

DG Zig's Zany Zealot or Zendik

March 2023

DISTRICT NEWSLETTER

Lions 201C1 Monthly Newsletter



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What is Zig's Zealot or Zendik?

Meaning

Zealot or Zendik?

In regards to the BAM (Big Audacious Mission of 30,000 members by 2030).

Zealot

Someone who supports the proposal.

Zendik

This means an unbeliever.

Each month, our district newsletter will feature a new name, but always starting with the letter Z.

What interesting "Z" word will our District Governor use next? There are a lot to choose from, so stay tuned.



March 2023

MD 201C1

MONTHLY NEWSLETTER

Welcome to the March edition of the C1 District Newsletter.

Are you interested in learning more about particular areas in Lions? Is there a foundation, project, district, club that you'd like to know more about? Or do you simply have random questions you would like answered? If you answered yes to any of these questions, then let us know and we'll jump on the case for you. If you are wondering about something, it is likely that someone else is too.

In the meantime, keep sending in your stories and updates, and help us inspire and motivate lions, clubs and the community.

Yours in Lionism,
Petrea Stacey
Editor

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DISTRICT SOCIAL MEDIA

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Facebook: @District201C1LionsClubs
Instagram: @District201c1

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District Governor's Note

Greetings to all and hope that you all have a happy and healthy 2023 and beyond.

Last month I asked that clubs consider their management team composition for 2023/24. As part of the decision to take on a management role, such as President, Secretary or Treasurer, it will involve getting up to date information with the requirements of the position. Every year the District conducts training for all club incoming officers, and despite some members continuing in the above roles saying they have attended a session previously, it is important that all officers attend an incoming Officers training/Club Development Day to be aware of all changes for the coming year. With such a large organisation as Lions there will always be changes being made to processes and requirements and it is important that the club Officers are aware of these changes so that we all can improve how Lions operates in the current era.

It is pleasing to see a gradual growth in membership in the District, C1 is one of only a few Districts in Australia showing a growth. As we progress towards 2030 it will be more important than ever that we have a membership base to assist in the community during times of need and disaster such as floods or bush fires.

The continuation of your Lions Club is encouraged as all Lions clubs have undertaken worthwhile projects and provided countless hours of service within their local and national communities, a heritage that should not be forgotten nor ignored. Be proud of your achievements and assistance you have provided to those in need of a helping hand.

In less than two months (28th April to 1 May) the Multiple District Convention will be held in the Gold Coast and I encourage members to attend, these are worthwhile events where ideas are shared and the meeting of like minded people occur to enjoy the hospitality of the hosting club and to meet new Lions as well as catching up with Lions you may not have seen for some time. I hope to see many C1 District club members there.

Stay safe in your endeavours and "have fun".

DG Zig Osís



Lions International Service Story

From Trash To Cash

Gwen Scrivner works in a store in Kaikoura, so she had ready access to loads of material for the Lions' Trash to Fashion Show in New Zealand. "A lot of the packing tape and plastics were being thrown away. You can't go wrong with plastic," she says.

Nor can you go wrong with a Lady Gaga look. "I saw a picture of her in one of her dresses. I thought, oh, I could try that. ... Of course, hers is not made out of plastic. But it's basically the same shape as hers."

Plastic from discarded CD cases provided a nice extra touch. "So that's what I put on the front. It's just a matter of a lot of hot glue," she says.

Scrivner strolled down the catwalk that year as did about 50 other contestants wearing outlandish costumes, made from trash. Some won and took home prize money. Some lost and took home memories. Nearly all were greeted with cheers or hollering or raucous laughter. Even better, Lions raised awareness of the need to recycle and generated thousands of dollars for local causes.

Since 2000, the all-women Seward Kaikoura Lions Club has staged the wacky fundraiser. In the small, scenic coastal town of 2,000, the fundraiser has become an iconic event, rivaling in popularity the agricultural show and wine festival.

Raiding their closets and shelves or the local recycling center, known, not quite affectionately, as "the dump," residents spend months creating their costumes. "The rule is you use recycled materials or materials for which they were not original intended," says Lion Julie Syme, who helped create the event.

Some of the more memorable costumes include a coat made from Venetian blinds and a man dressed, not with actual armor, but with an ironing board on his back. "When he got to the end of the catwalk he actually took the ironing board off, put it out and started ironing," says Syme admiringly.

The competition is broken down into eight fanciful categories, which help spur creativity. Entering the Alien Alive category a few years ago, Doreen Tomlin saved the coffee containers and tea bags from the restaurant where she worked for the basic materials. But she wasn't satisfied with it. Then a light bulb went off, or actually, they went on—the costume. "I'm thinking 'Alien Alive?' He's got to sort of glow.

And then I thought, well, why can't I use the solar lights I have around at Christmas time? That made him be alive," says Tomlin, a Lion.

The New Zealanders are not above making fun of themselves. One of the categories a few years ago (the categories change each year) was Kiwi (fill in the blank). Melville Syme dressed himself in a messy, deranged costume. "I depicted an individual that had too much racing, too much beer and too much rugby. Here's a crippled old gentleman, and he still goes to the races. And I hobbled down the stage," he recalls.

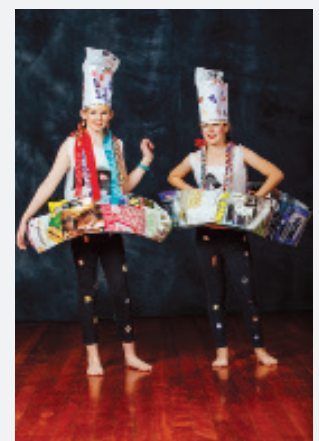
The all-male Kaikoura Lions Club built the catwalk for the women's club. The men's club, chartered in 1964, has 24 members. The women's club, chartered in 1991, has 34 members.

The trash fashion show grew out of the club's bride show. "We asked ladies to make a wedding dress out of recycled materials, and there were more entries in that part of the entertainment than were in the competition of the brides," says Syme. "So we thought, aha, we have a winner here."

The show is held every two years. A major earthquake struck Kaikoura in November 2016 (there was substantial damage and two deaths), and one of the categories for the competition in June is 80% Greaseproof Paper from the Train. Turns out the quake stranded a train loaded with greaseproof paper.

The show is cosponsored by the recycling center, Innovative Waste Kaikoura. Thanks partly to the show, the recycling center is one of the best in the country, says Syme.

Alas, the costumes for the show are so creative that they don't get recycled. "We've got this museum in town. Some costumes are there," says Tomlin. "Some are in the back of our garage. So much work and energy was put into them. My husband keeps saying, 'What are you gonna do with all those?' I don't really feel like just putting them back in the recycling bin."





Around the Clubs



Above-left: Lions Club of Gawler catered for the Gawler East Primary School Sports Day and donated \$1,500 for an industrial toaster for the school. **Above-middle & right:** Lions Club of Prospect Blair Athol hard at work at the City of Prospect Twilight Sessions.



Above-left & right: Lions Club of Prospect Blair Athol supported by Lion friends from other clubs at the Twilight sessions in Prospect.



Above: Paralowie Lions Club celebrating their 32nd anniversary.

Right: The Lions Club of Balaklava & Districts has been very busy in recent weeks which is clearly evident in these photographs.

The turntable now has a new fence, has been pressure washed underneath, and then to be painted the first sleepers.

We look forward to continuing to follow the progress of the turntable restoration.





DG Zig's Photography

This month's DG photograph is of Cuttlefish, once again taken by DG Zig. This photo was taken at Port Lowly, Whyalla, during their mating season in 2010.

The Cuttlefish scientific name is *Sepia apama*.

The giant cuttlefish is native to temperate and subtropical waters of Australia, from Brisbane in Queensland to Shark Bay in Western Australia, and Tasmania to the South.

It occurs on rocky reefs, seagrass beds, and sand and mud seafloor to a depth of 100 metres. It is within and underneath these rocks where the cuttlefish lay their eggs.



Cuttlefish
Photograph taken by DG Zig Osis

Each year, between May and August, tens of thousands of Australian Giant Cuttlefish descend on the coastline of Whyalla for their annual ritual of mating and spawning. This phenomenon is the greatest mass gathering of the animal anywhere, and attracts thousands of divers from all over the world to witness it.



Lion Anniversaries

Celebrating membership milestones in March.

5 YEARS

Lion Maxwell Hobbs
Port Augusta

Lion Stephen Lucas
Onkaparinga

10 YEARS

Lion David Frith
Richmond

Lion June Raven
Richmond

Lion Peta Giles
Port Augusta

Lion Petrea Stacey
City of Adelaide

Lion Shirley McRae
Paralowie

15 YEARS

Lion Georgia Kontos
Wudinna

Lion Thomas Yeatman
Clare District

20 YEARS

Lion Kevin Bubner
Balaklava & District

25 YEARS

Lion Christine Arbon
Peterborough & District

Lion David Gatto
Adelaide West

30 YEARS

Lion Nigel Carr
Prospect-Blair Athol

40 YEARS

Lion John Hillman
Glenside

Lion Michael Phillips
Port Augusta

50 YEARS

Lion Graham Brown
West Beach

CONGRATULATIONS
CONGRATULATIONS
CONGRATULATIONS



PR Trailer Bookings 2023

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club's own materials. We just ask that the trailer is returned in the same condition it was picked up.

You will need to organise with PDG Dean Noll or VDG Peter Korndorfer, pick up and drop off of the trailer. It is generally housed in Gawler, and the facility is not accessible on the

weekend. The trailer may also be stored at other locations depending on use. Please get in early and organise the pick up and drop off.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

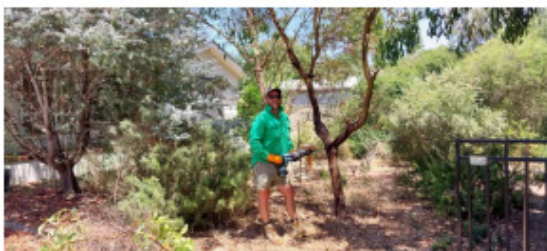
The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford.
Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.



Athelstone Welcomes New Members

During his Club visit District Governor Zig inducted two new Members into the Lions Club of Athelstone Incorporated. It was a memorable occasion as we welcomed our first New Members, Therese McCutcheon and Dr MD Younus, since COVID disruptions etc and as we know very well that Membership is an issue with not only Lions but also other Organisations which rely on Volunteers.

Our Group photo shows from left to right, Sponsor Lion John Heffernan with New Lion Dr MD Younus, DG Zig, and New Lion Therese McCutcheon with her Sponsor Lion Dianne Born. We welcome them and wish them many years of happy service in our local Community.



On Sunday 22 January, Gonna Group volunteers Jacob, Ryan, Ronald and first time new rock stars Justin (& Justin Junior) and Luke, helped out a fellow Lions member going through a very long and hard recovery after a terrible fall. A combined 13 hours and four full trailers made a difference.





LIONS PENPAL FOR NEW MEMBERS

LIONSPENPAL.ORG

WHAT IF, AS A NEW MEMBER...



...YOU GOT NEW FRIENDS & LIONS NETWORK IMMEDIATELY





Benefits & value of Lions PenPal initiative:

- Engage immediately with other new members
- Network of new international lions friends
- Mentoring/coaching + peer support
- Encouragement for leadership journey and service projects
- Learn that we are bigger than one club
- Grow together with other new members

www.lionspenpal.org



WORKING BEE

Come along, have a chat and lots of fun stuffing & sewing cushions for patients & disadvantaged youth across SA.
(no experience required)

AND we will also be sorting, labelling & packing book bags for disadvantaged children.

Drop in and say hi for an hour or 2, or stay for the morning or afternoon. Any time you can spare to help is appreciated.

Sunday, 19 March 2023
9:30am - 4pm
North Adelaide Community Centre
(176 Tynte Street, North Adelaide)

Hope to see you there!

For more information visit www.hearmeroarproject.com.au

Welcome To Our New Lions

Welcome to the C1 District Lions family

ATHELSTONE

Therese McCutcheon sponsored by Dianne Borne
 Dr MD Younus sponsored by John Heffernan

BALAKLAVA & DISTRICT

Pauline Hill sponsored by Anne Freebairn

BURNSIDE

Rahul Dev sponsored by Sajin Kumar

CHARLES STURT

Jeffery Espagne sponsored by Dragana Curak

CITY OF ADELAIDE

Sajal Arora sponsored by Ripu Gill

PARALOWIE

Charles Morgan (Honorary)





News From Peterborough & District Lions Club

Our members were involved in the Australia Day Breakfast held in the Town Hall on Thursday 26th January, 2023. We helped the District Council of Peterborough & the Rotary Club of Peterborough, by serving the breakfast that was cooked by Rotary. Both Club members arrived at 7am, in readiness for the crowd at 8am.

Lions served to the crowd of 162 people, orange juice, cereal & fruit, Bacon & Eggs and Pancakes, which was enjoyed by the crowd.

Both President Julie Atkinson & Judy Higginson were nominated for the Citizen of the Year Award. Julie & her niece Sarah Jennings, were nominated for painting projects around the town and Judy Higginson was nominated for work with Lions & the SPRING SPN. Both Julie & Judy were proud to be nominated amongst the other worthy nominations.

At the Works Meeting on Tuesday 7th February, Judy Higginson reported to Club members information and ideas from the 'Service Ideas - Part 2' Zoom Meeting, which was held on Thursday 19th January, 2023 at 7pm.

This encouraged Club members to think out of the box & brainstorm different ideas on 'Service Ideas' on Environment, Mental Health etc., and our other Service Projects.

Judy encouraged all other Clubs and their members to join in these fun, informative Zoom Meetings, to learn more about Lions & our Projects, especially for new members. Clubs could set up their meeting rooms to run the Zoom Meetings & display to members on projectors, etc.

After a break over Christmas, Bingo has started again in February on a weekly basis in the Main Street, where members are on a rostered basis from 9-12pm. The Bingo Machines in the 2 local Hotels are also very popular, too.

Maintenance work was done on the Lions Fountain in the Main Street. This is a Memorial to past Lions members.

On a weekly basis, the members do the Rose & Toilet Roster out at the Lions Rose Garden at the Cemetery. The members turn on the watering system in the Lions Rose Garden & also at the Remembrance Wall, & also tidy these areas.

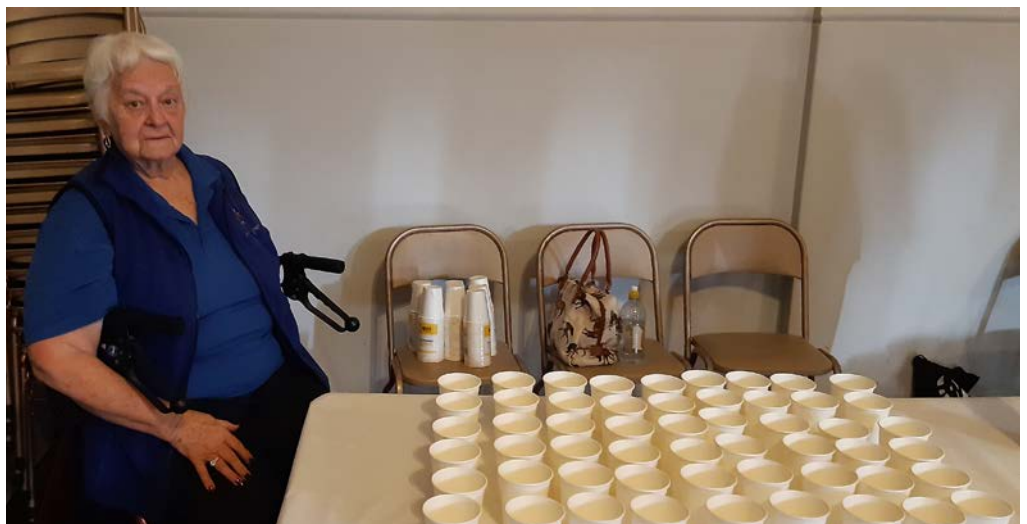
We also clean and tidy the toilet at the Cemetery & the money obtained from Council, goes towards our Administration Fees. Joyce Collom, one of our new members, has received the Lions Mints & will put these around the business houses, which proves to be a good fundraiser for the Club.

Our recent Club donations, included \$100.00 each to:

- A 15 year old High School student, living in Yongala, who will be going to Cambodia from 1-15 July 2023, to work and help students at their school and then to do work in the afternoon. We look forward to hearing about his trip later.
- Cancer Council Rally, Port Douglas to Adelaide in October: A local married couple will be participating in this event. Again, we look forward to hearing about their adventures.

The Club agreed again to do the Telephone Book deliveries around the town, with the payment of this to go towards our Administration fees. The town is divided into sections, and members work in groups of up to 3, putting the phone books in the letterboxes. This project has to be completed within a set timeframe.

The Convention Committee continue to work on the District Convention in October from Friday 27 October to Sunday 29 October & are looking forward to everyone attending!! See you in Peterborough!!



Left & Above: Laurie and Glenys Edmonds serving the juice the Australia Day event.



Our Lions in The Media

Article published in the Two Wells Echo Newspaper.



Lions Club volunteers Megan Butler, Erin Williams, Annette Slater, Alex Coates, Carolyn Ohijenko, Peter Korndorfer, Roger Ohijenko, Lyn Rose, Graham Pascoe and Andrew Stacey are asking to community to get involved and rejuvenate the Two Wells Club. PHOTO: TYLER POWELL

Two Wells Lions ready to renew

LOOKING to regenerate the Two Wells Lions Club, volunteers from four South Australian clubs held a free barbecue on Saturday, January 14 at the Village Green.

Members from Golden Grove, Salisbury, Elizabeth/Playford and the City of Adelaide hosted the event to inform the community on how Lions can help to positively impact the town and surrounds.

Despite the weather bringing four seasons in a day, Megan Butler said they were pleased with how many showed up and the support they have received.

"We weren't sure how many people would come due to the weather but we had about 50 people come through and grab a sausage," she said.

"It was about publicity, a free sausage sizzle and some donations even though we weren't asking for any."

Megan said the local shops and Adelaide Plains Council had been of great support, displaying flyers of upcoming Lions events.

In order to regenerate the Two Wells Lions Club, Megan is encouraging the community to get involved and suggest ideas of ways to further improve the town.

"Come find out what we do, meet like-minded people to work together and work out what you want to see in the future," she said.

"The local police officer suggested the need for something for the teenagers of the town.

"If the community is interested in joining, it's something we can achieve together."

Between the free barbecue and a Lions information night held at the Two Wells Tavern on Tuesday, January 31, the clubs are hopeful to see greater involvement from the community.

The Two Wells Lions Club will provide support to local emergency services, provide a skin cancer screening program, support local schools, groups and charities as well as disadvantaged families.

For more information or to get involved, please contact Megan Butler on 0411 615 649.



Port Augusta Lions in the Media

It's fantastic to see the Port Augusta Lions Club feature several times in the local media recently. Great publicity, showing the community the amazing work you do. Keep up the great work!

THE TRANSCONTINENTAL PORT AUGUSTA LIONS CLUB READY TO STAGE AUSTRALIA DAY EVENT **True-blue team**



BY MERALIE BAILEY

AUSTRALIA Day will be celebrated live in Port Augusta on January 26 after being forced online in 2022.

The Port Augusta City Council and the Lions Club of Port Augusta will host an event starting at 7.30am with a free community breakfast at Gladstone Square with the support of Rotary, Apex and the State Emergency Service. Council spokeswoman Carly Jackson said that many of the ceremonies, such as the 16th Army Cadet Unit for the official flag-raising before Mayor Linley Shute conducted the citizenship ceremonies and presented the Australia Day medals.

Cabinet Minister and Stuart MP Geoff Brock will speak before the start of activities. The program will include popular three-day competitions. The Lions Club is organising food - including a full hot breakfast and orange juice - and activities for the day. The celebratory cake will be from the Lions Club members and their families are involved in projects that support the city.



Steve Fawcett pulls a beer at Trapper Bar at the fundraising night organised by the Lions Club of Port Augusta and Sarah Wiltshire and Barrie Cotton. Picture supplied

Lions club boosts vital funds

A MEDICAL machine will make life easier for men of the north who have suspected prostate problems, thanks to some incredible fundraising efforts led by Port Augusta's Steve Fawcett.

Mr Fawcett, who holds positions with Lions Australia in Port Augusta and the district, oversaw the gathering of \$82,000 to help men with prostate issues.

He said \$45,000 of that sum was put with \$45,000 from Male Bag Foundation to buy a \$90,000 biopsy machine for Port Augusta hospital.

The machine is now being

used to enable less-invasive samples of the prostate to be taken.

This compares with surgery and uncomfortable after-effects under the previous system usually available only in Adelaide.

The risk of infection is lower with the local procedure.

"The foundation tried to get a biopsy machine in as many regional hospitals as they could," Mr Fawcett said.

"Like a lot of things, the opportunity came 'out of the blue' and you think about how you are going to raise that money."

FREE FORUM

A free community forum at the Northern Festival Centre on Friday, November 18, at 11.30am will hear from four speakers:

■ SA State Recipient Senior Australian of the Year 2022 - Mark Le Messurier - Educator, counsellor, and author

■ SA State Recipient Young Australian of the Year 2022 - Dr Trudy Lin

■ SA State Recipient Local Hero 2022 - Monique Bareham

■ Taryn Brumfit

- GREG MAYFIELD

THE RECORDER Thursday November 18, 2022

NEWS

Crowd raises \$16k for men

BY GREG MAYFIELD

ON A balmy spring night at Mandaryn Creek, there was laughter and levity as about 100 people 'gave prostate cancer the finger'.

It was the clubby mood's way of meeting the challenge of a silent killer that is often detected in men by digital examination.

The event was at the Trapper Bar belonging to Sarah Wiltshire and Barrie Cotton on their property midway between Port Augusta and Port Pirie. A key role in raising \$16,000 on the night was played by the dedicated team from the Lions Club of Port Augusta.

"Every dollar raised will go towards helping country men with early detection, state-of-the-art diagnosis and preventing regular checks," Mr Wiltshire said.

She climbed a ladder over the bar to photograph the 'blue-gloved crowd' as they 'gave prostate cancer the finger'.

Port Augusta club president Steve Fawcett told the district about the members' success in his organisation



The blue-gloved crowd at Trapper Bar is led by Barrie Cotton in 'giving prostate cancer the finger'. Picture supplied

and mentioned that 'my life was saved'. After the serious consideration of the target at hand, the crowd turned to joy as a number of men got underway with Mr Cotton as emcee.

Those that went under the banner to raising

including included popular event packages provided by the hospitality and tourism industry.

"As I think Steve Fawcett mentioned on the night, it all started when a group of us - the committee - organised a Lions Club night in Port

Augusta and from a barbers for all people involved and covered for the Lions," Mr Wiltshire said.

"We quickly decided to 'put it forward' to use the prize as a start for a 'big day' fundraiser."

She said local people at-

tended the event with guests from Adelaide, Broome, Kalbarrie, Port Augusta, Mandaryn Creek and Port Pirie.

"The whole event was a team effort - our gang plus Lions," she said. "The idea is to keep the funds local and Lions have already achieved to match with their fundraising to enable the buying of a prostate biopsy machine for Port Augusta."

"It is really good to get people together to provide a good night out."

"It was a huge success."



Torrens Valley News

The Club had a successful Australia Day Breakfast where we provided and served over 160 attendees on behalf of Adelaide Hills Council. The games from the Promotional Trailer proved popular with children and adults taking time to use, the same when the trailer was at the 5th Sunday Market at Gumeracha.

President Phil inducted new member, Sandra Clarke, into our club at the January Dinner meeting. Our Dinner meeting guest speaker was a very informative Lion Michael Neal from Lions Eye Health. Club Members will now approach local schools to see if they are interested in approaching parents/guardians for eye screenings of their children.

At our January meeting the Club decided to sponsor a Hearing Dog. President Phil presented the "Birth Certificate" to Lion Butch Phillips who the Hearing dog was named after. Photos of Butch being presented with the Certificate and a photo of said certificate. The Club is looking forward to meeting "Butch" and watching his progress.

Tickets in our mid year raffle are now on sale, hopefully with the \$200 Kloses Foodland Birdwood voucher, the raffle will be popular and help someone's budget when drawn in June.

A Donation of food was given to the Community pantry the week before school started for the new year. Items such as bread, tins of tuna, small fruit juices, tinned meats and snacks/ small dried fruit packets etc were included.

Former Lion, "PJ" Nies will be inducted into our Club at the February Dinner meeting and we have another Prospective member "checking us out".

One of our newest members unfortunately has lost family in the Turkish southern city of Adana. LCIF has already responded with generous relief funds and our club is sure that more will follow.



Please Help Us To keep Lions District 201 C1 Strong

- **JUST ASK** interested and suitable people to join us
- **BE PREPARED** to tell people what Lions do
- **PROMOTE** your good work - in the media and in person
- **TRY NEW PROJECTS** to meet community needs
- **KEEP EVOLVING** to stay current
- **INVOLVE** members in decision making and activities
- **KEEP** your relationships with fellow members strong
- **HAVE FUN** together





SCASA Awards

On Sunday, 26 February 2023, the annual Service Clubs Association of South Australia (SCASA) Awards were held at the Glenelg Golf Club.

A few members of the Lions Club of the City of Adelaide attended the luncheon. It was a fabulous afternoon celebrating, and recognising, the achievements of service clubs, volunteers and projects.

Our Lions Club was very honoured to have won the Event category for our Christmas Spirit Event. Congratulations to our event committee: Amy, Petrea, Kaleeda and Beatrice, and to all our Lion members and supporters who help to make this project successful.

We were also joined by Pedare Pride Cubs Club mentors Indiana, Sophia and Addison as the Cubs Club program at Pedare Christian College was nominated for the Harry Tillyer Schools Award. This is a project we are proud to jointly run with the Golden Grove Lions Club.

The Cub mentors were honoured to receive the runner up prize in their category. Congratulations to the Lions involved in this project, especially Anne, Petrea, Margaret and Fenn, the Cubs and the Pedare College Community.

Congratulations to all the award winners, nominees, clubs, and organisers on running such a great event, and for continuing to inspire with amazing projects and service in the community. The Cub Mentors have a lot to share with their club.



Dear Lion Volunteers,

I hope this newsletter finds you well. I am writing to share some exciting news with you. The Plains Producer, Eyre Peninsula Advocate, and Fleurieu Sun, have offered us the opportunity to have a monthly Lions news article published in their newspapers. These newspapers have a combined readership of approximately 38,000 people and growing.

This is a fantastic opportunity for us to showcase the positive impact that we are having on our community and to raise awareness about the important work that we do.

We are looking for Lions volunteers to submit a story of approximately 160 words, along with a nice picture, to showcase their work. The focus of the article will be on the environment, but it can be about any successful community project that we are undertaking.

I encourage all our volunteers to consider submitting a story.

To do so, please email your submissions to: simba103@bigpond.com.

Together, we are making a difference!

For further information
please contact
Pat Williams 0411 492 223



Golden Grove Second Chances

On Sunday, 18 February 2023, the Golden Grove Lions Club hosted a wonderful community event; a Lions High Tea, raising funds for Second Chances SA.

The event's extraordinary guest speaker was Helen Glanville - Thought Leader & Public Speaker.

The event raised \$3,500 for Second Chances to support and empower children of prisoners. Amazing effort!



Club Charter Anniversaries

Each month, we will celebrate the anniversary of each club in our district.

March 2023

Celebrating 22 years
West Lakes Seaton - 26 March 2001

Celebrating 43 years
Glenside - 18 March 1980

Celebrating 45 years
Lock - 8 March 1978

Celebrating 59 years
Charles Sturt - 6 March 1964
Richmond - 19 March 1964
Tea Tree Gully - 4 March 1964

Always Remembered

Lions who passed away in February 2023

Lion Leo Malycha
Peterborough & District

Lion Dennis Wake
Tumby Bay & Districts

Lion Paul Wheare
Cleve District



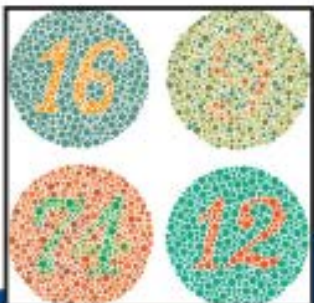
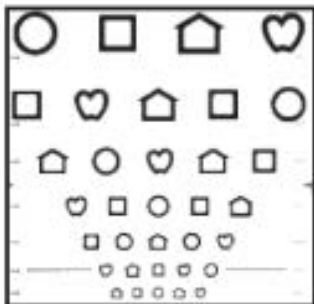
Lions Clubs International



LEHP-Australia
Lions Eye Health Program



Children's Vision Screening Program



Spot Vision Screener

Visual Acuity

Depth Perception

Colour Vision

Lions Eye Health Program - Australia
www.lehp.org.au 1800 010 234



SPOTLIGHT: Peterborough & District Lion

Name: Judy Higginson
(Peterborough & District Inc.)

Current Positions/Roles:

Club Minute Secretary
Membership Chair
C1 Convention Committee member
Write articles for C1 Newsletter
Zoom meeting reporter at meetings

How long have you been a Lion?
25 years

Why did you join Lions?

Have done voluntary work since a teenager, but wanted to continue doing community service work within a club after leaving Rotaract due to age restrictions. It allowed me to cover all my community service interests in one club.

What Lions positions have you held?

Club: President (2001-02, 2020-21), Secretary (2006-09)

District: Zone Chair (2002-03, 2011-12, 2013,14)
Region Chair (2003-04, 2004-05)
C1 Lions Save Sight LEHP Chair (2013)
C1 LEHP Chair (2015)
C1 Mental Health Chair (2015)

Favourite Quote?

"Live It, Love It & Just Do It!"

Favourite Movie?

Australia and Titanic

Favourite Book?

"To Kill a Mockingbird" by Harper Lee



Barossa Valley Lions Celebrate Life Memberships

The Governor of Lions District 201-C1 Zig Osis attended the Dinner Meeting of the Lions Club of Barossa Valley on Thursday the 16th of February 2023 where he presented three of the clubs members with Life Membership.

Our congratulations to the recipients:

Neville Andrews: Became a member of the Lions Club of Broken Hill NSW in March 1966. Transferred to the Lions Club of Whyalla SA in 1970 and then to the Lions Club of Barossa Valley in 1976, a total of 57 years of outstanding active service.

Stuart Jones: Became a member of the Lions Club of Barossa Valley in June 1970, a total of 52+ years of outstanding active service.

Joseph Viktor: Became a member of the Lions Club of Canarvon WA in May 1970. Transferred to the Lions Club of Waikerie SA in 1995 and then to the Lions Club of Port Augusta SA in 2006 and returned to Waikerie in 2008 and then to the Lions Club of Barossa Valley 2022, a total of 52+ years of outstanding active service.

These Life Members join Life Member John Falland who received his award for 50 years of 100% attendance and outstanding service in June 2022. Between them they have contributed 213 years of excellent service to their communities and to Lions International.



Above (L-R): John Falland, Joseph Viktor, Stuart Jones, DG Zig Osis, Neville Andrews.

Lions Experiences & Memories

As Lions, we have many opportunities to attend and participate in a wide range of experiences. Here are a few of Lion Judy Higginson's favourite experiences.

Club Level

Lions Senior Citizens & Aged Pensioner's Christmas Dinner - seeing my late dad happy & enjoying the dinner with his friends, which he always used to attend & knowing that we made the elderly happy.

Lions Convention in Hamburg, Germany in 2013 - Whilst waiting for a late Guest Speaker, 5,000 Lions of all nations getting up by their seats & singing & dancing to Pharell Williams 'Happy' with International President Barry Palmer dancing on stage! The song bought us altogether!

Lions Convention in Toronto, Canada in 2014 Sharing the experience of a Lions Convention with my brother & his first time overseas.





INVITATION

**Annual Lions Zone 9 Picnic
and
Cleve & Districts Lions 45th Birthday**



Sunday 26th March at the

Cleve Lions Centenary Park

Corner of West Terrace & Birdseye Hwy.

BYO Drinks & Chair

Morning Tea Supplied at 10.30am

LUNCH MENU

- | | |
|-------------------------------------------|------|
| (1) Battered local Fish & Chips & tartare | \$20 |
| (2) Wagyu Beef Burger and Chips | \$20 |
| (3) Butter Chicken, Rice and raita | \$20 |

Hot & Ice cold cool drinks available

Come and help us celebrate

**Bus rides available showing off our Town
Croquet demonstration and more....**

CONTACT - RSVP - 19th March 2023

Phil Butterworth mirikata1@hotmail.com

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A Classic Response to Lions' Generosity

When 16 year old James Skelton won this year's instrumental scholarship conducted by the Lobethal Harmony Club, he and his Dad Darren, from Williamstown, rewarded the scholarship's sponsors with a duet performed at the Lions Club of Onkaparinga's Christmas dinner.

The Lions have sponsored the Harmony Club's Pfeiffer Family Memorial Instrumental scholarship for a number of years now; a similar scholarship for young singers, named the Clara Serena Memorial scholarship (after one of Lobethal's most illustrious daughters who went on to sing on Opera stages around the world), is supported by Rotary.

The Skeltons are a musical family; James' Dad is a member of the Adelaide Symphony Orchestra and his mother, Louise, head of music at Trinity College. The talented father and son duet played 'Views of the Blues' (composed for two clarinets by Gordon Lewin). Lions president Corry Moors said the club was delighted to be able to help James work towards fulfilling his ambition to become a professional musician. The Onkaparinga Lions have supported many youth projects over the years "... and this is always among the most pleasing," president Corry said.

ALHD Back for 2023

Recipient Chris and ALHD Chewy

This year our Australian Lions Hearing Dogs aims to reach bigger goals. Since the introduction of our Breeding Program, Puppy Program and Medical Alert Program, the organisation has provided service to the deaf and hard of hearing Australians, as well as Australians with type 1 diabetes, more than ever. In the first quarter of the year we have already scheduled 10 Hearing Assistance Dog placements and our second Medical Alert Dog. All of these dogs are placed free of charge thanks to the generosity of Lions Clubs, public and businesses across Australia.



Upcoming In March is Hearing Awareness Week 2023 this will start on March 1st to the March 7th. It is an annual event that highlights and spreads awareness of the issues affecting Australians living with hearing loss to the public.

Currently, about 3.5 million Australians aged 15 and over – that is 22% of the population – have mild to severe hearing loss. An average of one to six Australians has some form of hearing disability, and this number is expecting to rise to one to four by 2050.

The week is an ongoing effort to improve the issues that people with hearing loss face. It also helps the public to approach hearing loss more seriously and learn of the impact our hearing health can have to our quality of life, social engagement, career and confidence.

For more information, please contact Australian Lions Hearing Dogs at 08 8388 7836 or info@lionshearingdogs.com.au or follow us on social media as we share more information on how to look after your hearing.





Burnside Lions Report

Our Bargain Centre reopened on 4th February and we were delighted to have good weather to welcome many new faces as customers.

Our takings on the day were around \$1800 and we have decided to direct these funds to The Lions Club of Mannum for their efforts in flood relief....we will consider a further donation to a River Murray club/s up river once we have done some further communication with them.

Secretary Barry, who convenes our sales of Christmas Cakes, reported another very successful year with most sales taking place from our stall at Burnside Village Shopping Centre.

John Dunn, our convenor of Aged Care Digital Imaging, has indicated that he will be looking to retiring into the coming year...we are busy in establishing a plan to cover

his most valuable loss. We invite all clubs who may have an interest in tapping into John's wealth of knowledge and experience to make contact with us.... it is not a difficult task and just needs one person from each club to take on some responsibility.

We will be losing The Arkaba as our venue for meetings over coming months and we are endeavouring to find a suitable alternative.... they are undergoing major renovations. Contact President Rob for further details if you are looking to attend.

Otherwise our major work at the moment is managing the large amounts of donated goods we receive weekly at our Bargain Centre.... we have developed a flier which has been printed courtesy of Lion Jack Batty; this will soon be delivered to some 4000 homes in our local area giving information about Lions and the things we do.

PEACE POSTER

THE 2023-2024 CONTEST

Dare to Dream

To a young person, a dream isn't just a wish, hope or desire — it's a path, a goal, an ambition. But achieving that dream takes hard work. So this year, we're asking young people to show how they'll turn their dream of a peaceful world into reality.



The Kits are now available for \$25 per kit, purchase from the Lions Australia Shop.

This year's theme "Dare to Dream". Now is the time to approach schools within your area to take part in this year's PEACE POSTER Contest. The Peace Posters will be judged later in the year. Watch this space for further information!

If I can help in anyway, please feel free to give me a call, 0411637513.

Thank you.

Julie Pickles – President Lions Club of Paralowie Inc.
201C1 (2022-2023) Peace Poster Chairperson.



Around the Clubs (cont.)



Above-left: Carolyn and Roger being inducted into the Golden Grove Lions Club. **Above-middle & above-right:** Clare Lions Club bowls.



Above-left: Cowell Lions' Brigid cooking pancakes on Australia Day. **Above & above-right:** Clare Lions Club receiving an award on Australia's



Above-left: Modbury Lions Club inducting new member Phil. **Above-middle:** Modbury Lion Graham receiving recognition for his 45 years of Lions membership. **Above-right:** Lion Karen receiving her certificate at the recent Regional Lions Leadership Institute.



Above-left: Lion Alex Coates at the Lions Skin Cancer Screening at Henley Square.. **Above-middle:** Cub Indiana with over 100 cushions ready for delivery to Backpacks 4 SA Kids. **Above-right:** Lion Erin receiving her certificate at the recent Regional Lions Leadership Institute course in Sydney.

“Research has shown that laughing for 2 minutes is just as healthy as a 20 minute jog. So now, I’m sitting in the park laughing at all the joggers.”

Lightbulb Moment Joke

Paddy and Murphy are working on a building site.
Paddy says to Murphy, “I’m gonna have the day off. I’m gonna pretend I’m mad!”
He climbs up the rafters, hangs upside down and shouts:
“I’M A LIGHT BULB! I’M A LIGHT BULB!”
Murphy watches in amazement!
The Foreman shouts “Paddy, you’re mad, go home!”
So, he leaves the site.
Murphy starts packing his kit up to leave as well.
“Where the hell are you going?”, asks the Foreman.
“I can’t work in the dark!”, says Murphy.

From Gilles Plains Lions Club



From Gilles Plains Lions Club



People say that drinking milk makes you stronger.
Drink 5 glasses of milk and try to move a wall.
Can't?
Now drink 5 glasses of wine.
The wall moves all by itself!



From Gilles Plains Lions Club



"I was so tired at work, the other nurses had to revive me with C.P.R. — Coffee, Pepsi, and Redbull!"

From Barossa Valley Lions Club

Please send us your jokes and riddles to be shared with the District.

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