

DG Zig's Zany Zimbis

Lions 201C1 Monthly Newsletter

September 2022

DISTRICT NEWSLETTER



WHAT'S INSIDE

Lions and United Nations

Lions Clubs International has been working with the United Nations for over 75 years and was approached to help charter the NGO section.

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Burnside Lions Club Celebrate 60th Birthday

Read a the Burnside Lions Club's 60th birthday celebrations. A club with a great history, passion and inspiring members.

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The Value of our Lions Clubs Intrapreneurs

Understand the value of harnessing an entrepreneurial environment at club level.

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What is Zig's Zimbis?

Meaning

Noun (plural of Zimbi)

A cowrie shell. Once used as a form of currency in parts of Africa.

Each month, our district newsletter will feature a new name, but always starting with the letter Z.

What interesting "Z" word will our District Governor use next? There are a lot to choose from, so stay tuned.



September 2022

MD 201C1

MONTHLY NEWSLETTER

Welcome to the September edition of the C1 District Newsletter.

Thank you to everyone who contributes to this newsletter each month. It is fantastic to have such a variety of content to work with.

Please remember to send through your articles and notices by the 20th of each month, for inclusion in the following month's edition. Items received late are not guaranteed for inclusion, and may be filed ready for the following month.

If there is something you would like to see included in this newsletter, please send through your feedback and ideas.

Don't forget to check out the district website where you can find a full archive of past newsletters: www.lions201c1.org.au

Yours in Lionism,
Petrea Stacey
Editor

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DISTRICT SOCIAL MEDIA

Twitter: [@lions201c1](https://twitter.com/lions201c1)
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District Governor's Note

This period up to December is a busy time for myself, Peter Komdorfer as 1VDG and Steve Fawcett as 2VDG in visiting clubs across the District, meeting members and learning what the clubs do in their local areas.

For me, it is great to meet members from the clubs who I have never met before, the opportunity to chat with them and to learn what each club, large or small, is contributing to their communities.

Although September may herald the beginning of Spring, the cold weather may be making some of us Zowerswopped (grumpy or ill natured). Spring is the time nature starts regrowth from dormancy, a similar situation that Lions goes through regularly. Within our District, the Executive team is exploring avenues for creating partnerships with other organisations that can allow members to provide service in the community in different ways beyond the well known BBQ's they many clubs provide at different venues.

So whilst having Zakouska (Russian hors d'oeuvre caviar sandwiches with sour cream dip served with vodka), Zampone (Italian stuffed pig's trotters with spicy ground pork), a Zeppole (Italian doughnut) or two or even Zabaglione (Italian Dessert) is good, let's all celebrate the change of season with a Zapateado (Flamenco dance) or a Zapateo (Cuban dance), for those that can dance; and for others like me who have no rhythm get out and about and show your enthusiasm for providing service to the community.

On the environment focus area, the District, with strong leadership by Pat Williams as the C1 District and also MD Environmental Coordinator, is considering several opportunities for members to be involved with that do not necessarily require raising funds, or hard physical labour. Whilst this is the early stage of any relationship I hope that clubs take up the opportunity to get involved locally in an environmental area, an area that is one of the focus areas of Lions International.

I encourage members to join in the monthly Zoom sessions arranged by PDG Meg Butler as the District GLT coordinator to hear more about different aspects of Lions and to gain different ideas that you may be able to use in your club.

With the District Convention next month, the ever important aspect of seeking future leaders for the District becomes apparent. As the District Governor I am considering how we can provide support to potential candidates to attend the numerous Lions Learning programs as an investment in our future. Further details will be released once we have definite details for the benefit of members that are considering taking on leadership roles at club and District level. I hope to see many of our members at the District Convention over 21 -23 October at the Eagle Function Centre with the dinner function at the West Lakes Golf club.

In closing, the main message from our International President Brian E. Sheehan is "HAVE FUN" especially whilst serving to community.

DG Zig Osis



A Presidency that Took Flight in Bird Island

To know Brian Sheehan is to know Bird Island, a small town in Minnesota where family and community are nearly one and the same. Families take care of one another, and neighbours look out for each other. It's safe. It's trusting. It's close-knit.



Sheehan said "Everybody knows everybody, and everybody watches out for you." If you need help shoveling the sidewalk or a hand moving, chances are help is right next door. This sense of community, and the feeling of connection it brings, helped shape the life of Sheehan. And so did his family, who were more than just great parents and good neighbours. They were Lions.

His father was a founding member of the Bird Island Lions Club in 1964, and he's proud of that heritage: "We're part of a fourth-generation Lions family." Even the grandfather and father of his wife, Lori, were both Lions.

Service was simply a part of his childhood, from delivering Meals on Wheels to selling Christmas trees and then collecting them for his local Lions club bonfire. "At 6 years of age, and in a small community, and with all the things they wanted done, we just tagged along."

As he grew up, he became more and more involved in Lions, cooking homemade sausage at Lion events and taking part in the local demolition derby. Eventually, he joined Lions himself in his 30s. "I made that decision to be part of this organisation. It wasn't something that was brought on by my dad necessarily, by him asking me." He knew that Lions were there making his community—and communities around the world—even stronger. Even better. Even closer.

Brian Sheehan also knew at an early age that the best way to make his contribution to his community was to first make something of himself.

President's Message

"Together We Can" with International President, Brian Sheehan

We accomplish amazing things together every day because of what you give. And while giving takes many forms, one of the best is your ongoing support of Lions Clubs International Foundation (LCIF). Because that's how we ensure that our biggest projects succeed. And like all things Lions, it starts with you and your club.

The work of LCIF is so important. And you can be a part of it by making a donation, by applying for a grant to take on even bigger projects, and by sharing your LCIF stories and videos. Because the more that our communities know about LCIF, the more our foundation can magnify our service at home and around the world. We're all working together to make a big difference. And when we all give a little, we can accomplish so much.

Make a great day,
Brian Sheehan
International President



Achieving Great Things Together

Share the Joy of Being a Lion

When our clubs grow, so does the kindness we bring. It takes healthy clubs to keep our service going, our members happy and our communities strong. When we invite family, friends and neighbours to join us, we increase what we can do together. And the fun we have together.

Keep our Foundation Strong

Our service is powered by our foundation, LCIF. Together, we take on bigger projects that lead to bigger impact and bigger change, where we live and around the world. Let's celebrate the success of Campaign 100, and let's continue to support our foundation and the future of service so we can magnify our impact.

Think Big When We Serve

Let's think about how we can make the projects we love even better, and let's look for new ways to support our global causes because real change starts with big ideas. Don't shy away from taking on a big, daring project, and be prepared to be amazed at what we can do together.

Be a Local Advocate

Lions are leaders in their communities, and our service and our voices matter. So be a champion for a local cause. Create awareness, education and change. Become a local leader - and a vocal leader - for your club, your causes and your community.



Global Leadership Team Update

Thank you to everyone who 'tuned' in for Thursdays Zoom session – starting a Leo's Club and engaging with the youth of our community.

Kai and Ruth Spence 'zoomed-in' from Queensland and gave us an informative presentation on how to start a Leo's club.

Kai and Ruth are inspiring with everything they have achieved. Both are 'Leos of the Year', passionate about Lions and Leo's and raising their family - a one year old, a two year old, and a baby.

They gave us many ideas on starting a Leo's club, offering suggestions on who to approach and how.

Further information on the Leo's program can be found here - [Leo Clubs](#)

They will also be giving a presentation at our Convention which will give those who missed out the opportunity to hear them.

The July session of 'myLion -help is here' was well received and hopefully helped with those troublesome issues that occur when recording activities. If you need more assistance please contact David Schwartz.

These Zoom sessions are for ALL Lions. The link is sent to the clubs the Monday prior to the meeting. Please consider joining in regardless of your role this year.



Zoom Information Workshops/Meetings

Zoom link will be sent to clubs prior to the date

Date	Topic	Time	Presenters
Friday 9 September 2022	Youth of the Year Program	7pm - 8pm	MD YOTY Coordinator PDG Ken Bradford
Thursday 22 September 2022	Conducting a Community Needs Assessment	7pm - 8pm	GST Coordinator Steve Fawcett
Thursday 27 October 2022	Service Ideas	7pm - 8pm	GST Coordinator Steve Fawcett
Thursday 24 November 2022	Membership Ideas	7pm - 8pm	GMT Coordinator Alex Coates

International Institutes

Information can be located in Learn on MyLCI

<p>Advanced Lions Leadership Institute</p> <p>4 November 2022 to 6 November 2022</p> <p>Denpasar, Denpasar City Bali, Indonesia</p> <p>Due Date 8 September 2022</p>	<p>Faculty Development Institute</p> <p>2 December 2022 to 4 December 2022</p> <p>Perth, Australia</p> <p>Due Date 3 September 2022</p>	<p>Lions Certified Instructor Program</p> <p>14 April 2023 to 17 April 2023</p> <p>Christchurch, New Zealand</p> <p>Due Date 14 January 2023</p>
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For any training needs or enquiries, please email the team at GLT.C1@lions.org.au



Foundation Spotlight: Lions Australia Diabetes Foundation

Formerly known as the Lions District 201N3 Diabetes Foundation.

The principal aims of the Foundation are to fund research into the causes and treatment of diabetes, and to raise awareness and provide education to the end that there may be improved care and support for people who have diabetes, or are at risk of developing diabetes.

There are three (3) trustees, each of whom is elected for a three (3) year term by the 201N3 District Convention. There is also a Management Committee of four other Lions appointed by the trustees.

Lions and Leos clubs from every district in Australia have generously supported the foundation.

The trustees welcome applications from all clubs in Australia to provide grants in furtherance of the Foundation's aims.

Diabetes

Diabetes is becoming more prevalent in the community. Whether because of better diagnoses or because of our lifestyle, it is a growing problem that can affect children as well as adults of any age. Lions International has adopted diabetes

as one of the 5 global causes. It is hoped that with help from the worldwide Lions organisation improvement in control and treatment will be found.

Types of Diabetes include:

- Type 1 Diabetes
- Type 2 Diabetes
- Gestational Diabetes

John Hayes Honour Award

The late PDG John Hayes OAM was the long-time chairman of the Foundation and was involved in the formation of the Foundation in 1992.

For a donation of \$1,000 payable over two (2) years, you can show your appreciation by presenting an award plaque to a person, or organisation, and at the same time, you are assisting the Foundation to make grants to various professors, researchers, and doctors in their work to assist diabetics.

For more information

Lions Australia Diabetes Foundation
PO Box 455, Mayfield NSW 2304
diabetes@ozemail.com.au
Lions Australia website - Foundations



Diabetes Symptoms

As a person is diagnosed with diabetes every five (5) minutes.

Symptoms can be one, or any combination, of those listed below:

- Being excessively thirsty
- Passing more urine than in the past
- Feeling tired and lethargic
- Always feeling hungry
- Having cuts and sores that heal slowly
- Blurred vision
- Itching skin infections
- Unexplained weight loss
- Mood swings
- Headaches
- Feeling dizzy
- Leg cramps

If any of these symptoms occur, please see a doctor and through a simple test, the condition can be diagnosed.

Please always seek advice from your GP if you have any queries or concerns.



Lions and United Nations

Lions and the United Nations have a long and rich history. In 1945, Lions International was asked to participate in the development of the United Nations Charter signed by representatives from 50 countries. In 1947, in recognition of the importance of the mission of Lions International, the United Nations granted Lions consultative status with the UN Economic and Social Council, committed to the welfare of people worldwide.

Lions Day with the United Nations

Lions Day with the United Nations (LDUN) events contribute to Lions' success in the areas of awareness, education, and change. They are a platform for educating Lions and Leos, toward the UN's Sustainable Development Goals. They inspire Lions to take on new service opportunities and work collaboratively in their communities to bring about change. The locations are selected every year by Lions International's International President.

Lion Representatives Program

The Lion Representatives build relationships with UN officials. They collaborate to find solutions to global challenges and support the UN's Sustainable Development Goals. The Lion Representatives are appointed on an annual basis by Lions International's International President, in consultation with the organization's executive officers.

Two successful partnerships between Lions and the United Nations are the United Nations Office on Drugs and Crime and the World Health Organization.



SPOTLIGHT: Zone 2 Chair & Youth Chair

Name: Andrew Stacey
(City of Adelaide)

How long have you been a Lion?
Joined in April 2014

Why did you join Lions?
My wife and father-in-law were involved and I was keen to give back to the community (again).

What Lions positions have you held?
Club: President, 1st VP, Leadership Chair, Membership Chair, Lions Get Active Coordinator, Life Blood Team Coordinator, Peace Poster Coordinator, Fred's Van Coordinator

District: Youth Chair, Youth of the Year Chair, GLT Member, Zone Chair, Leo Chair, Youth Exchange & Camps Chair, ALWF Chair and GMT Focus Team (New Clubs) Member

What's your favourite memory or experience in Lions?

MC of District Governor Handover and various Club Handovers, Club events and District Youth of the Year Final. Plus live streaming District Peace Poster Competition

Favourite quote: "There's no such word as can't. Can't is an attitude"

Favourite movie: The Shawshank Redemption

Favourite TV Show: The Big Bang Theory

DG Zig's Photography

This month's newsletter cover features parrotfishes.

Parrotfishes are a group of about 90 fish species regarded as a family (Scaridae), or a subfamily (Scarinae) of the wrasses. With about 95 species, this group's largest species richness is in the Indo-Pacific. They are found in coral reefs, rocky coasts, and seagrass beds, and can play a significant role in bioerosion.

Parrotfish are named for their dentition, which is distinct from other fish, including other labrids. Their numerous teeth are arranged in a tightly packed mosaic on the external surface of their jaw bones, forming a parrot-like beak with which they rasp algae from coral and other rocky substrates (which contributes to the



Parrotfishes
Photograph taken by DG Zig Osis

process of bioerosion).

Maximum sizes vary within the family, with the majority of species reaching 30–50 cm (12–20 in) in length. However, a few species reach lengths in excess of 1 m (3 ft 3 in), and the green humphead parrotfish can reach up to 1.3 m (4 ft 3 in). The smallest species is the bluelip parrotfish (*Cryptotomus roseus*), which has a maximum size of 13 cm (5.1 in).



PR Trailer Bookings 2022-2023

The PR Trailer comes with all the PR materials you need, but you are welcome to utilise your club's own materials. We just ask that the trailer is returned in the same condition it was picked up.

You will need to organise to pick up, and drop off, the

trailer from Gawler. The storage area is not accessible over the weekend.

Please note that the trailer will need to be signed for when picking it up.

Bookings are below. Remember to plan, and book early.

Club	Dates Required	Event
Salisbury Lions Club	18 September 2022	Dogs Day Out
Balaklava Lions Club	24 September 2022	Balaklava Races
Torrens Valley Lions Club	30 October 2022	Gumeracha Sunday Market

The trailer will either be at the Lions Club of Gawler or The Lions Club of Elizabeth Playford.
 Contact VDG Peter Korndorfer on 0402 483 059 or korndogg1866@gmail.com for more information.



CALLING ALL DOG LOVERS

Dogs Day Out returns to Mawson Lakes
 Run by Lions Club of Salisbury

Free Community Event - open to all!

Dogs are welcome to come too!
 Must be on a leash due to Council bylaws.

When?

Sunday, 18 September 2022

Where?

Mobara Park & Denison Centre
 Mawson Lakes

What?

Local market stalls & food trucks, vet checks, competitions, giveaways, and much, much more!

RSVP: <https://fb.me/e/1l2MgpVli>

Contact Beau Brug for more information
beau@jdl.net.au




The South Australian iconic event, Lumary City to Bay Fun Run, is the biggest fun running event in our state's history.

Whether you're an elite runner, recreational jogger, or just enjoy a stroll, this event is open to everyone; all ages and abilities. It is a totally inclusive event. Register and participate, while raising funds for your projects or chosen charity. Of course, these steps and distances will also count towards C1 Making Strides.

This year, Lions have also been given the opportunity to volunteer on the day, across all areas of the course. So, if you're not participating in the run itself, why not get members from your club together and volunteer, helping making this great event a success. We will be helping on the day at the finish line, handing out Gatorades!

If you'd like to volunteer on the day, please contact Charlie Robinson on 0424 644 624 or charliehelenrobinson@gmail.com

Scammer Alert

Most of us have been the target for one or more scams over the internet and now increasingly using our mobile phones, you know the calls, the call from Microsoft (we have detected), or Amazon, (we have a delivery) etc etc. Well I have been effected by these scammers in the last two weeks. I started getting phone calls from people all round Australia saying " I missed your call, or "did you ring me.." They received a call from a scammer and did not answer the call for whatever reason. Like all unanswered calls they show up on the call register of our mobile phones as a missed call, and of course the scammers never leave a message. Some users on noticing the missed call, will then redial the missed call number (not a smart move, but reasonably safe). The problem is, the missed call number displayed is MY PHONE number.

What the scammers can now do is hijack someone's phone number, then make all their calls (computer generated) and the receiver will have a "hijacked" phone number displayed, not the real number that they use. The calls did not come from my phone, they just display my "hijacked" number on their phone.

So one morning I started getting all these "did you call me calls". At one stage I was getting 10 or more an hour, 24 hours a day. It was driving me crazy, so what could I do? Well I reported it to my phone carrier and fortunately there is a solution. Fantastic! I was informed that the carriers can implement a ban on their network (in this case Telstra) that stops it taking place. This blocker takes up to 3-5 business days to take effect. They also pass this on to the other telcos who place the blocker on their network as well. This blocker can stop me calling some 1800 or 1300 numbers, but that is better than being swamped by all these "did you call me" calls from scammer targets.

By the way, the blocker works, after about 3 days, the "did you call me" calls stopped. Yippee! So my advice to members is if you start getting calls from people you did not call saying "you rang me" or "sorry I missed your call", then your phone number has been hijacked, but by contacting your telco, they can fix it. Of course they also offer the other option, "change your number" but this may be the only option.

PDG Rob Royal
GMA Coordinator



Diabetes Awareness in Port Augusta

On Saturday 6th of August, the Port Augusta Lions Club held its 4th annual Strides Diabetes Awareness walk.

On a chilly but clear morning, participants chose between a 2.5km or 5km walk around the Eastern foreshore in Port Augusta.

Water and jelly bean stops were positioned along the way, before returning to the starting point to enjoy the free fruit and orange juice, or to purchase the homemade soup, chicken sausages and lean steak sandwiches on offer from the BBQ trailer, all washed down with a good cup of coffee from our own coffee machine.

The morning was a success with excellent publicity of the event in the local paper, on the radio and television - we fulfilled our objective of promoting healthy lifestyle choices in fighting the good battle against diabetes. All kms logged will be added to the Lap the Map initiative in November.

A big thankyou to all the Lions members who assisted on the day.



Welcome Lion Kat

Zone Chairperson Pat Williams attended our meeting on Thursday the 4th of August 2022, where he inducted Kat van der Wijngaart, assisted by Club Secretary Tom Wauer (Kat's sponsor Lion Scottie Milne was unable to attend), into membership of the Lions Club of the Barossa Valley. Welcome Kat!



Welcome To Our New Lions

Welcome to the C1 District Lions family

CITY OF ADELAIDE

Kaleeda Rasheed sponsored by Ray Najar

CLARE DISTRICT

Abby Casey sponsored by David Simpson

Matt Casey sponsored by David Simpson

Jools Wadie sponsored by David Simpson

Pauline Wilkinson sponsored by Allan Mayfield

Peter Wilkinson sponsored by Allan Mayfield

GILBERT VALLEY

Michael Johnson sponsored by Stuart Paxton

PORT PIRIE

Tash Kerr sponsored by John Kerr

TUMBY BAY & DISTRICTS

Trevor Franklin sponsored by Ross Powell

WALLAROO

Daniel Copping sponsored by Greg Mackrill

Moira Copping sponsored by Greg Mackrill





Burnside Lions Club Celebrate 60th Birthday

A Civic Reception hosted by Mayor, Anne Monceaux, was held in The Burnside Ballroom on Saturday 13th August to celebrate the 60th birthday of The Burnside Lions Club and the service by members to the local community.

Around 100 guests gathered for this event among those present were The Honorable James Stephens, (Federal Member for Sturt), District Governor Zig Osis, Past District Governor Rob Royal, members of 16 Lions Clubs from District C1, Councillors, 15 past members of Burnside Lions and volunteers.

In his address to the meeting President Rob Crookall summarized the history of the club.

On 4th May 1962, twenty-nine members gathered at The Fernilee Lodge for the Charter Meeting. The club grew in membership from this point and became very active in the community.

On 19th March 1966, the then President W Madigan handed over to The Burnside Council a building in Union St., Dulwich which was to become a home for The Senior Citizens Club and is today The Dulwich Community Centre.

This project at the time cost \$12400 and the club contributed 1140 man hours, an example for those to follow and of how Burnside Lions has contributed to the community.

Over time there were to be golf days in 1995, the club donated \$1600 to The Hutt St. Centre from one such event.

Events to follow that were convened by the club were The Annual Fair in Tusmore Park, Carols In The Park, The Art Show, tree planting in Dashwood Gully, the installation of a running and fitness track at The Hub.

Air conditioning was installed at Eastwood Community Centre and The Burnside Scout Hall. The Burnside CFS kitchen was updated and the first computers installed in The Burnside Library came from funds raised by Burnside Lions.

Many may well recall selling donuts, burgers and sausages with chips from the club-built food van.

Burnside Lions has been a major sponsor of Lions Hearing Dogs and continues to contribute to this project.

Lion Brian Sawley might well remind members of times spent on his fruit block in The Riverland picking oranges to raise funds for the club, whilst sampling the local wines and having much enjoyment.

Lion John Dunn, with support from fellow club members, has developed The Digital Images For Aged Care Facilities Project giving much joy to the elderly.

In 2022, Burnside Lions Club has 16 active members and has

a group of 6 volunteers supporting programmes.

One of the volunteers and a vital part of our club future is Jessica Neal. Jess is a 17 year old 'Lion In Waiting' who gives of her time each week as a volunteer in our Bargain Centre - she is an example and inspiration to all.

Secretary Barry Taylor has Lions Cake sales under his direction, this continues to raise substantial funds for the club to distribute to the needy.

Today, the major project of the club is the ongoing sales of second hand goods from its Bargain Centre at Glen Osmond. We engage members in all aspects of this including the essential BBQ under direction of Lion Michael. We average an income of \$1700 per month from sales which has enabled us to direct funds to emergencies and local charities.

The challenge today, and into the future, is the developing of membership - the club has established good facilities with support of government and council which could well be unused if membership does not grow.

In closing, President Rob called upon DG Zig to present Monarch awards for 50 Years of service to Past President Brian Sawley and Past President Barry Taylor.

Thanks were extended to all members of Burnside Lions Club for their efforts in all aspects of the planning and preparation for the afternoon tea which followed and to the members of Burnside Orchestra who provided appropriate background music before and after the meeting.

A further social dinner will be conducted on Tuesday 25th October at The Arkaba Hotel, here there will be an open microphone and ongoing visual display of photos from the past for members and guests to reminisce 60 years of service. This will be a 2 course meal at a cost of \$25. Dinner starts at 6.30pm

If any Lions from other clubs would like to attend what will be a fun night, please call Rob on 0413 002 445



Members celebrating at the club's 60th birthday celebrations



DG Team Visits Around C1

DG Zig, 1st VDG Peter and 2nd VDG Steve, have been busy visiting clubs across our district.



Cowell Lions Club



Adelaide Italian Lions Club



Cummins Lions Club



Athelstone & Rostrevor
Lions Clubs



Wudinna Lions Club



Lock Lions Club



Balaklava & District Lions Club



Gawler Lions Club



Angaston & District
Lions Club



Barossa Valley Lions Club



West Beach Lions Club
Congratulations Lion Graham Brown for 50 years service

If you have photos from DG Team visits, please send them to us to be included in future editions of this newsletter.



**BUILDING
THE FUTURE**
Lions 201 C1 District
Convention 2022



Hosted by Charles Sturt Lions Club
with support from West Lakes Seaton, West Beach and Richmond Lions Clubs

lions201c1convention.com.au

The Friday AGM and Saturday Convention will be held at the Woodville West Torrens Football Club, upstairs in the Eagles Function Room, Oval Avenue, Woodville South.



The Gala Dinner will be held on Saturday 22nd October at the West Lakes Golf Club.



On Sunday 23rd October there will be a Remembrance Ceremony honouring those members and partners who have died in the last 12 months.

For further Details please contact the Lions Club of Charles Sturt Secretary and Convention Committee Secretary:
Mark Daker
Mobile: 0438 817 588
Email: charlessturlions@gmail.com

201C1 Lions District Convention 2022

October 21st - 23rd

INVITATION

TO ALL LIONS MEMBERS AND
PARTNERS

At the Eagles Function Rooms

33-39 Oval Avenue, Woodville South

With a GALA DINNER

On Saturday evening

At the

West Lakes Golf Club

26 Lochside Drive, West Lakes

Details of acceptance and payment on the
Registration Form



2022 Lions District 201C1 Convention 21ST – 23RD OCTOBER 2022



Hosted by Charles Sturt Lions Club

With Support from West Lakes & Seaton, West Beach and Richmond Lions Clubs

Convention Attendance Registration

Club Name _____

		Title	First /Preferred Name	Family Name	First Convention? Tick for Yes
Lion	1				<input type="checkbox"/>
Lion	2				<input type="checkbox"/>
Partner	3				<input type="checkbox"/>
Guest	4				<input type="checkbox"/>

Contact Details of Person Submitting Form (Preferred method of contact if required: Email: Phone: or Postal:)

Unit and/or Street No: _____ Street Name: _____ or PO Box: _____

Town, Suburb: _____ State: _____ Postcode: _____

Mobile Phone: _____ Home Phone: _____ Email: _____

Convention Location: Woodville West Torrens Football Club.

upstairs in the Eagles Function room, 33 – 39 Oval Avenue, Woodville South.

DATE	EVENT	TIME	Cost (\$)	Nº.	Total (\$)
Friday 21 st October	Delegate Registration	4.00 pm – 6.00 pm	\$45 Inc. Meals & Convention Pin		\$
	Light Meal	6.00pm – 6.30 pm			
	District Annual General Meeting including elections and motions	6.00 pm – 9.00 pm			
Saturday 22 nd October	Delegate Registration	8.00am to 9.00am			
	Tea and Coffee	9.00am – 9.45 am			
	Plenary Session - Opening Ceremony including flag ceremony & Welcome to Country	9.45 am – 10.30 am			
	Keynote Speaker	10.30 am – 10.45 am			
	Morning Tea	10.45 am – 12.30 pm			
	Guest Speakers	12.30 pm – 1.30 pm			
	Lunch	1.30 pm – 3.00 pm			
Sunday 23 rd October	Guest Speakers	3.00 pm – 3.15 pm			
	Afternoon Tea	3.15 pm – 4.00 pm			
	Guest Speaker	10.00 am – 10.45 am			
	Remembrance Ceremony	11.00 am – 12.00 pm			
	Passing of the Flags to Peterborough Lions Club	12.00 pm – 12.30 pm			
	Light Lunch and Networking	12.30 pm – 1.30 pm			

Programme subject to change

District Gala Dinner, West Lakes Golf Club.

26 Lochside Drive, West Lakes

Saturday 22 nd October	Three Course Dinner Entertainment, Raffle & Silent Auction Dress: Ladies After Five and Gentlemen Dinner or Lounge Suit	6.00 pm for 6.30 pm	\$65		\$
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Dietary needs?

First Name:

Family Name:

Gluten Intolerant: Lactose Intolerant: Vegetarian: Vegan: Diabetic:

Other Dietary requirements _____

First Name:

Family Name:

Gluten Intolerant: Lactose Intolerant: Vegetarian: Vegan: Diabetic:

Other Dietary requirements _____

Payment Methods:

Electronic

- ❖ Registrations & Payments Close: C.O.B. Monday 3rd October 2022
- ❖ Electronic Funds Transfer to: BSB: 633000 Account No: 185382488
- ❖ Account Name: **C1 Lions Convention 2022**. Please put your family name and initial as subject, and email remittance notice to Convention Treasurer: jkdosis49@gmail.com

Other payment

- ❖ Cheques to be made payable to: C1 Convention 2022
- ❖ Cheques posted to: PO Box 253, Woodville, SA 5011

TOTAL PAYMENT _____

Payment Method

Electronic:

Cheque:

Please submit completed Registration forms either by email or postal by Monday 3rd October 2022

❖ charlessturlions@gmail.com

or

❖ **PO Box 253, Woodville, SA 5011**

<i>Office Use</i>	ENTERED:
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Visit www.lions201c1convention.com.au for more information



Lions Youth of the Year

This program is aimed at students in Year 11 and 12, with competition levels being held in early 2023.



This program involves a multi-level competition: including club, district, state & national levels.

<p>PUBLIC SPEAKING Improve your public speaking skills in front of small & large groups.</p>	<p>INTERVIEW SKILLS Improve your interview skills for job interviews & networking opportunities.</p>
<p>EXPERIENCE Gain skills in answering impromptu questions and demonstrating well-rounded citizenship knowledge.</p>	<p>LEADERSHIP The program is designed to foster, encourage & develop leadership skills.</p>

CONTACT US

District Chairperson
Dragana Curak 0404 383 822
gaga28@hotmail.com

Contact your local lions club:
www.lions201c1.org.au

Second Chances at Golden Grove

Another very enjoyable dinner meeting, with our special guest Helen Glanville, the CEO of Second Chances.

Her wisdom and knowledge is amazing, she talked about our young children and youth who have had their parents in jail, and how she and her team helped so many in their life's journey with support and encouragement!

We loved hearing about the success stories, where some were able to turn their life around.

Second Chances paves a way where, with compassion and empathy, the struggling young people in our society, have a chance to live a full life, succeed to be good citizens, and perhaps make a difference!



Glenside Lions Club Art Show

The 2022 Glenside Lions Art Show website is now live and they invite you to take a look and consider which paintings you want to exhibit in 2022.

You, or an artist you know, could win the \$2,000 1st prize like Rosemary White did in 2021, Ian Burman in 2019 and Roe Gartelmann in 2018.

www.glensidelionsartshow.com.au

Applications are open until 7th October at 5pm, it might be months away, but it creeps up on you!

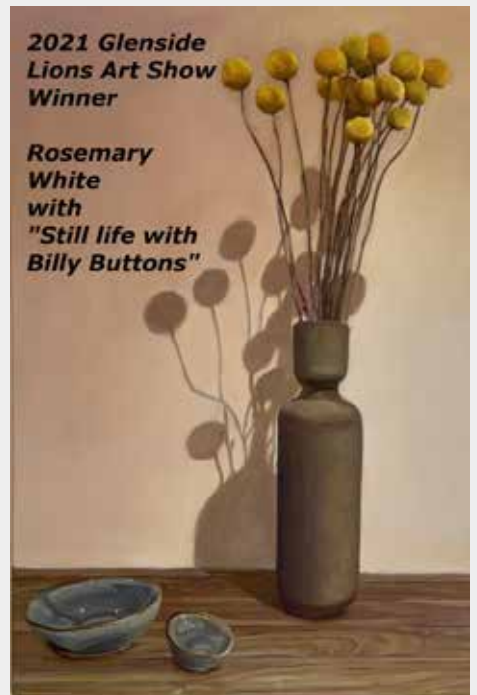
But that's not all. Is art not your thing but you still want to get involved and

help support Catherine House through funds raised? Then jump onto our art show website and purchase tickets in our Art Show Raffle which is live online now.

There are only 500 tickets available at \$20 each or 4 for \$50.

There are 10 fantastic prizes to be won including a Kogan 45 bottle dual zone wine fridge valued at \$1,700, artwork, bottles of wine, Norwood Foodland Voucher, Ken Hall Plumbers voucher, and there's even a voucher for books at the Glenside Lions Club Bookmart.

Looking forward to another great show!





News Update From Peterborough Lions

The Club will be holding a Lions Market on Saturday 1st October, 2022 in the Town Square from 9-1pm, and have been inviting local stall holders to participate, which will include arts and crafts, music, a BBQ etc.

A small Events Sub-Committee was formed and are holding fortnightly meetings to help with the planning and advertising of the event etc.

The Convention Committee have been holding monthly meetings for next year's District Convention, including Zoom Meetings with 1st Vice-District Governor Peter Korndorfer.

The Committee are looking forward to attending the District Convention in October and presenting their PowerPoint display again to promote the District Convention to be hosted by our Club and town, after it was cancelled last year due to COVID.

Plans will soon be starting for our annual Lions Senior & Aged Pensioners Christmas Dinner to be held on Friday 25th November, 2022 in the Town Hall.

Welcome into Life Membership

At our combined dinner meeting with the Kiwanis Barossa Club on Thursday the 21st of July 2022, President Paul Sumsion presented Lion John Falland with Life Membership of the Lions Club of the Barossa Valley in recognition of his 51 years of dedicated service and 51 years of 100% attendance at the club.

Congratulations John!



ALHD Welcomes New Chairperson

The Australian Lions Hearing Dogs (ALHD) are thrilled to welcome PDG Norm Alcock as the new Chairperson of Australian Lions Hearing Dogs. Norm is no stranger to ALHD, being the previous National Coordinator for the Lions Fundraising & Partnerships Committee, Norm regularly participated in board meetings for the organisation and supported where able.

Norm brings with him a wealth of experience in Lions Australia, and has shown his commitment and passion for Australian Lions Hearing Dogs, our staff, Hearing Dog recipients, and our supporters including all Lions Clubs.

Please help us in welcoming Norm aboard to our team.



Youth Exchange is Coming Back in SA

A Youth Exchange Camp will be held at Noora Yo-Long 17-20 January, 2023 - the first MD youth exchange camp in South Australia for about 10 years.

15 overseas youths, aged between 16-20, plus 5 Australians, will be attending the camp.

We are looking for youths that may not go because of the cost. District, zone or club may support them to attend.

It is a 10 day camp - 3 days around Victor Harbour and 7 days in the Lower South East.

PDG Norm Sommerville
normsommy@gmail.com



Australian Lions Wellbeing Foundation

The Australian Lions Wellbeing Foundation is formerly known as the Australian Lions Drug Awareness Foundation

Fellow Lions, Leos and friends. Some of you would have heard that the ALWF have had a change in name as well as a slight change in direction.

For over 30 years we had been known as the Australian Lions Drug Awareness Foundation, but in 2021, in order to reflect the diverse topic areas we now covered to help build happy, healthy resilient communities, our name was changed to Australian Lions Wellbeing Foundation.

Whilst our core values are still centered on drug education, we are also now focusing on wellbeing and ensuring that our communities are healthy and looking after each other. The Foundation's mission is to; develop, promote and educate the community through health and wellbeing initiatives and to encourage clubs and individual Lions to promote these initiatives within the community.

Some of our more successful programs are:

TINO (Tune In Not Out)

Tune In Not Out (TINO) is an award-winning portal style health and wellbeing website full of information to help young people navigate life's challenges.



FFF (Freedom to Feel Fantastic)

Formerly known as Fresh Faced Friday, Freedom to Feel Fantastic is a positive body image and self esteem campaign, inviting schools and community groups to help promote the message 'we all have the right to be who we want to be judgement free'



Lions Quest

Lions Quest is a social and emotional learning program for Foundation to Year 8.



Lions Quest offers a comprehensive Social and Emotional Learning (SEL) program that supports the development of happy, healthy and resilient young people who are caring and engaged members of their families, schools, and communities.

Community Grants

ALWF proudly makes small grants available to help enable the community to take positive action.

Project Future

We believe in the power of cross-generational sharing of information and understandings. Project Future invites Lions from across the country as the wider community to send a letter to the future. We hope you will get involved. Please open the following address in your web browser and take part in our short, two minute survey, to assist us in making a difference in the future. <https://alwf.org.au/future/>

For more information on ALWF or any of the above programs, please contact

Toby Crawford,
Mobile: 0418 141 236
Email: djcrawford2001@yahoo.com.au

Port Lincoln Donations

Lion Noel Hampel presented a cheque on behalf of the Port Lincoln Lions Club to Liz Trigg from Riding for the Disabled.

The club also made another donation recently to The Eyre Peninsula Communit Foundation.





Australian Lions Hearing Dogs

In celebration of International Dog Day 2022 we are introducing our very special puppy "Frodo".

Frodo is one of our newest recruits into the puppy program, and is a Border Terrier from Cherishem kennels.

Frodo spends most of his days at our National Training Centre, as he is being raised and trained by our CEO, David Horne, and his wife, Mel. Frodo has a busy life full of substance and socialisation, becoming a well-rounded puppy, to one day soon change the life of someone who is deaf or hard of hearing.

There is an amazing opportunity to join Frodo's journey and receive monthly updates on Frodo's progress, exclusive photos, and videos. Before your eyes, you will have the opportunity to watch Frodo develop into a mature Hearing Assistance Dog.

Your support will help Frodo to become a fully accredited Hearing Assistance Dog, and change the life of a person who is deaf or hard of hearing.



For more information, visit: www.lionshearingdogs.com.au

Celebrate Community 2022

Celebrate Community, an annual joint initiative from the service organisations Kiwanis International, Lions International, Optimist International and Rotary International, will take place the week of September 11 - 17, 2022.





Kindness Matters

This is a 'Kindness Matters' story from Glenside Lions Club.

During the recent floods in NSW the Lismore City Library was badly damaged. There was an appeal by the Lismore Lions for book donations to rebuild the library. At our club, Ann and Evan got to work together with our volunteers and selected an excellent range of brand new books to be shipped to Lismore. This was successfully carried out in July and the books arrived safely.



District Convention Update

Another interesting speaker presenting at our District Convention in October.

Come along to our District Convention and hear from Ann Eldridge. Ann is the Global Membership Team (GMT) National Coordinator.

The convention will be held 21 - 23 October, at The Eagles Function Centre in Woodville South, and the West Lakes Golf Club.

Don't forget to register so you don't miss out on a fantastic convention including our district's AGM and inspiring speakers.





Save the Date

The Lions Club of Elizabeth Playford will be celebrating their



*60th
Charter
Anniversary*

Saturday
25
February
2023

Invitations will be sent closer to the event



Club Charter Anniversaries

Each month, we will celebrate the anniversary of each club in our district.

September 2022

Celebrating 9 years
Angle Vale - 8 September 2014

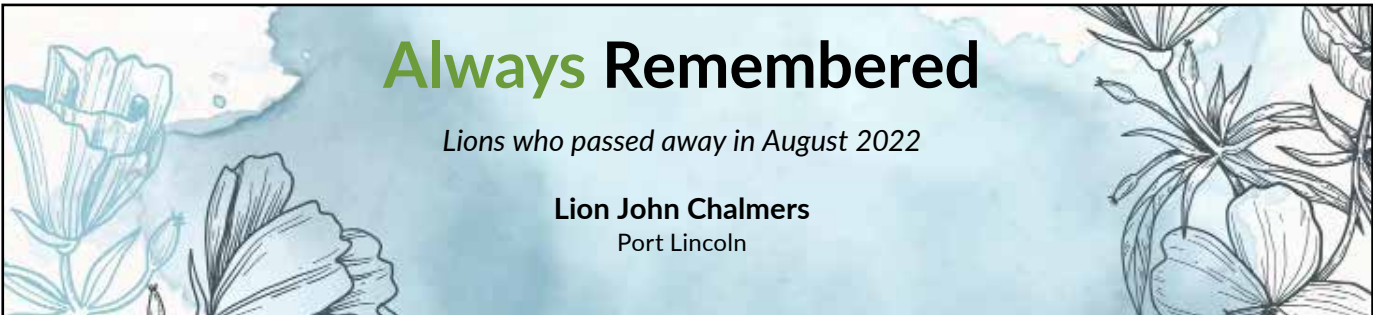
Celebrating 52 years
Rocky River - 16 September 1970

Celebrating 55 years
Gawler - 12 September 1967
Kadina - 28 September 1967

Always Remembered

Lions who passed away in August 2022

Lion John Chalmers
Port Lincoln




Lions Clubs International



Mary Poppins

Mary Poppins was travelling home, but due to worsening weather, she decided to stop at a hotel for the night. She approached the receptionist and asked for a room for the night. "Certainly madam," he replied.

"Is the restaurant open still?" inquired Mary. "Sorry, no," came the reply, "but room service is available all night."

"Hmm, I would like cauliflower cheese please," said Mary.

"Certainly, madam," he replied. "And can I have breakfast in bed?" asked Mary politely. The receptionist nodded and smiled. "In that case, I would love a couple of poached eggs, please," Mary mused. After confirming the order, Mary signed in and went up to her room. The night passed uneventfully and the next morning Mary came down to check out. The same guy was still on the desk. "Morning madam, sleep well?" "Yes, thank you," Mary replied. "Food to your liking?"

"Well, I have to say the cauliflower cheese was exceptional, I don't think I have had better. Shame about the eggs,

though....they really weren't that nice at all," replied Mary truthfully. "Oh...well, perhaps you could contribute these thoughts to our Guest Comments Book. We are always looking to improve our service and would value your opinion," said the receptionist. "OK, I will...thanks!" replied Mary, who checked out, then scribbled a comment into the book. Waving, she left to continue her journey.



Curious, the receptionist picked up the book to see the comment Mary had written.

supercauliflowercheesebuteggswerequiteatrocious!

Submitted by Ted Osborn

Environment



> **3 trillion** trees in the world

30% of the world's land area is covered by forest

> **15 billion** trees are cut down every year

46% estimated global decrease in tree count since the start of human civilisation



Lion Anniversaries

Celebrating membership milestones in September.

5 YEARS

Lion Anna Farrugia
Adelaide Italian

10 YEARS

Lion Michael Gass
Burnside

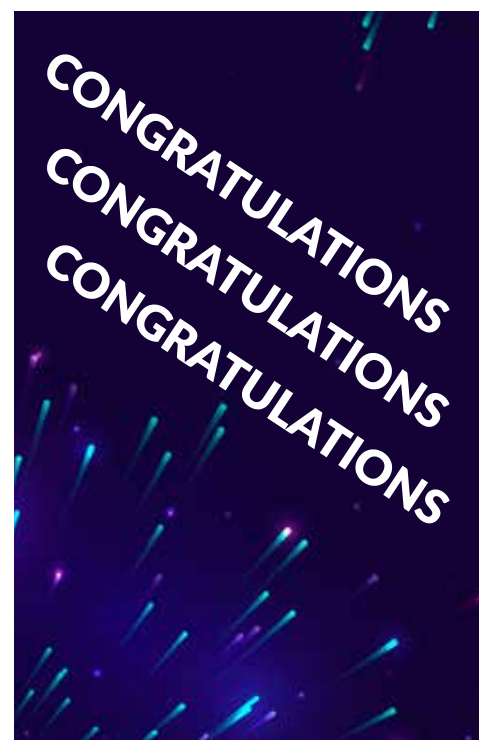
Lion Shirley Dearlove
Peterborough & District

35 YEARS

Lion Perry Valeondis
Adelaide Hellenic

40 YEARS

Lion Brian Smith
Wallaroo





National & International Awareness Days

The following dates include a variety of national and international awareness days for various organisations and subject areas that may be of interest to you and your club.

Consider organising a service event or fundraiser that aligns with the purpose and objectives of a particular awareness day.

September 2022	
1st - 31st	National Biodiversity Month
2nd	National Walk to Work Day
5th	Amazon Rainforest Day
7th	National Threatened Species Day
16th	International Day for the Preservation of the Ozone Layer
17th	World Clean Up Day
18th	World Water Monitoring Day
21st	Zero Emissions Day
25th	World Rivers Day
26th	World Environmental Health Day
29th	World Maritime Day

October 2022	
1st - 7th	Australian Wildlife Week
4th	World Habitat Day
16th	World Food Day
17th	International Day for the Eradication of Poverty
8th	World Migratory Bird Day
13th	International Day for Disaster Reduction
24th	United Nations Day

Check out the Calendar on our district website for more national and international awareness days coming up: www.lions201c1.org.au



Amazon Rainforest

The Amazon rainforest is one of the largest tropical rainforests. It received a large amount of rainfall and does not have any dry season all over the year. It is the habitat of thousands of species. These evergreen trees are cut down for a variety of vegetation. So, there is a need to conserve the Amazon rainforest. There is a need to stand for species of flora and fauna. To spread awareness regarding the importance of rainforest day.

Stretching over a huge portion of the South American continent, the world's largest and most bio-diverse rainforest is chock full of surprises. As mysterious as it is breathtaking, the Amazon remains one of the most written about and studied ecosystems on earth.

The Time is Now to conserve this specie and plant more to provide a healthy environment and habitat for the species.

Did you know?

Probably even faster than you think. A depressing 1.5 acres of the Amazon vanishes every single second and with it an average of 137 species become extinct each day. Deforestation in the Amazon alone accounts for 30% of global carbon emission, and if things continue the way they are, there won't be anything left in 40 years. Most of the destruction is to make room for pastures to raise cattle.



GMA Focus Team Update

GMA Focus Team 1 - New Clubs

Our team has been busy with writing our action plan for forming new clubs in the district. These clubs might be club branches, specialty clubs, chartered clubs, Leo or Cub clubs.

A **club branch** is formed with a minimum of five members and a parent club for support. This type of club is very useful when there are less than twenty people wanting to form a club.

A **specialty club** can be established by a group of people with shared interests such as sports, causes, cultures, lifestyles, hobbies or professions. This type of club requires at least twenty members in order to charter in the normal way.

Our team has identified the areas or suburbs in our district where there are no Lions clubs at present, and we have begun the process of contacting key community members to ascertain the level of interest from potential members. One area without a club is Streaky Bay. Don Pritchard has already made a visit to this town and worked with Garry Hodge (Lock Lions Club) to inform the community of our desire to form a club branch there. Petrea Stacey produced two colourful and informative flyers/ posters. Don and Garry are now working on distributing this publicity in the local papers, in the hope of finding potential members.

Cubs clubs are for children in Years 1 – 6. Our district has formed two Cubs Clubs so far, including The Little Roarers Cubs Club at Annesley Junior School (City of Adelaide) and Pedare Pride Cubs Club at Pedare Christian College (City of Adelaide & Golden Grove). Both of these clubs are thriving, with the students being involved in a number of projects and learning leadership and organizational skills. Petrea and I are looking for other Lions clubs with an interest in forming a Cubs Club in their local school. We are very happy to support those clubs in this process. The parent club needs to have a couple of members who are prepared to run weekly meetings during the school term.

Leo clubs are for our young people. There are three categories – Alpha for those who are 12- 18 years old, Omega for 18 - 30 year olds and Leo - Lions for current or former Leos who are 18 – 35 years old. Each Leo club is supported by an advisor from the parent club. We are currently investigating the possibility of forming Alpha Leo clubs at a couple of schools. For those interested in this type of club, Meg Butler has organized a Zoom information meeting on this topic for 25 August.

Our team is actively seeking to form new clubs in any of the above categories. Attracting suitable people into Lionism



Above: Joan Wilson, Lion Garry Hodge, and former Lion Leslie 'Schooner' Wilson in Streaky Bay - PDG Don Pritchard visited to discuss starting a club.

by establishing clubs in areas convenient to them is our goal. While the Leo and Cub club members do not count in the District member tally, they are learning the skills to be good citizens who want to serve others, and we are hopeful that this desire will continue into their adult lives. It is our belief that many of them will end up in chartered Lions clubs in future. It is a legacy that we can leave for the long-term viability of our wonderful organization.

Yours in service,
Annette Slater
GMA Focus Team 1 Leader

Team members: PDG Don Pritchard
Petrea Stacey
Andrew Stacey





Lions International Marketing Award

Club marketing is a great way to recruit new members, spread the word about service activities and increase visibility in the community. And now, your club has the opportunity to gain recognition for its marketing efforts with this exciting new award!

Timeline

Below is an outline of when each step of the Marketing Award process will begin. Please note that the marketing campaign submitted for award consideration must be completed between July 2022 and December 2022.

July-December 2022: Clubs apply
Club marketing chairperson or club

president submits the online application to their district by December 31.

January 2023: District judging
Club applications are reviewed; district governor selects one application to advance to their multiple district council chairperson.

February 2023: Multiple district judging
District finalists are reviewed; council chairperson selects one application to advance to the finals.

April 2023: Marketing committee selects winners
The marketing communications committee reviews the finalists and

selects the winners, one from each constitutional area (CA).

May 2023: Winning clubs notified

Visit www.lionsclubs.org for more information.



Digital Images for Aged Care Project

This Category B Lions Project has focussed on just two aspects of aged care in which Lions Clubs could help to make a difference. These are, first - the widening of the range of audio-visual resources available to lifestyle staff for use with their residents and, second - the offering to scan residents' family photos on to USBs for their personal viewing on the television set in their room, or elsewhere in the facility.

Over the twelve years in which the Burnside Lions Club has been involved in the production of DVDs for aged care facilities in South Australia, there has been strong support from the Adelaide Symphony Orchestra by providing us with background music tracks for our aged care program. During this time, a total of 30 DVD topics have been produced, fitting into one or more of our themes of Atmosphere, Memories and Reminiscing, Travel, and Varied Interests.

The Burnside Lions Club has been successful in obtaining a total of eight (8) grants to the present time (from local, state and Commonwealth Governments), relating to the Digital Images Project. These grants have enabled the purchase of DVD and USB duplication equipment and accompanying software. The postage of Resource Kits (comprising DVDs and some explanatory notes) to aged care facilities throughout the state has been a major cost item. Charlie Robinson discussed the current project with a representative of Clinpath Pathology. This firm has generously offered assistance in the delivery of our DVD Resource packages to aged care facilities.

In relation to the scanning of family photos for aged care residents, Covid has severely disrupted plans to meet with individual aged care residents and their family representatives. Where it has been possible to arrange such meetings, there has been

enthusiasm all-around: the lifestyle staff member, the family representative, the resident (when able to be present) and our Lions members. The viewing of the photos on the television screen is certainly a beneficial experience for the resident. The USB of photos becomes a valuable stimulus to reminiscing, a resource set of images for major birthday celebrations, and at a gathering to honour a life.

The findings of the Royal Commission into Aged Care in Australia confirm that aged care is a priority area of concern. The Digital Images for Aged Care Project has had a wide reach in our state over recent years, with the generous help of many of our 201C1 and 201C2 Lions Clubs.

Lion John Dun
Project Coordinator

Lion Rob Crookall
Club President



Update from SCASA

Service Clubs Association of SA

The SCASA committee wish to advise that regrettably we have made the decision to postpone our planned 2022 Premier's Community Service Awards and luncheon which was to be held on the 30th October.

At this time we have not been able to secure funding through the Department of Premier and Cabinet, which over many years has allowed us to celebrate and acknowledge the programs and activities of the Service Clubs in our great state with a monetary prize.

We will continue to work towards achieving a successful outcome so that we can host an Award luncheon on the 26th February 2023.

In the meantime we encourage you to start putting together your 500 word nominations in the 7 project areas, which will now include an Environment Award.

We ask that you also give some thought to an outstanding Volunteer for the Heide Taylor Award, or a young person for the Allan Sloane Award. We look forward to hearing about a school that is community minded and is a worthy recipient of the Harry Tillyer Award.

We hope to re-open nominations on the 1st November 2022 or sooner with secured funding such that the nominations can be judged by our 3 independent judges, who did such a great job last year. We thank you for your understanding

Bronwyn Heard
Chair of SCASA

Walk a Mile in my Boots

The Pedare Pride Cubs Club organised to walk a mile together with family members at Pedare Christian College to support the Hutt Street Centre's 'Walk a Mile in my Boots' campaign.

The Cubs walked 4 laps of the school oval to raise awareness and funds for the Hutt Street Centre.

Congratulations to the Cubs for raising the incredible amount of \$1,846. These funds will make a positive impact and help a lot of people who are living rough and need support.

AMAZING!!!



Gilbert Valley Lions Club
Caring for the Environment.
Serving the Community.

Celebrating Another Year of Community Service

So, another Lions year is done, and an amazing celebration was held recently at the Riverton Bowling Club. 36 in attendance, including visiting Lions from at least 3 other lions clubs, District Governor Zig Osis and the Member for Frome, Penny Pratt.

Great home cooked food Catered for by the ladies from the Bowling Club. This was just another example of two local community groups working together and supporting each other wherever they can.



A Life Membership Award was presented to Kelvin Schwartz from Saddleworth for all his years of Service as a Lion. The James Richardson Award was presented to Helen Karger, who has worked for the community and served as the Club Secretary for many years. Both well deserved.

Another year of Serving our community looms, we are keen to do what we can. Where would our communities be without Volunteers?

Claus from the Salisbury Lions Club grappling with a fluffy Lion!

For further information
please contact
Pat Williams 0411 492 223



National Dog Day: 26th August 2022

It's safe to assume that most of us love dogs; but at Australian Lions Hearing Dogs, we really like dogs. This National Dog Day, we'll be celebrating all of our dogs – from our Hearing Dog Trainees with bright futures ahead of them, to the dogs nearing retirement or old age. The mums and the pups, our future Medical Alert Dogs, and the few who don't quite make it – we just adore each and every one of them for the joy they bring to our lives.

Here are a few of our Trainees in the program at the moment:



How?
Any Lion member in the C1 District can record their steps/kms when they walk, run, skate, bike, row or swim. Lions will send their records to the project coordinators to support their club.

Why?
By Lions getting out there and being active, we hope to encourage family, friends and the community to get active too, adopt a healthy lifestyle, and raise awareness for diabetes.

Prize
The winning club will be presented with an award by DG Zig Osis.

Track
Track the progress of clubs and the district on a map with a district tally. This will be updated on the district website and Facebook page.

A Virtual Trip Around the World, Raising Awareness for Diabetes & the Environment
How far can we travel together? Can we beat our record of 69,007.57km, set in 2021?
This year, C1 Making Strides will have an environmental focus with surprise locations along the way.

For more information & to submit your recordings please contact Petrea Stacey & Steve Fawcett
ctmakingstrides@gmail.com

Torrens Valley Update

Lions Club of Torrens Valley members continue to be kept busy with several dates diarised for Bunnings BBQ where we will also sell raffle tickets for our big raffle as we get closer to Christmas, sausage sizzle to be held at one of our club members Open Garden and several social coffee mornings planned at various venues in the local towns.

This month the Club has donated much needed fuel vouchers & long life milk to the Community Pantry.

A working bee was held at our clubrooms to perforate, cut, collate and staple the raffle tickets, then seling will commence, with a draw date in December. Members also attended another working bee to tidy our shed and storeroom. The collection of eye glasses, for Recycle for Sight, has begun with flyers being delivered into post office boxes with collection boxes at various post offices & pharmacies throughout our townships.

Did you know - Most People Can't See Anything With Their Peripheral Vision When They're Wearing Glasses
Your peripheral vision is what you use to see things in your surroundings that aren't directly in front of you. And when you're wearing glasses, most of your peripheral vision is blocked because the lenses are in the way.





Virtual Travel

Thank you to all the clubs across the district who have already joined, and started sending through their figures, for the challenge.

Here's a quick recap of where we've travelled so far:

- West Beach (home of our DG)
- Milang (Lake Alexandrina)
- Meningie / Coorong
- Umpherston Sinkhole
- Great Otway National Park
- Cradle Mountain, Tasmania
- Milford Sound, NZ

So far, we have travelled over:
4,600km

We have a long way to go before we can beat how far we travelled in 2021.

There is still time to join us on this virtual journey, as we raise awareness for diabetes and the environment, explore amazing locations around the world, all while getting active.

You can: walk, run, cycle, row, swim or skate. It all counts.

Record your steps/kms on your smart phone, smart watch, pedometre, Google maps, or if you prefer, count out loud 1, 2, 3 ... we're sure that would get at least a few people asking about what you're doing.

Remember, the challenge runs from 1 August to 14 November, 2022.

Petrea Stacey & Steve Fawcett
c1makingstrides@gmail.com

The Value of our Lions Club Intrapreneurs

Entrepreneurs are often seen as not fitting in well within the structures of a business, or in our case, our clubs. They are seen as non-conforming, eccentric, and outgoing people who do things their own way.



Many clubs do not understand the value of harnessing an entrepreneurial environment at their club level. It is one way of helping to keep a club, big or small, active, vital, and in the forefront of their local community.

Intrapreneurship is a way for clubs to be more entrepreneurial and consequently increase their innovative potential within their local community.

It's taking the best parts of this style of thinking, the creativity, the problem solving and ideas, and allowing them to help develop their club's growth.

By allowing this freedom of thought within your club, it gives members of your club the ability to come up with new ideas. It could be as simple as, improving the way a club project already works, the way the club structure is operated, or even a new and innovative project that will inspire other members to become more involved in their club.

Importantly, is your club set up to embrace this style of thinking? There is very little room for the old-school style of thinking, and our clubs need to create, and encourage an environment of creative thinking. This environment will give our members the freedom they need to feel free to express any ideas they may have.

Key Points

- 1) Support needs to come from the top, at both District and Club levels.
- 2) Members need to feel that their ideas will be taken seriously.
- 3) All ideas must be discussed and evaluated by the club executive.
- 4) Give recognition to all ideas put forward, good or bad.
- 5) There must be a willingness to pursue any project that shows potential.

To survive, we need to change.

Patrick Williams
Zone 6 Chairperson





Lions Clubs International Foundation

Lions Clubs International Foundation Update Dear Club President's, Greetings from Port Pirie and I trust you, your members and families are all safe and well.

Recently D.G. Zig and I attended an LCIF Forum and I bring to you information I trust your club will consider and support your Foundation.

Important Statement: All Funds donated to LCIF from clubs in MD 201 STAY IN AUSTRALIA, including your LCI Dues. 100% of all donations are used by LCIF to SUPPORT Grants. No salaries are paid from LCIF Donation.

All amounts unless otherwise stated are in \$US. Since founded in 1968, LCIF have made grants worldwide total \$18.1b (AUD\$1.74b).

Australian Grants include:

- Recent Bushfires \$1m
- Kids Cancer Genome Project \$2m
- C1 Community Hospital Kit \$17k
- Hart Walker Project \$8k
- C2 Upgrade Lions Renal Dialysis \$38k
- C1 Cancer Centre \$100k
- C1 Bone Marrow Donor Register \$30k
- 2009 Humanitarian Award \$200k
- S1 Centre to Feed the Homeless 450k. (I think this was Fred's Van) MD 201 Lions Hearing Dogs \$30k

This is but a small snapshot of grants given to Clubs / Districts in MD 201.

Campaign 100

The fundraising project was completed on 30th June 22 and our district was supported by 3 Model Clubs, Glenside, Gawler and Richmond. West Beach have committed to reach Model Club Status.

World Wide Raised \$325,635,471
Area 7: Aust. NZ. Indonesia Raised \$5,567,672 - 90% of goal of \$6.2m

C1 raised \$118,137 - 97% of goal of \$121,519

C2 raised \$168,272 - 86% of goal of \$161,668

Goals were based on District Membership per capita.

Year 2022/2023

Worldwide Goal - \$50m

MD Goal - \$481k

C1 Goal - \$23,52 (per head of Membership \$21.21 (AUD \$30.54)

C2 Goal - \$31,26

Action Plans

The following suggestions are made to assist you to support your LCIF.

1. We encourage every club to conduct at least ONE (1) fundraising event
2. during the year and donate the funds through the Cabinet Treasurer to LCIF Australia.
3. Encourage members to make personal donations on a regular basis, remembering small donations become large donations.
4. All donations to LCIF Australia are Tax Deductable.
5. We encourage clubs to make Melvin Jones recognitions to members (Cost \$US 1,000)
6. Most clubs have Status of Credits towards an MJF. Your club amount can be advised on request from me.
7. Important: As part of LCI Club



structure, it is asked that every Club elects an LCIF CO-Ordinator. On most occasions it is recommended by LCI it be the I.P.P. We ask you consider this and when appointed the name should be registered in MyLCI.

8. I have club share pins available to support fundraising for LCIF.

One Star \$AUD 75

Two Star \$AUD 150

Three Star \$AUD 300

These can be purchased or gained by regular personal donations, Club donation or personal/club share.

While my message is long, DG Zig and I encourage your club to support your LCIF and trust you consider the one fundraising event, which would go a long way to assist to reach our district goal.

Should you have any questions please feel to contact me.

Yours in Lionism.

PDG Lance OAM

0418 834 425

lanceleak@exemail.com.au





Around the Clubs



Above & above-right: Induction of young Isaac and Claus with a fluffy lion at the Riverton Bowling Club for Gilbert Valley Lions Club.

Above & above-right: Prospect-Blair Athol Lions Club were busy with a BBQ at Bunnings Prospect.



Above & above-right: The Kadina Lions Club served over 35 delicious hot meals to people in need, also providing take away meals, blankets and jackets.

Above-left: Clare & District Lions Club welcoming new members. **Above-right:** Rostrevor Lions Club packing up the drinks station after the Adelaide Marathon..



Above: The Lions Club of Elizabeth Playford has named and sponsored a puppy through the Australian Lions Hearing Dogs ... Meet Lizzie.



Above: Golden Grove Lions Club selling donuts at Bunnings.

The Environment

Our environment is more than a background - it's our home. And we're committed to caring for it.

In 1972, Lions Clubs made a commitment to servicing the community in environmental related projects.

Over 3,000 environmental projects are carried out by Lions in Australia every year.

These projects are aimed to improve the quality of air, water and land, as well as protect and preserve local flora and fauna.

Is your club involved in an environmental project? Or do you have an idea for one?

THE ENVIRONMENT





Central Australian Lions Museum

Regular readers will be aware that for the past few years I have been accumulating Lions memorabilia relative to Lionism in Central Australia.

I previously reported that the first District Governor for Central Australia as a standalone district was Bevan Rutt in 1964/65. Prior to that date SA/NT was coupled up with various other States. Since then and including our 2 current DG's Zig Osis and Ruth Pearsons, Central Australia has had 137 District Governors.

As part of this project I have collected a large number of PDG banners but still have some gaps in the collection. I am hoping that some of these may still be available from clubs as part of their collection and which they might care to donate to the museum. All banners and other memorabilia will ultimately be displayed in the new Hearing Dogs Centre where I have been promised some space in which to house the collection.

The missing PDG banners are as follows:

C 1961/62	Dr Howard Waters
J 1972/73	David Raven
S3 1983/84	Don Burge
S3 1987/88	Rob Carless
S1 1990/91	Keith Gowling
C1 2007/08	Jim Hewitson
C1 2011/12	Lyn Shoemark
C2 2012/13	Ron Pascoe
J 1971/72	Doug Mitchell MBE
S2 1977/78	Jack Davis
S3 1986/87	Rob Leader
S3 1988/89	Peter Jarvis OAM
C1 2002/03	John Tayler
C1 2010/11	Ray Marks
C2 2011/12	Trevor Jacobs
C1 2014/15	Rosemary Wenham

I'm aware that some of these PDG's didn't have banners but have included them in the list anyway as there maybe alternate memorabilia available. In 1979/80 Jack Tank was the District Governor for District S2 and he did something that, as far as I am aware, no other DG undertook. His wife Fay, had her own banner dedicated to "Lions Ladies" and

I'm happy to report that I do have one of her banners in the collection.

It's a sad fact of life that in recent times and for a variety of reasons several clubs have surrendered their charter or may currently even be considering taking this action. Whichever case applies there will become a wide selection of Lions memorabilia available.

My feeling is that this memorabilia should not be lost, it's part of our history and deserves to be preserved and I am pleading with clubs or individual members that may have any such memorabilia to donate it the museum.

Any donations representing both past and current Lions, Lioness and LEO clubs or DG's can be mailed to me at 105/91 Main Road, McLaren Vale, SA 5171 or contact me on 0410539274 for further details or to arrange a meeting to hand over whatever might be made available.

Many thanks in anticipation of a huge response.

I recently received some memorabilia and a donation of nearly 350 bannerettes from the Marion Lions Club which recently surrendered its charter. Amongst the bannerettes was one from Campbelltown Lions Club which on first view I thought was the previous C1 District Lions Club however closer inspection indicates the banner is from Lions Club of Campbelltown District 201 B.



My attention was drawn to the picture and the "logo" displayed thereon. The



"logo" reads "Fishers Ghost Bridge." I was hooked, I had to find our more.

I emailed Campbelltown Lions Club in Lions District N2 in the hope that I might get the back story on this logo. Imagine my surprise when within 48 hours I had the full story which is reproduced below.

PDG Bryan Hearn OAM JP
McLaren Districts Lions Club
bandk392@bigpond.com



For 75 years, we've served with uncommon kindness, putting the needs of our neighbours, our communities and our world first. Since the first Lions club was formed in Lismore, NSW in September 1947, we have grown to be Australia's largest service club organisation.

We look back at our storied past with pride, but we know it's only the beginning. Every day, we're building on our legacy with the goal of making an even greater impact in the future.

How is your club going to celebrate 75 years of Lions in Australia?



Fred Fisher

What happened to Fred Fisher?
 In 1825 Fred had an argument with a local carpenter and received a light prison sentence. Worried about his farm, Fred gave his neighbour, George Worrall, power of attorney during his sentence. After his release, on 17 June 1826, Fred Fisher mysteriously disappeared and George Worrall announced that Fred had sailed for England. Three weeks later, George sold Fred's horse and belongings. Needless to say the townspeople were suspicious.

Almost four months after the mysterious disappearance of local farmer, Fred Fisher, in 1826 a strange occurrence took place in a local hotel. On that memorable night, a wealthy and respectable farmer, John Farley, stumbled into a local hotel in a state of shock. John claimed he had seen the ghost of Fred Fisher sitting on the rail of a bridge over a creek. The ghost pointed to a paddock down the creek then faded away.

The body of Fred Fisher was later discovered in the paddock where the

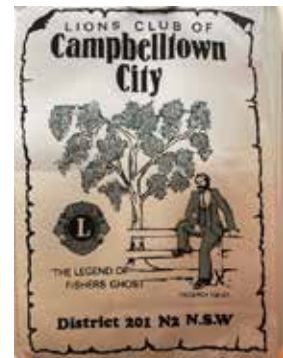
ghost had pointed. His brother buried him locally in St Peter's Graveyard, however no headstone was erected.

On 17 September 1826, George Worrall was arrested on suspicion of Fred's murder. During the trial George confessed - even though the tale of the ghostly sighting could not be told in court, as stories of the supernatural were not permitted in a court of law.

In a strange twist of fate, George Worrall is now buried at one of Australia's most popular locations overlooking Sydney Harbour at The Rocks.

The Legend of Fisher's Ghost is one of Australia's most well-known ghost stories

Since John Farley first told the story of his encounter with the spectre, tales of the ghost have inspired writers, artists, poets, songwriters and film producers, and captivated the imagination of generations. The story of Frederick Fisher and his Ghost has been documented by many, including Charles Dickens, and J.W. Downing in his 300 typewritten manuscript titled 'Call Not Tomorrow Thine: The Story of Fred Fisher'.



The current Lions Club of Campbelltown bannerette retains a reference to this story.

As interesting as this story might be it obviously has no relevance to Lions Clubs in Central Australia but I'm sure there are plenty of clubs within that geographical area that do have similar stories to tell in relation to either their current or past bannerettes.

I would be very pleased to receive any of these stories which will then be included in the documentation collated within the museum.

PDG Bryan Hearn OAM JP
 McLaren Districts Lions Club

Hunger... a Complicated Challenge

Despite global production sufficient to feed the entire population, chronic hunger remains a chronic problem. Political and economic instability, rising food and energy prices, and climate change all contribute to this sad truth: Hunger-related challenges are urgent – even in Australia.

- >1 in 5** Australians have run out of food and been unable to buy more¹
- 1 in 3** Aboriginal or Torres Strait Islander children doesn't get enough fresh fruits and vegetables²

% rise in people seeking food relief since 2018:

- Northern Territory 27
- Western Australia 20
- Queensland 24
- New South Wales, Australian Capital Territory 23
- South Australia 15
- Victoria 25
- Tasmania 18³

“An optimist laughs to forget, a pessimist forgets to laughs”

- Tom Nansbury

Club Jokes

My wife accused me of stealing her thesaurus. Not only was I shocked, I was appalled, aghast and dismayed.

From Modbury Lions Club

During a recent password audit, it was found that a blonde was using the following password:

MickeyMinniePlutoHueyLouieDeweyDonaldGoofySacramento

When asked why she had such a long password, she said she was told that it had to be at least 8 characters long and include at least one capital.

From Stansbury Dalrymple Lions Club

Riddle Corner

1. What is the last thing you take off before bed?
2. You bought me for dinner but never eat me. What am I?
3. What kind of room has no windows or doors?
4. What word in the English language has three consecutive double letters? (clue: it's a compound word)
5. I'm tall when I'm young, and I'm short when I'm old. What am I?

ANSWERS
1. Your feet from the floor. 2. Silverware. 3. Mushroom. 4. Bookkeeper. 5. A candle.



How do trees get online?
They just log on!



What did the policeman say to his bellybutton?

You're under a vest.

Why did the robber jump in the shower?

He wanted to make a clean getaway.

Why did the chicken go to the séance?

To get to the other side.



Please send us your jokes and riddles to be shared with the District.

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