion members in the C1 District are invited to record their steps/kms as they walk, run, skate, bike, row or swim. Clubs collate and share their records with the project coordinators every 1-2 weeks, for a 90 day period.

### Why?

By Lions getting out there and being active, we hope to encourage family, friends and the community, to get active too, adopt a healthy lifestyle, and raise awareness for diabetes.

### Track

Track the progress of clubs, and the district, with the district leader board. This will be updated regularly on the district website and social media.

How far can we travel together? Can we beat our current record of 69,007.57km which we set in 2021? We were close in 2022.

This year, C1 Making Strides will be visiting as many Lions Clubs across the MD201 area as possible, on our way to the 2024 Lions International Convention in Melbourne.

> For more information and to submit your records, please contact Petrea & Andrew Stacey via c1makingstrides@gmail.com

Making Strides



C1 Making Strides is back for 2023 – together we can get active, adopt a healthy lifestyle and raise awareness for diabetes.

### How does your club get involved?

#### Step 1

Email <u>c1makingstrides@gmail.com</u> to register your club's interest. Whether you have 1 member or 30 that want to participate, every step counts.

### Step 2

Starting Thursday, August 17th, start recording your steps/kms when you walk, run, skate, bike, row or swim, keep your club's spreadsheet Up-to-date.

#### Step 3

Every 1-2 weeks, submit your updated spreadsheet to c1makingstrides@gmail.com

#### Step 4

Follow the C1 Making Strides Facebook page and www.lions201c1.org.au

#### Step 5

Stop recording after November 14th, and submit your final records no later than November 21st.





# **2023 Challenge Categories**

- 1. Overall club based on total kilometres travelled
- 2. Overall club based on total kilometres travelled per participating Lions
- 3. Overall club based on total kilometres walked
- 4. Overall zone based on the total kilometres travelled by clubs in a zone
- 5. Individual who walked the furthest total distance
- 6. Individual who cycled the furthest total distance
- 7. Club that promotes diabetes awareness the most effectively

# Gather your members, club and zone together, and let's get active!

For more information and to submit your records, please contact Petrea & Andrew Stacey via c1makingstrides@gmail.com



### **Convention Details - LCICON24**

Save The Date

Friday 21st June 2024 - Sunday 23rd June 2024

#### Host City - Melbourne

Creativity and innovation come together to deliver real change and great events, exciting places to explore and cutting-edge advancements that are globally acclaimed. Explore Melbourne on foot or via its extensive transport network and discover its creative culture, expressed in its food, fashion, events, arts and music scene. For those wanting to explore further afield, the unique natural beauty of regional Victoria is just a short trip away.

#### Venue - Melbourne Exhibition & Convention Centre

The countdown is officially on for LCICON24 and it's time for the convention committee and our ambassadors to start spreading the word. It is such a privilege to be the host of a Lions International Convention which attract more than 14,000 delegates from all around the Lion world each year. For any Lions or Leos in Australia who have never attended a National or International Convention,LCICON24 in Melbourne is the perfect time to do so.

This is a unique opportunity for our members to connect with Lions leaders, members and Leos from across the globe. Attendees are sure to be inspired, entertained and meet new friends. The last time an International Convention was held in Australia was in Sydney in the year of 2010. Those of you who attended you will know first-hand the unique experience and privilege it is to host an event of this kind.

#### Volunteering Opportunities

The International Convention is a big job and we would love the help of our local Lions.

From greeters, transport and convention guides to a range of projects in the lead up to convention there are some fantastic opportunities for Lions and Leos to volunteer and make some special memories that will last a lifetime.

Please help us spread the word and encourage anyone interested to register their interest here:

Visit Our Registration Page: www.melbourne2024.org.au/ volunteers-and-supporters

#### **Gifts for our International Visitors**

Our gift is to be an Indigenous theme and be a true reflection of Australia both past and the present. We have decided on the message sticks made from reclaimed timber from the 2019/20 Black Summer Bushfires at no cost.



#### Stay Connected

Email melb2024host.comms@lions.org.au

Website melbourne2024.org.au

#### Social Media

facebook.com/groups/lciconmelb2024/ instagram.com/ lciconmelb2024/

Yvonne Bradford Ambassador 2024 – 201c1

### News from the Lions Club of Peterborough

Lions Club of Peterborough & District Inc. - looking forward to seeing you at the District 201C1 Convention in Peterborough!

ave you registered yet? Never been to a District 201C1 Convention before? Well, what's stopping you?

A great opportunity to meet with fellow Lions members for fun & fellowship, whilst learning more about Lions, including great displays of our Lions Projects, fantastic guest speakers, etc. More details available on: lions201c1convention.com.au

The Lions Club of Peterborough & District Inc., are looking forward to seeing you here from Friday 27-29 October 2023. So, don't forget to get your Lions Registration in for the District 201C1 Convention, so you don't miss out on a great weekend!! So, come & enjoy the fun & fellowship with other Lions members from the C1 District – DON'T MISS OUT!!

Afterwards, spend time looking around & enjoying Peterborough & District's many varied attractions!!

Since September, our Convention Committee have been holding weekly meetings on Wednesdays.

On Friday, 1st September, members cooked a BBQ Tea in the Diesel Shed at Steamtown for a group of 30 people, whilst other members made & served salads.

Members attended the Terowie Art Show & Markets on Saturday, 9th September, from 10-1pm selling donuts to the crowd from our new Lions Van.

On Friday, 15th September, 4 members manned the Lions display table at the SPRING SPN 'Chat & Connect with

Community Expo' in the Town Hall from 10-2pm. This was done on a rostered basis.

This event showcased the numerous Community Groups in the town, as to what they do and gave people the opportunity to volunteer and become involved in these groups to make social connections.

President Julie Atkinson attended the District Council's Christmas Pageant meeting on Wednesday 13th September, as a rep for Lions, with plans underway for Lions to be, again, involved in this event in several areas.

At our dinner meeting on Tuesday 15th September, we had a great guest speaker, a student from Jamestown High School, which our Club had donated money to, so he could be involved in the 'Projects Abroad Cambodia' trip.

He spoke passionately on his trip to Cambodia, with other local SA school students from other towns and their involvement working in the Cambodian schools with young students & also working in the Community.

Each week our group of enthusiastic members report to Secretary Judy Higginson their weekly steps for the C1 Making Strides event. Some members are doing amazing amount of steps per week, after increasing their walking efforts! We hope other Lions members are being involved and active in this great event!

Other upcoming events include:

- Donut Van to be in the Main Street during the Sat October 14th Referendum.
- Planning our Lions Senior Citizens & Aged Pensioners Christmas Dinner on Friday 24th November.



JOIN US FOR THE DISTRICT GOVERNOR'S

# Masquerade Gala Dinner

AT THE 201C1 DISTRICT CONVENTION

Saturday • 28 October, 2023 • 6pm Peterborough Town Hall

Who will win the prize for the best mask?

### **Torrens Valley News**

Many years ago the Club built a Wishing Well at the Big Rocking Horse at Gumeracha. With many changes being done by the new owners, it is time to move the Wishing Well to a more suitable area. Club Members will investigate if a "spinner" would be more suitable.

The Club has at least 1 BBQ a month at Bunnings Modbury, which keeps us very busy.

We have another package of spectacles ready to be sent off, and still looking into the children's Eye Health Program with local schools.

Our Christmas raffle tickets are now on sale with members selling tickets at Birdwood Ampol, Kloses F.oodland at Birdwood and Bunnings.

Our coin collection continues throughout the district, as does our support for the Community Pantry with \$300 being donated for purchase of meat.

7 Members are taking part in Making Strides. Gumeracha 5th Sunday Market is on again in October, hopefully the weather will be dry with the sun shining. We have had a couple of members on the sick list, hopefully they are recovering and be back on board soon.



### What is a Threatened species?

Since European colonisation, it is estimated Sthat 73 species (41 plants and 32 animals) have become extinct. A threatened species is a plant or animal at risk of extinction and are classified from 'rare' to 'vulnerable'. High-level threatened species are classified as 'endangered'.

The reason for becoming 'threatened' includes habitat loss, such as from too much or too little fire, competition from weeds, too many herbivores like rabbits and feral goats, and predation by introduced species like foxes and feral cats.

Unfortunately, the list continues to grow, so what can we do to help save our native fauna from extinction?



### Numbat: A Remarkable Marsupial

- Donate and/or join organisations such as Bush Heritage, to help protect our biodiversity.
- Take part in events that raise awareness about our threatened species.
- Create a wildlife friendly space in your garden by planting native plants to create habitat.
- Reducing your environmental footprint by using less water, and energy, recycling when you can, and compost your home waste.
- Volunteer for citizen science projects that monitor and collect data on threatened species.

Sharing stories from Lions Clubs around SA Please contact Pat Williams 0411 492 223

# **Christmas is Coming!**

ave you started thinking about Christmas presents yet? We have some exciting new merchandise in stock for you to purchase - whether that be for friends and family, guest speakers at local events, or people in your community who support your Lions activities. (Plus, it all goes to a good cause!)

PRICES NEW Dog Christmas Stockings \$8 each 2024 Calendar \$10 Puppy Xmas Cards (5 for \$5 or 10 for \$10) Keyrings \$5

And much more available – visit our shop online at www.lionshearingdogs.com.au/shop







# Premier at Lions' Club Dinner (1964)

Article from Adelaide's Sunday Mail – 29th August 1964 (Found recently during a garage clean-out)

The Premier, Sir Thomas Playford, and Lady Playford were principal guests at the charter dinner of the Campbelltown Lions Club, in the Hotel Australia tonight.

Attendance by all nine district governors made Lions Club history, as the dinner coincided with the governors' convention, being currently held in Adelaide.

Lady Playford's short dinner frock of lace was a lovely shade of linden green. Cut with slim fitting skirt, the bodice was deeply cut for vee back, the same line continuing for the front bodice. Furs were a cosy accessory.

Dining were the Mayor of Campbelltown Mr. E. Wadmore and Mrs. Wadmore – she was in a short dinner frock of cocoa brown satin swathed and tied at the waist – the Mayor of Payneham, Mr. M. Redden and Mrs. Redden, and district governor Mr. Bevan Rutt, whose wife was in cappuccino lace, with blouson bodice.

Guests from the sponsoring club – Unley – included president Mr. Colin Ringer and Mrs. Ringer, also Mr. and Mrs. Robert Nott. Interstate visitors included the international director, Mr. William Parsons of Belmont, NSW, and chairman of the Australian council, Mr. E. W. Corless, of East Kew, Victoria.

Campbelltown members and their wives included president Mr. Harold Gilbert and Mrs. Gilbert in long turquoise chiffon, caught at the waist with a pearl brooch; charter night chairman Mr. Robert Quayle, whose wife wore grecian-style citrus green silk; Mr. and Mrs. Allan Davies, Mr. and Mrs. Kevin Emmerton, Mr. and Mrs. Peter Cox, Mr. and Mrs. Jeffrey McShane, Mr. and Mrs. Enrico D'Andrea, Mr. and Mrs. Neville Trewren, Mr and Mrs. Frederick Russo and Mr Ray Glyde.

Those were the days!

A great article for Lions, although in those days, it was clearly more important to report on the wearing apparel of the Lions wives than the real purpose of the evening – to charter a new Lions Club. Reminds me a bit of a recent AFL Presentation evening!

PDG Don Pritchard

### **Around Our District**





### 2023 Lions District 201C1 Convention

27th - 29th OCTOBER 2023



### **Convention Registration Form**

Convention Location: Peterborough Town Hall

Main Street, Peterborough, SA

Contact Details of Person Submitting Form: Name: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Club Name \_\_\_\_\_

		Title	First /Preferred Name	Family Name	First Convention? Tick for Yes
Lion	1				
Lion	2				
Partner	3				
Guest	4				

DATE	EVENT	TIME	Location
	Delegate Registration	3.30 pm – 5.00 pm	Town Hall Main Street
	Session 1 – Convention Opening Welcome to Country	5.00 pm – 9.00 pm	
Friday 27th	Flag Ceremony Mayoral Reception		
October	Remembrance Ceremony		
	Fellowship & Guest Speaker PDG John Muller Sound and Light Show (optional, pay at Steamtown \$25 discounted price, please call 8651 3355 to make a booking,	9.00 pm – 10.30 pm	
	mention Lions Convention)		Town Hall
	Delegate Registration	7.30 am - 8.30 am	
	Session 2 - AGM Welcome, protocols, acknowledgements AGM	8.45 am – 12.15 pm	
Saturday 28 <sup>th</sup>	includes Morning Tea		
October	Lunch	12.15 pm – 1.15 pm	Town Hall
	Session 3 Guest Speaker PID Sheryl Jensen	1.30 to 4.30 pm	
	Guest Speaker Martin Holmes Afternoon Teo		
	Guest Speaker Dr Ralph Martins Forums/Info session		Town Hall
Saturday 28 <sup>th</sup>	District Gala Dinner Peterborough Town Hall Three Course Dinner	6.00 pm for 6.30 pm	
October	Entertainment, Raffle & Silent Auction Dress: Ladies After Five and Gentlemen Dinner or Lounge Suit		
Evening	Music by The Juke Box Boys	8.30pm till late	
	Breakfast at 229 Café (sponsored by Elizabeth Playford Lions club)	9.00 am – 10.00 am	Café 229 229 Main St
	Q&A with Cabinet, PID Sheryl Jensen & PDG John Muller	10.00 am – 10.45 am	225 Wall St
Sunday 29 <sup>th</sup> October	Closing Ceremony and Remarks. Flag handover to Cowell	10.45am – 11.00 am	Town Square Main Street
	Town Square Markets (own cost and enjoyment)	9.00am to 1.00pm	
	Brogram may change		

Program may change

### **Dietary needs?**

First Name: Gluten Intolerant: 🔲 Lactose Intol Other Dietary requirements					
First Name: Gluten Intolerant: 🔲 Lactose Intol Other Dietary requirements		-			
	Payments				
Section A – Full Registration*					
Friday night, Conference, Saturda	y Dinner & Sunday breakfast	closing	ceremony @ \$110	pp No:	
*Includes convention pin		Tota	l Section A:	\$	
Section B: Individual Event Ticke	ts				
Friday Mayoral Reception	@ \$20 pp			No:	
Saturday Lunch, refreshments	@ \$25 pp			No:	
Gala Dinner Only	@ \$65 pp			No:	
		Tota	l Section B:	\$	
		Total Sec	ction A & B:	\$	
Payment Methods:					
EFT/Direct Transfer					
<ul> <li>Please transfer the to</li> </ul>	tal amount payable to the acco	unt detail:	s below:		
Account Name: Peterborough Lions Club Convention					
BSB: 105 005 Acco	ount No: 076144040				

Bank: BankSA

Please use your family name and initial as subject or reference

#### Other payment

Cheques to be made payable to: Peterborough Lions Club Convention
Cheques posted to: PO Box 128, Peterborough, SA 5422

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Upon payment please email remittance notice to Convention Treasurer: Vanessa at lions.peterb@outlook.com

Please submit completed Registration forms either by email or postal by Monday 9th October 2023

#### lions.peterb@outlook.com

or

PO Box 128, Peterborough, SA 5422

Office Use ENTERED:

# **Jokes From Around C1**



From Stansbury Dalrymple Lions Club



Riding Lawnmower \$300

From Stansbury Dalrymple Lions Club I was having dinner with Garry Kasporov (World Chess Champion) and there was a check tablecloth. It took him two hours to pass me the salt.

#### From Torrens Valley Lions Club

"I'm gonna put this somewhere safe" is an ancient incantation that opens a portal to a random point in another timeline, through which all safely kept things travel, never to be seen again.

From Kimba Lions Club

### SO YOU'RE TELLING ME



From Modbury Lions Club

It was time for the final and one student wanted to get at least one right answer on the chemistry test. The question was, "If H2O is water, what isH2O4?" Finally, he wrote down his answer: "For drinking, washing, and cleaning."

From Modbury Lions Club

My grandson made the mistake of telling me I was being overdramatic, so I changed the wifi password.



From Clare District Lions Club



### Lions District C1 Lions Chronicles

DG Peter Korndorfer Ph: 0402 483 059 E: DG.C1@lions.org.au

Newsletter Editor Petrea Stacey Ph: 0410 625 005 E: PR.C1@lions.org.au E: pstacey@forerunner.com.au

www.lions201c1.org.au





IN 2023 TO RAISE FUNDS FOR CHILDHOOD CANCER RESEARCH Contact Lion Kate for details 0409228075

Childhood Cancer Cancer