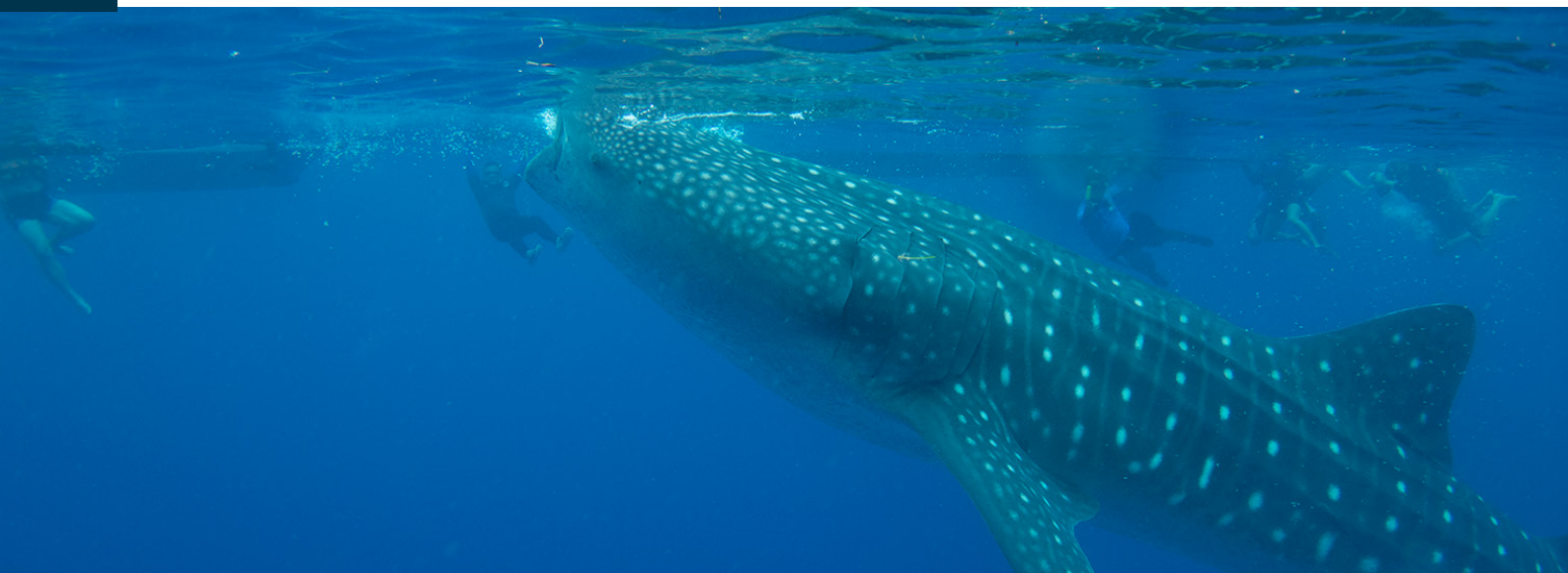


DG Zig's Zany ZED

June 2023

DISTRICT NEWSLETTER

Lions 201C1 Monthly Newsletter



WHAT'S INSIDE

Prioritising Mental Wellbeing

Lions' volunteers are the backbone of our organisation and their wellbeing and satisfaction are essential for its success. Read more ...

— page 4

Diabetes Activities

Diabetes is one of Lions Clubs International's global causes, and a cause that many clubs in our district are supporting. Read about a variety of different activities your club could get involved with.

— page 6

Around The Clubs

See what a number of clubs around the C1 District have been up to over the past month.

— page 15

What is Zig's ZED?

Meaning

ZED

Last letter of the alphabet, which is also the first letter of my name. Also used as a term for sleep or sleeping.

Also apparently, in a computer game called League of Legends, Zed is the leader of the Order of Shadow, an organisation he created with the intent of militarising Ionia's magical and marital traditions to drive out Noxian invaders. For your information, I have no idea what that means.

Each month, our district newsletter will feature a new name, but always starting with the letter Z.

What interesting "Z" word will our District Governor use next? There are a lot to choose from, so stay tuned.



June 2023

MD 201C1

MONTHLY NEWSLETTER

Welcome to the June edition of the C1 District Newsletter.

It is hard to believe that we are coming to the end of another Lions year, and the last edition of Zig's Zany Z-Word District Newsletter.

Throughout the past 12 months we have featured stories from around our district, stories from Lions Australia and Lions International. We've had foundation spotlights, awareness calendars, amazing sealife photography, regular environmental news and so much more.

Thank you for all the clubs, and individual lions, who have contributed to the monthly newsletter with their club news and projects.

A big thank you to Lion Andrew Stacey for proof-reading and editing the newsletter every month. Your time and attention to detail has been greatly appreciated.

I look forward to continuing as Editor of the district newsletter in 2023-24 with DGE Peter Korndorfer's 'yet to be named' editions.

Yours in Lionism,
Petrea Stacey
Editor

Mob: 0410 625 005
Email: pstacey@forerunner.com.au
Email: IT.C1@lions.org.au

Website: www.lions201c1.org.au

DISTRICT SOCIAL MEDIA

Twitter: @lions201c1
Facebook: @District201C1LionsClubs
Instagram: @District201c1



District Governor's Note

As I start this final month of my term as District Governor I wonder, at times, where the year has gone. All Past District Governors have remarked that their year as a District Governor goes so fast, and for me that is fully supported.

Even though my year is winding up, the need continues to enthuse and keep the district in a positive mind set into District Governor Elect Peter Korndorfer's year and beyond.

There have been several changes to the operation of the district that most members would not see or be exposed to, however these were considered necessary to bring our operation into the current times of technology. This has included improvements to our capability to undertake Hybrid Cabinet meetings using a simpler plug and play system, improved use of computer programs that are interlinked for our records and emailing to all members, and the consolidating of our banking and finances with newer banking opportunities. Whilst the COVID 19 did not bring much joy to the world, it did escalate some technology improvements, and as a District, we have embraced some of these and will need to continue to embrace changes so that we can be relevant to the younger generations who will be our successors in Lions.

At this time of the year all clubs would have to submit a list of the Club's officers for 2023/24 to the District Cabinet Secretary, but have you as members considered about taking on a role as President, Secretary or Treasurer from a member who has been in the role for more than 4 years? If not, why not? We all need to realise that one day every club will need a replacement in these positions, and it would be better to make that change whilst you have someone who can provide guidance than having to deal with the extreme position of no past knowledge due to an incumbent officer departing unexpectedly due to accident or declining health. Just think, those members in those leadership roles may like to let someone else run the club.

I wish to acknowledge the hard work and the united efforts of the Cabinet in creating the Global Membership Approach (GMA) plan as well as relating to club members across the district. As I have stated on several occasions during my club visits, every one of our District Lions members are more important than the District Governor, this is because without the members there is no district, and the members are the ones who perform the services to the community and beyond.

Over the past three years in my journey towards the District Governor responsibility I have been pleased to have visited the clubs and met a large variety of members and heard about the projects the clubs have passionately undertaken and continue to perform in their communities and I applaud all that have shown that as Lions "Together we can" and "we serve".

DG Zig Osis



Providing Safety & Education To Girls in Kenya

Located in a remote area of Kenya, the Ilkeek Aare Primary and Boarding School serves the semi-nomadic Maasai children in the region. As the lifestyle of these children's families required perpetual moving around following the grazing grounds of their cattle, many of the Maasai children previously did not graduate from school.

Thanks to US\$1.2 million in grant support and donations over the last 10 years from LCIF, Lions in Germany, and Lions in Kenya, the boarding school now serves 500 children with 12 classrooms, dining halls, library, teacher's room, visitor guest homes, and furnished girl and boy dormitories.

Before the boarding school existed, the Maasai children only attended the day school for about three months per year, since their family was semi-nomadic. In the dry season, children needed to walk up to 18 miles with their parents to find food for the herds. In 2012, the school only served 60 children without proper facilities and a dilapidated structure.

Now, the boarding school allows the children to study at the school all-year round and complete exams even if their family moves.

"Our Maasai children now have the opportunity to learn all-year round, despite the nomadic way of their families, because of the good classrooms and other vital facilities in the schools," said Michael Tenges Muntet, project coordinator. "Especially for the girls, a boarding school is a place of security. It provides protection against the violence on the otherwise long path to school."

"The Maasai girls face serious problems from female genital mutilation, early marriages, and denial of education, said Kapil Deo Sharma, grant administrator. "The boarding school is helping to reduce these practices and hopefully, over the long-term, eliminate them."

One student, Samon Kiraison, said, "today we have nice classrooms fully furnished. From the bottom of our hearts, we say thank you for helping us to realize our dreams." With your support, the Ilkeek Aare Primary School is only one example of how LCIF is helping one more through an LCIF Humanitarian grant.

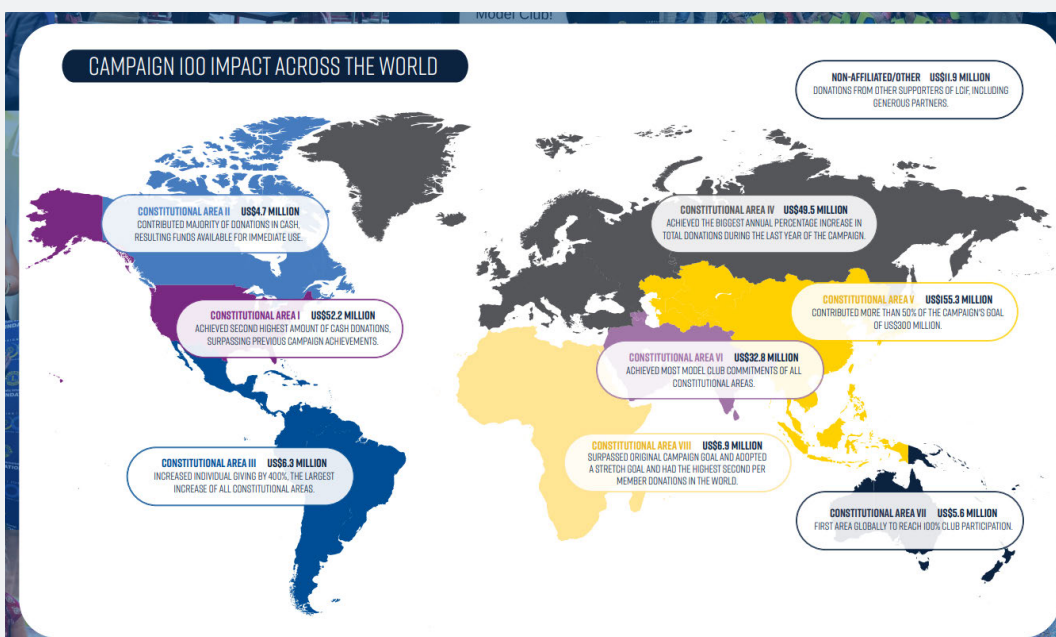


UN Goal Alignment:

Due to the breadth of the humanitarian efforts cause area, most aspects of UN goals may apply directly or indirectly.

From July 2021 to June 2022, LCIF awarded US\$12,986,755 in Humanitarian grants.

For more information and the LCIF Annual Report 2021-22, visit lionsclubs.org



Abstract from LCIF
Annual Report 2021-22
found at lionsclubs.org



Prioritising Mental Wellbeing

"Nurturing the Lions Volunteer Community."

Lions' volunteers are the backbone of our organisation and their wellbeing and satisfaction are essential for its success.



Having access to mental wellbeing services such as Lifeline demonstrates that the organisation cares about the health of its volunteers. It sends a message that their mental health matters and that their struggles are valid. This can foster a sense of belonging and support, making volunteers feel valued and understood.

Having access to an organisation like Lifeline allows our Lions volunteers to address their concerns, manage stress, and develop coping mechanisms to navigate their issues effectively. This support can be invaluable in preventing burnout, enhancing resilience, and promoting overall wellbeing.

Retaining unhappy members through access to experienced wellbeing counsellors not only benefits the individual, but also contributes to the overall health and stability of the organisation.

By following this path, the Lions organisation can work towards resolving issues, improving volunteer satisfaction, and promote a positive atmosphere. This in turn can enhance productivity, collaboration and ultimately, the organisations success.

Patrick Williams
Zone 6 Chairperson
simba103@bigpond.com



DG Zig's Photography

This month's DG photograph is of a Whale Shark taken in Oslob, Philippines.

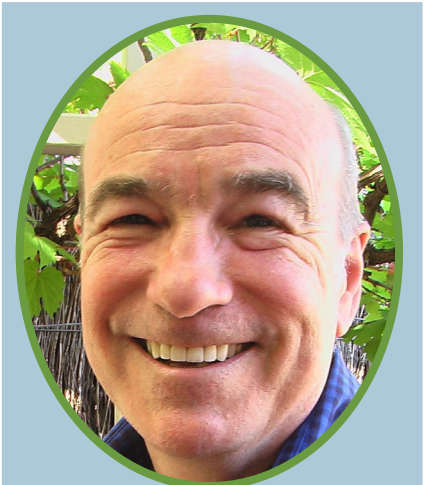
A few fun facts about the Whale Shark:

- They are often found off the shores of countries honing tropical waters, including Australia, South Africa, the Philippines, Thailand and Malaysia, to name a few.
- They predominately feed on plankton and other small fish - not humans, even though they are a shark!
- The largest recorded whale shark had a length of 18.8m, but on average they are 9.8m.



Whale Shark
Photograph taken by DG Zig Osis

- Their mouths can be as wide as 1.7m and contain 30 rows of tiny teeth.
- The average whale shark weighs approximately 9 tonnes.
- Popping, as the birthing of whale sharks is referred to, has never been witnessed by humans.



SPOTLIGHT:

Lion John Standingford

Name: John Standingford (Glenside Lions Club)

How long have you been a Lion?
4.5 years (inducted 12/09/18)

Why did you join Lions?

I was invited by a member who was an old friend and colleague.

What Lions positions have you held?

Club: President, 3rd VP and Art Show Committee Member

What's your favourite memory or experience in Lions?

It's hard to isolate just one, but my swearing in as President by Zig in 2021 rates highly.

Favourite quote: The devil finds work for idle hands.

Favourite movie: Another hard one.

'Casablanca' has always been near the top; but more recently Robin Williams' film 'The Fisher King' (extolling the virtue of kindness) and the Pixar film 'Coco' (about the smudgy boundary between the living and the dead) have both made a big impression on me.

Favourite Book: 'A Tale of Two Cities'. That's the one that comes first to my mind anyway. I nearly missed my stop reading it on the train going home from school.



PR Trailer Bookings 2023

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club's own materials. We just ask that the trailer is returned in the same condition it was picked up.

You will need to organise with PDG Dean Noll or VDG Peter Korndorfer, pick up and drop off of the trailer. It is generally housed in Gawler, and the facility is not accessible on the

weekend. The trailer may also be stored at other locations depending on use. Please get in early and organise the pick up and drop off.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

Club	Dates Required	Event
Salisbury Lions Club	24 September 2023	Dogs Day Out
Stansbury Dalrymple Lions Club	29 September - 1 October 2023	Stansbury 150 Celebrations
Wallaroo Lions Club	14 - 15 October 2023	Skin Cancer Screening
Gilles Plains Lions Club	1 - 3 December 2023	Skin Cancer Screening

The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford.

Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.



Oz Clubhouse Closure

It is crucial for Lions Clubs to adapt to changes in technology and maintain an online presence to effectively connect with the community. Unfortunately, with the closure of the Oz Clubhouse system on June 30, clubs face a significant challenge, but there are options available.

Please review the previously sent emails from Lions Australia and look into the options provided. Remember to assess your club's budget, technical capabilities and discuss the various options before making a decision.

All Lions Clubs should be making this a priority and acting quickly and efficiently to help establish a new website and maintain an online presence before June 30. Social media complements a website, it is not a replacement.

If you would like to discuss the options available and learn more about them, please contact Petrea Stacey on 0410 625 005 or IT.C1@lions.org.au.





Diabetes Activities

Diabetes is one of Lions Clubs International's global causes, and a cause that many clubs in our district are supporting. Here are a variety of ideas to inspire you and your club.

- Invite a role model with diabetes to a local school/club to talk about healthy lifestyle choices.
- Post monthly notices on your club or district website and social media accounts sharing available community resources for people with or at risk of diabetes.
- Develop a plan for Lap the Map in your Community: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services available and distribute them to Lions and the public, dieticians from your community may be able to assist you .
- Partner with your local diabetes educator to organise a screening for diabetes in your community, contact a local GP clinic in your area for assistance.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Sponsor a healthy cooking demonstration for people in your community.
- Arrange a weekly walking club in your community and share a healthy snack afterwards.
- Bring fresh fruits or vegetables to an school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional or gym to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community centre or school.
- Form a community support group for people diagnosed with diabetes and their families.
- Design & build a school or community vegetable garden to encourage healthy eating.
- Establish a fitness room or ongoing fitness classes at a retirement village or school with exercise physiologist, physiotherapist, netball/football coach.

Resource shared by PDG Tony Pederick OAM

About diabetes

Diabetes is a global epidemic

An estimated 463 million adults across the world are living with diabetes, and its prevalence is increasing rapidly. By 2045, the number is expected to reach 700 million. Diabetes is a global epidemic that touches every corner of the globe.

Lions Clubs International and LCIF are dedicated to empowering Lions and Leos around the world to fight diabetes by serving their communities one by one.

463M

Adults living
with diabetes
in 2019

1 in 2

Cases
undiagnosed
(232 million)

1 in 5

People above
65 years old
have diabetes

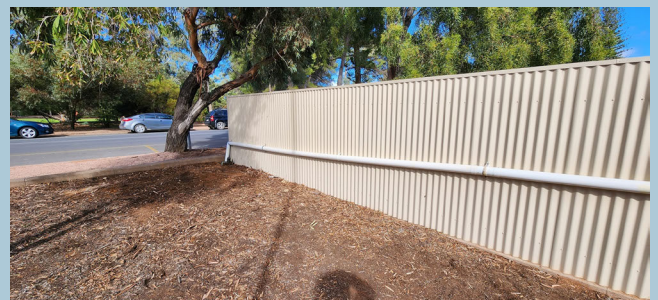
4.2M

Deaths from
diabetes
in 2019

News from Port Pirie Lions club

We were asked if we could relocate the roof down-pipe from the north to the south, got council involved and hey put a pipe under the foot path for us. So three lions members took on the job and the job was done and done well.

Members from left in the picture were Stax Kerr, Michael Baldock (myself) and Justin Coutts; one of our newer members. Also, Stax Kerr's grandson, Zac, who is not in the picture, but was holding the camera. He's not a lion member, but we are working on it.





Australian Lions Hearing Dogs

National Volunteer Week (NVW) is Australia's largest annual celebration of volunteering. The celebration was held on 15th to 21st May 2023 and this year the theme for National Volunteer Week 2023 was "The Change Makers".

This week-long event recognised the vital support millions of volunteers in our country provide to the communities and encourages people to consider volunteering.

This National Volunteer Week (NVW), Australian Lions Hearing Dogs wants to recognise the support Lions Clubs from all over Australia have provided for the Hearing Dog Program.

Australian Lions Hearing Dogs is a Lions project that was initially founded in 1980. For 42 years, the organisation is able to deliver Hearing Assistance Dogs to Australian who are deaf or hard of hearing a set of 'furry ears' free-of-charge. We are only possible largely due to the support of Lions all around Australia. In 2022, Lions Clubs provided 3,456 hours towards supporting each Hearing Dog placement.

We could not thank you all enough for how much you've done for our organisation. To Australian Lions Hearing Dogs, Lions Clubs are The Change Makers.



Mince Meat for Foodbank

This morning, Sunday May 14th, David Head, the incoming president of Kimba Lions Club delivered 22 sheep to the Cummins Abattoir to be processed into mince meat for donating to Foodbank.

These sheep were of no commercial value and were kindly donated by Steven Johns of Port Pirie and originated from his Cowell property.

David is a passionate supporter of this project. Along with Jim Cunningham of Tintinara Lions they were the main drivers of a similar project when C2 ran it a few years ago.

David & Jim considered that sheep of no commercial value to other stock owners were often sent to saleyards resulting in the vendor getting nothing for them & having to pay the freight to the saleyards as well.

Therefore they considered the idea of suitable animals being donated, collected locally & then taken to local abattoirs to be processed would be a useful project for Lions Clubs to be involved in.

For more information, please contact Lion Allan Zerna 0427 292 088 or janalla@bigpond.com

Welcome To Our New Lions

Welcome to the C1 District Lions family

COWELL

Susan Barker sponsored by Allan Zerna

ONKAPARINGA

Wendy Kerber sponsored by Kingsley Blenkiron

PETERBOROUGH & DISTRICT

Christine Satterley sponsored by Vanessa Malycha

QUORN

Denise Carpenter sponsored by Anne Freebairn

Ian Carpenter sponsored by Anne Freebairn

TORRENS VALLEY

John Mundy sponsored by Liz Gauci

WHYALLA MOUNT LAURA

Michael Hales sponsored by Barry Spry





Burnside Lions Club News

A very successful sale held on first Saturday of May saw the sum of \$2350 raised.

We saw many new faces amongst our customers and fortunately, the rain held off for most of the morning. An amount of \$1000 raised from this sale was donated to two local members of Burnside Lacrosse Team who have been selected to represent Australia in The World Lacrosse Championships to be held in Seattle in mid June. This sport receives no government funding and Burnside Lions saw this as an opportunity to support a local organisation.

Our club held our monthly Business Meeting at our Bargain Centre this month. The main agenda was to finalise the distribution of some \$20,000 raised this year to Lions and to local organisations ... we had already supported Mannum Lions in flood recovery.

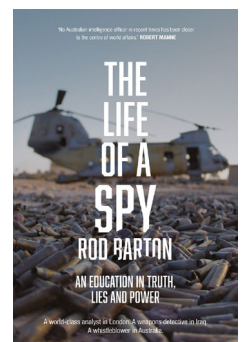
Our guest speaker at our monthly dinner meeting, held at The Robin Hood Hotel, was Rod Barton. Rod has written a book on his life as a spy in real life. The title of the book is "The Life of a Spy" ... a recommended read. He held all captive with his in-depth description of operations that he had participated in as part of being a spy.

Feedback from the public has indicated that the letterbox drop of a flier advertising the activities of Burnside Lions has been well received. This has been distributed to households in the electorate of Bragg and has been supported by Jack Batty as Member for that seat and a member of Burnside Lions ... a very positive contribution to our club.

We continue to receive a large quantity of donations of goods for sale at our Bargain Centre. On any Wednesday we have an average of 6 members and 6 volunteers involved in sorting these donations. The aim is to look at all options for recycling where goods are considered unsuitable for sale. Where we once would have seen a trailer load go monthly to the dump we now have this down to 2 large recycle bins per fortnight at no cost to the club.

Lion John Dunn continues to explore the best way of having packages developed for use in Aged Care Facilities. He has had some very positive feedback from people working in these facilities reinforcing how valuable they are in helping the elderly reminisce.

Article submitted by Rob Crookall



Above-left: Lacrosse boys being sponsored. **Above-middle:** Sale Day. **Above-right:** Guest speaker's book.

Share The News!

As a Lions volunteer club dedicated to Environmental causes, it is important to spread awareness and engage with the wider local community. One effective way to do this is by sharing your Environment newsletter with local Councils, Community Groups and Sporting clubs. By doing so, you can showcase the work your club is doing and promote your cause to a larger audience. This can also help to build valuable relationships and collaborations with other organisations that share similar goals.

Sharing your newsletter is an easy and cost-effective way to get your message out there, so do not hesitate to reach out and make your impact even greater!

Contact Lion Pat Williams for more information:
simba103@bigpond.com





News from Peterborough

At the meeting on Tuesday, 2nd May, the election of the remaining Board members was completed. Members are looking forward to our Lions Handover on Saturday 1st July, 2023.

After a successful 2022/23 season of running the Basketball Association's Canteen, the Club decided to donate \$1,000 for sponsorship to the Basketball Association and \$1,000 for both the Minis & Junior Development.

At a recent meeting, the Association welcomed Lions to continue running the canteen again for the 2023/24 season. This involves purchasing the goods for sale and running the canteen on Monday & Tuesday nights, with extra days during the finals.

Another Lions Convention meeting with our small committee on Wednesday, 10th May, with more discussions for this great event. We look forward to seeing you there!!

On Tuesday, 16th May at our dinner meeting, the Club agreed to donate \$100 towards a Foodland Voucher for the High School Pastoral Worker, who asked for money to provide food items for students, that wasn't provided by Foodbank. Our guest, Bill Dearlove generously donated \$100 to add to the voucher. Thank you Bill.

Our Lions Rose Garden at the cemetery is looking fantastic now that new member Alex, weeded the area, layered rolls of weed mat and has mulched the area! This area has always previously been a problem with weeds.

Alex has also been involved in working at the Yongala Cemetery and will liaise with the District Council of Peterborough's Works Manager, the Yongala Progress Association and the Yongala Hall Committee to help with the maintenance and painting, etc. Members are busy cooking for the Australia's Biggest Morning Tea to be held on Thursday, 25th May 2023 from 10-12noon at the Senior Citizens Hall.

The St. Joseph's School Choir will entertain the crowd and the Primary School should be attending too. They will then enjoy morning tea with us.

Two members will make deliveries to the Business Houses and Schools before the public joins us at the Hall. A raffle has been organised too.

Some members will be attending the District Council's 'Let's Plant Some Trees' meeting on Monday, 5th June to discuss how Lions can help.

Judy Higginson will soon be handing over the 8 boxes of 'Trees for Life' trees to the 3 landowners in the State. Each box contains 60 plants. Thank you to Debbie Boon, Lyn & Terry Fowler, who helped with this project.

Don't forget to book yourself and your friends to the C1 District Convention to be held in Peterborough on Fri 27th October to Sun 29th October 2023. Don't miss out on a fun weekend!!



Above-left: After the weed mat and mulch is down. Cter being weeded **Above-bottom-middle:** President Julie Atkinson presenting Alex French's dinner badge. **Above-right:** Trees for Life.



LIONS CLUB OF GILLES PLAINS INC
44th Handover Dinner and Award Presentation Night

President Lion Lance Crook and Partner Meredith
And President Elect Lion Deb Winter

Invite

Members and Partners

to attend and help us celebrate

At Settlers Hotel, 249 Montague Road, Ingle Farm

In the function room

On Tuesday 20th June 2023

6.30pm for 7.00pm Start (call to order 6.55pm)

RSVP to Lion Ted Osborn (0403 065 357)

or

email to tednelse@bigpond.com

by Tuesday 14th June 2023

Dress :- Men Formal or neat Casual. Ladies :- After five

Menu is

Soup

Mains Choice of three

Sweets

Please advise of any dietary requirements.

Cost \$25-00 per head (Payable on night)

Purchase own drinks at bar

Payable by Cash, Cheque or EFTPOS

Please order in Function Room on arrival



Club Charter Anniversaries

Each month, we will celebrate the anniversary of each club in our district.

June 2023

Celebrating 45 years

Maitland & District - 16 June 1978

Celebrating 51 years

Adelaide Hellenic - 23 June 1972

Celebrating 56 years

Barossa Valley - 26 June 1967

Jamestown - 15 June 1967

Onkaparinga - 19 June 1967

Always Remembered

Lions who passed away in May 2023

Lion Dennis Franks

Tumby Bay & Districts

Lion Geoff Taylor

Tea Tree Gully

Lion Ian Leraye

Paralowie



Lions Clubs International



Please save this date!
Plan to attend.

The Lions Club of Modbury
invite you to

Handover Dinner 2023/24

Celebrating 47 years of community service

Golden Grove Tavern
Cnr: Golden Grove and Grenfell Roads
Surrey Downs

Tuesday, 20th June — 6:00pm for 6:30pm start

Orders taken on arrival, a la carte

Neat casual dress

RSVP Peter Wilson by Sunday, 11th June, 2023
M: 0418 836 371 Email: pgwilson@bigpond.net.au

Minimum Formalities – Maximum Fellowship



Gilbert Valley Lions Club
Caring for the Environment. Serving the Community.

HANDOVER LUNCH

You are cordially invited to attend our annual handover lunch commencing at 12 30 pm for 1 pm on Sunday June 25th 2023 at the Riverton Bowling Club 2 Frederick Place, Riverton 5412.

There will be a three-course meal (soup, casseroles and sweets) for \$30 (pay upon entry), and a cash bar. Please advise Lion Carmel Paxton if you have any dietary restrictions (the.paxtons@bigpond.com)

The bowling greens will be available for our use after lunch (please wear suitable shoes).

If attending, please respond to Secretary Ron Heir at ronald.hier@bigpond.com or 0428 811 536 by the end of Sunday 18th June.

Hope you can make it!

Lion Anniversaries

Celebrating membership milestones in June.

5 YEARS

Lion Arwa Lightwala
Salisbury

Lion Baldwin van der Linden
Glenside

Lion Barbara Newman
Wallaroo

Lion Beata Wojcik
Burnside

Lion Bob Cleland
Mallala & District

Lion Charles Yuen
Glenside

Lion Christopher Ballantyne
Clare District

Lion Deb Poole
Gilles Plains

Lion Greg Drilling
Glenside

Lion John Gardner
Torrens Valley

Lion Judith Dawson
Clare District

Lion Kathryn Ditton
Port Augusta

Lion Kayleen Popp
Quorn

Lion Lovai Lightwala
Salisbury

Lion Lucia De Beer
Clare District

Lion Magda Negyesi
Burnside

Lion Margaret Skipworth
Kadina

Lion Martyn Ditton
Port Augusta

Lion Michelle Cornford
West Lakes Seaton

Lion Pamela Hunt
Quorn

Lion Rodney Dawson
Clare District

Lion Shirley Giles
Port Augusta

Lion Stuart Giles
Port Augusta

Lion Teagan Hutchison
West Lakes Seaton

10 YEARS

Lion David Haldane
Port Pirie

Lion David Schwartz
Gawler

Lion David Simpson
Clare District

Lion Raelee Herde
Cleve District

Lion Robert Green
Gawler

45 YEARS

Lion Hugh Greenhill
Clare District

Lion Mervyn Birbeck
Wallaroo

CONGRATULATIONS
CONGRATULATIONS
CONGRATULATIONS



Living Sustainably

Living Sustainably can be a daunting task, but it does not have to be! In fact, there are many health benefits to embracing a sustainable lifestyle.

Sustainable living can be a great way to discover new hobbies. Plant a garden, (therapeutic) try composting, or learn how to repair your clothes instead of tossing them out. You might be surprised at how rewarding it can be to take a hands-on approach to reducing waste.

Sustainable Living can also save you money in the long run. Switch to reusable water bottles and bags instead of buying disposable ones. Use energy efficient light bulbs and turn off electronics when you are not using them. These small changes can add up to big savings on your utility bills.



Finally, sustainable living can be a great way to connect with your community. Attend a local farmers market or join a community garden. You will meet new people who share your values.

Overall, living sustainably can be a fun and rewarding experience.



Sharing stories from Lions Clubs
around SA.

Please contact
Pat Williams 0411 492 223



201C1 DISTRICT HANDOVER DINNER

INVITATION

DISTRICT GOVERNOR ZIG OSIS

AND

DISTRICT GOVERNOR ELECT PETER KORNDORFER

WISH TO INVITE

LIONS MEMBERS AND PARTNERS

TO

C1 DISTRICT GOVERNOR HANDOVER DINNER

SATURDAY 22 JULY 2023

AT

WEST LAKES GOLF CLUB

26 LOCHSIDE DRIVE, WEST LAKES

6.00PM FOR 6.30PM START

\$60.00 per head

Payment to : West Beach Lions BSB: 633000 A/C : 142816776
Reference : (Name - Club)
Email remittance/acceptance to : jkdosis49@gmail.com

C1 District Convention 2023

It's time to start planning your attendance to the 2023 C1 District Convention in Peterborough. Complete the convention registration form and pay a \$20 deposit by 30th June, 2023 to go into the draw to win a great prize!

What will you win? The Convention Committee will pay your full registration fee for this year's convention.

The winner will be drawn on Friday, 7th July, 2023.

For more information about this year's convention in Peterborough, visit:
www.lions201c1convention.com.au

Register Today!





You are invited to

The Lions Club of the City of Adelaide's Club Handover

on

Monday 3 July, 2023

6:30pm for 7pm Start

Adelaide Royal Coach

24 Dequetteville Tce, Kent Town

\$40 per person

Alternate Drop

Baked Chicken or Baked Barramundi
(250g Scotch Fillet - additional \$8pp)

Dessert

Apple Rhubarb Crumble with Vanilla Icecream

RSVP by 26 June

secretary@adelaidecitylions.org.au

Payment to:

City of Adelaide Lions Club

BSB: 633 000 | Acc #: 148 438 526

Ref: HO-Surname

Cash and credit card accepted on the night
(direct to bank is preferred).

The Lions Club of Elizabeth Playford

Invites you to Celebrate our 2023/24 Handover Dinner

Saturday 24th June – 6:30pm for 7pm start

Blacksmiths Inn

One Tree Hill Road

One Tree Hill

Cost \$35.00 per head

Please refer to enclosed menu & order form

RSVP and payment by 10th June 2023

email: elizabethplayfordlions@gmail.com

please include your menu selection

Please pay by EFT to Elizabeth Playford Lions Club

Bank: 085-910 Account: 026139238

Ref: Changeover 23/24 [surname]

*Please note: 250g scotch fillet (and special dietary requirements) must be pre-ordered.



C1 Training

Thank you to everyone who attended the city Club Development Day - over 50 Lion members attended over the day. Fantastic!

It was great to see so many first time attendees. Lots of information and networking. A great turnout for an informative day.





2023 Lions District 201C1 Convention

27th – 29th OCTOBER 2023



Convention Registration Form

Convention Location: Peterborough Town Hall
Main Street, Peterborough, SA

Contact Details of Person Submitting Form: Name: _____

Mobile Phone: _____ Home Phone: _____ Email: _____

Club Name _____

		Title	First /Preferred Name	Family Name	First Convention? Tick for Yes
Lion	1				<input type="checkbox"/>
Lion	2				<input type="checkbox"/>
Partner	3				<input type="checkbox"/>
Guest	4				<input type="checkbox"/>

DATE	EVENT	TIME	Location
Friday 27 th October	Delegate Registration	3.30 pm – 5.00 pm	Town Hall Main Street
	Session 1 – Convention Opening Welcome to Country Flag Ceremony Mayoral Reception Remembrance Ceremony Fellowship & Guest Speaker PDG John Muller Sound and Light Show (optional, pay at Steamtown \$25 discounted price, please call 8651 3355 to make a booking, mention Lions Convention)	5.00 pm – 9.00 pm 9.00 pm – 10.30 pm	
Saturday 28 th October	Delegate Registration	7.30 am – 8.30 am	Town Hall
	Session 2 - AGM Welcome, protocols, acknowledgements AGM <i>includes Morning Tea</i>	8.45 am – 12.15 pm	
	Lunch	12.15 pm – 1.15 pm	
	Session 3 Guest Speaker PID Sheryl Jensen Guest Speaker Martin Holmes <i>Afternoon Tea</i> Guest Speaker Dr Ralph Martins Forums/Info session	1.30 to 4.30 pm	
Saturday 28 th October Evening	District Gala Dinner Peterborough Town Hall Three Course Dinner Entertainment, Raffle & Silent Auction Dress: Ladies After Five and Gentlemen Dinner or Lounge Suit Music by The Juke Box Boys	6.00 pm for 6.30 pm 8.30pm till late	
Sunday 29 th October	Breakfast at 229 Café (sponsored by Elizabeth Playford Lions club)	9.00 am – 10.00 am	Café 229 229 Main St
	Q&A with Cabinet, PID Sheryl Jensen & PDG John Muller	10.00 am – 10.45 am	
	Closing Ceremony and Remarks. Flag handover to Cowell Town Square Markets (own cost and enjoyment)	10.45am – 11.00 am 9.00am to 1.00pm	Town Square Main Street

Program may change



Dietary needs?

First Name:

Family Name:

Gluten Intolerant: ☐ Lactose Intolerant: ☐ Vegetarian: ☐ Vegan: ☐ Diabetic: ☐

Other Dietary requirements _____

First Name:

Family Name:

Gluten Intolerant: ☐ Lactose Intolerant: ☐ Vegetarian: ☐ Vegan: ☐ Diabetic: ☐

Other Dietary requirements _____

Payments

Section A – Full Registration*

Friday night, Conference, Saturday Dinner & Sunday breakfast/closing ceremony @ \$110 pp No: _____

*Includes convention pin

Total Section A: \$_____

Section B: Individual Event Tickets

Friday Mayoral Reception @ \$20 pp No: _____

Saturday Lunch, refreshments @ \$25 pp No: _____

Gala Dinner Only @ \$65 pp No: _____

Total Section B: \$_____

Total Section A & B: \$_____

Payment Methods:

EFT/Direct Transfer

❖ Please transfer the total amount payable to the account details below:

❖ Account Name: Peterborough Lions Club Convention

BSB: 105 005 Account No: 076144040

Bank: BankSA

❖ Please use your family name and initial as subject or reference

Other payment

❖ Cheques to be made payable to: Peterborough Lions Club Convention

❖ Cheques posted to: PO Box 128, Peterborough, SA 5422

❖

Upon payment please email remittance notice to Convention Treasurer: Vanessa at lions.peterb@outlook.comPlease submit completed Registration forms either by email or postal by Monday 9th October 2023❖ lions.peterb@outlook.com

or

❖ PO Box 128, Peterborough, SA 5422

Office Use ENTERED:



Around the Clubs



Above-left: Torrens Valley Lions Club at Bunnings. **Above-middle:** Cowell Lions Club welcoming new member Susan. Thank you to Pat Williams for an entertaining induction and address. **Above-right:** Modbury Lions Club at the Bunnings Community Group Appreciation Evening.



Above-left: Modbury Lions Club at Bunnings for Mother's Day. **Above-middle:** Gilles Plains Lions Club donating warm garments to the Hutt Street Centre. **Above-right:** Clare Lions Furniture Store - Greg, Trevor, John, Pete, Dave and Chris taking a break.



Above-left: Port Lincoln Lions at Pioneer Park. **Above-middle:** Prospect-Blair Athol Lions Club at the Community Service Awards. **Above-right:** Port Lincoln Lions out for morning walk and clean up day.



Above-left: Paralowie Lion Julie congratulating Lion Robin on gaining her 14 year pin. **Above-middle:** Zone Chair training. **Above-right:** City of Adelaide Lions at the Hutt Street Centre to serve breakfast.



News from Australian Lions Hearing Dogs

Australian Lions Hearing Dogs' 2024 Calendar is finally out!

Look at the cutest, bravest, and most handsome Australian Lions Hearing Dogs and Medical Alert Dogs for the year 2024. The front cover page features Pansy, a sweet labradoodle from our very own Breeding Centre! Pansy is now in official training to become a Hearing Assistance Dog that changes someone's life for the better.

In recent years, the increase in demand for Hearing Assistance Dogs and the sharp increase in the price of puppies through the global pandemic has forced Australian Lions Hearing Dogs (ALHD) to turn to other options to ensure a consistent supply for the training programs.

2021 marked the start of the organisation's Breeding

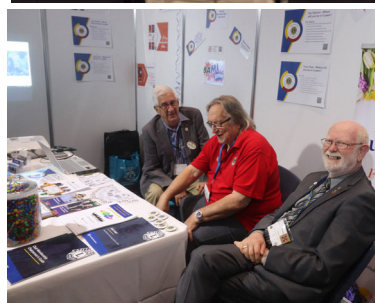
Program when ALHD whelped its first litter of Labradoodles from a Brood named Winnie. Since then, the program has expanded to include not only Labradoodles but also Border Terriers to keep the tradition of having dogs of different sizes for clients with varied preferences.

This Autumn, you can support our programs with the purchase of our 2024 calendar.

All proceeds of our merchandise sales directly support our Assistance Dog programs. Merchandise can be purchased either online or, for those locals, in person at our National Training Centre in Verdun.

Check out the rest of our merchandise range on our website: <https://lionshearingdog.com.au/shop/>





"My way of joking is to tell the truth. That's the funniest joke in the world."

- Muhammad Ali

Club Jokes

- I couldn't afford a DNA kit. So announced I'd won the lottery and soon found out who all my relatives were.
- Waiter, "How do you like your steak, Sir?"
Man, "Like winning an argument with my wife."
Waiter, "Rare it is!"
- Customer, holding spray can, "Is this good for wasps?"
Salesperson, "No, it kills them."
- What does a lion say to his pride before they go hunting?
Let us prey ...

From Modbury Lions Club

From City of Adelaide Lions Club

Riddle Corner

1. What time is it when an elephant sits on a fence?
2. What kind of band never plays music?
3. What can go up a chimney down, but can't go down a chimney up?
4. Before Mt Everest was discovered, what was the highest mountain in the world?
5. What do Alexander the Great and Winnie the Pooh have in common?

ANSWERS
1. Time to fix the fence. 2. A rubber band. 3. An umbrella. 4. Mt Everest, it just wasn't discovered yet. 5. Their middle names.



From Torrens Valley Lions Club



From Modbury Lions Club



From Clare Lions Club

Please send us your jokes and riddles to be shared with the District.

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