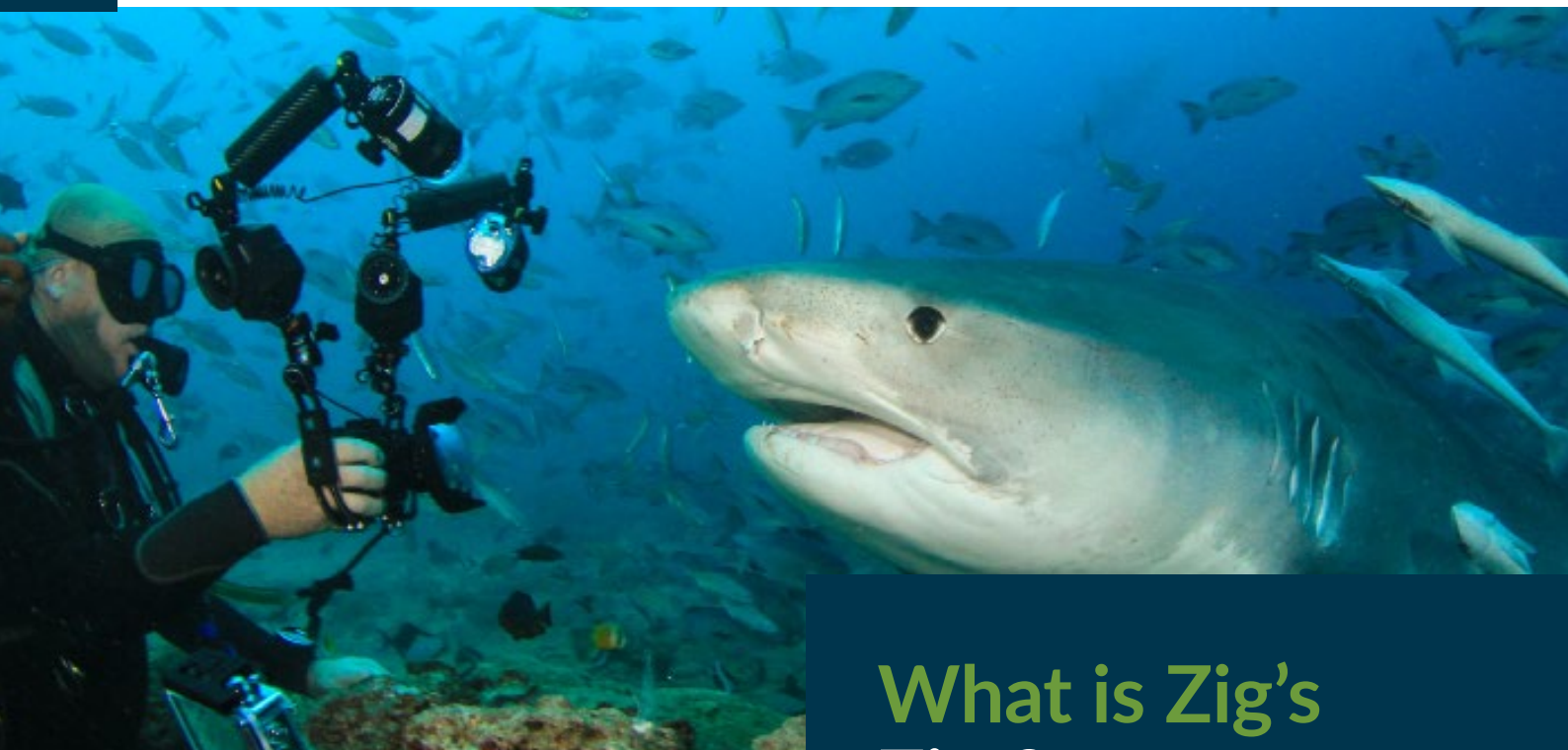


DG Zig's Zany Zizz

Lions 201C1 Monthly Newsletter

October 2022

DISTRICT NEWSLETTER



WHAT'S INSIDE

District Convention 2022

The C1 District Convention is October 21-23. Don't forget to register for a fantastic weekend with Lions from across the district.

— page 13

Lions Medical Research Foundation

Her Excellency congratulates Emma Cheney, 2022 LMRF Scholarship recipient for Myeloma Research focus.

— page 28

Message from the Prime Minister

Read the letter received by Lions Australia with congratulations on 75 years of service from the Prime Minister, Anthony Albanese.

— page 32

What is Zig's Zizz?

Meaning

Noun / Verb

As a noun, zizz is sparkle or vivacity, whereas as a verb, it can be used to mean "to enliven".

Each month, our district newsletter will feature a new name, but always starting with the letter Z.

What interesting "Z" word will our District Governor use next? There are a lot to choose from, so stay tuned.



October 2022

MD 201C1

MONTHLY NEWSLETTER

Welcome to the October edition of the C1 District Newsletter.

Thank you to everyone who contributes to this newsletter each month. We continue to receive a variety of articles to feature each month and the feedback has been very positive as a result.

Remember to follow our district on social media to receive up-to-date stories and information from clubs across our district, along with information from district, multiple district and international.

If there's a project or story featured about another club that sparks your interest, please reach out to that club for more information. Share and collaborate ideas.

Don't forget to check out the district website where you can find a full archive of past newsletters: www.lions201c1.org.au

Yours in Lionism,
Petrea Stacey
Editor

Mob: 0410 625 005
Email: pstacey@forerunner.com.au
Email: IT.C1@lions.org.au

Website: www.lions201c1.org.au

DISTRICT SOCIAL MEDIA

Twitter: [@lions201c1](https://twitter.com/lions201c1)
Facebook: [@District201C1LionsClubs](https://facebook.com/District201C1LionsClubs)
Instagram: [@District201c1](https://instagram.com/District201c1)



District Governor's Note

Over the coming month, and indeed during September in visiting many clubs across the Eyre Peninsula and mid north areas I have seen a zizz in some clubs who are proud of what they achieve in their communities.

During September I attended my first Council of Governors meeting in Cairns and stayed on to attend the ANZI Forum and I was zizzed up with the many topics raised in the forum and to meet many more members of the Lions family from other regions. These forums allowed all members to hear of other ideas for service that can be tailored for any region as well as from others who have and will find ideas for service that may suit all members and potential members to become involved. There's always plenty of time to enjoy the fellowship between the sessions to meet other Lions and to form friendships, so don't hold back, attend an ANZI forum in the future.

This month we have the C1 Convention and AGM, an important event where you as members get the opportunity to elect the future leaders of our District, to hear presentations on various topics, to reconnect with fellow Lions, and of course to have fun at the Gala dinner. So please register and attend this important annual event for the District.

The seasons are changing and as we approach the zenith of Spring and the last two years of the Pandemic slowly recede from everyday life, let's all start to shake off the gloomy past. Be encouraged that we all have a lot to be thankful for and we can still serve our community with an enthusiasm that will lift the spirits of those we serve.

Let's show the strength, unity and friendship of the Lions family that has kept this organisation as an important service organisation across the globe even in times of darkness, a strength recognised by Helen Keller in 1929 as being her "knights of the blind in the crusade against darkness."

Above all, have FUN!

DG Zig Osis



International President's Message

One of the best parts of being a Lion is that every day you can see how your service changes lives right outside your door. But that's only the beginning. Because whether your focus is local or global, your impact goes far beyond your community. Especially when we serve our global causes.



Our global causes unite the talents and innovation of every Lion and Leo around the world. So if you're looking to take on an ambitious new service project, consider one of our global causes. And no matter how you serve, keep it up because Together We Can starts with you.

Make a great day,
Brian Sheehan
International President



Puerto Rico is experiencing devastating floods

LCIF grant funding will enable Lions to support hurricane victims to recover and rebuild.

Hurricane Fiona caused widespread, devastating flooding and landslides in Puerto Rico, and recently hit the Dominican Republic and other island regions. Reportedly, more than 3 million residents in Puerto Rico went into a blackout on the island from the catastrophic winds and rainfall. Puerto Rico's power grid remains fragile after Hurricane Maria in September 2017 that caused the largest blackout in U.S. history, killing more than 3,000 people.

When a humanitarian crisis of this magnitude strikes, we, as Lions, are ready to help. Right beside us is Lions Clubs International Foundation (LCIF), our global foundation. LCIF is mobilizing funds, including a US\$100,000 Major Catastrophe grant for Lions in Puerto Rico to recover and rebuild their island, as well as additional grant funding to support other areas impacted by this devastating hurricane. Your generous donation to LCIF's Disaster Relief Fund, specifically reserved for all disaster relief, helps Lions continue to serve!

To learn more about LCIF Disaster Relief grants, visit lionsclubs.org/disastergrants.



Extensive Flooding in Pakistan

Glenside Lions have donated \$10,000 to Médecins Sans Frontières to assist their efforts in providing relief to people affected by the floods there.

One-third of Pakistan is now underwater from extensive flooding due to an exceptionally heavy monsoon season. The widespread destruction is affecting some 33 million people.

Médecins Sans Frontières/Doctors Without Borders (MSF) teams are on the ground in Balochistan, Sindh, Punjab and Khyber, providing primary health care, drinking water, and essential supplies, although access to some areas remains extremely challenging.





Global Leadership Team Update

The ANZI Pacific forum in Cairns was a busy but incredibly interesting 3 days. The program offered had sessions on diverse topics presented by different facilitators. VDG Peter's report has an outline of the various sessions.

5 members from our District attended including Alex Coates, Ray Najar, DG Zig Osis, VDG Peter Korndorfer and PDG Megan Butler.

If you get the opportunity, ask Ray & Alex what they thought of the weekend and hopefully they can encourage more Lions from our District to attend. I know they have lots of new ideas on many topics.

At an ANZI you have the opportunity to meet the International President, 1st International Vice President and other international board appointees, ask them questions, meet new Lions across NZ, Australia, New Caledonia, Indonesia and New Guinea.

ANZI forums are very different from conventions, and I encourage you to consider attending one. You can always stay a few days longer or go earlier and have a holiday as well.



Zoom Information Workshops/Meetings

Zoom link will be sent to clubs prior to the date

| Date | Topic | Time | Presenters |
|------------------|---|---------|--------------------------------|
| 27 October 2022 | Conducting a community needs assessment | 7 - 8pm | GST Coordinator, Steve Fawcett |
| 24 November 2022 | Service Ideas | 7 - 8pm | GST Coordinator, Steve Fawcett |
| 19 January 2023 | PR - Selling your club | 7 - 8pm | MD Facilitator - TBC |
| 23 February 2023 | Social Media | 7 - 8pm | Petrea Stacey |

If you have a particular subject or idea for a future Zoom session, please email me with your ideas. These sessions are for you, the Lions member, and the team are open to suggestions.

Australian Institutes

Information can be located in Learn on MyLCI

Regional Lions Leadership Institute

17 February 2023
to
19 February 2023

Sydney, New South Wales

Due Date 10 February 2023

For any training needs or enquiries, please email the team at GLT.C1@lions.org.au



Foundation Spotlight: Australian Lions Foundation (ALF)

The Australian Lions Foundation (ALF) purpose is to provide help and assistance for public relief, emergency aid and community welfare for persons in necessitous circumstances in Australia. The foundation provides financial assistance and support, in times of disasters/emergencies and for community welfare projects.

Who is ALF?

After Cyclone Tracy demolished most of Darwin in December 1974, in the period 1975 to 1976, Lions Australia formed two bodies:

- Australian Lions Community Emergency Relief Fund (ALCERF) to coordinate fundraising for disaster relief.
- And a National Disaster Committee

In 1980, the Disaster Committee was amalgamated into the Emergency Relief Fund.

The Foundation was formed in 1981 by the District Governors of the day, and this was formalised at the Multiple District Convention of Lions at Mt Gambier in 1983.

How are donations sourced?

Donations are received from Lions,

Lioness and Leo Clubs, Zones, Districts other Lions Groups, Individual members of the public – they are Tax Deductible for members of the public. Funds are also generated from Interest earned on Investments. And recently we have been receiving more Corporate Donations. Raising the profile of the Foundation to the general public by way of Media Releases, our web page and Facebook.

All donations to the Australian Lions Foundation stays in Australia

Where does ALF work?

Drought Relief Appeal was a large part of their work from July 2018 onwards, and is still ongoing today.

Nationally raised \$1.5million.

- Fodder for livestock
- Food for working dogs
- Drinking water and food for families
- Fuel to transport fodder
- School fees
- Medical bills
- Other household bills (electricity etc.)

For more information, visit the ALF website: www.alf.org.au



Christmas with Clare Lions

It's almost that time of year again, and the Clare Lions Club are excited to be involved with the Clare Christmas Pageant.

The 2022 Pageant will travel from the northern roundabout to the southern roundabout.

The fun continues afterward!

There will be stalls and entertainment in the Ennis Park/Mill Place area, and Father Christmas will visit the Town Hall.

Mark your calendar to be in Clare on December 9th - 6:30pm, Clare Main Street!





ALHD Puppy School

Today we have some exciting graduations with our first puppy class completing puppy school!

The puppies and their socialisers have spent the last 4 weeks learning to play nicely with others and some basic obedience commands like, sit, drop and watch.

All of our puppy socialisers will now have regular catch ups with our puppy team so that we can grow and develop wonderful confident Assistance Dogs for the Hearing or Medical Alert Program.

Thank you to all our puppy socialisers you are doing an amazing job



SPOTLIGHT: Zone 3 Chair & Convention Chair

Name: Karen Hutchison
(West Lakes-Seaton Lions Club)

How long have you been a Lion?
9 wonderful years and many more to come.

Why did you join Lions?
I joined Lions because I have always had a real passion for helping others in need, I like to see smiles on people's faces, that shows we made somewhat of a difference in their lives.

What Lions positions have you held?
Club: President (4 years)
District: Zone Chair (2 years) and Convention Chairperson (current)

What's your favourite memory or experience in Lions?

My favourite memories are helping with the Gem Ward at the Queen Elizabeth Hospital with a lounge room come visitors room, so the elderly patients had somewhere to see their families.

Favourite quote: "The greatest fear in the world is of the opinion of others. And the moment you are unafraid of the crowd you are no longer a sheep, you become a lion. A great roar arises in your heart, the roar of freedom!"

Favourite movie: Grease

Favourite TV Show: Murder Mysteries and True Crime

DG Zig's Photography

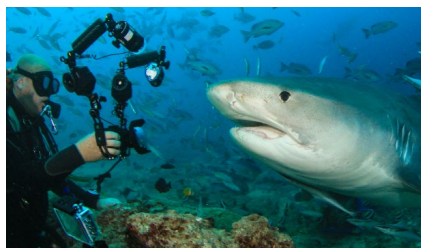
This month's newsletter cover features a Tiger Shark in Fiji. Face to face as viewed by another diver. Another fantastic photograph.

The Tiger Shark, also called Galeocerdo Cuvier in the scientific community, is the only member of the Galeocerdo genus. This shark is an aggressive predator and is found mostly in tropical and warm waters.

Being larger than its requiem cousins, they can grow up to a length of 5 metres and can weigh around 800kg.

Tiger Sharks are normally solitary, nomadic animals, but in some locations in Fiji, the same individuals are seen again and again.

These sharks are easily identified by



*Tiger Shark in Fiji
Photograph taken by DG Zig Osis*

the distinctive striped pattern running down their back and sides. These markings are more distinct in juveniles, fading as the shark ages and needs less natural camouflage for hunting and avoiding predators.

Many of the tiger sharks found in Fiji are well documented and known by name, and some, like Scarface, Adi and Doris, have been visiting the same sites around Beqa Island for nearly 20 years.



PR Trailer Bookings 2022-2023

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club's own materials. We just ask that the trailer is returned in the same condition it was picked up.

You will need to organise to pick up, and drop off, the

trailer from Gawler. The storage area is not accessible over the weekend.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

| Club | Dates Required | Event |
|---------------------------|-----------------|-------------------------|
| Torrens Valley Lions Club | 30 October 2022 | Gumeracha Sunday Market |

The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford.
Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.



ROAD WATCH - ADOPT A ROAD | ISSUE #17

Aug 2022

Regional involvement

Port Augusta Lions Club

A very happy group of Lions Club friends enjoyed each others company and a sense of achievement on a sunny August day recently. They filled 20 bags and reported that the majority of food packaging was coffee cups. 26 disposable masks were found and they made clever use of the bollard bases which contained the litter on the trailer.

Congratulations and we look forward to a virtual meeting with the group on September.





Port Augusta Lions Club

The Port Augusta Lions Club have been very busy, from sausage sizzles and communication donations, to roadside cleaning and playing the role of security.



Above: Postie Bike Security Team! **Above-right:** A frosty night for the Postie Bike Security Team.



Above: Black Dog donation **Above-right:** The Straight Sausage Award is in his sights ... **Below:** Roadside cleaning crew.



Above: \$200 donation to the Men's Shed. **Right:** Is there anywhere Lorenzo hasn't been? (Downtown Andamooka)



Google Business Profile

Does your Lions Club have a Google Business Profile set up? Your club could benefit from having one set up to help increase your online presence.

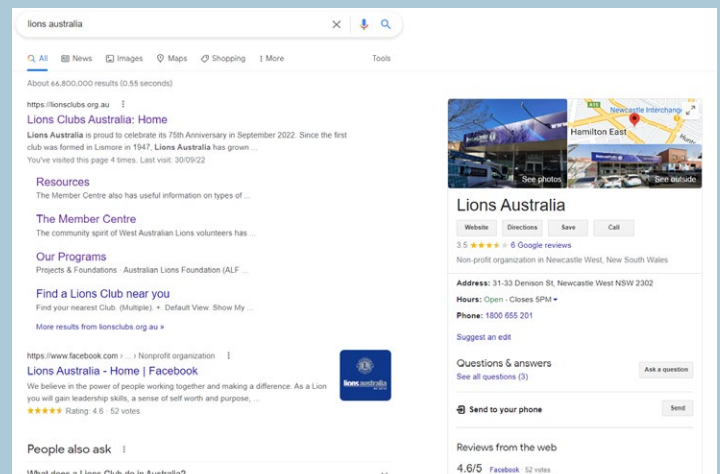
A Google Business Profile enables you to manage how your club will show up in Google Maps and Search. When your club is searched for, it will be highlighted on the right of the search results, providing contact details and information.

An online presence is important, not just social media. There are a lot of great tools, websites, online directories, etc. that you can utilise to help make your club more visible and easy for people to find.

It is free and easy to set up (it won't take hours). Simply google 'find and manage your business' and select the the support.google.com result to find out more.

If you would like assistance in setting this up, please contact Petrea Stacey via IT.C1@lions.org.au or 0410 625 005.

Below: Here is an example of searching for Lions Australia with Google. The search results are displayed on the left, and the Google Business Profile on the right.





Respite Seating Project Update

Following a request from a resident of Angle Vale in May this year, the Lions Club of Angle Vale were asked if we could assist in providing Respite seating (particularly for residents of the estate but also for public use) for some type of seating along Heaslip Road where people travelling on foot might take a break in their journey to and from the doctors, shops etc. in Angle Vale. We also observed that people waiting for the bus at the Fradd Road stop were forced to stand until their bus arrived.

An inspection was undertaken by City of Playford and the Lions Club of Angle Vale to establish what might be possible in this regard.

It was determined that the current state of Heaslip Road (i.e. no kerbs or safety barriers present) meant that it was unsafe to place a seat along this section of the road, ideally halfway between the estate and shops.

Lions suggested a seat at the Fradd Road bus stop which was agreed to.

The City of Playford suggested a location for a second seat (deemed to be much safer than along Heaslip Road) near the corner of Max Fatchen Drive, partially protected by the existing brick planter with the "Angle Vale Tavern" signage.

The Lions Club of Angle Vale agreed to raise the funds required to purchase the 2 seats whilst City of Playford would provide concrete slabs and installation of the seats.

During this week the seats were installed and are now ready to use.

We hope that you will find them useful in your daily lives and look forward to being of further service to our community.



Market Day

Port Lincoln Lions Club are hosting a market day at the hostel in North Shields on Sunday 6th November, from 9am to 2pm.

Come along and enjoy donuts from the RFDS Donut Van, and a delicious BBQ / tea & coffee / cakes and more at the Lions stall. There will also be live music on the day.

Contact Terry on 0437 499 094 for more information.

Welcome To Our New Lions

Welcome to the C1 District Lions family

ANGLE VALE

Mohan Hangkhim sponsored by Hari Sharma

ADELAIDE HELLENIC

George Genimahaliotis sponsored by John Chefalachis

CHARLES STURT

Julie Racioppi sponsored by Marijka Ryan

GOLDEN GROVE

Joanne Murphy sponsored by Silvia Rulla

Paul Murphy sponsored by Silvia Rulla

MAITLAND & DISTRICT

Bernice Carter sponsored by Christa Wood

Ivor Carter sponsored by Christa Wood

Michelle Thompson sponsored by Christa Wood

Adrian Tudman sponsored by Christa Wood

PARALOWIE

Sharon Anderson sponsored by Vicki Nagy

SALISBURY

Anna Ongarato sponsored by Charlie-Helen Robinson

Elizabeth de Laine sponsored by Charlie-Helen Robinson

Martin Fry sponsored by Charlie-Helen Robinson

Peter Leske sponsored by Charlie-Helen Robinson





Burnside Lions News

The latest news from the Burnside Lions Club.

Our monthly sale saw an income of \$1,650 with attendance from several new customers from various parts of the metropolitan area.

With Covid now seemingly past, several club members have taken the opportunity to travel far and wide. John E and Sue went off to Norfolk Island with some disruption to their plans due to weather.... had a very tight landing when they eventually got there. Secretary Barry and Jill spent time on Yorke Peninsula. Michele Alexandrou took time away from her busy sales routine to go to the Gold Coast. Treasurer Indira travelled to Perth; President Rob and Ljubinka travelled to Margaret River and Perth.

Whilst in Margaret River, Rob and Ljubinka visited the local Lions Club Bargain Centre - they were preparing for a sale on the Saturday, and it was all hands-on deck.... this is apparently the largest Lions Second Hand Sale facility in Australia. It has two sales per month and averages around \$10,000 per sale (the have many volunteers over and above members to make this function effectively). Morning tea was on offer and provided the opportunity to chat with members and volunteers. President Keith from Margaret River Lions shared ideas with Rob and Ljubinka of how their club functions which gave food for thought for consideration at Burnside.

We have been able to find some support for our Bargain Centre through two new volunteers - both have seemed to enjoy the nature of activities offered by participation in processing donations and social activities associated with this work (first step toward future possible membership).

Our Bargain Centre will participate in The Garage Trail Sale which will see us open for two extra days of trading in mid-November.

President Rob has held discussions with Burnside Council, re: the possible participation of our club in the Carols in The Park event to be conducted by Council in December. This had been, prior to Covid, an event coordinated by Burnside Lions and particularly guided by the late Bob Rowell. Due to the age of club members, it is time to pass the baton back to Council, but the club will still have a strong connection with the event.

Our dinner meeting for September will see our members being hosted by our daughter club, Glenside.

A special dinner is planned for Tuesday 25th of October to be held at The Arkaba Hotel from 6.30pm. This will be the final celebration of the clubs 60 years of service to the community and will be a night of reminiscence-retired members

and current will be given an open microphone to pass on experiences of the past associated with Burnside Lions whilst photographs of the club activities are projected on a screen.... a fun night for all. The dinner will be a 2-course meal for \$25 and any Lion wishing to attend needs to contact Rob on 0413002445 by 20th October - open to partners as well.

Rob Crookall
President



Above & Below: Margaret River Lions Club's Shed



Celebrating 75 Years

The Golden Grove Lions Club's members and friends, joined together under the Lions rotunda, and shared lunch to celebrate 75 years of Lions Australia.





DG Team Visits Around C1

DG Zig, 1st VDG Peter and 2nd VDG Steve, have been busy visiting clubs across our district.



Above & above-right: DG Zig Osis visiting Port Augusta Lions Club, and assisting in the Peace Poster judging.

Above: VDG Peter Korndorfer visiting Bute & District Lions Club.



Left & above-left: VDG Peter Korndorfer visiting the Clare Lions Club. **Above-right:** VDG Peter Korndorfer visiting Bute & District Lions Club.



Left: VDG Peter Korndorfer visiting Wallaroo Lions Club.

Right: VDG Steve Fawcett visiting Elizabeth Playford Lions Club.



Below: DG Zig Osis visiting Jamestown Lions Club



Above-left: VDG Peter Korndorfer visiting Gilbert Valley Lions. **Above-right:** DG Zig Osis visiting Cleve Lions Club.



If you have photos from DG Team visits, please send them to us to be included in future editions of this newsletter.



**BUILDING
THE FUTURE**
Lions 201 C1 District
Convention 2022



Hosted by Charles Sturt Lions Club
with support from West Lakes Seaton, West Beach and Richmond Lions Clubs

lions201c1convention.com.au

The Friday AGM and Saturday Convention will be held at the Woodville West Torrens Football Club, upstairs in the Eagles Function Room, Oval Avenue, Woodville South.



The Gala Dinner will be held on Saturday 22nd October at the West Lakes Golf Club.



On Sunday 23rd October there will be a Remembrance Ceremony honouring those members and partners who have died in the last 12 months.

For further Details please contact the Lions Club of Charles Sturt Secretary and Convention Committee Secretary:
Mark Daker
Mobile: 0438 817 588
Email: charlessturlions@gmail.com

201C1 Lions District Convention 2022

October 21st - 23rd

INVITATION

TO ALL LIONS MEMBERS AND
PARTNERS

At the Eagles Function Rooms
33-39 Oval Avenue, Woodville South

With a GALA DINNER
On Saturday evening
At the

West Lakes Golf Club

26 Lochside Drive, West Lakes

Details of acceptance and payment on the
Registration Form



2022 Lions District 201C1 Convention

21ST – 23RD OCTOBER 2022

Hosted by Charles Sturt Lions Club

With Support from West Lakes & Seaton, West Beach and Richmond Lions Clubs



Convention Attendance Registration

Club Name _____

| | | Title | First /Preferred Name | Family Name | First Convention? Tick for Yes |
|---------|---|-------|-----------------------|-------------|-----------------------------------|
| Lion | 1 | | | | <input type="checkbox"/> |
| Lion | 2 | | | | <input type="checkbox"/> |
| Partner | 3 | | | | <input type="checkbox"/> |
| Guest | 4 | | | | <input type="checkbox"/> |

Contact Details of Person Submitting Form (Preferred method of contact if required: Email: ☐ Phone: ☐ or Postal: ☐)

Unit and/or Street No: _____ Street Name: _____ or PO Box: _____

Town, Suburb: _____ State: _____ Postcode: _____

Mobile Phone: _____ Home Phone: _____ Email: _____

Convention Location: Woodville West Torrens Football Club.

upstairs in the Eagles Function room, 33 – 39 Oval Avenue, Woodville South.

| DATE | EVENT | TIME | Cost (\$) | Nº. | Total (\$) |
|--------------------------------------|---|--|--|-----|------------|
| Friday 21 st October | Delegate Registration Light Meal District Annual General Meeting including elections and motions | 4.00 pm – 6.00 pm 6.00pm – 6.30 pm 6.00 pm – 9.00 pm | \$45 Inc. Meals & Convention Pin | | \$ |
| Saturday 22 nd October | Delegate Registration | 8.00am to 9.00am | | | |
| | Tea and Coffee | 9.00am – 9.45 am | | | |
| | Plenary Session - Opening Ceremony including flag ceremony & Welcome to Country Keynote Speaker | 9.45 am – 10.30 am | | | |
| | Morning Tea | 10.30 am – 10.45 am | | | |
| | Guest Speakers | 10.45 am – 12.30 pm | | | |
| | Lunch | 12.30 pm – 1.30 pm | | | |
| | Guest Speakers | 1.30 pm – 3.00 pm | | | |
| | Afternoon Tea | 3.00 pm – 3.15 pm | | | |
| | Guest Speaker | 3.15 pm – 4.00 pm | | | |
| Sunday 23 rd October | Guest Speaker | 10.00 am – 10.45 am | | | |
| | Remembrance Ceremony | 11.00 am – 12.00 pm | | | |
| | Passing of the Flags to Peterborough Lions Club | 12.00 pm – 12.30 pm | | | |
| | Light Lunch and Networking | 12.30 pm – 1.30 pm | | | |

Programme subject to change

District Gala Dinner, West Lakes Golf Club.

26 Lochside Drive, West Lakes

| | | | | | |
|--------------------------------------|--|---------------------|------|--|----|
| Saturday 22 nd October | Three Course Dinner Entertainment, Raffle & Silent Auction Dress: Ladies After Five and Gentlemen Dinner or Lounge Suit | 6.00 pm for 6.30 pm | \$65 | | \$ |
|--------------------------------------|--|---------------------|------|--|----|

**Dietary needs?**

First Name:

Family Name:

Gluten Intolerant: ☐ Lactose Intolerant: ☐ Vegetarian: ☐ Vegan: ☐ Diabetic: ☐

Other Dietary requirements _____

First Name:

Family Name:

Gluten Intolerant: ☐ Lactose Intolerant: ☐ Vegetarian: ☐ Vegan: ☐ Diabetic: ☐

Other Dietary requirements _____

Payment Methods:Electronic

- ❖ *Registrations & Payments Close: C.O.B. Monday 3rd October 2022*
- ❖ *Electronic Funds Transfer to: BSB: 633000 Account No: 185382488*
- ❖ *Account Name: C1 Lions Convention 2022. Please put your family name and initial as subject, and email remittance notice to Convention Treasurer: jkdosis49@gmail.com*

Other payment

- ❖ Cheques to be made payable to: C1 Convention 2022
- ❖ Cheques posted to: PO Box 253, Woodville, SA 5011

TOTAL PAYMENT _____

Payment Method

Electronic: ☐Cheque: ☐Please submit completed Registration forms either by email or postal by Monday 3rd October 2022

- ❖ charlessturlions@gmail.com

or

- ❖ PO Box 253, Woodville, SA 5011

| | |
|------------|----------|
| Office Use | ENTERED: |
|------------|----------|

Visit www.lions201c1convention.com.au for more information





A COMPLETE SEL PACKAGE!

"A HPE teacher's dream"

Build and nurture your students' social and emotional wellbeing with

SKILLS FOR GROWING (F-5) & SKILLS FOR ADOLESCENCE (6-8)

- Quality, evidence-based F-8 classroom curricula
- Sound strategies for schoolwide implementation
- Explicit lessons to develop personal and social capability
- Lessons mapped to the Australian Curriculum
- FREE student and parent resources



Book Today! Teacher Training Workshops

Upcoming Online training
23 Nov 2022
Close off 11th November 2022

"Great links to the curriculum and fabulous ideas that are easy to implement. A HPE teacher's dream."
QLD, HPE Teacher

Download a FREE sample lesson to try with your class!
lionsquest.org.au

Welcoming a New Member

Please welcome our new member, George Genimahaliotis, to the Lions Club of Adelaide Hellenic Inc.

George was inducted by President Evelyn Chefalachis and sponsored by Lion John Chefalachis.

Congratulations and welcome to the Lions Family George!



Glenside Lions Club Art Show

The 2022 Glenside Lions Art Show website is now live and they invite you to take a look and consider which paintings you want to exhibit in 2022.

You, or an artist you know, could win the \$2,000 1st prize like Rosemary White did in 2021, Ian Burman in 2019 and Roe Gartelmann in 2018.

www.glensidelionsartshow.com.au

Applications are open until 7th October at 5pm, it's not far away.

But that's not all. Is art not your thing but you still want to get involved and help support Catherine House through

funds raised? Then jump onto our art show website and purchase tickets in our Art Show Raffle which is live online now.

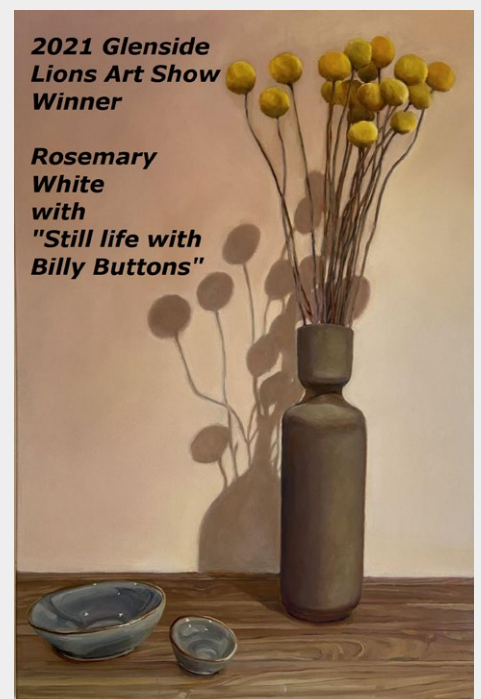
There are only 500 tickets available at \$20 each or 3 for \$50.

There are 10 fantastic prizes to be won including a Kogan 45 bottle dual zone wine fridge valued at \$1,700, artwork, bottles of wine, Norwood Foodland Voucher, Ken Hall Plumbers voucher, and there's even a voucher for books at the Glenside Lions Club Bookmart.

Looking forward to another great show!

2021 Glenside Lions Art Show Winner

Rosemary White
with
"Still life with Billy Buttons"





District Position Vacancy

Are you looking for a challenge? Do you have experience working with the media (radio, TV and/or print)?

District is looking for a new Media Liaison officer to work as part of a team to share our good news stories, projects and service.

Liaise with, and be the first point of contact, with the media, organise lions to be interviewed, produce stories about Lions, and help promote the amazing work Lions do.

You'll be supported by the portfolio chair and team, district, and of course, MD PR.

If you're interested, contact Petrea Stacey (IT.C1@lions.org.au or 0410 625 005) to find out more.

Chip Cooker For Sale

Two burner Fry Max Chip Cooker for sale by the Lions Club Port Augusta as they have recently upgraded to a larger unit.

The unit is in good condition (as pictured), and holds approx. 20L of oil.

\$500 (or nearest offer)

For enquiries phone Andy Sayer - 0419 184112



WORKING BEE

Come along, have a chat and lots of fun stuffing & sewing cushions for patients & disadvantaged youth across SA.

(no experience required)

AND we will also be sorting, labelling & packing book bags for disadvantaged children.

Drop in and say hi for an hour or 2, or stay for the morning or afternoon. Any time you can spare to help is appreciated.

Sunday, 6 November 2022

9:30am - 4pm

**North Adelaide Community Centre
(176 Tynte Street, North Adelaide)**

RSVP

secretary@adelaidecitylions.org.au or 0410 625 005

Hope to see you there!

For more information visit www.hearmeroarproject.com.au

Eastern Districts Little Athletics

Glenside Lions have donated \$10,000 to Eastern Districts Little Athletics to upgrade their electronic timing devices for track events.

The new devices will provide accurate timing for runners in the track events. This is in line with our Club's focus on youth in our area. We have regularly supported this Little Athletics Club who are located at Glenunga Hub. They have a huge following in our area.





World Diabetes Day

World Diabetes Day is in November, we need you to join in the Lap the Map national mega-event and record any distances you walk between now and the 14th November. At the district level we are doing this through the C1 Making Strides program.

All clubs have been invited to be involved in this year's event, whether large or small, all clubs should be active in promoting what diabetes is and how best to prevent it spreading in our communities.

Many clubs conduct service in this area and should be commended for their efforts. My view is let's get the message out there in our communities and highlight that being active through exercise and eating well can stop diabetes happening in most cases.

So, it is interesting that we have some clubs who have said that they will not participate in our C1 Making Strides because they may not win the award on offer. The awards were only introduced to help entice clubs to join in the challenge.

I find this view perplexing as this is about service through looking after ourselves to become more healthier and promote diabetes awareness both within Lions, and in the wider community. Clubs can arrange their own programs with their wider communities with Strides events.

Facts about Diabetes – but IT IS PREVENTABLE!

- Diabetes is recognised as the world's fastest growing chronic condition.
- One in 11 adults has diabetes (415 million)
- 12 per cent of global health expenditure is spent on diabetes (USD\$673 billion)
- Every six seconds a person dies from diabetes

Link on the Lions Australia site for Lap the Map
<https://lionsclubs.org.au/event/lap-the-map-for-diabetes/>

Link to Lions diabetes Strides
<https://www.lionsclubs.org/en/start-our-global-causes/diabetes/strides>



1 August - 14 November, 2022

How?
Any Lion member in the C1 District can record their steps/kms when they walk, run, skate, bike, row or swim. Lions will send their records to the project coordinators to support their club.

Why?
By Lions getting out there and being active, we hope to encourage family, friends and the community to get active too, adopt a healthy lifestyle, and raise awareness for diabetes.

Prize
The winning club will be presented with an award by DG Zig Osis.

Track
Track the progress of clubs and the district on a map with a district tally. This will be updated on the district website and Facebook page.

A Virtual Trip Around the World, Raising Awareness for Diabetes & the Environment

How far can we travel together? Can we beat our record of 69,007.57km, set in 2021?

This year, C1 Making Strides will have an environmental focus with surprise locations along the way.

For more information & to submit your recordings please contact Petrea Stacey & Steve Fawcett
c1makingstrides@gmail.com

Cab Secretary Notices

Please note the following changes from the MD directory to club, and project, contact details. Please update your records.

1. Email address for Dot Marschall, Australian Lions Children's Mobility Foundation - petodl49@gmail.com
2. The email address for the Secretary of Moonta Lions Club is ralph.esposito1@outlook.com
3. Vanessa Malycha is the Secretary for Peterborough & District Lions Club, and the email for the club is p.boroughlionsclub@gmail.com
4. Shane Francis (Therese) is the Secretary of Kimba Lions Club and the email address is tmstfrancis@bigpond.com

If your club has any changes to officers and/or club contact information, please email Cabinet Secretary, Sandy Royal, to ensure these details are kept up-to-date. Please also ensure updates are made in MyLCI.



Peterborough & District News Update

Some of the members went to Terowie's Art Show on Saturday 10th September, to sell donuts to the crowd. It was a successful day, with members selling out of donuts around lunchtime!

On Wednesday 21st September, members will be catering & serving a BBQ tea for 27 people at Steamtown.

Our small Convention Committee will be holding a meeting on Tuesday 27th September, to continue planning the event, including their presentation to the Lions District Convention in October.

Members will be holding a Working Bee at the Lions Rose Garden at the Cemetery on Thursday 29th September at 10am to do weeding & maintenance. Members are on a weekly roster to water the Lions Rose Garden, including the garden around the Remembrance Wall and to clean the toilet.

The Club is looking forward to their Lions Markets in the Town Square on Saturday 1st October 2022, from 9am to 1pm, with 15 stall holders. Lions will be there selling Lions products, including Christmas cakes, Lions mints, etc and Bingo tickets etc.

Lions will be involved at the Adelaide Symphony Orchestra Concert on Saturday 8th October, by making & selling fruit & cheese boxes to the crowd on the night.

Some of the members have enjoyed being involved in the District's Zoom Meetings on various Lions projects,

including Leos and the Lions Youth of the Year, which is a great way of learning more about our Lions projects, in the comfort of our homes!

Last year, President Julie Atkinson set up from out of her car a small canteen selling chocolates, chips & drinks to the basketball players & crowd at the Basketball Stadium, giving the proceeds to Lions. This proved to be a great fundraiser. This year, Julie advised that we have access to the Basketball Stadium's Canteen to use on both Monday and Tuesday nights.

At the Works meeting on Tuesday 20 September, members agreed to again sell bingo tickets in the Main Street on a fortnightly basis from October onwards, after having the winter months off.

President Julie Atkinson has been attending the town's Christmas Pageant meetings, with preparations well under way for a successful Christmas Pageant.

To continue our annual Lions project of supplying wooden Christmas decorations for the Main Street business houses made from pallets, Lions have had our local lady tradie make another range of different decorations. Plus, Lions have had the local Men's Shed help make some decorations, too.

These will then be painted by members and placed on the verandah posts out the front of business houses a week before the Christmas Pageant and taken down around New Year. Next year, Lions are looking forward to having a Guest Speaker talk and demonstrate about CPR30 Training and another speaker on what Uniting Country SA does.

Pedare Pride Cubs Club

Proudly supporting the Australian Lions Childhood Cancer Research Foundation (ALCCRF).

The Pedare Pride Cubs Club were excited to learn more about the Australian Lions Childhood Cancer Research Foundation (ALCCRF) and the longest coin line. They were amazed by the world record and the fact that Lions in Australia were going to attempt to beat it. Of course, once the cubs heard about it, they just had to get involved.

The Cubs have been actively collecting five cent pieces for several months, and have collected a large amount (plus other coins and a few notes too).

On September 29th, at the last Cubs Club meeting for term 3, the cubs set to work and made 3m lines of coins (mostly 5c). It took almost the whole meeting to lay all the coins out, and the cubs had to take 'shifts' so they all got a turn to participate.

The total length was 81m with a total donation of \$308.55 (and a few more donations have come in since then). Amazing!

Thank you to the cubs and their families, and the Lions Clubs of City of Adelaide and Golden Grove for their support.

If you would like to support the ALCCRF in their attempt to beat the world record, please visit alccrf.lions.org.au.





Mrs. Harris Goes to PARIS

The Lions Clubs of Athelstone & Rostrevor Proudly present an afternoon at the movies

Date: Sunday 6th November 2022
Time: 1pm (movie starts at 1:30pm)
Venue: The Regal Theatre
 (275 Kensington Rd, Kensington Park)
Cost: \$25 per person
 Includes movie, ice cream & popcorn

Raffles on the day!

All proceeds raised to support Ronald McDonald House

Bookings Essential
 Please contact Michael Cook
 M: 0432 955 472
 E: micocook36@tpg.com.au
 Eventbrite

Kayak for ALCCRF

Congratulations to the Gilles Plains Lions Club and Club President Lance for your phenomenal support of the Australian Lions Childhood Cancer Research Foundation (ALCCRF).

Lance completed a kayak challenge of 170km along the Murray River, to raise awareness and funds for ALCCRF in September. What an amazing effort!

Thank you to the Lions Club of Mannum for putting on a BBQ at the finish line in Mannum, with proceeds also going to the kayak challenge and ALCCRF.



DG Team Visits Around C1 (cont.)

DG Zig, 1st VDG Peter and 2nd VDG Steve, busy visiting clubs across C1.



Above & below: VDG Peter Korndorfer visiting Torrens Valley Lions Club and catching up with PDG Phil Bowman.



Above-left: VDG Peter Korndorfer visiting Moonta Lions Club. Above-middle: DG Zig Osis visiting Ororoo Lions Club. Above-right: DG Zig Osis visiting Whyalla Lions Club.





Save the Date

The Lions Club of Elizabeth Playford
will be celebrating their



*60th
Charter
Anniversary*

Saturday
25
February
2023

Invitations will be sent
closer to the event



Club Charter Anniversaries

*Each month, we will
celebrate the anniversary of
each club in our district.*

October 2022

Celebrating 33 years
Golden Grove - 9 October 1989

Celebrating 47 years
Wudinna - 14 October 1975

Celebrating 54 years
Torrens Valley - 23 October 1968

Always Remembered

Lions who passed away in September 2022

Lion Frank Gorey
Gilbert Valley

Lion Kelvin Schwartz
Gilbert Valley



Lions Clubs International



The Lawyer

A very successful lawyer parked his brand-new Lexus in front of the office, ready to show it off to his colleagues. As he got out, a truck came along too close to the curb and completely tore off the driver's door. Fortunately, a cop in a police car was close enough to see the accident and pulled up behind the Lexus, his lights flashing. But, before the cop had a chance to ask any questions, the lawyer started screaming hysterically about how his Lexus, which he had just picked up the day before, was now completely ruined and would never be the same, no matter how the body shop tried to make it new again.

After the lawyer finally wound down from his rant, the cop shook his head in

disgust and disbelief. "I can't believe how materialistic you lawyers are," he said. "You are so focused on your possessions that you neglect the most important things in life."

"How can you say such a thing?" asked the lawyer.

The cop replied, "Don't you even realize that your left arm is missing? It got ripped off when the truck hit you!"

"Oh, No," screamed the lawyer!

"My Rolex!"

Submitted by Ted Osborn



Lion Anniversaries

Celebrating membership milestones in October.

5 YEARS

Lion Robert Bacon
Angle Vale

Lion Wanda Sullivan
Elizabeth Playford

Lion Bruce Meehan
Stansbury Dalrymple

10 YEARS

Lion Elizabeth Faulkner
Stansbury Dalrymple

Lion Lindsay Miller
City of Adelaide

Lion Thomas Brewer
Tea Tree Gully

15 YEARS

Lion Philip Harris
Bute & Districts

Lion Ian Charlton
Tumby Bay & Districts

20 YEARS

Lion Karl Katchmar
Glenside

25 YEARS

Lion David Jewell
Whyalla

35 YEARS

Lion Robert Hanley
Rocky River

Lion Allen Weston
Rocky River

Lion Leo Leggett
Angaston & District

Lion Peter Pech
Angaston & District

40 YEARS

Lion Donald Hagger
Jamestown

45 YEARS

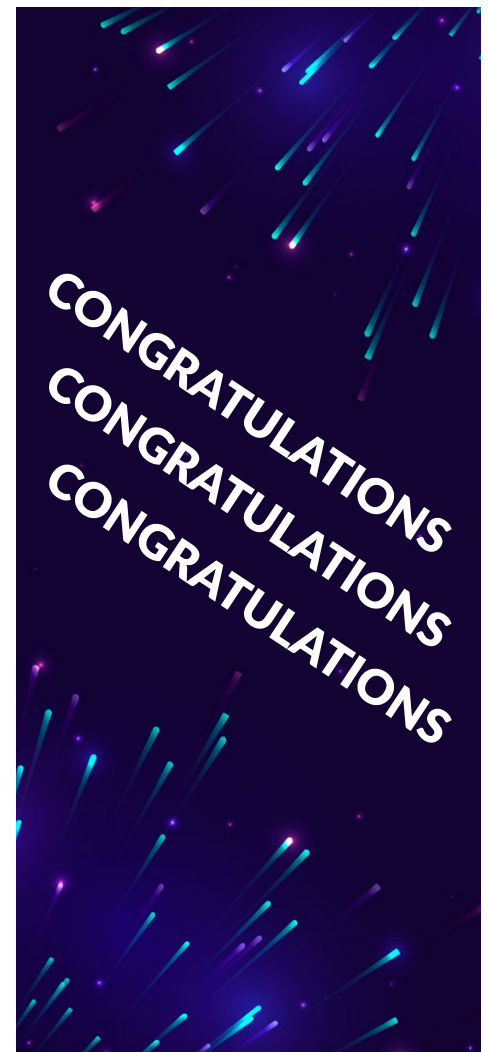
Lion Kingsley Blenkiron
Onkaparinga

Lion Malcolm McDonald
Bute & Districts

Lion Michael Cook
Athelstone

55 YEARS

Lion Warren Wood
City of Adelaide





National & International Awareness Days

The following dates include a variety of national and international awareness days for various organisations and subject areas that may be of interest to you and your club.

Consider organising a service event or fundraiser that aligns with the purpose and objectives of a particular awareness day.

| October 2022 | |
|--------------|--|
| 1st - 7th | Australian Wildlife Week |
| 4th | World Habitat Day |
| 16th | World Food Day |
| 17th | International Day for the Eradication of Poverty |
| 8th | World Migratory Bird Day |
| 13th | International Day for Disaster Reduction |
| 24th | United Nations Day |

| November 2022 | |
|---------------|--|
| 1st - 30th | National Diabetes Awareness Month |
| 1st - 30th | Movember |
| 1st | World Vegan Day |
| 5th | World Tsunami Awareness Day |
| 7th | Orange Day - UNiTE to End Violence against Women |
| 7th - 13th | National Recycling Week |
| 10th | World Science Day for Peace and Development |
| 11th | Remembrance Day |
| 13th | World Kindness Day |
| 14th | World Diabetes Day |
| 16th | International Day of Tolerance |
| 21st | World Fisheries Day |
| 25th | White Ribbon Day |



A New Furry Friend

The Adelaide Hellenic Lions Club are excited to officially announce, and welcome, "Milo" to their Lions family as they have sponsored him through the Australian Lions Hearing Dogs (ALHD).

Milo was named by the members of Adelaide Hellenic and they are 'super excited' to sponsor him. He is soooo cute!

PUPPY SPONSORSHIP BIRTH CERTIFICATE



Welcoming pawfect puppy

"Milo"



Born: 24/06/2022



Sponsor: Lions Club of Adelaide Hellenic Inc.

Thank you for your sup pawt

Check out the Calendar on our district website for more national and international awareness days coming up: www.lions201c1.org.au



GMA Update

GMA Focus Team 1 - New Clubs Update

As reported in the September newsletter, our team is focusing on establishing CLUB BRANCHES or SPECIALTY CLUBS in those areas of the CI District where there are no Lions clubs. The following are our target areas:

- Streaky Bay
- Ceduna
- Elliston
- Yorketown
- Eudunda
- Burra
- Walkerville
- Unley
- Mitcham
- Port Adelaide/ Semaphore
- SA Parliament
- Indian community groups
- Sudanese community groups

We are currently designing advertising material for distribution in the council newsletter and Facebook pages, in the hope of finding potential members. If we find enough people (5 needed) to form a club branch, we will find a nearby chartered club willing to sponsor and support the new club branch.

At the very least, we will find some new potential members for our existing clubs. Our efforts so far have resulted in three interested people coming forward in the Walkerville/ Unley area. Hopefully, we can recruit them into the Lions family very soon.

Our team also believes that we need to flood the target areas frequently with good news stories about the achievements of our clubs – events, projects, donations made etc.

HOW YOU CAN HELP US: We would love to hear from any members who know potential contacts living in these areas. If anyone has articles, which we could modify to suit our purpose, please contact one of our team. Your assistance would be very greatly appreciated.

Another drive is to form LEO CLUBS in secondary schools. We are currently exploring several options, and we will keep you posted on our progress.

HOW YOU CAN HELP US: If you have contacts with any suitable schools, please let us know. Maybe you would like to approach a promising school on our behalf,



and then involve us when you get a favourable response?

Our third priority is to establish CUBS CLUBS in primary schools. As you know, we already have two such clubs, at Annesley Junior School and Pedare Christian College. Both of these clubs are thriving.

HOW YOU CAN HELP US: If you are aware of any suitable primary schools to approach about this initiative, please make contact with one of our team.

Yours in service,
Annette Slater
GMA Focus Team 1 Leader
Ph 0407189075
Email: annette.slater@outlook.com.au

Team members: PDG Don Pritchard, Petrea Stacey and Andrew Stacey

OUR FUTURE depends on ALL OF US working together to IGNITE THE PASSION TO SERVE.





Lions International Marketing Award

Club marketing is a great way to recruit new members, spread the word about service activities and increase visibility in the community. And now, your club has the opportunity to gain recognition for its marketing efforts with this exciting new award!

Timeline

Below is an outline of when each step of the Marketing Award process will begin. Please note that the marketing campaign submitted for award consideration must be completed between July 2022 and December 2022.

July-December 2022: Clubs apply
Club marketing chairperson or club

president submits the online application to their district by December 31.

January 2023: District judging

Club applications are reviewed; district governor selects one application to advance to their multiple district council chairperson.

February 2023: Multiple district judging

District finalists are reviewed; council chairperson selects one application to advance to the finals.

April 2023: Marketing committee selects winners

The marketing communications committee reviews the finalists and

selects the winners, one from each constitutional area (CA).

May 2023: Winning clubs notified

Visit www.lionsclubs.org for more information.



Hear Me Roar! Project Update

The City of Adelaide Lions Club have been very busy with both initiatives that form their Hear Me Roar! Project.

During the months of August and September, thousands of children's books have been sorted into age groups, labelled and packed into book bags for disadvantaged youth.

In September, Lions Andrew and Beatrice delivered books bags for 494 students across 5 schools, including catering for every student at Keller Road Primary School. That's a total of 1,976 books.

But that's not all, they continue to be busy making cushions and port pillows for patients in hospitals and receiving



treatments (adults and children), together with disadvantaged children, and children in foster care across SA.

In mid-September, a mini working bee was held to make 41 dinosaur themed heart cushions for children attending the Puddle Jumpers dinosaur camp during the October school holidays.

We look forward to our next big working bee on November 6th which will involve both cushions and book sorting.





Wallaroo Lions Update

Wallaroo Lions Club was pleased to welcome three new members - Marcia Dunne along with Moira and Daniel Copping.

Marcia, Moira and Daniel were inducted at our clubroom by Zone Chairman PDG Kevin Masters, with Greg Mackrill sponsoring Moira and Daniel, whilst Barb Newman sponsored Marcia.

All three new members were warmly welcomed by Wallaroo Lions members. They bring enthusiasm, new ideas, and a willingness to help others to our Lions Club, whilst the ladies further the Club goal to balance the male/female member ratio, furthering our goal to build a Club that is inclusive and welcoming to all.

If you have some great ideas to help the community, we want to hear from you. If you are keen to have fun with some quirky individuals, we would love to meet you. If you have a few free hours each month, come and join us and make a difference. Our purpose is to serve our community whilst enjoying ourselves. A couple of hours a month of your time can make a huge difference.

And don't forget, we have a fabulous air-conditioned club room, with a fully functional kitchen available at a reasonable hire rate. Please contact Cathy on 0434 907 871 to make a booking.



Above: Zone Chair PDG Kevin Masters with Marcia Dunne.

Above-right (L-R): Greg Mackrill (sponsor), Daniel Copping, Moira Copping, Zone Chair PDG Kevin Masters.

Lions Recycle for Sight

City of Adelaide Lions Recycle for Sight Coordinator, Lyn Bermudez, and her partner Scott, have been busy collecting, counting and packing glasses for the program. They even like to 'test' some of the merchandise - here they are pictured with 1,415 pairs.



Gilbert Valley Lions Club

**Caring for the Environment.
Serving the Community.**

Breaking News!

Do you know how to recycle those blister packs? This is a common question for many household items and the Gilbert Valley Lions Club can announce that they are working in conjunction with Banish, a recently launched Australian recycle company, and the Clare Valley Family Pharmacy at Auburn, to supply a collection carton for blister packs.



The Auburn Pharmacy is already collecting old reading glasses, hearing aids and contact lenses so this is just another way this business is supporting the community through sustainable living.

There will be a carton inside the business where you can place your empty packs. Look for the new Gilbert Valley Lions Club logo! However, we cannot accept, paper backed packs, no surplus tablets, and no Webster packs please.

They will be packaged and posted to Banish where they will be sorted and sent to the relevant waste stream for recycling.

Support this local business as they support our environment. All donations gratefully accepted.

**For further information
please contact
Pat Williams 0411 492 223**



Gawler Lions News

A special award was presented to Past District Governor Dean Noll of the Lions Club of Gawler, in recognition of over 25 years of service to the Christmas Cake Programme, at both District and the Lions Multiple District of Australia. The award was for "Lions Australia Outstanding Fundraising & Partnerships Achievement Award". This was presented at the Lions Handover Dinner in the Vine Inn Nuriootpa on the 9th July, 2022.

Lions Club roars with pride over past year

THE Gawler Lions Club has held its handover dinner, re-electing president Libby March for another term.

Held in the hall of the Gawler Arms Hotel last month, it drew 38 guests, including members of Angaston and Barossa Lions Clubs.

Also attending was district governor John Barnes and Lion Carol Barnes as well as zone chairman John Reed and wife, Lion Jean.

Mr Barnes officiated the ceremony re-electing Mrs March as president, David Schwartz as secretary and Nick Brown as treasurer, with remaining members making up the board.

The dinner also provided an opportunity for the club to reflect over the past year.

Its projects have included holding the regular Sunday Lion Markets at the Gawler Railway Station, which over the past 12 months have raised more than \$15,000, undertaking the railway station's garden maintenance, and selling Lions Christmas cakes and puddings within local businesses to raise more than \$5000.

Members supplied and packed Christmas hampers to be distributed through Gawler Community House, with a combined value of around \$2000, as well as put up a Christmas tree in Gawler Heritage Cafe as a collection point for gifts for the underprivileged.

Around \$1000 was raised through raffles, wine sales and the collection of reading glasses and used hearing aids.

A further \$1000 was raised from catering.

Over the 2021-22 Lions year, the club has made donations with a total value of around \$21,250.

This included gym equipment worth almost \$1950 donated to the Gawler Health Service for use by patients at Gawler,



Gawler Lions Club member Rodney Sutton at the club's handover dinner.

RIGHT: District governor John Barnes presents the charter and gave to Gawler Lions Club president Libby March.

PHOTOS: Supplied

Angaston and Tanunda hospitals; \$1000 to Guitars for Vets Australia; \$1000 to the Heart Foundation; \$1000 to the Australian Lions Childhood Cancer Research Foundation; and \$2500 for the Australian Lions Foundation NSW and Qld flood relief.

During the past 12 months, the Gawler Lions Club has lost five members, who were all very well-liked and respected: Barry Hill, Gary Hopps, Jim Dwyer, Ross Chaffield and John Chaffer.

Looking ahead, the club will dedicate a plaque, to be placed in the Gawler Railway Station garden, during its Sunday market on July 31.

The plaque, sponsored by

Railcare, will commemorate 75 years of Lions in Australia. The first club chartered was in Eumore, NSW, in 1947, with the Gawler Lions chartered

some 20 years later in November, 1967. Meanwhile, new stallholders wanting to attend the market can contact Dean on 0437 675 653.

Lions Market supporting Gawler groups

THE Lions Club of Gawler was proud to present two cheques at its last meeting.

Gawler Lions president Libby March presented a \$500 donation to Major Darren Dwyer, of the Salvation Army, as well as \$1000 to Gwenda Green and Lyndal McDonald for the Gawler Branch of Cancer Council SA.

The donations were raised during the Lions Sunday Market at Gawler Railway Station.

Meanwhile, Gawler Lions Club member and past district governor Dean Noll was recently recognised for more than 25 years' service to the Christmas Cake program.

Mr Noll received the Lions Australia Outstanding Fundraising & Partnerships Achievement Award at last month's Lions District C1 handover dinner in Nuriootpa.

It was presented by outgoing district governor John Barnes on behalf of Multiple District as Mr Noll was unable to attend the Multiple District Convention in Melbourne.



Please note that the photograph descriptions printed in the article on the right featuring Gawler Lions President Libby March, have been printed incorrectly and are supposed to be swapped.



Lions president Libby March, pictured right, presents a donation to Gwenda Green and Lyndal McDonald, of the Gawler Branch of Cancer Council SA.



ABOVE: Gawler Lions president Libby March presents a donation to Major Darren Dwyer, of the Salvation Army.

INSET: Gawler Lions member Dean Noll with his Lions Australia Outstanding Fundraising & Partnerships Achievement Award.

PHOTOS: Supplied

Recycling Activities

What recycling activities is your club involved with?

As the Environment Coordinator / Chair for C1, I would like to spread the word from club to club about what activities, or projects, C1 clubs are doing in their zone.

All I need is a few sentences and a pic or two, sent to me about the clubs in your zone and their recycling activities. I will do my best to place the article in my monthly Environment newsletter.

There are many clubs who are involved in these projects but have not found the time to share the information about their environmental projects. Sharing this information, from club to

club, will not only tell the public at large about what Lions are doing about supporting the environment, but can also be of great benefit to other clubs in the C1 district.

Please share this request with your club and throughout your zone.

Patrick Williams
C1 Environment Coordinator
Mobile: 0411 492 223





Virtual Travel

Thank you to all the clubs across the district who have already joined, and started sending through their figures, for the challenge.

Here's a quick recap of where we've travelled since we left Milford Sound, NZ at the end of August:

- Whanganui National Park, NZ
- Suva, Fiji
- Cook Islands
- Bora Bora, French Polynesia
- Nuku Hiva, French Polynesia
- Pitcairn Islands
- Easter Island, Isla de Pascua

We have now travelled over:
17,890km. Fantastic!!

We still have a long way to go before we can beat how far we travelled in 2021.

There is still time to join us on this virtual journey, as we raise awareness for diabetes and the environment, explore amazing locations around the world, all while getting active.

You can: walk, run, cycle, row, swim or skate. It all counts.

Record your steps/kms on your smart phone, smart watch, pedometre, Google maps, or if you prefer, count out loud 1, 2, 3 ... we're sure that would get at least a few people asking about what you're doing.

Remember, the challenge runs from 1 August to 14 November, 2022.

Petrea Stacey & Steve Fawcett
c1makingstrides@gmail.com

Revitalise Your Club

See the link below for a few ideas that may help you to revitalise your club and your members. Remember, if your members are not happy and enjoying themselves, they may need to start another project or even rethink the way meetings are held and or projects are managed. All Work and No play! Be sure to have FUN!

<https://www.lionsclubs.org/en/resources-for-members/resource-center/club-membershipchairperson>

5 Lessons From Geese

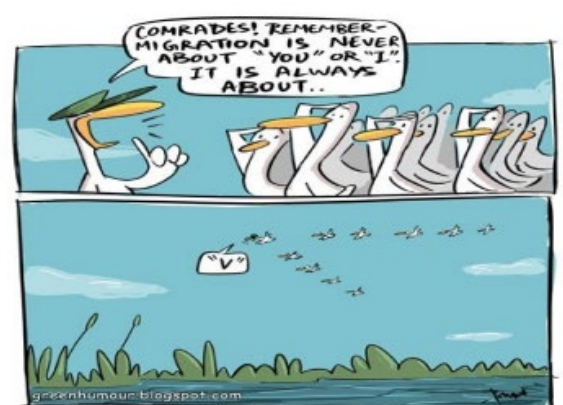
1. As each bird flaps its wings, it creates uplift for the bird following, meaning flying together requires less effort.
2. By flying in a strict "V" formation each time, the flying range of the flock is 71% greater than if the bird flew alone.
3. Geese take turns to head the flock, retiring to the back when they get tired.
4. When a goose gets sick or injured, two geese drop out formation and follow it down to help and protect it.
5. The geese in formation honk from behind to praise and encourage the others.

It may sound strange, but teams/groups can take cues from the Canadian Geese. Their migration is a tough and enduring trip. The journey they make, which can be thousands of kilometres, is far more strenuous than any single goose could endure on their own.

The Geese have developed an amazing system of rotating Leadership that enables them to reach their destination together.

The Geese have developed an amazing system of rotating Leadership that enables them to reach their destination together.

Their natural team instinct enables them to accomplish what alone would be virtually impossible.





Lions Medical Research Foundation

Her Excellency congratulates Emma Cheney, 2022 LMRF Scholarship recipient for Myeloma Research focus.

Lions Medical Research Foundation Scholarships have been offered since year 2000, with \$35,000 awarded to each recipient each year.

In 2022, the Foundation received 28 scholarship applications, with Emma Cheney the final 2022 recipient.

Emma's area of study under this scholarship will be in Myeloma Research at the University of Adelaide. Multiple myeloma is an incurable blood cancer. Emma is passionate about developing new treatment strategies that improve patient survival and quality of life.

A reception was held at Government House to mark the special occasion at the invitation of Her Excellency the Honourable Frances Adamson AC and Mr Rod Buntin.

In welcoming guests, Her Excellency said, 'South Australia has long had a tradition of world-leading medical research.

"We need look no further than the garden outside Government House to see the bust honouring eminent medical scientist Howard Florey who played a vital role in the discovery of penicillin.

"His bust stands amongst those of other eminent scientists such as Sir Lawrence and Sir William Bragg, after whom the Australian Bragg Centre for Proton Therapy under construction further down North Terrace as part of the Adelaide bio-medical precinct, is named."

"By supporting our best and brightest young medical scientists we are investing in healthy futures not only for our own community, but around the

world where needs are pressing."

"Rod and I congratulate the Lions Medical Research Foundation for backing our "home grown" medical researchers through the scholarship program."

Indeed, the work of the Lions Medical Research Foundation, in supporting and assisting the development of 'home grown' medical researchers, can not be underestimated.

Supporting South Australian academics by offering financial assistance to gain their PhD's, while remaining in this state, is a large part of the foundations drive to support the health and

wellbeing of our community.

Emma Cheney completed a Bachelor of Health and Medical Sciences (majoring in Medical Science) at the University of Adelaide in 2019.

Emma's research work, under the support of this scholarship, will focus on novel immunotherapies targeting a protein called Gremlin1 and tumour supportive macrophages.

From Her Excellency, "I am sure I speak for everyone here in wishing you (Emma) the best for your research and your future career. We look forward to hearing of your progress."





Around the Clubs



Above: Rostrevor Lions Club - Happy Father's Day from Bunnings Windsor Gardens.



Above: Angle Vale Lions Club with City of Playford Mayor Glenn Docherty to celebrate their joint project.



Above: Gawler Lions Club - Opening of 75th Anniversary plaque in recognition of 75 years of Lions Australia.



Above: Gawler Lions David and Nick with ALHD trainee puppy Huey.



Left & Above: Paralowie Lions Club inducting and welcoming new member Sharon.



Above: PDG Tony Pederick OAM inducted 4 new members at Maitland Lions Club.



Above: Clare Lions donated \$1,000 to the Royal Flying Doctors Service.



Above: West Lakes-Seaton Lions cooking at the Uniting Care Reconciliation Day at Osborne Community Centre



Above: Lion Milton Medlow presenting guest speaker Robert Nitschke with a certificate of appreciation - Barossa Valley Lions Club.

Lions offering free community meals



Fin Hansen
REPORT BY

KADINA Lions Club has launched a Community Meals initiative in partnership with the Kadina Church of Christ.

The monthly program has already supported community members with evening meals at two events in August and earlier in September.

Club secretary Aaron Phillips said about 26 people attended the September event, with the initiative already seeing growth.

"This is a great opportunity for people who are socially isolated to get some company and interaction whilst enjoying a nourishing meal," Mr Phillips said.

"People have been coming for a variety of reasons, such as being homeless or

just to enjoy someone else's company.

"The current housing crisis, plus the cost of living have made times very tough on people."

"People are not asked about their circumstances when they come for a meal."

"So far, we've seen people ranging from babies to pensioners come for a meal, so this is meeting a variety of needs in the local community."

Kadina Church of Christ pastor Phil Charles said he hoped the program would make a difference in the community.

"This unique service will give people some encouragement, support, and the ability to join as a family," Mr Charles said.

The initiative will be held 6pm to 8pm on the second Wednesday of each

PLAYING THEIR PART... Kadina Lions Club members Gary Ferrett, Charmaine Dayman, Gerry van Niekerk, Aaron Phillips and David Gould host their second Community Meals initiative on Wednesday evening, September 14.



Making the most of the Sausage Sizzle

What are you doing? Cooking sausages to make a few hundred \$\$, or participating in a membership drive by taking advantage of the opportunity to do both at the same time.

Sausage sizzles are a great time to talk to members of the public about Lions and try and find out whether they would ever consider joining the world's number one service organisation. It's a good time to raise the subject because the sausage sizzle is considered safe and an environment where one can expect a bit of friendly, non-threatening banter, so let's make the most of the opportunities offered.

What are the key objectives of the sausage sizzle? There are four key reasons why we stand out in the heat or cold or rain cooking and selling those sausages and onions to then return home smelling like that BBQ we have cooked over the previous few hours. I see the following, as the reasons we participate in sausage sizzles:-

1. To raise money for our club projects (general revenue or specific project)
2. To improve our exposure in the community
3. Provide a relaxed pleasant environment where fellow Lions can come together and enjoy each other's company e.g., part social activity
4. Use the opportunity to broaden our membership, thereby enabling us to service our community in an even better way.

If we are going to maximise these opportunities, then we need to put a bit of thought into the whole exercise so that we can take great advantage to sell our Lions Club. OK, what can we do besides cooking a great snag?

1. Have good signage, make sure the public know who you are. Tear drop banners are cheap or try A3 or A2 size A frames from Officeworks. There is new marketing material which are great, get them from Newcastle HQ

www.lionsclubs.org.au. Make sure you all wear your club shirt, and the Lions BBQ apron (even the ALCCRF Lions Biggest BBQ apron, which could initiate some great discussions like Lions supporting the Genome Project)

2. Have membership handouts to give to interested potential members. "There is a lot more to Lions than barbeques" is a good one. Better still, make your own, talk about your club's projects past and current, with current contact details.

3. Have one free Lion as the "greeter", the one to engage with the members of the public while the others serve/cook. Often our cooks get really busy and do not have the time to chat with the public. We need to show interest in the people who are showing signs that they are interested in us.

4. Have fun at your BBQ. There is nothing more enticing than a group who have music playing and friendly banter.

5. Always have a donation tin on the table alongside the sauces. Many people will make a donation as well as buy the snag. Some will just make a donation.

6. Have a sign identifying what project the funds will go to. People are more willing to donate or spend if they see a real project that will benefit from the snag sales, e.g. flood victims in northern QLD, bushfires in VIC/SA etc.

7. Be prepared to answer the question "What do Lions do?" Have your 30 second "elevator speech" ready and rehearsed. All clubs and areas are different, so write your own elevator speech. Just be prepared to answer the question.

8. Respect them and their time. If they say they are too busy now, then say, "may I call you in 6 months time to see if your 'My time' has improved. If yes get the contact name and phone number, AND CALL WHEN YOU SAID YOU WOULD. Always follow-up when you are given contact details.

9. If they say or hint they are interested, then grab the opportunity and invite them (ie Just Ask!) to join you



in one of the approaching club events. Suggested priority for selecting the event to invite the prospective member to are social events first, project activities second, guest speaker night third and then work meetings. (Don't delay though just to suit the above order).

10. Make sure members are aware that you are bringing a prospective member to the meeting, so that the club makes sure it puts on a good showing or impression. If they enjoyed the meeting, sign them up there and then!

In fact, here is a challenge for you all. Write your 30 second elevator script and send it to the MD201 GMT team, attn. Rob Royal, GMT Retention Chairman at rob.royal@adam.com.au.

The best 3 will be published in the next District Newsletter and the winners will receive a special Lions Australia award.

PDG Rob Royal
MD201 GMT Retention Chairperson





Australian Lions Hearing Dogs Update

During the month of September, Australian Lions Hearing Dogs Bear and Elroy were delivered to their Deaf recipients! Bear and Elroy were Hearing Dog #24 and #25 that ALHD have delivered so far, free-of-charge, in 2022.

Bear is a Pomeranian x and Elroy is a Terrier x; both boys are from Yorke Peninsula (YP) Puppy Rescue and both are fantastic Lions Hearing Dogs; cream of the crop. Because of Heather from YP Puppy Rescue, who had thought they would make fantastic candidates for our program, ALHD were lucky to have these two pups graced us with their presence. Bear has been such a favourite in our talks and demonstrations out in the community, and Elroy won the hearts of many with his mature, easy-going and respectful personality. Now, they each

have a very lucky recipient who have many years ahead with their new Hearing Dog partnerships, thanks to the support from many Lions Clubs around Australia.

It is clear these two boys are well loved amongst our staff and volunteers and, while they will be dearly missed in the Training Centre, ALHD wishes them well settling into their new homes and is excited to see the difference they will make to the lives of their recipients.

We would like to thank each Lions Club for all the support given to ALHD and know that we wouldn't have been able to accomplish the wonderful work we do without your help.

To continue to support Australian Lions Hearing Dogs, please discuss with your Lions Club about making a Christmas gift to our wonderful Hearing Dog or Medical Alert Dog programs, and continue changing the lives of many Australians.

For a discussion on how to support, you can contact Development Director, Alix Katala, on 08 8388 7836 or

alix@lionshearingdogs.com.au.

Otherwise, you can make a donation below:

Account Name: Lions Hearing Dogs Inc
BSB Number: 035 094 (Westpac)
Account Number: 118 965

Keep an eye out for our Lions Clubs newsletter in the coming months for more exciting updates and stories on how Lions are helping us change the lives of the deaf and hard of hearing.



Lions unveil sign marking 75 years

BRENDAN SIMPKINS

A COLD and damp Sunday morning didn't deter the Lions Club of Gawler as it unveiled a special, commemorative sign at its headquarters.

Coinciding with the annual Sunday markets at the Gawler Railway Station, members of the local Lions club, as well as the public and staff from Rail Care, came together to mark the occasion.

Club secretary David Schwartz said members had been working hard in recent weeks to get the precinct looking spick and span for the event.

"A couple of years ago when Covid hit we had the place looking good, but then we were told we couldn't come here," he said of their early greening project.

"We had just planted 200 but consequently they died because we weren't here for six months.

"This is the start of a rebirth."

The club has been working alongside Rail Care, a program of the Department of Infrastructure (DIT) and Transport, to deliver the project.

Rail Care sponsored the delivery of the sign and provided plants to

refresh the station precinct.

As reported by *The Sunraysia* on July 20, the sign honours the 75th anniversary of Lions Australia, which will take place in September.

A DIT spokesperson said the sign recognised the "long-standing contribution" of Gawler Lions to the upkeep of the wider station precinct.

"Dedicated volunteers have cared for the station's gardens and helped to maintain its heritage features for more than 20 years," they said.

"The department would again like to thank all of the volunteers involved for their hard work, as well as Libby March and David Schwartz for working closely with our Rail Care team to achieve this great outcome."

Made from 10m thick steel, the sign has been laser cut and pays tribute to not only the organisation as whole, but also the local branch.

In the middle is a large 'L', which acknowledges the Gawler club's formation in 1967.

The sign is also illuminated at night, with blue lights accentuating the writing on the outer circle, and white light doing the same for the centre piece.



Lions district governor Zig Osis, Department of Infrastructure and Transport chief executive Jon Whelan and Gawler mayor Karen Redman cut the ribbon on Sunday morning. INSET: The commemorative sign at the Gawler Railway Station which was unveiled on Sunday.

PHOTOS: Brendan Simpkins



PRIME MINISTER

MESSAGE FROM THE PRIME MINISTER

**LIONS AUSTRALIA
75TH ANNIVERSARY**

Congratulations to Lions Australia on 75 years of giving back to your communities and to our nation.

Lions have always known that in times of crisis and challenge, we're stronger together. In some of our most difficult days—during floods, fires and pandemic—the Australian Lions have stood with vulnerable communities.

But Lions also recognise that even in the best of times, there will be some Australians undergoing hardship or in need of a helping hand. That's why Lions focus on the things that have an impact on all of us, every day.

In fields like health, supporting our young people, and the environment, where there's a need, there's a Lion. Whether you're teaching kids to fish in Carnarvon, delivering eye health programs in Cairns, or rehabilitating a wetland in Clare, Lions are making a real difference and helping build a stronger Australia.

Lions Clubs grow from communities—they shape you and you, in turn, give back to them. These connections run through your long and proud history, giving meaning to your actions and purpose to your compassion.

May this anniversary year bring new energy and devotion to the great work of service performed by Lions Australia.

The Hon Anthony Albanese MP
Prime Minister of Australia

September 2022

The Prime Minister's letter highlighting the work of Lions including the Environment and selected the Gleeson Wetlands in Clare which was a great example of cooperation between the Clare and Gilbert Valleys Council and the Clare Lions Green Team led by the now Multiple District Environment Projects Coordinator, Pat Williams. All involved need to be proud of a now nationally acknowledged example of Lions working in our community.

"Laugh my friend, for laughter ignites a fire within the pit of your belly and awakens your being."

- Stella & Blake

Club Jokes

Two antennas met on a roof, fell in love and got married.
The Ceremony wasn't much, but the reception was excellent.

From Cowell Lions Club

A bloke sent twenty different puns to his friends, with the hope that at least ten of the puns would make them laugh. No pun in ten did!!!!!!

From Cowell Lions Club

Wordplay: Smoking will kill you. Bacon will kill you. But smoking bacon will cure it.

From Modbury Lions Club

Riddle Corner

1. What tastes better than it smells?
2. What kind of ship has two mates but no captain?
3. Which word in the dictionary is spelt incorrectly?
4. What can fill up a room but takes up no space?
5. What is taken before you can get it?
6. What do you throw out when you want to use it but take in when you don't want to use it?

ANSWERS
1. Your tongue 2. a relationship 3. incorrectly
4. light 5. your picture 6. an anchor



From Lions Club of Stansbury Dalrymple



From Lions Club of Modbury



From Lions Club of Stansbury Dalrymple

Please send us your jokes and riddles to be shared with the District.

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