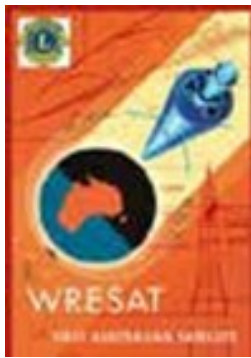




CONVENTION EDITION



**District Convention
Salisbury 15th to 17th
October 2021**

Our District Bulletin

News from District 201C1 and Beyond

OCTOBER 2021

3 Oct 2021 - Daylight Saving Time Starts

Sunday, 3 October 2021, **2:00:00 am** clocks are turned **forward** 1 hour



District Governor

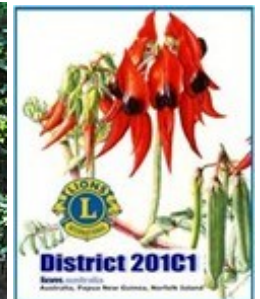
Lion John Barnes (Carol)
34 Highview Grove
MOONTA BAY, SA, 5558
Mob : 0448 895 170

For other District Officers
please see page 9

Smell the Flowers along the Way



A crowd of diverse people in Melbourne.



I support encouraging our future District and Lions Clubs to welcome diversity and inclusivity. We hope to enshrine social responsibility in our governance at this coming Convention – our responsibility to guard our children and environment, and to recognise and embrace diversity. Our Convention will, I am sure, be a showcase for our journey along this path and be an encouragement for other Lions Districts to follow. Indeed, Multiple District are approaching LCI to have our Ethics adjusted to recognise our responsibility to our environment. Today is about diversity.

Recently I paraphrased an old piece of wisdom relating to stopping to smell the flowers along the way, I think in my Lions Australia profile (it may not have been published, LOL).

May I expand that and describe my enjoyment, and perhaps yours, of so many people accompanying me on that path through life?

They encompass the young, old, and middle-aged; healthy fit people, some not so fit and some with physical disabilities; people with superior intellect, some like us average folk, some with disabilities in this area but all still serving others with true hearts of gold. People of various colours and creeds from our Indigenous Australians to migrants from Africa, Asia, Europe, the Middle East, the Americas and Oceania.

Continued next page — — —>



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Governor John's message continued

Then those who find the solace of emotional and physical connection with their fellow man – of the opposite sex or the same sex, or with both, and in a variety of ways I cannot imagine. There we have it – variety in myriad ways more numerous than I have mentioned here.

All travelling down that path, a hubbub of conversation and laughter, all enjoying the fragrance of the flowers and the buzzing of bees and insects, the warm embrace of sunshine and maybe an invigorating zephyr tickling their hair against their face.

Life is a journey along that path for us to enjoy the company of our fellow man and our environment, not a race to the top of some totem pole of power and riches, figuratively stepping on all and sundry on the way, perhaps destroying people physically, mentally and emotionally.

Besides, if you win, what are you going to do when you get there? There you sit on your lonely totem, watching the parade of diverse humanity disappearing over a crest, laughing, talking, joking, helping each other along, happy in each other's noble company. Smelling the flowers along the way.

Embrace the beauty and power of diversity.

I urge your clubs to discover a whole new world – full of potential members many with hidden talents. Many with unknown but wonderful stories to tell. Heroes persevering and overcoming their personal challenges. Youthful enthusiasm, wisdom of age.

Governor John Barnes

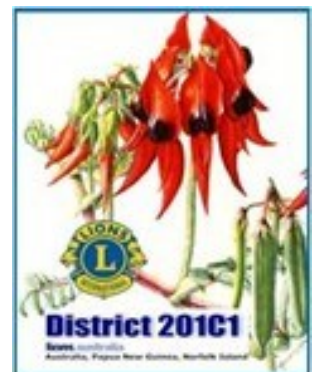
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NEW MEMBERS SEPTEMBER 2021 WELCOME TO LIONS

Club	Member	Sponsor
Adelaide Hellenic Inc		
New	Rosa Falco	Evelyn Chefalakis
New	Ryan Schumacher	John Chefalakis
Angaston & District Inc		
New	Siobhan Barnden	Barry Chinner
Balaklava & District Inc		
New	Christopher Allen	Kathryn Chegwin
New	Adrian Shepherd	Peter Chegwin
Port Augusta Inc		
New	Frederick Laister	Brenda Kay
Port Pirie Inc		
New	Michelle Jones	Annette
New	Keyur Shah	
Wallaroo Inc		
New	Shane Billett	Greg Mackrill



The Black Cockatoo represents Empowerment, Happiness and Contentment. It is a celebratory totem and usually heralds Coming rain.



CABINET VACANCY - SKIN CANCER SCREENING PROJECT COMMITTEE

What is the Skin Cancer Screening Committee (SCSC)?

The SCSC is a committee consisting of representatives from both 'C' Districts and a selection of Trustees from the Lions Medical Research Foundation (SA). It is chaired by one of the District representatives, who is elected by the other District representatives.

It meets every two months, in the Adelaide Italian Club at the Carrington Centre, Carrington Street Adelaide.

Meetings start at 10.30 am allowing adequate time for members to travel from country areas. Business is usually finished by around 1.00 pm. If you have a mind to, you may claim mileage to attend the meetings if the distance you travel one way exceeds 100 kms.

Purpose

The role of the SCSC is to manage and operate the combined Skin Cancer Screening Project of Districts 201C1 & 201C2, under the umbrella of the LMRF(SA).

Committee Role

All members of the committee, besides representing the interests of the Districts and the Foundation, have a variety of roles. These include management and administrative functions and operational positions arranging screenings and screening staff.

ROLE – Existing Vacancy

Presently there is no-one sitting on the committee who has any knowledge, skill or qualifications in the area of maintenance management. Presently the Screening Unit (consisting of the truck and trailer, on-board generating plant and water system) is maintained by one of the screeners, who is an experienced truck driver.

Governor John wishes to fill the present vacancy on the committee with a person who will take on the maintenance task, allowing the screener to concentrate on the more important role – screening for skin cancer.

Areas of demonstrated skill and knowledge or qualifications broadly fall into the following broad categories, with someone having several being viewed favourably:

- A knowledge of, and/or experience supervising/managing and/or operation of heavy plant.

- Some experience in maintenance programming & management, with the ability to design a programme for scheduled servicing and maintenance of the truck. Logging of critical maintenance carried out. Driver logging of defects or any aberrations in operation of the Unit, for example engine sump oil level on both truck and generating plant.

- Design appropriate pre-use check lists for the truck, generating plant, water storage& pump – and for any appropriate equipment associated with the SCS Unit.

- Design appropriate post-stabling check lists for the truck, generating plant, water storage& pump – and for any appropriate equipment associated with the screening unit on return from screening trips.

- Become familiar with the requirements for driver record keeping in relation to their licences and assist or provide support to ensure any legislative requirements are met.

- Administrative functions related to the efficiency and economy of operation of the SCS Unit.

- Liaise with screening staff in regard to chemicals and MSDSs which are stored and used with the SCS Unit.

Of course, the above are a wish list and it is reiterated that it is not expected all requirements would be met. By the same token, someone with a degree in mechanical engineering would be gladly considered.

Full participation in the deliberations of the committee in its task of management and operation of the Skin Cancer Screening Project is expected.



ELECTIONS AND NOTICES OF MOTION

Instructions and Information for Delegates 201C1 District Convention To be held 15, 16, 17 October 2021 at Mawson Lakes

All election nominations and Notices of Motions closed on 16 August 2021.

The following nominations for election at the Salisbury District Convention are:

District Governor 2022-2023 : Zig Osis, Lions Club of West Beach

First Vice District Governor 2022-2023 : Peter Korndorfer, Lions Club of Elizabeth Playford

Second Vice District Governor 2022-2021 (2): Steve Fawcett, Lions Club of Port Augusta
Ray Najjar, Lions Club of City of Adelaide

District Representative LMRF to 2024: Phillip Donato, Lions Club of Adelaide Italian

Convention Host Club 2023: Lions Club of Peterborough & Districts Inc.

There were no Notices of Motion of a Project Nature received.

The following **Constitutional Notice of Motion** was received. This needs a two thirds (2/3) majority of convention delegates to be accepted.

Constitutional Notice of Motion No. 1

Submitted by : District Cabinet

Mover:

Seconder

Motion: That we delete the words “negotiable instruments drawn” and insert in its place “forms of payments or financial transactions”.

12.18 CHEQUES: All cheques and other **forms of payments or financial transactions** by the District shall be signed, endorsed or otherwise executed by two (2) members of the Cabinet nominated by the Cabinet for such purpose or failing such nomination by the Cabinet Treasurer and either the District Governor or the Cabinet Secretary

Explanation:

The original constitutional clause is outdated in that it does not recognise electronic transactions such as payments for goods and services or subscriptions or electronic transfers between the District's bank accounts.

The following Notices of Motions to change the District By Laws were received. These need a simple majority from convention delegates to be accepted.

There are 11 By Laws Notices of Motion (too many to list here) which will be discussed at the business session at Mawson Lakes. These will be listed in the convention booklet which will be handed out when registering



CONVENTION REMINDERS

A kind reminder that there are ONLY 15 days or thereabouts until the Convention (15 October 2021)!

Thank you to all District Cabinet for registering!! We have experienced a massive influx of registrations and we are so excited to see you there! We may have to cut registrations at a specific point so make sure you make the cut or you may be disappointed!!

You will not want to miss:

- plenty of delicious food, wine and hospitality by the Salisbury Council at the new \$43 million dollar Council Hub and balcony overlooking the city @ the Mayoral & Civic Reception
- Gala Dinner at the Mawson Lakes Hotel including if covid permits *live music and dancing! So time to dust off those clothes and get ready to dress like we are 21 again!
- we have amazing guest speakers and some surprise performers!
- AGM - vote for your next District Governors and leadership of the district #democracy

Please make sure you register for Convention if you have not already, first in best dressed as they say!

Please note that registering as a “delegate” for your club does not mean you have registered for convention - two separate things!

Ps: makes sure you take advantage of the cheaper accomodation options when booking! We have organised some special deals!

PPS. Please please please invite your fellow Lions in your clubs and Zonies please make sure you encourage Lions from your clubs to come too! It's such a good opportunity to catch up with friends, and let your hair down & have fun + fellowship!

Thanks,

Beau Brug on behalf of the **Salisbury Convention Team**

Accommodation Options

- * Mawson Lakes Hotel – site venue – offering deals
- * Quest Apartments, Mawson Lakes
- * Highway 1 Caravan & Tourist Park, Bolivar
- * Cross Keys Hotel, Cavan
- * Pavlos Motel, Pooraka
- * Pooraka Motor Inn, Pooraka
- * Enfield Hotel, Enfield
- * The Highlander Hotel, Gilles Plains
- * Sferas Park Suites, Tea Tree Gully
- * Country Comfort Hotel Adelaide Manor, Gepps Cross



You may like to stay at the Mawson Lakes Hotel, our Saturday venue, use an Air B n B or stay at one of the other great local choices! There's something for everyone!

Or if you want to bring your caravan or stay at the Highway 1 Tourist Park, they are offering a 10% discount to Lions Members. Just mention us when you book to redeem! We have a multipage flyer for them, so if interested please contact the Convention team to access.

Quest Mawson Lakes

The Quest Mawson Lakes is delighted to offer Conventioneers the opportunity stay at Quest Mawson Lakes and have provided an exclusive 15% off their best available rate for Studio, One and Two Bedroom apartments.

Bookings can be made on line using the code “SalisburyLions”, added to the promotional code area on their booking page. Or call the hotel directly to speak to their Team advising that you are attending the conference.



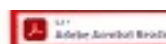


DISTRICT CONVENTION SALISBURY "21 AGAIN" REGISTRATION FORM



2021 Lions District 201C1 Convention

SALISBURY 15 - 17 OCTOBER 2021



Convention Attendance Registration

Club Name _____ District _____

	Title	First /Preferred Name	Surname	First Convention? Tick for Yes
Lion	1			
Partner	2			
Guest	3			

Contact Details of Person Submitting Form (Preferred method of contact if required: Email: _____ Phone: _____ Post: _____)

Unit and/or Street No: _____ Street Name: _____ or PO Box: _____

City, Town OR Suburb: _____ State: _____ Postcode: _____

Home Phone: _____ Mobile Phone: _____ Email: _____

VENUE/DATE/TIME	EVENT	Cost (\$)	Nº.	Total (\$)
Salisbury Community Hub	Delegate Registration – 4.00pm to 5.00pm	Free		
Friday 15 October 2021 7.00pm to 10.00pm	Opening Ceremony & Civic Reception open for all attendees including flag ceremony, Mayoral address, and hospitality from City of Salisbury	Free		
Mawson Lakes Hotel	Delegate Registration – 7.00am to 8.30am	Free		
Saturday 16 October 2021 8.00am – 5.00pm	Tea and Coffee – 8.00am to 8.30am Plenary Session – District Annual General Meeting including Welcome to Country, motions, and elections - 8:30am to 2.00pm Morning Tea, Lunch, Afternoon Tea + all day tea & coffee Project Presentations and Youth of the Year Final – 2:30pm to 5.00pm Official Guest Speakers – across the day	Free Free \$25 Free		
Mawson Lakes Hotel Saturday 16 October 2021 6.30pm - 10.00pm	District Governor's Gala Banquet Evening Theme: "21 Again" Dress Code: Fancy dress – get creative Guest Speaker: surprise - to be announced Enjoy a three-course meal, kick off your shoes & dance the night away!	\$50		
St Kilda Beach Precinct Sunday 17 October 2021 10.00am – 2.00pm	Remembrance Ceremony - St Kilda Boat Club – 10am to 11am Salisbury Community Fun Day – St Kilda Adventure Playground - 11am to 2pm including family fun, games, and activities, plus health screenings; project and foundation stalls Morning Tea and Lions BBQ Sausage Sizzle	Free Free \$5		
Office Use ENTERED: _____	Administration Fee	\$7		\$7
	Convention Pin	\$6		
	If Early Bird Registration/Deposit Paid - Rec. Number: _____ & Amount _____			
			TOTAL (\$)	

Payment Methods:

- Registrations & Payments Close: C.O.B. Friday 1st October 2021; Electronic Funds Transfer to: BSB: 015-356 Account No: 408-148-287
Name: Salisbury Lions Special Account. Please put your first name initial and surname as subject, and email remittance notice to Convention Treasurer: salisburyconvention@gmail.com
- Cheques to be made payable to: Salisbury Lions – Convention 2021
- Mail Cheques & Forms to: PO Box 240, SALISBURY SOUTH BC, SA, 5106
- Cash payment not available

Dietary needs? First Name: _____ Surname: _____ Diabetic: _____ Half Portion: _____

Gluten Intolerant: _____ Lactose Intolerant: _____ Vegetarian: _____ Other: _____

First Name: _____ Surname: _____ Diabetic: _____ Half Portion: _____



SALISBURY DISTRICT 201C1 CONVENTION INTRODUCING KEY NOTE SPEAKERS

The Salisbury “21 Again” Convention Committee is excited to announce that two very interesting Key Note Speakers have agreed to attend the convention. Past International Director Lion Tony Benbow OAM and Past Council Chairperson Lion Phillip Johnson will address the Convention attendees.

Past International Director Tony Benbow OAM

Tony has been a member of the International Association of Lions Clubs for over 36 years, commencing as a Charter Member of the Lions Club of South Vermont in District V5 where he is still a member today.

Tony has had a very distinguished service in Lions at Club, District, Multiple District and the International levels.

Over his career in Lions, he has been the District Governor of District V1, Council Chairperson of Lions Australia and held several positions in the Global Action Team including the head of the team for our Constitutional Area. As well as these roles he was the Vice Chair for the Host Committee for the International Convention in Sydney in 2010 and now is the Host Chair for the International Lions Convention being held in Melbourne in 2024. In 2016, Tony was elected the International Director for Constitutional Area 7 which covers Australia, New Zealand and Islands of the South Pacific, Indonesia and New Caledonia. He completed this role in 2018.

Since that time Tony continues to serve and holds a number of positions in other organisations which include, Chairman of the Lions House Foundation Inc., Chairman and Victorian State Director for the Australian Lions Foundation Ltd. and recently retired as Chairman of StepAhead Australia Ltd after 9 years as Chair. He is currently the Chair of the Multiple District Long Range Development Committee.

Tony's wife Sue, is also a Lion as well as an active member of the Lions Club of South Vermont Ladies Auxiliary. They have two adult children one who is married and they have a 15 month old daughter (their first grandchild).



Past Council Chairperson Phillip Johnson

Phillip has been a member of the International Association of Lions Clubs for 34 years in several clubs. He is currently a member of Colac Lions Club (V2).

During his career in Lions Phillip has been District Governor in 2014/15 and Council Chairperson in 2015/1 and is currently MD201 GLT Leadership Coordinator, Zone Chairperson and Club President.

He has also been involved in many Lions Institutes namely Faculty Development Institute (2012), Advanced Lions Leadership Institute (2012), Faculty Excellence Series (2016), Guiding Lion (2018) and Lions Certified Instructor (2019). Faculty member for RLLI, FDI and ALLI X 2.

Phillip has been honoured with many awards, both Lions and Civic, including a Progressive Melvin Jones Fellowship, James D Richardson Honour Award, President's Appreciation Award, Key Membership Award to name a few.

During his professional life, Phillip was a teacher for 40 years, spending his last 24 years in that profession as a Primary School Principal.

Phillip's sporting interests include going for a daily walk with his wife Anne, and watching AFL football, especially the Sydney Swans. Phillip and Anne have 3 children and 4 grandsons.





DISTRICT CONVENTION SALSIBURY "21 AGAIN" INFORMATION



CONVENTION DISPLAY BOOTHS

Convention Expression of Interest - Club Projects / District Foundations / Projects

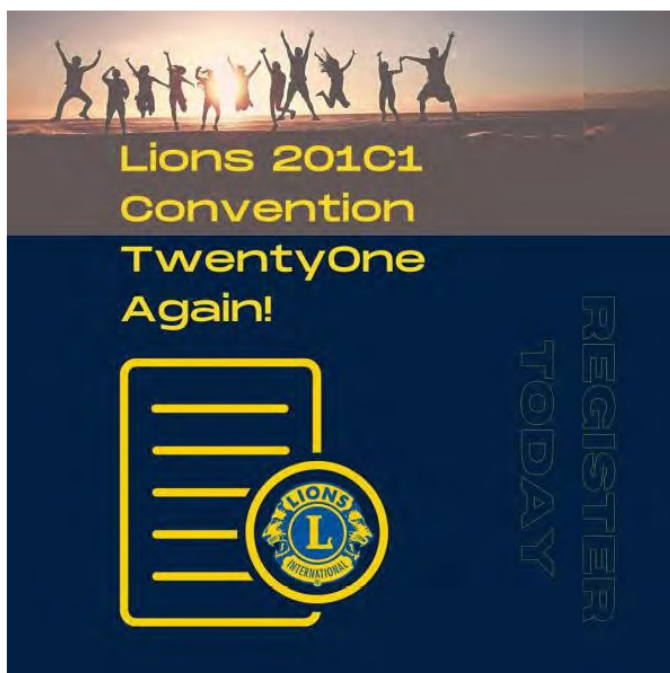
Limited spots for a table at the Convention to showcase your club projects and foundations!

Please address expressions of interest including the details of your proposed stall to: Convention Chair via salis-burylionssa@gmail.com

Please get in touch if you would like to request

Convention Team (Above)

L to R :- Alex Coates (Treasurer), Lauren Brug (Chairperson), Beau Brug (Marketing), Erin Williams (Team Member). Absent from photo Melissa Jones (Secretary)



**Lions 201C1
Convention
TwentyOne
Again!**

Friday 15 Oct
City of Salisbury Civic Reception

Saturday 16 Oct
Business meetings
Mawson Lakes Hotel

'21 Again' Celebration Dinner
Mawson Lakes Hotel

Sunday 17 Oct
Family fun day
St Kilda

Convention email
salisburyconvention@gmail.com



DISTRICT 201C1 DIRECTORY 2021-2022

District 201 C1 Directory 2021-2022

DISTRICT 201C1

cabsec.c1@lions.org.au

All District Mail: PO Box 1015 Clare SA 5453

DISTRICT EXECUTIVE

DISTRICT GOVERNOR

John Barnes (Carol) - *Kadina*

dg.c1@lions.org.au

0448 895 170

34 Highview Grove Moonta Bay SA 5558

IMMEDIATE PAST DISTRICT GOVERNOR

Tony Pederick OAM (Marilyn) - *City of Adelaide*

tpederick@forerunner.com.au

0410 625 007

PO Box 139 Walkerville SA 5081

1ST VICE DISTRICT GOVERNOR

Zig Osis (Jennifer) - *West Beach*

jzosis1@gmail.com

0431 955 303

22 Westall Avenue Flinders Park SA 5025

2ND VICE DISTRICT GOVERNOR

Peter Korndorfer (Megan Butler) - *Elizabeth Playford*

korndogg1866@gmail.com

0402 483 059

42 Vitana Court Craigmare SA 5114

CABINET SECRETARY

Yvonne Bradford (Ken) - *Clare District*

cabsec.c1@lions.org.au

0418 850 556

PO Box 1015 Clare SA 5453

CABINET TREASURER

Ken Bradford (Yvonne) - *Clare*

cabtreas.c1@lions.org.au

0428 961 069

PO Box 1015 Clare SA 5453

CONSTITUTION & BY-LAWS

Lance Leak OAM (Di Rashleigh) - *Port Pirie*

lanceleak@exemail.com.au

0418 834 425

189 Kingston Road Port Pirie SA 5540

ASSISTANT CABINET SECRETARY

Malcolm McKay (Paddy) - *Norwood*

Cabsec.c1@lions.org.au

0403 503 981

11 Torrensview Road Athelstone SA 5076

REGIONAL CHAIRPERSON - ZC Mentor

Ken Bradford (Yvonne) - *Clare*

lionkennyk@westnet.com.au

0428 961 069

PO Box 1015 Clare SA 5453

ADMIN & CLUB SUPPORT CHAIRPERSON

Ted Osborn - *Gilles Plains*

tednelse@bigpond.com

08 8368 1826

Unit 164/32 Homestead Avenue Walkley Heights SA 5098

ZONE CHAIRPERSONS

CHAIRPERSON ZONE 1 Norwestern Suburbs -

Adelaide Hellenic; Charles Sturt; Prospect Blair Athol; Richmond; West Beach; West Lakes Seaton

Karen Hutchison (George) - *West Lakes—Seaton*

westlakesseatonlions@gmail.com

0432 680 12212 Poseidon Court, Osborne, SA 5017

CHAIRPERSON ZONE 2 Adelaide City East -

Adelaide West; Burnside; City of Adelaide; Glenside; Onkaparinga (Leo: Glenunga International High School;

Ray Najjar (Sabah) - City of Adelaide

raynajjar@gmail.com

0408 502 393

2 Windarra Avenue Burnside SA 5066

CHAIRPERSON ZONE 3 Eastern Suburbs - Adelaide Italian; Athelstone; Modbury; Norwood; Tea Tree Gully, Rostrevor; Gilles Plains

Paddy McKay (Malcolm) - *Norwood*

mckaypam@tpg.com.au

0423 033 911

11 Torrensview Road Athelstone SA 5076

CHAIRPERSON ZONE 4 Adelaide Plains - Angle Vale, Elizabeth Playford; Golden Grove; Paralowie; Salisbury; Two Wells; Mallala

Julie Pickles (David) - *Paralowie*

dajpickles@bigpond.com

0411 637 513

3 Browning Crescent Parafield Gardens SA 5107

CHAIRPERSON ZONE 5 The Valleys - Angaston; Barossa Valley; Gawler; Torrens Valley; Gilbert Valley; Clare

John Reed (Joan) - *Barossa Valley*

joan-reed@bigpond.com

08 8562 2102

3 Yattarna Crescent Nuriootpa SA 5355

CHAIRPERSON ZONE 6 Yorke Peninsula - Bute; Kadina; Maitland; Minlaton; Moonta; Stansbury Dalrymple; Wallaroo; Balaklava

PDG Kevin has resigned from this position, DG

John Barnes is looking for a new Zonie for this

Zone

CHAIRPERSON ZONE 7 Northern Agricultural -

Booleroo Centre; Jamestown; Peterborough; Orroroo; Port Pirie; Rocky River

Yvonne Bradford (PDG Ken), Clare District ymb3003@westnet.com.au

Mob ; 0418 850 556 , PO Box 1015 Clare SA 5453

CHAIRPERSON ZONE 8 Spencer Gulf - West -

Kimba; Port Augusta; Quorn; Whyalla; Whyalla Mt Laura; Wudinna

Steve Fawcett (Anne-Marie) - *Port Augusta*, grumpysteve62@bigpond.

Com Mob ; 0477 006 102, PO Box 2175 Port Augusta SA 5700

CHAIRPERSON ZONE 9 Lower Eyre Peninsula -

Cleve; Cowell; Cummins; Lock; Port Lincoln; Tumby Bay Allan Zerna (Jan) - Cowell

janalla@bigpond.com

0427 292 088

PO Box 58 Cowell SA 5602



Would you like to recognise an outstanding Lion in your club with national recognition, acknowledgement and the presentation of a Melvin Jones Fellowship?

As part of the Campaign 100 program, Lions Australia is looking for 201 Heroes within Australia and Papua New Guinea. Lions nominated by clubs will be recognised by:

1. Presentation of a Melvin Jones Fellowship.
2. Acknowledgement on our Lions Australia website on a dedicated page that highlights the contributions of the Lion.
3. Acknowledgement at the District Convention.

If you would like to recognise your club hero, please follow these instructions.

1. Make your donation of US\$1,000 to LCIF in the usual way.
2. Complete the information below to let us know why your Lion is a hero.



Lions Clubs International
FOUNDATION

We will contact you before making the award public on the website.

For further information, please contact the Lions National Office via
lcif.ops@lions.org.au or your District LCIF Coordinator

LCIF Heroes.docx

**Please note :- Application form is available from Bulletin Editor or
LCIF Co-ordinator PDG Lance Leak**



GLOBAL MEMBERSHIP TEAM (SUBMITTED BY LION ALEX COATES)



CALLING ALL RAINBOW LIONS AND TRUE ALLIES

Lions District 201C1 will be having a group march in the upcoming Adelaide Pride March on Saturday 6th November 2021

Meet at Light Square at 5:30pm and march to Victoria Square by 6:30pm. The route is flat and wheelchair accessible.
Masks will have to be worn.

If you are interested in participating with Lions, please contact District Inclusion and Diversity Support Officer and Advocate, Alex Coates at alex.coates@yahoo.com.au



DIVERSITY

What does it mean to have a diverse club?

It is a club that has a mix of members who make up the various differences that community members may have.

These may include;
Ability or Disability
Age
Beliefs
Cultural Diversity, Ethnicity or Race
Education
Gender or Gender Identity
Income
Sexuality or
Skills

**The more diversity
the richer the club!**

INCLUSION

How do you achieve a diverse club?

A diverse club can be achieved by being a welcoming and respectful group that includes everyone and values everyone's uniqueness and skills.

Not everyone likes everyone in society and not every member at every club will get on with each other.

However, you need to ensure that members are included at activities and meetings, so they feel a valued part of Lions.

You never know when they may come up with a great idea or assist the club or community.

MEMBERSHIP

Has your club set your membership target for 2021/22?

Has your membership officer got a plan? Have you got a plan?

So far, we have started the year strongly and are currently showing positive membership growth across the District but we need to keep recruiting!

**Here are some tips –
Just Ask?**

Many people have never considered joining because no one has asked them.

► **Free Pizza and Information Night or a Morning or Afternoon Tea.**

► **Have a club member at every activity focussed on providing information and speaking to potential members**

► **Start a branch club –
It is easier than you may think!**

RESPECT

Why Respect?

As service-minded people, we all respect and committed to our community.

While this is likely 100% true, we need to remember our own members.

- ☺ Ensure everyone gets spoken to at the start of a meeting and someone checks R U OK?
- ☺ Make sure everyone has a chance to contribute to meetings
- ☺ Ensure you show gratitude and thank fellow members
- ☺ Ensure when telling jokes or making comments that they are appropriate to the group involved
- ☺ Never bully, harass or discriminate against any Lions member or community member

RETENTION

Retention or keeping our members

Retention is a focus this year as although it is great to recruit lots of new members. Many members are lost early in their Lions experience.

Here are some tips for keeping our Lions –

- Try to make meetings enjoyable, fun and not too long.
- Have social functions like games night, fancy dress, bowling, talk like a pirate day, wine tasting or a movie afternoon
- Keep debates respectful and try to avoid too much repetition
- Have tail twisting, raffles, or mini quizzes at club meetings

If you have any questions or need any assistance, please contact your Zone Chairperson or the District GMT Team



Why report service

How do clubs and districts individually benefit from reporting service?

- » Reporting service helps transfer knowledge and best practices to your club's future leaders. Club officers can review past service activity reports, learn from the successes of the club's previous activities and better plan for their future activities.
- » Reporting service is a matter of local pride. Reporting puts your club on the map as leaders in your local community, and it's an important way to share success with other clubs in your district and around the world.
- » A high percentage of clubs reporting service is a sign of a healthy district.
- » Reporting service allows you to become eligible for service awards.

How do clubs and districts collectively benefit from reporting service?

- » Reporting shines a light on how and where local clubs are making a difference. This elevates the profile of Lions Clubs International as a global service club organization.
- » Service reports provide tangible evidence of our global engagement and impact to prospective partners of Lions Clubs International. These relationships strengthen the organization and yield benefits at the local level.
- » People want to participate in real, visible change. Service reporting allows clubs to continually engage communities, tell stories more effectively and ultimately grow their member base.

How does reporting service benefit the people we serve?

- » Service data helps everyone understand the needs of communities around the world and how our Lions and Leos are serving those needs.
- » Because service activities are scalable, one small service project can become the next global initiative of the organization. But Lions Clubs International is not aware of such projects unless they are reported.
- » Service data enables Lions Clubs International to identify best practices that can be shared globally.
- » Measurement leads to insight. Setting higher goals each year mobilizes the organization toward growth.
- » Service reports show how Lions and Leos around the world are using funds from Lions Clubs International Foundation grants to serve their communities. This visibility encourages Lions and Leos to think creatively about their own projects and apply for LCIF grants themselves.

Additional benefits

- » Reporting is the final step in completing a service project. If it's not reported, it's not done!
- » Reporting service is a lot like voting. You may think your report doesn't make a big difference, but the only way we'll be successful is if everyone does their small part.
- » Reporting is considered service in itself. The time clubs and districts spend reporting their service are considered volunteer hours, and can be reported in MyLion.

For more information, please visit [here](#).

District MyLion Activities Mentor :- Lion David Schwartz 0428 496 304



Lions Clubs International

lionsclubs.org

12/19 EN



CHILDRENS MOBILITY STAMP COLLECTION

It is astounding how much money can be raised from things we throw away! The Lions International Stamp Club presented a cheque for \$4,600 to the Australian Lions Children's Mobility Foundation at the Canberra Convention [2013] and at Tamworth the following year we received another cheque for \$7,000. Newcastle [2015] saw us receiving \$9,200 and in Echuca the next year \$13,500.



At Lions 100year celebration in Hobart [2017] ALCMF itself celebrated a record donation of \$15,500 and the next year in Townsville we received \$25,500. What an incredible amount!!

We were amazed to receive \$48,000 [nearly double the previous year] in Geelong and although we were not able to have our Convention in Adelaide in 2020, we were still lucky enough to accept \$53,000, and this at a time when letter writing is disappearing. (In Canberra 2021 we received \$63,000)

This stamp collecting project is something we could all contribute to, with little effort and no expense. It is for this reason that we are asking all Lions in Australia to collect used stamps by placing a container in your home, and perhaps in a local business. Someone may even have an old stamp collection from their earlier days that they are willing to donate.

The stamps need to be cut around approx.3mm from the edge as the stamp fringe must not be damaged.

The Stamp Club places these into 5kg bundles and they are then sold at Stamp Auctions.

Please support this simple request and help Children's Mobility. We look forward to being inundated with stamps appropriately trimmed.



If you have stamps that you wish to donate, please bring them to the convention.

Lion Vaal Dix and I will gladly accept them.

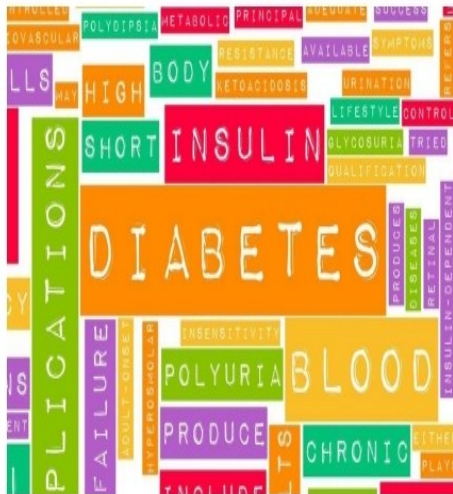
We will be at the Australian Lions Childrens Mobility Foundation booth at break times



World Diabetes Day

14th November 2021

Diabetes → Emotions



There are 2 main types of diabetes.

Type 1 diabetes is a condition where the body is unable to produce insulin of its own. The only treatment is to have insulin either via injection or pump.

Type 2 diabetes can run in families and is a condition where the person may no longer be making enough insulin or their insulin is not working properly. They may be managed with lifestyle strategies, medications and/ or insulin.

Diabetes is relentless.

Every minute of every day, a person with diabetes faces decisions, thoughts, worries and fears about their diabetes care and the future impact the condition may have on their health.



A person with Type 1 diabetes needs to adhere to a complicated regimen and to make an average 180 decisions each day directly related to the management of their diabetes.

Diabetes distress, anxiety and burnout are very real complications of the condition.

Last year Diabetes Australia's theme was 'Heads up on Diabetes' with a focus on the mental and emotional health impacts of living with diabetes.

This world diabetes day, I would like to encourage LIONS to have a conversation about the real impact diabetes can have on a person's mental and emotional wellbeing.

If you are feeling overwhelmed by the burdens of caring for your diabetes or for someone you love with diabetes please contact your Diabetes Nurse Educator or GP for further support

Coralie Cross MNurs: NP (Diabetes: Rural, Remote & Indigenous Health)

Credentialed Diabetes Educator, RN

York & Northern Local Health Network

Email: Coralie.Cross@sa.gov.au

Phone: (08)8842 6524

Mobile: 0466 600 427





AUSTRALIAN LIONS WELLBEING FOUNDATION



Call us: 1800 805 334

Social and Emotional Learning - Training & Resources

BREAKING NEWS!

Lions Quest teacher training is now available online!

Since 1988, thousands of teachers and students in schools in Australian schools have benefited from these research-based programs.

The teacher-training will now be delivered in a 2-hour online (Zoom) module, making it more accessible to teachers Australia-wide.

Workshop dates:

Wed November 3: 1:30–3:30 pm EDST

Thur November 4: 4:00–6:00 pm EDST

(Registrations close October 13.)



✓ Visit the Lions Quest website for more details and to register. The \$225 fee covers your complete resource package for one year level plus the training experience. Sponsorship from your local Lions Club may be available.

Find out more and register at lionsquest.org.au Don't delay - space is limited!

✓ If you are interested in a hosting a dedicated session for your own group of up to 20 participants, please contact us at lionsquest@alwf.org.au

✓ Want more information on these highly regarded programs before you consider the teacher training? Visit the lionsquest.org.au for an information flyer, case studies and more.

✓ If you would like to learn more about Social and Emotional Learning and how Lions Quest *Skills for Growing* (F-5) and *Skills for Adolescence* (Yrs 6-8) can make a difference in your school watch our introductory webinar available at lionsquest.org.au.

✓ If you were trained on a previous version of the program and would like the latest edition, please contact us at lionsquest@alwf.org.au to order your copy of the latest edition - \$99.00 plus postage.

You may also be interested in participating in the workshop as a refresher. Sponsorship from your local Lions Club may be available for this upgrade.

Visit Lions Quest today lionsquest.org.au



AROUND THE CLUBS

BURNSIDE CLUB HAPPENINGS

Our August Dinner

Meeting saw us hosting a visit by District Governor John Barnes and Zone Chair, Ray Nuyjar.

It was most appreciated by all present to hear the reassurance from our DG that the Burnside Club, as a senior club, continues to volunteer with “vim and vigour” and maintains its support to a number of projects....that we are performing well.

During the month of August we donated a payment of \$1350 to Burnside CFS to enable them to purchase a battery powered chain saw. We work closely with them as an organisation and have made regular donations to them for purchase of equipment



Secretary Barry reported that club members had volunteered about 240 hours service in July...in projects such as Bargain Centre operations, Digital Image scanning visits and processing of donations of stamps and spectacles.

Unfortunately we have suffered from inclement weather for our last four Bargain Centre sales meaning our income for each of these months has been down. We managed to clear \$1170 for our September sales. Sales are held on the first Saturday of each month.

Those attending have enjoyed the bartering and the opportunity to purchase a sausage from our BBQ.

Our club will be participating in the National Garage Trail in November and will have extra opening hours on those weekends.

In May 2022 the club will celebrate 60 years of service. Planning is underway for this event with support of Burnside Council being sought.

November and December will see members engaged in the sale of Christmas cakes with a regular stall being manned at Burnside Village.

Planning or training in LEHP, in conjunction with members from Glenside Lions, is taking place.

Our final plans for extensions to our Bargain Centre have been approved by Council and we now hope that the new structure will be up constructed and operating by November....this will enhance our storage of goods where we are currently very tested.

A BIT OF HISTORY ABOUT CITY OF ADELAIDE CLUB (Found on Facebook)

60 Years of our Lions Club

A project of note for our club has been Fred's Van. We first became involved in 1990, when St Vincent de Paul Society requested help to replace an aged vehicle used to feed the homeless and the “street kids” in Currie Street, Adelaide. By negotiation with a local motor dealer and gentle persuasion to some business houses associated with members, a worthy replacement was found and presented to Fred's Van. In



1997 the need for a kitchen became a necessity as the service provided by Fred's Van had grown enormously. An application was lodged with LCIF to provide a significant grant and, with local support, a brand new kitchen was established in the suburb of Hawthorn.

After a visit from an International President, the Club was encouraged to make another application to LCIF to purchase Fred's Van No 4. With the grant and additional resources from the Club No 4 van was soon in use. Fred's Van is a project that we continue to support on a regular basis because it fulfils a significant need within the City of Adelaide.



AROUND THE CLUBS

CHARLES STURT WOODVILLE HINDMARSH FOOD PANTRIES



Photo. Pictured L to R with Mayor Angela Evans: Lions Members Patrick Ryan, Mark Daker, Mayor Evans, Clotilde Marchioro, Marijka Ryan and Dragana Curak

The Lions Club of Charles Sturt is proud to announce that two community food pantries have been installed at two locations: one at St Margaret's Anglican Church at 791 Port Rd, Woodville, (corner of Port and Woodville Roads) and the other at the Woodville Uniting Church at 44 Woodville Rd, Woodville, (next to the Queen Elizabeth Hospital).

The launch of both FOOD PANTRIES was held on Saturday, 11th September. It was greatly appreciated that Mayor Angela Evans was able to take time out from her busy schedule to attend the launches. Mayor Evans is

an Honorary Member of the Lions Club of Charles Sturt and her presence was very welcomed.

The project initiative came from the Lions Club of Charles Sturt, and with the suggestion of the Ward Councillor Kelly Thomas, that the Rotary Toy Boys would be able to build the pantries for a cost, the project has since that time evolved into becoming a joint venture with the Rotary Club of Charles Sturt/Grange.

The pantries will have non-perishable items stocked for anyone to take what they need or give what they can. With so many members of our community already in financial stress, some sleeping rough, coupled with the resulting economic climate brought about by COVID, the pantries will be a backup, no questions asked service for those who need food for themselves or their families. This free service is available 24 hours per day and the pantries will be unlocked at all times. It is intended that the pantries will be restocked through community donations. If you are able to assist, please either pop your non-perishable items in the pantries or alternatively, they can be dropped off at Tim Morris Real Estate, 753 Port Road, Woodville, who have generously agreed to act as a drop off point for community food donations.

Thanks go to both St Margaret's Anglican Church and the Woodville Uniting Church who have consented to having the pantries installed on church grounds

Another successful project completed in service of the community!

BUSY AT TORRENS VALLEY

Club members have been busy with Bunnings bbq and drumming up more fundraising ideas. October looks to be a busy month with bbq's for a trail bike event, 5th Sunday market, Hills Alive event, Torrens Valley Community Centre 21st celebrations and of course Bunnings.

Our Coin drive continues as does our support for the local Community Pantry, with food items being donated for those in need.

Our September dinner meeting will be hosted by Mt Pleasant Crash, who has so generously offered to cook dinner for Club members and give a tour of the modern crash repair premises.

The Club will again hold the Happy Paws Dog Show at the October 5th Sunday Gumeracha Market, with proceeds going to Lions Hearing Dogs

CLARE LIONS FURNITURE STORE



For August we received 140 items of furniture and sold 115. There were 20 pickups and 17 deliveries. These included donations for Uniting Country SA to Clare, Riverton and Blyth to the value of \$310.

We are still waiting to hear about the furniture set aside for the family that lost all their possessions in a house fire. It is possible now that some of this will not be required and so will be returned to the Store.

Of course, the big news is that we now have our own Club vehicle to shift furniture.

Thanks to all those who have helped out, including volunteers



AROUND THE CLUBS

VALE LIONESS/LION HELEN MARTIN



Sadly I advise of the passing of my dear wife Helen Martin on Friday 23rd July after a short battle with lung cancer. Helen's private burial was held under covid restrictions on Wednesday 4th August.

Helen was wife of C1 DG Tom Martin 2008-09, and came into the Lions Organisation when Tom was a Formation Member of the Southern Yorke Peninsula Lions Club in November 1968 (later to be the Minlaton and Districts Lions Club) as a ladies auxiliary member, then a Lioness and a Lion. Helen served on the C1 Cabinet as Lions Ladies/ Lioness and Peace Poster Officer until her recent illness. Helen also served the Minlaton Community in many ways including the Anglican Church, Mothers' Union, Meals on Wheels, SYP Community Housing, Probus Club, South Park Hostel for the Aged, as well as supporting her children and grandchildren in their many activities.

Helen was awarded a District Governor's Appreciation Award by DG Tony Pederick and also a Melvin Jones Fellow Award from the Minlaton and Districts Lions Club, unfortunately Helen was not able to receive these awards due to her illness and subsequent passing.

Tom and Helen have four children and nine grandchildren.



ONKAPARINGA HONOURS MEMBER



President Corry presents a Melvin Jones Fellowship award to Onkaparinga Lions' Fire Relief coordinator Kingsley Blenkiron.

Even though he lost his own home in the 2019 Cudlee Creek Fires, Onkaparinga Lions Club member Kingsley Blenkiron has spearheaded efforts to help many other families affected by the fires through grants from Lions International. In the 20 months since the fires ripped through the farms surrounding his home at Woodside, Lion Kingsley has demonstrated extraordinary levels of concern and empathy for those who needed Lions' help, and for this effort last month he was awarded a Melvin Jones fellowship.

Club president Corry Moors, presenting the award said that Lion Kingsley's desire to help others had been inspirational and very much appreciated by those in the community who had suffered during the devastating fires. "He found time to help so many others while trying to re-build his own life after his home had burned to the ground," President Corry said. "And all the while he had managed to continued to fill his role as president of the club." Kingsley was one of two members to lose their homes in the fires; another half dozen members suffered stock and property losses as well.

Doc. I cant stop singing 'Green, Green, Grass of Home' He Said. "That sounds like Tom Jones syndrome" 'Is it common?' I asked. 'Its not unusual' he replied.

What gender are computers?

Ctrl+ Click on the link to find the answer

<https://youtu.be/IFptlmGCOVI>



AROUND THE CLUBS

MORE FROM ONKAPARINGA CLUB

Milton, 96, helps people see beauty and value in others

By Joseph Moore

Milton Page is 96 years old but that hasn't stopped him from serving the Hills community and resolving conflicts with a positive outlook as the welfare officer at the Onkaparinga Lions Club.

After a record-breaking year for the Lions Shed op-shop in Woodside, president Corry Moors said looking after the community would have been impossible to manage without the dedication and care of Mr Page.

"Milton's passion for the community is the standard for us all," Mr Moors said.

Mr Page is a Balhannah local and has been an active Lions Club member for 50 years, gaining life membership in 2012. "We work as a community, for the community," he said.

"It has been such a worthwhile part of my life, and I really enjoy the social side."

His active community service involves regularly cleaning the barbecue and clearing fallen leaves at Brockhoff Park, recently acquiring a leaf-blower through the club to make the work easier on his back.

He was originally a teacher, and his vocation brought him to the Hills where he bought a farm at Meadows, which to this day grows flowers that his wife Jean arranges into floral art for country shows and markets.

Mr Page took up wood-turning after



retiring, crafting wooden pens from red gum and golden cedar which he would often gift to important visitors and Lions club members.

Mr Moors said Mr Page continued to be a kind man and an effective problem solver, resolving conflicts and helping fellow Lions to appreciate the best

attributes of one another.

"A few years ago there were some personality clashes within the club," Mr Moors said.

"Par for the course with any group, really."

Instead of letting the problems get worse, Mr Page wrote a letter to his

fellow club members, relating his experience as a wood-turner and finding beauty even in the most visually flawed wood he collected.

"If I just look at the faults and put it in the woodshed it provides some warmth when burned, but then it is gone forever," he said.

"If I concentrate on the good characteristics and make something useful out of it, someone gets the benefit of the article and it survives."

"People are no different."

Mr Moors said the issues were soon resolved and the membership has largely gotten along with one another ever since.

Mr Page said the world changed a lot over his life, and not always for the better.

"There's more conflict in the world," he said.

"Some people aren't seeing the good in one another, which is a shame."

His wish to the broader community was for everyone to see the best in each other, and to join clubs and groups that focus on empowering one another as well as the communities in which they live.

"I would like to see the young ones join the Lions club," he said.

"There is so much you will come to love about life by being part of a community and working for it."

Mr Page credits his long life to his wife's love and dedication, seeing the best in others, and keeping active with his passions such as woodturning and community service.

PAGE 16 The Courier, Wednesday September 1, 2021 www.courier.net.au

Editors note :- newspaper articles do not reproduce well.

Lions Club of Athelstone presents

MENTAL HEALTH FORUM

Wednesday 20 October 2021

6.30pm - 9pm (for a 7pm start)

Campbelltown Council Chamber
(172 Montacute Road, Rostrevor)

FREE EVENT

A mental health forum focusing on wellbeing

Guest Speaker: Dorothy Belperio, Managing Director of Peer Connexion.

Peer Connexion is a local social enterprise based in Magill, connecting Participants - Parents - Peers to community, work and social participation. As Managing Director, Dorothy has extensive experience in the disability and mental health sectors and brings a wealth of knowledge.

Light refreshments provided.

For more information or to register contact DI (Lions Club of Athelstone) on 0434 133 747, or register via Eventbrite lionsmentalhealthforum.eventbrite.com.au



NEW MEMBERS AT ADELAIDE HELLENIC

Rosa Falco and Ryan Schumacher were recently inducted into the Lions Club of Adelaide Hellenic Inc. Rosa was sponsored by Evelyn Perdakis Chefalachis and inducted by Lion Vasi Prokopiou. Ryan was sponsored by John Chefalachis and inducted by Lion John Giannis.



Photo shows : Lion John Chefalakis, Lion Ryan Schumacher, Lion Rosa Falco and Lion Evelyn Chefalakis

WELCOME TO LIONS



AROUND THE CLUBS

PORT AUGUSTA REQUIRES SUPPORT

Lions Helping to Make a Difference in Men's Health!

The Lions Club of Port Augusta has approved the featured service project for the current 2020/2021 year.

The district has a number of Lions clubs that are within the surrounding areas that could well be accessing this unit.

As the Zone 8 Chairperson I would like to invite the other Lions Clubs in Zone 8, as well Zones 7 and 9 to join with Port Augusta to raise this service project as a multizone Zone project. However, all district clubs are invited to support this project.

District Lions Clubs within Zones 7,8 & 9 including:
Booleroo Centre & District, Cowell, Jamestown, Kimba, Orroroo & District, Port Pirie, Port Augusta, Peterborough & District, Quorn, Rocky River, Whyalla, Whyalla Mount Laura, and Wudinna.

The unit is expected to be commissioned by June 2022 and will ensure that public patients across the Health Network will have the same level of service that is available in Adelaide.



Lions Challenge:

To raise \$45,000 to match The Male Bag Foundation's \$45,000 grant!



Steve Fawcett

The Service project is to raise at least \$45,000.00 to assist in facilitating the purchase of a leading-edge prostate cancer biopsy machine for the Flinders and Upper North Local Health Network. The transperineal biopsy machine will be based at Port Augusta. The balance of the machine's cost will be assisted by funds raised by the Whyalla Prostate Support Group. With \$45,000.00 being donated by the Malebag Foundation.

Health Network CEO Craig Packard:

"...also thanked Port Augusta Lions who saw the unique health value of the project and immediately stepped up to raise funding for the Health Network. The Network and Lions are now in regular contact with the Foundation, and I am confident our shared mission will be delivered on time and have lasting benefits for our community".



DONATE TODAY

Mail cheques to:
Lions Club of Port Augusta
PO Box 644,
Port Augusta SA 5700

BSB: 035 065
Account #: 234 641
Account Name:
Lions MB Prostrate Account

Contact Steve Fawcett: 0477 003 102
www.portaugustalionsclub.org.au



FIDELITY — INTEGRITY — SERVICE



AROUND THE CLUBS



Members of The Athelstone Lions Club

Cordially invite you to

Our 45th Anniversary Dinner



Highbury Hotel

1017 Lower North East Road, Highbury

Saturday 6th November 2021

6.30pm for 7pm

\$50 per person Set Menu (see attached)

RSVP : Michael Cook

mico@chariot.com.au

Please advise dietary requirements

0432 955 472

By 22 October 2021

Bank Details

BSB 105-152

Account 055007540

Ref: 45th Anniversary plus your name



Drinks available at Bar

No Disability Access



AROUND THE CLUBS

PETERBOROUGH CLUB VERY BUSY

At the Lions Club of Peterborough & District Inc Handover on Saturday 31st July, 2021 a Thank You Gift Pack and Certificate was given by President Judy Higginson to the Railway Hotel managers, Macca & Donna for their support of our Club with our Dinner Meetings and maintaining our Lions Bingo Ticket Machine in the Front Bar.



On Saturday 21st August, new President Julie Atkinson and Leo and Vanessa Malycha also presented a Thank You Gift Pack & Certificate to Neil & Robyn Walker from the Peterborough Hotel, for maintaining our Lions Bingo Ticket Machine, as they were unable to attend our Handover.

At our Works Meeting on Tuesday 3rd August, the Club donated \$250.00 to Brad Lock, who will be in a Car Rally to be held in October with all proceeds going to the Cancer Council.

Leo and Vanessa Malycha attended the Lions Club of Booleroo Centre Handover and enjoyed the night.

On Friday 27th August, members provided a morning tea for those who attended the opening of the new Powerlifting Gym.

Members on Sunday 29 August attended a working bee at the Lions Rose Garden at the Cemetery, pruning roses and doing weeding etc. Plans to paint the fence surrounding the Rose Garden and the Lions seats will be done when it is a bit warmer.

Other upcoming events include:

Wednesday 15 September will provide morning tea for 25 people for the opening of the Men's Shed.

Sunday 19th September selling donuts at the Lions Club of Jamestown's - Lions Auction, where we will use their Lions van.

Lions Markets to be held on Sunday 3rd October, from 9-1, where we will invite stall holders to attend and pay a site fee. Lions will sell donuts in the Lions van and also sell books..

GILLES PLAINS RAISES FUNDS FO ALCMF

Gilles Plains club, inconjunction with Langmeil Wines and Unearthing Wine group, raised \$1047 at a recent function held at the Caledonian Hotel, North Adelaide. Approx 70 people attended and enjoyed wine tasting supplied by Langmeil Wines. The money was donated to the Australian Lions Childrens Mobility Foundation .

District Chairman Lion Vaal Dix (ALCMF) made a short address to the group, explaining that the foundation is 25 years old and has funded over 2000 walkers and devices valued at over \$13 million. The foundation has a great working arrangement with Cerebral Palsey Partners and Physiotherapists throughout Australia and continues to work with individual Lions Clubs to raise funds to support the children in need.

Mission Statement

The Mission Statement of the Foundation is –

‘To fund mobility devices for children with disabilities, giving these children a chance to walk’.A great time was enjoyed by all.





FOUND ON FACEBOOK



VDG'S VISITING CLUBS

1st VDG Zig. visited Elizabeth Playford Lions Club



2nd VDG Peter visited Port Pirie Lions Club

GILBERT VALLEY LIONS

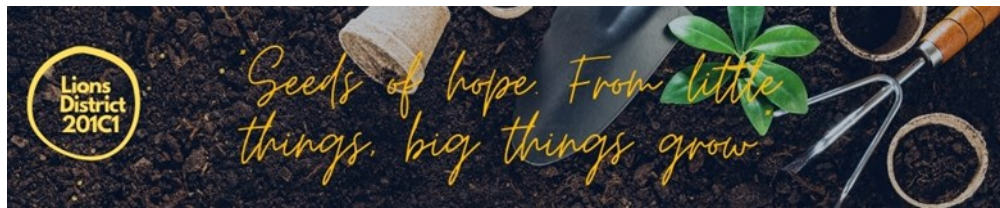


Wow! What a morning!
The official opening of the Tarlee BMX and Pump Track. Perfect weather and a great crowd.
Thank you to all of those involved in running today's event but also working behind the scenes in the months leading up to the opening.
Special thanks to:
[Clare & Gilbert Valleys Council](#), [Clare Valley Cycle Hire](#)
[Riesling Trail Bike Hire](#), [Clare Youth Action](#)
Lions Club of Gilbert Valley Inc.
Dirt Perfection
Copper Coast BMX Club
John and Marian Lloyd
People travelled for as long as 2.5 hours to make the opening, highlighting what an asset the track is to our community. We look forward to seeing it get plenty of use and providing enjoyment for all ages.





SEEDS OF HOPE. FROM LITTLE THINGS, BIG THINGS GROW.



Get set to plant commemorative gardens to mark 75 year anniversary in 2022

The countdown is on for the celebration of Lions Australia's 75th anniversary in September 2022.

Local Lions District 201C1 clubs are encouraged to start planning and planting commemorative gardens to mark the special occasion.

The goal is for Lions clubs across Australia to plant at least 75 gardens before the official anniversary in September 2022 and DG John Barnes says, "The gardens will be a great way to recognise the anniversary and celebrate the impact of Lions with the local community by creating their own colourful impact. We encourage the planting of commemorative gardens to recognise the significance of the occasion. Lions Australia's 75-year anniversary is an exciting milestone and a great opportunity to recognise our local volunteers who have made such a difference over the years. We look forward to planting and nurturing our Clubs gardens in the coming months and celebrating within the communities that we serve."

Early conversations have sprouted ideas such as "sensory gardens", native bush gardens, joining forces with local community groups on collaborative gardens and simple rose gardens. Each will take on their own life and grow into a lasting tribute to our community.

TYPES:

Sensory Gardens: Include features, surfaces, objects and plants that stimulate our senses through touch, sight, scent, taste and hearing.

Community Gardens: Single piece of land gardenised collectively by a group of people. Community gardens use either individual or shared plots on private public land while producing fruit, vegetables, and/or plants grown for their attractive appearance.

Native Gardens: showcase innovative and artistic ways of using native plants on a domestic scale. These include examples of native plants used for hedging, structural planting, screening vegetation, specimen plants, formal and informal garden beds, pots, and as copses of trees

The District has draft letters for use to send to Councils for permissions to use areas and we are happy to discuss your initiatives to support ideas.



For more information about our 75-year anniversary, contact Lion Charlie, Public Relations 0424644624 charliehelenrobinson@gmail.com



HUMOUR FROM CLUB NEWSLETTERS



A golfer is cupping his hand to scoop water from a Highland burn on the St Andrews course.

A green keeper shouts: 'Dinnae drink tha waater! Et's foo ae coo's shite an pish!

The golfer replies: 'My Good fellow, I'm from England. Could you repeat that for me, in English!?'

The keeper replies: 'I said, use two hands - you'll spill less that way.

Two Irishmen flying in a biplane, one says to the other "If we fly upside down, will we fall out?"

His mate says "No Paddy, we've been friends for years."

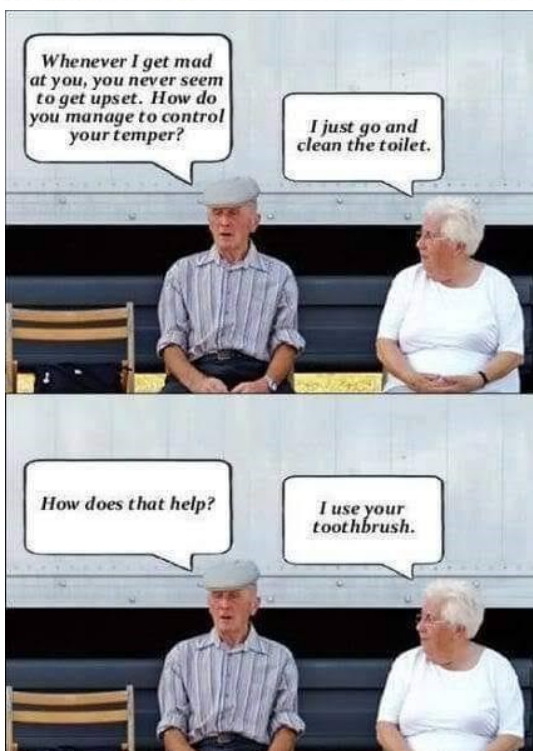
I thought it was the washing machine shrinking my clothes...

Turns out it is the refrigerator.

I've never understood why women love cats.

Cats are independent, they don't listen, they don't come in when you call, they like to stay out all night, and when they're home they like to be left alone and sleep. In other words, every quality that women hate in a man, they love in a cat.

"Don't worry, I can stay out as late as I want to



Just for a laugh...

On the main road to Mombasa:

TAKE NOTICE: WHEN THIS SIGN IS UNDER WATER, THIS ROAD IS IM-PASSABLE.

A poster in Mumbai:

ARE YOU AN ADULT WHO CANNOT READ? IF SO WE CAN HELP.

Airline office in Copenhagen:

WE TAKE YOUR BAGS AND SEND THEM IN ALL DIRECTIONS.

Laundry in Rome:

LADIES, LEAVE YOUR CLOTHES HERE AND SPEND THE AFTER-NOON HAVING A GOOD TIME.

tonight," Joe told his friend Bob. "My wife's gone for a two-week vacation in the Caribbean."

"Jamaica?" Bob asked.

"No, it was her idea."

On a trip to a rural village, a friend stopped off at the only shop in town to buy a newspaper. However, all the shop had was the previous day's edition.

"Excuse me," he asked the shop owner, "do you have today's newspaper?"

"Yes, I do," answered the man. "It'll be here tomorrow."

I went down to the 24 hour supermarket. When I got there, the bloke was locking the front door. I said, "Hey, the sign says you're open 24 hours."

He replied, "Yeah, but not in a row!"



ENVIRONMENT NEWS

lionsaustralia
we serve



Environment

A core project of Lions Clubs International



Let's Stay Positive!

During this time of living through a Covid lifestyle, it is easy to get lost in negativity or even despair. We need to remember there are simple and effective actions we can take for ourselves and the environment. By taking measures now that result in ongoing reductions in greenhouse gas emissions we can still mitigate the impacts of climate change. Remember that you are more likely to achieve a long-term impact by starting small and working your way up to bigger and more uplifting outcomes.

Start at Home: If you are working from home, it's time to make sure you are doing the type of sustainable activities you would in the office, at home! Put aside those printer ink cartridges to be recycled the next time you visit Office Works or the like. Choose high quality recycled office paper and set up a few of your own recycle bins for soft plastics and household batteries. Use a small compost bin on the kitchen bench.

Vote With Your Wallet: Every time you spend your hard-earned dosh, remember that you are sending a message to the economy about what type of world you want to live in! Use your purchasing power to support brands that align with your personal ethos and are striving to reduce their own carbon footprint.

Practice mindful Purchasing: This is often called "Conscious Consumption" and is an active process of considering yourself, your community and nature when deciding whether to buy new products. This applies to choosing between options, as well as deciding whether a new product is required at all! Consider if you really need the new product, and if so, find out if a similar second-hand product would be just as suitable.

Make Your Voice Heard: Use the digital network as a force for good by speaking up about environmental issues in your local community and beyond. Research into behaviour changes shows people are more likely to influence others if their positive desires and aspirations are met. Showing the benefits of sustainability you have experienced personally, can go a long way to changing the behaviour of the community around you.

Connect with Nature: There are many ways nature can help us through challenging times. You can plant a tree, do some weeding or simply be out there to soak it all in. The more time you spend in nature, the more likely you are to value the positive impacts it has on your life and the more likely you are to want to protect it.

Patrick Williams

MD 201 Environment Coordinator

Member of the Lions Club of Gilbert Valley

e: simba103@bigpond.com

m: 0411 492223

"I acknowledge Aboriginal people as the Traditional Custodians of the lands on which we live and work. I pay my respects to the Elders past, present and future, and recognise their continuing connection to the land and waters."





LIONS EYE HEALTH PROGRAM



LEHP - Australia
Lions Eye Health Program
Empowering communities to save sight.



MEDIA RELEASE

'Fly a Kite for Sight'

As many of us are spending more time inside our homes nowadays, Lions Clubs and the Lions Eye Health Program (LEHP) are reminding Australians that a little sunshine each day is useful in promoting good eye health and resisting the onset of near-sightedness, particularly in children.

In response to the increase in Myopia (near sightedness), especially in children, LEHP has launched a campaign which will be rolling out in communities across Australia in coming months.

Lions Clubs will be encouraging members of their community to get outside and "Fly a Kite for Sight". People are also encouraged to submit a photo or video as part of this national awareness campaign revolving around World Sight Day, Thursday October 14th, with the theme of 'Love Your Eyes'.

Myopia, or near sightedness, is a common vision problem where children see very well when reading, writing, or using electronic devices but distant objects are blurred. Evidence shows that sunlight has special properties beneficial to vision health. Specifically, exposure to sunshine helps reduce the risk of developing near sightedness. This is of significant concern as Myopia is also associated with retinal detachment, glaucoma, cataracts, and myopic maculopathy.

"Flying a Kite outdoors is a simple, low cost and effective method to help prevent myopia onset. We encourage Australians to get outside to an open area with their family and Fly a Kite. Overcome the increase in time spent on electronic devices by getting out in the sun," says Rod Jackson, Optometrist and Technical Advisor to LEHP.

"Get out in the morning to avoid exposure to UV light, Fly a Kite with your family, follow social distancing and have fun," adds Jackson.

A sample kite template with construction instructions has been produced by LEHP and can be downloaded from www.lehp.org.au or you can design and build your own.

LEHP is asking Lions Clubs and individuals to take photos and videos of kite flying and send them to the LEHP National Office.

More about Myopia, Eye Health and the importance of Eye Examinations can be found on the LEHP Website.

A video to accompany this invitation is located at:

https://www.youtube.com/watch?v=XV3K_rfOM3o

Further information about 'Flying a Kite for Sight' can be obtained by contacting the LEHP National Program Manager, Leah Evans, at enquiries@lehp.org.au or 1800 010 234.

Lions Eye Health Program - Australia Inc

PO Box 433 Wahroonga NSW 2076

T: 1800 010 234

E: enquiries@lehp.org.au

W: lehp.org.au

ABN: 72 801 591 317



PEACE POSTER COMPETITION

THERE STILL TIME TO GET YOUR LOCAL SCHOOLS INVOLVED IN THE **PEACE** POSTER

As Peace Poster Co-Ordinator I urge your club to become involved.

Approach your local schools **TODAY** to take part in this year **PEACE** POSTER Contest. This year, Lions and the public at our District Convention in Salisbury will judge Peace Posters, in October.

LIMITED kits are available from me, call me today if you need one.

This year's theme is

"We Are All Connected".

If I can help in any way, please feel free to give me a call, 0411637513.

Posters need to be received either by mail to c/- Alex Coates, PO Box 81 Whites Road, SALISBURY NORTH, SA, 5108 by 30th September 2021 or can be delivered to Mawson Lakes Hotel BoardRoom between 10am and 11:30am on Saturday 2nd October 2021.

Thank you

Julie Pickles

President

Lions Club of Paralowie Inc.

National winning entry

2020



Sora Hamamura – Booragoon Lions Club W2

Lions Australia - 75 years of Always being there

Did you know that Lions Australia will celebrate its 75th anniversary in 2022? Today we are incredibly excited to launch our 75th anniversary campaign! Centred around the word 'Always', this campaign presents an exciting opportunity for our organisation to celebrate all that we have achieved over the past 75 years, while looking to the future and the impact that we will continue to make in the lives of people who need it the most. Take a look at our launch video to find out how your club can get involved and help celebrate 75 years of Lions Australia always being there. #LionsAustralia75

#LionsOz2021 #WeServe

See less



UPCOMING CONVENTION LOCATIONS AND DATES

DISTRICT 201C1

2021 Hosted by SALISBURY CLUB

2022 Hosted by CHARLES STURT WOODVILLE HIND MARSH CLUB

MULTIPLE DISTRICT

70th Perth WA 6th to 9th May 2022

71st Gold Coast Qld 28th Apr to 1st May 2023

72nd Darwin

INTERNATIONAL

105th New Delhi 1st to 5th May 2022

106th Boston MA 27th June to 1st July 2023

107th Melbourne Vic 21st to 25th June 2024

108th Mexico City 4th to 8th July 2025

ANZI PACIFIC FORUM (POSTPONED)



OPPORTUNITIES FOR OUR YOUTH

Take a look around your local community ... what is your Lions Club doing to foster the development of your youth?

LEO CLUBS provide a great opportunity for young people from 12 to 30 years of age to get involved in their community, make friends, have fun and make a positive difference in their world.

In my experience, many young people are genuinely interested in 'giving back' to their community but this opportunity is only possible if LIONS CLUBS make the decision to sponsor a LEO CLUB.

As you are making plans for this new Lions year, please consider forming a LEO CLUB in your area. The benefits are immense, and it will not 'cost' your club anything - as it is a club project, the expenses come from your community account.

Please contact me if you are interested in finding out more about starting a LEO CLUB - I would be happy to help you get it up and running.

Thanks,

Lion Beau Brug

District Leo Chairperson

Beau.brug@live.com.au

0430188175

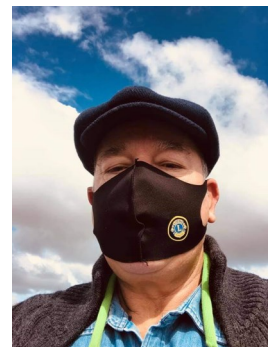


Leadership
Experience
Opportunity

LIONS MASKS WITH EMBLEM



We have organised Lions District 201C1 face masks. Contact Charlie via charliehelenrobinson@gmail.com if you are keen to get your hands on one (or two). \$15 each with proceeds to the Lions Medical Research Foundation (SA).



BE HONEST!

*Does anyone actually
enjoy brussel sprouts?*

