



## SPRING EDITION



## Our District Bulletin

### News from District 201C1 and Beyond

**NOVEMBER 2021**



#### District Governor

Lion John Barnes (Carol)  
34 Highview Grove  
MOONTA BAY, SA, 5558  
Mob : 0448 895 170

For other District Officers  
please see page 9

#### Convention has come and gone.

Salisbury Mayor Gillian Aldridge welcomed us to the city's magnificent Community Hub on Friday evening, where we enjoyed our Lions Flag Ceremony and Welcome to Country from Jack Buckskin.

Welcome to Country was the crowd favourite, an education for us all including humorous and witty repartee, and an insight into his life becoming a senior custodian of country.

The Air League Cadets, children who exemplified our embracing of diversity – presented our flags with dignity and respect. A couple of the younger airmen caught the hearts of several of the audience, with a couple of missteps which the youngsters quickly recovered from.

The singing of the Australian and United States of America national anthems by Lion Emerson Cole was a delightful surprise for us, to discover we were being treated to a performance by someone with such an outstanding voice.

Saturday's Plenary Session was busy. The most important matter amongst others being VDG Zig elected as Governor for the year 2022 – 2023. 2<sup>nd</sup> VDG Peter and GST-Dist Steve were also elected as VDG and 2<sup>nd</sup> VDG. ZC Raj got an honourable mention and was so gracious in defeat.

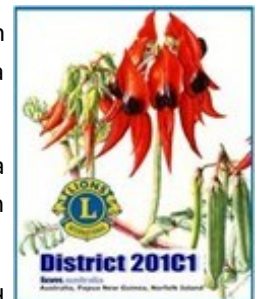
Business was devoted to Constitution & By-Laws, removing or repairing clauses not applicable in today's modern world and clarifying areas where needed. One of import was the creation of a new fund, the PR/Marketing Fund which isolates a portion of our dues for this specific area, and the addition of new Social Responsibility by-laws.

Speakers PID Tony Benbow and PCC Phil Johnson were apologies due to border closures, so they recorded videos of their presentations. I asked both to tell us their Lions story, from being a new Lion to where they are today, and to give us insight into what they consider to be the more important ways to keep members and attract new ones. I worried this would be a bit flat for experienced Lions but when I look at the Conventioneers, I found most were engaged. A young Lion came up and said the presentations were fantastic but keeping up was a problem as she was trying to take notes! Our PR Officer added that several people took notes. We have permission from both PID Tony and PCC Phil to convert their speeches to text which will be available to all, along with the videos.

Gala Dinner night with the "21 Again" theme! I am sure others will write about this as everyone seemed to have a good time; I thought I had a 5-star meal, and the entertainment was fantastic. See our social media for photographs.

Our Sunday Remembrance Ceremony honoured the passing of our Lions over the last two years, led by Salisbury President Alex, with Lion Damien respectfully chiming for each name. Beautiful! "Empty Chairs at Empty Tables" apparently bought tears to the eyes of all in the front row. My favourite and so symbolic of our lost Lions.

Next year will be just as good I am sure, if not better – "Aye, Zone Chair Karen?" Register now for the early bird discount?





## UPCOMING CONVENTION LOCATIONS AND DATES

### DISTRICT 201C1

**2022** Hosted by **CHARLES STURT WOODVILLE HINDMARSH CLUB, WEST LAKES SEATON, WEST BEACH, AND RICHMOND** 21st to 23rd October

**2023** Hosted by **PETERBOROUGH**

### MULTIPLE DISTRICT

**70th** Perth WA 6th to 9th May 2022

**71st** Gold Coast Qld 28th Apr to 1st May 2023

**72nd** Darwin

### INTERNATIONAL

**105th** New Delhi 1st to 5th May 2022

**106th** Boston MA 27th June to 1st July 2023

**107th** Melbourne Vic 21st to 25th June 2024

**108th** Mexico City 4th to 8th July 2025

**ANZI PACIFIC FORUM (POSTPONED)**

## THANK YOU

I wish to thank all Cabinet Members, Lions Members and friends for their wishes of commiseration and care on the occasion of the loss of my two elderly sisters, 10 days apart.

It certainly was a sad time for me and my family.

Once again THANK YOU

Ted Osborn, Bulletin Editor and member of the Lions Club of Gilles Plains.



## APOLOGY

As you read through this bulletin, you will find that it is not complete. There are some blank areas

I apologise for this. I have been incapacitated for the last 10 days due to an injury to my left knee sustained when I tripped at a family gathering in Berri.

Some articles (that have come in late) have not been included in this bulletin.

These items, if still current will be included in the next edition.

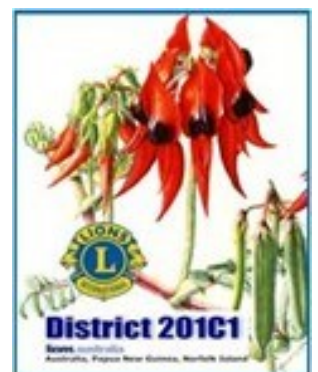
**Ted Osborn, Bulletin editor**

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## NEW MEMBERS OCTOBER 2021 WELCOME TO LIONS

Club	Member	Sponsor
<b>Bute &amp; Districts Inc</b>		
New	Wayne Krieg	Michael Taylor
New	Noel Rodda	Michael Taylor
New	Brad Simpson	Scott Bussenschutt
<b>Cleve District Inc</b>		
New	Sonya Wakefield	Raelee Herde
<b>Gilbert Valley Inc</b>		
New	Carmel Paxton	Stuart Paxton
<b>Gilles Plains Inc</b>		
New	Gabriele Young	Ray Norton
<b>Maitland &amp; District Inc</b>		
New	Helen Hillier-Hamlin	John Beyers
<b>Whyalla Inc</b>		
New	Peter Ryan	



The Black Cockatoo represents Empowerment, Happiness and Contentment. It is a celebratory totem and usually heralds Coming rain.



## ELECTIONS AND NOTICES OF MOTION

The following nominations were received. Delegates participated in a secret ballot , the results are shown.

Nomination of DG for 2022-2023 Lion Zig Osis – Elected

Nomination of 1st VDG 2022-2023 Lion Peter Korndorfer – elected

Nomination of 2nd VDG 2022-2023 Lion Steve Fawcett – Elected

Nomination of 2nd VDG 2022-2023 Lion Ray Najar – lost nomination.

Nomination representative Lions Medical Research Foundation Dr Philip Donato – 2021-2024 elected.

Nomination for District Convention Host Club 2023 – Lions Club of Peterborough & District. Elected.

Lions Convention for 2022 will be held by the host club of Lions Club of Charles Sturt with assistance from West Beach, West Lakes-Seaton and Richmond Lions Clubs.

Click on the link to view the promotional video

<https://youtu.be/c7Ehcl4WiFc>

The results of the voting on the **notices of motion** will be available from your club secretary



The Outgoing Convention Team.



The Incoming Convention Team

## CONVENTION WRAP UP

Now Lions Convention 201C1 is all done and dusted let's relive some HIGHLIGHTS & THANK YOUS! Saturday night!

Thank you to guest inspirational speaker at our gala dinner, Mr Derrick McManus!

Thank you to the amazing people at the turkey flat winery that conducted all of our wine tastings!

Thank you to the three incredible dance groups that performed on Saturday night, belly dance arabesque, Roberts Academy of Irish dancing, and the wonderful Khmer dancers!

Thank you to the incredible staff at Mawson Lakes Hotel!

And thank you to all the Lions who joined us for the Gala dinner!

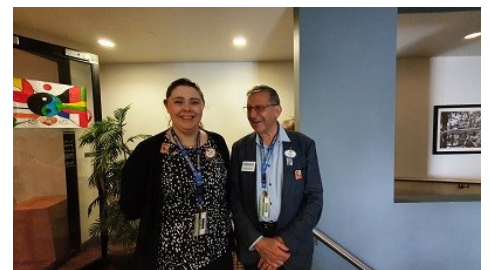
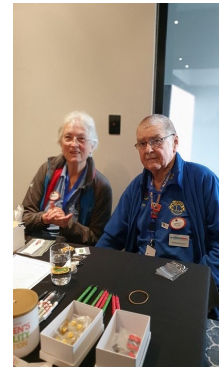
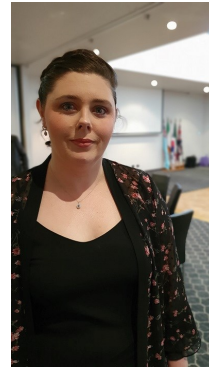




FIDELITY — INTEGRITY — SERVICE



CONVENTION HAPPY SNAPS from Facebook







The Memorial Stand was made by Lion Gerry Van Niekerk (Kadina Club).

The wood was recovered from Cudley Creek fires and the marble from Moonta.







## DISTRICT 201C1 DIRECTORY 2021-2022

### District 201 C1 Directory 2021-2022

#### **DISTRICT 201C1**

cabsec.c1@lions.org.au

All District Mail: PO Box 1015 Clare SA 5453

#### **DISTRICT EXECUTIVE**

##### **DISTRICT GOVERNOR**

John Barnes (Carol) - *Kadina*

dg.c1@lions.org.au

0448 895 170

34 Highview Grove Moonta Bay SA 5558

##### **IMMEDIATE PAST DISTRICT GOVERNOR**

Tony Pederick OAM (Marilyn) - *City of Adelaide*

tpederick@forerunner.com.au

0410 625 007

PO Box 139 Walkerville SA 5081

##### **1ST VICE DISTRICT GOVERNOR**

Zig Osis (Jennifer) - *West Beach*

jzosis1@gmail.com

0431 955 303

22 Westall Avenue Flinders Park SA 5025

##### **2ND VICE DISTRICT GOVERNOR**

Peter Korndorfer (Megan Butler) - *Elizabeth Playford*

korndogg1866@gmail.com

0402 483 059

42 Vitana Court Craigmare SA 5114

##### **CABINET SECRETARY**

Yvonne Bradford (Ken) - *Clare District*

cabsec.c1@lions.org.au

0418 850 556

PO Box 1015 Clare SA 5453

##### **CABINET TREASURER**

Ken Bradford (Yvonne) - *Clare*

cabtreas.c1@lions.org.au

0428 961 069

PO Box 1015 Clare SA 5453

##### **CONSTITUTION & BY-LAWS**

Lance Leak OAM (Di Rashleigh) - *Port Pirie*

lanceleak@exemail.com.au

0418 834 425

189 Kingston Road Port Pirie SA 5540

##### **ASSISTANT CABINET SECRETARY**

Malcolm McKay (Paddy) - *Norwood*

Cabsec.c1@lions.org.au

0403 503 981

11 Torrensview Road Athelstone SA 5076

##### **REGIONAL CHAIRPERSON - ZC Mentor**

Ken Bradford (Yvonne) - *Clare*

lionkennyk@westnet.com.au

0428 961 069

PO Box 1015 Clare SA 5453

##### **ADMIN & CLUB SUPPORT CHAIRPERSON**

Ted Osborn - *Gilles Plains*

tednelse@bigpond.com

08 8368 1826

Unit 164/32 Homestead Avenue Walkley Heights SA

5098

#### **ZONE CHAIRPERSONS**

##### **CHAIRPERSON ZONE 1 Norwestern Suburbs -**

*Adelaide Hellenic; Charles Sturt; Prospect Blair Athol; Richmond; West Beach; West Lakes Seaton*

Karen Hutchison (George) - *West Lakes—Seaton*

westlakesseatonlions@gmail.com

0432 680 12212 Poseidon Court, Osborne, SA 5017

##### **CHAIRPERSON ZONE 2 Adelaide City East -**

*Adelaide West; Burnside; City of Adelaide; Glenside; Onkaparinga (Leo: Glenunga International High School;*

*Ray Najjar (Sabah) - City of Adelaide*

raynajjar@gmail.com

0408 502 393

2 Windarra Avenue Burnside SA 5066

##### **CHAIRPERSON ZONE 3 Eastern Suburbs - Adelaide Italian; Athelstone; Modbury; Norwood; Tea Tree Gully, Rostrevor; Gilles Plains**

Paddy McKay (Malcolm) - *Norwood*

mckaypam@tpg.com.au

0423 033 911

11 Torrensview Road Athelstone SA 5076

##### **CHAIRPERSON ZONE 4 Adelaide Plains - Angle Vale, Elizabeth Playford; Golden Grove; Paralowie; Salisbury; Two Wells; Mallala**

Julie Pickles (David) - *Paralowie*

dajpickles@bigpond.com

0411 637 513

3 Browning Crescent Parafield Gardens SA 5107

##### **CHAIRPERSON ZONE 5 The Valleys - Angaston; Barossa Valley; Gawler; Torrens Valley; Gilbert Valley; Clare**

John Reed (Joan) - *Barossa Valley*

joan-reed@bigpond.com

08 8562 2102

3 Yattarna Crescent Nuriootpa SA 5355

##### **CHAIRPERSON ZONE 6 Yorke Peninsula - Bute; Kadina; Maitland; Minlaton; Moonta; Stansbury Dalrymple; Wallaroo; Balaklava**

PDG Kevin has resigned from this position, DG

John Barnes is looking for a new Zone for this

Zone

##### **CHAIRPERSON ZONE 7 Northern Agricultural -**

*Booleroo Centre; Jamestown; Peterborough; Orroroo; Port Pirie; Rocky River*

Yvonne Bradford (PDG Ken), Clare District ymb3003@westnet.com.au

Mob ; 0418 850 556 , PO Box 1015 Clare SA 5453

##### **CHAIRPERSON ZONE 8 Spencer Gulf - West -**

*Kimba; Port Augusta; Quorn; Whyalla; Whyalla Mt Laura; Wudinna*

Steve Fawcett (Anne-Marie) - *Port Augusta*, grumpysteve62@bigpond.

Com Mob ; 0477 006 102, PO Box 2175 Port Augusta SA 5700

##### **CHAIRPERSON ZONE 9 Lower Eyre Peninsula -**

*Cleve; Cowell; Cummins; Lock; Port Lincoln; Tumby Bay*

Allan Zerna (Jan) - *Cowell*

janalla@bigpond.com

0427 292 088

PO Box 58 Cowell SA 5602





Would you like to recognise an outstanding Lion in your club with national recognition, acknowledgement and the presentation of a Melvin Jones Fellowship?

As part of the Campaign 100 program, Lions Australia is looking for 201 Heroes within Australia and Papua New Guinea. Lions nominated by clubs will be recognised by:

1. Presentation of a Melvin Jones Fellowship.
2. Acknowledgement on our Lions Australia website on a dedicated page that highlights the contributions of the Lion.
3. Acknowledgement at the District Convention.

If you would like to recognise your club hero, please follow these instructions.

1. Make your donation of US\$1,000 to LCIF in the usual way.
2. Complete the information below to let us know why your Lion is a hero.



Lions Clubs International  
**FOUNDATION**

We will contact you before making the award public on the website.

For further information, please contact the Lions National Office via  
[lcif.ops@lions.org.au](mailto:lcif.ops@lions.org.au) or your District LCIF Coordinator

LCIF Heroes.docx

**Please note :- Application form is available from Bulletin Editor or  
LCIF Co-ordinator PDG Lance Leak**



## MEDIA RELEASE

CFS declares Fire Danger Season dates for all districts  
22/10/2021

The SA Country Fire Service has determined the start dates for this year's Fire Danger Season for all South Australian districts, with six districts commencing on 1 November 2021.

The first districts to commence will be the Eastern Eyre Peninsula, Flinders, North East Pastoral, North West Pastoral, West Coast and Yorke Peninsula.

The Mount Lofty Ranges, Adelaide Metropolitan and Kangaroo Island are the last fire ban districts to commence on 1 December 2021.

CFS Deputy Chief Officer Rob Sandford said this year's dates reflect a more standard season, in comparison to what South Australia has experienced in the past few years.

"A milder start to the season than in previous years means we will see the commencement of the Fire Danger Season for many areas at a time that residents are traditionally more used to," Mr Sandford said.

"While parts of South Australia, had wetter than average winters, the vegetation around the state will start to cure, bringing fire potential. People need to prepare their families and homes now, ensuring their Bushfire Survival Plan is practiced and ready.

"With no need for any district to start early, as in previous years, there should be no surprises for residents in these districts who have been preparing their properties," he said.

The Fire Danger Season commencement means restrictions in districts become legally enforceable.

Acting Emergency Services Minister John Gardner encouraged South Australians to download the Alert SA App and have their Bushfire Survival Plan complete.

"The time to prepare yourselves, your properties and your families is now," Minister Gardner said.

"On high-risk days, the right conditions at the wrong time can cause a significant bushfire. Don't get caught out."

The dates are as follows:

Adelaide Metropolitan - 1 December 2021 to 30 April 2022 inclusive

Eastern Eyre Peninsula - 1 November 2021 to 15 April 2022 inclusive

Flinders - 1 November 2021 to 15 April 2022 inclusive

Kangaroo Island - 1 December 2021 to 30 April 2022 inclusive

Lower Eyre Peninsula - 15 November 2021 to 15 April 2022 inclusive

Lower South East - 22 November 2021 to 30 April 2022 inclusive

Mid North - 15 November 2021 to 30 April 2022 inclusive

Mount Lofty Ranges - 1 December 2021 to 30 April 2022 inclusive

Murraylands - 15 November 2021 to 15 April 2022 inclusive

North East Pastoral - 1 November 2021 to 31 March 2022 inclusive

North West Pastoral - 1 November 2021 to 31 March 2022 inclusive

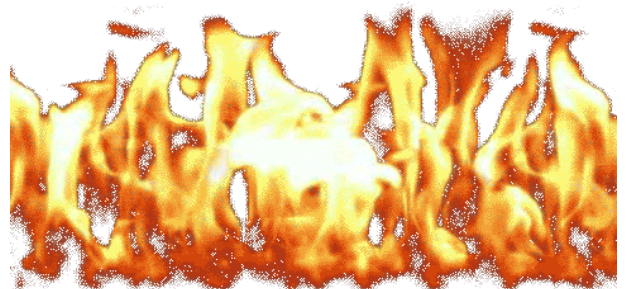
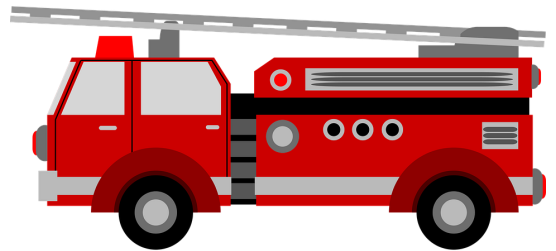
Riverland - 15 November 2021 to 15 April 2022 inclusive

Upper South East - 15 November 2021 to 15 April 2022 inclusive

West Coast - 1 November 2021 to 15 April 2022 inclusive

Yorke Peninsula - 1 November 2021 to 30 April 2022 inclusive

For more information on Fire Danger Ratings and what they mean visit,  
[CFS.SA.gov.au](http://CFS.SA.gov.au)





**HELP REQUIRED**

## **Australian Lions Hearing Dogs**

A.B.N. 37 976 454 009 T: (08) 8388 7836 F: (08) 8388 1299 E: [info@lionshearingdogs.com.au](mailto:info@lionshearingdogs.com.au) 793 Mount Barker Road, Verdun SA 5245  
(P.O. Box 164, Hahndorf SA 5245) [www.lionshearingdogs.com.au](http://www.lionshearingdogs.com.au)

Donations over \$2.00 are allowable deductions for Income Tax purposes.

Lions Hearing Dogs Inc. is an Accredited Member of Assistance Dogs International

To Lions Clubs in Metropolitan Adelaide, 201C1 & 201C2

From David Horne, Chief Executive Officer

Subject Emergency Boarding for Catastrophic Fire Days

Date 20 October 2021

Dear Lions,

Summer fast approaches, and with that comes the ever-increasing risk of bushfires in the Adelaide Hills where the Lions Hearing Dog Training Centre is located. To combat this risk and ensure the safety of our dogs in training, ALHD has enacted a policy where on catastrophic fire danger days, dogs are billeted out to volunteer homes in the Adelaide metropolitan area until the risk has abated.

During these stays, volunteers are provided with everything necessary to look after and make comfortable the trainee assistance dog under their care. Food, leads, crates etc. are all dropped off with the dog directly to the volunteer and a member of the Training Team will be available 24 hours a day to provide support and advice should it be required.

We are searching for volunteers who live in the Adelaide metropolitan area who can look after one of our trainee dogs during catastrophic fire danger days. We envisage this commitment to be for only 2-3 nights at a time.

If you can help provide a short-term place of safety for a future assistance dog or have any questions, please contact the Training Centre on 8388 7836 or email [info@lionshearingdogs.com.au](mailto:info@lionshearingdogs.com.au).

Thank you for your support.

Yours sincerely,

David Horne

Chief Executive Officer



**Australian  
Lions Hearing Dogs**





## BETTER VISION THROUGH PRE-LOVED SPECTACLES | RECYCLE FOR SIGHT AUSTRALIA

**LIONS Club members in Australia are playing key roles in helping people around the world see better.**

Article by Lion Doug Booth

Recycle for Sight Australia has collected more than 2.5 million pairs of used spectacles, sunglasses, new frames and other equipment since the program began in the early 1990s.

The gift of sight can be taken for granted, however it means so much to the recipients of our recycled glasses.

The program distributes reggraded or refurbished spectacles to Lions clubs and other humanitarian organisations for people in need.

South Australian Lions clubs are playing their part in giving people the chance of better vision through never-before worn pre-loved spectacles.

One such Lion is Lance Crook, who is not afraid of making a spectacle of himself, especially for a good cause.

The Gillies Plains Lions club member has been actively collecting pre-loved glasses from around his district so they can be dispatched from Australia to meet the needs of Third World countries.

This year he has collected more than 150kg of glasses; at 30grams per pair, that's a lot!

"I do the collecting because it puts a smile on other people's faces," Lance said, "I walk into Specsavers and Phil (the manager) says: 'Hello Lance. How are you? Come straight through'."

Lance takes all the glasses that have been donated to Lions and he is often asked: What do you do with them?

"We give them to underprivileged people. You can't buy that ... the happiness that is generated."

Local drop-in locations include Specsavers and the optical store at Greenacres Village.

Another Lion actively collecting to improve the sight of others is Trevor Mace from the Clare Lions Club.

Trevor took over the Lions' share of collections from Clare Lions club stalwart Ian Denton about two years ago and has brought a renewed focus to the activity.

"We have sent off about 2000 recycled glasses in the past 12 months from the Clare region," Trevor, a retired civil engineer, said proudly.

It takes him a few hours a month to collect the old specs and pack them up in former Lions Christmas Cake boxes ready for posting to the Sunshine State.

Ian, who will celebrate 20 years' service to the Lions in 2022, had been busy for about 10 years collecting and reprocessing the discarded glasses which come from a variety of sources.

The Specsavers store in the main street of Clare is high on the list as wearers update their old spectacles for new pairs.

But there is still room for improvement.

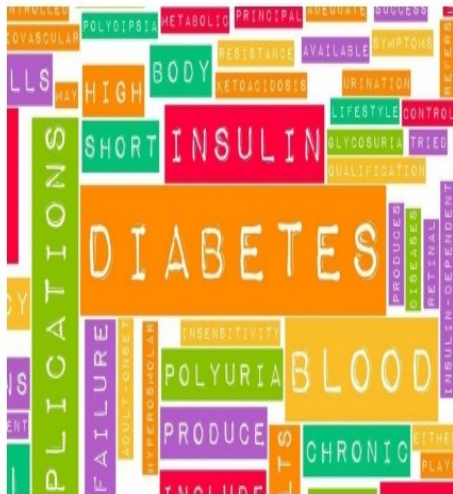
Trevor says, "The Lions furniture shed in Harriett Street will now accept glasses being dropped off."

In fact all Australian Lions encourage you to drop off your old glasses for recycling.



**Lions  
RECYCLE  
For Sight**

**14<sup>th</sup> November 2021**



There are 2 main types of diabetes.

Type 1 diabetes is a condition where the body is unable to produce insulin of its own. The only treatment is to have insulin either via injection or pump.

Type 2 diabetes can run in families and is a condition where the person may no longer be making enough insulin or their insulin is not working properly. They may be managed with lifestyle strategies, medications and/ or insulin.

Diabetes is relentless.

Every minute of every day, a person with diabetes faces decisions, thoughts, worries and fears about their diabetes care and the future impact the condition may have on their health.



A person with Type 1 diabetes needs to adhere to a complicated regimen and to make an average 180 decisions each day directly related to the management of their diabetes.

Diabetes distress, anxiety and burnout are very real complications of the condition.

Last year Diabetes Australia's theme was 'Heads up on Diabetes' with a focus on the mental and emotional health impacts of living with diabetes.

This world diabetes day, I would like to encourage LIONS to have a conversation about the real impact diabetes can have on a person's mental and emotional wellbeing.

*If you are feeling overwhelmed by the burdens of caring for your diabetes or for someone you love with diabetes please contact your Diabetes Nurse Educator or GP for further support*

**Coralie Cross** MNurs: NP (Diabetes: Rural, Remote & Indigenous Health)

Credentialed Diabetes Educator, RN

York & Northern Local Health Network

Email: [Coralie.Cross@sa.gov.au](mailto:Coralie.Cross@sa.gov.au)

Phone: (08)8842 6524

Mobile: 0466 600 427







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## AROUND THE CLUBS



LIONS CLUB OF PARALOWIE  
IN CONJUNCTION WITH



are offering FREE Skin Cancer Screenings on

**Saturday November 6<sup>th</sup> and Sunday 7<sup>th</sup> November**

At Salisbury North Football Club, Bagster Road,  
Salisbury North

**Bookings are essential –**

Call Judy on 0499477269 to make an appointment





## AROUND THE CLUBS

### LIONS CLUB OF ANGLE VALE



**1st SUNDAY IN NOVEMBER**  
**9am-2pm**

**VIRGARA WINERY**  
**HEASLIP ROAD, ANGLE VALE**

**TO BOOK PHONE-**  
**0416 452925**



## AROUND THE CLUBS

### NEW MEMBER AT GILLES PLAINS



Lion Gabby Young (on right) recently was inducted into the Lions Club of Gilles Plains. President PDG Jphn McIntosh conducted the induction ceremony. Lion Ray Norton is her sponsor.

Welcome to lions Gabby. We hope that you enjoy the fun and fellowship.

### MODBURY SOCCER CLUB CATERING



### DONATION BY WEST BEACH CLUB

On 22 October 2021 members from the Lions Club of West Beach attended an afternoon tea at Western Hospital, Henley Beach, to view a demonstration of a CPR manikin presented by the Club to the hospital.

The donation of \$5043.00 was for the purchase of a state of the art Resusci Anne QCPR manikin. Hospital ICU staff commented that the training manikin is vital in staff clinical training with the aim in improving CPR competence through real-time feedback.

The demonstration was also attended by the hospital's Chief Executive Officer, Kathy Nagle, and performed by senior ICU staff under the leadership of Vivienne Leigh, the hospital's Clinical Educator/ICU Manager.

The Club continues to build on its existing relationship with the hospital and the Friends of Western Hospital, its active volunteer support group.







## AROUND THE CLUBS

### NEW MEMBER AT WALLAROO

Wallaroo Lions Club warmly welcomed our newest member Shane Billett, who was proudly inducted at our September's works meeting by visiting Vice District Governor, Zig Osis.

Shane is already proving to be a valuable team member, doing his first stint in the Wallaroo Lions' Donut Van, at our October Market, and held monthly at the Wallaroo Town Hall.

His training as a Covid Marshal will also be put to good use.

Well done Shane, and welcome to the club.



### NEWS FROM GLENSIDE LIONS

#### 1 Eastern Districts Little Athletics Club

Glenside Lions have donated \$5300 to the Eastern Districts Little Athletics Club in October to help them set up a new computer system to modernise their club administration. This is in line with our Club's focus on youth in our area. EDLA Club hosts a uniquely Australian sport for children aged 3-17 years. It is based on the sport of athletics (track and field) and the events are specially modified to suit the ages and abilities of children. A wide range of training for running, jumping, throwing and walking events are conducted. Little Athletics recognises that children vary widely in shape, size and athletic ability, and is thus one of few sports that successfully caters to them all. Each year across South Australia, approximately 6,000 boys and girls enjoy the activities that Little Athletics has to offer.



#### 2 Christmas Food Hampers to Foodbank SA

Glenside Lions have donated \$920 to Foodbank SA for 20 Christmas hampers at \$46 each. The hampers will be distributed by Foodbank to families in need during the Christmas season. We have donated hampers to Foodbank for many years and it has become an annual giving by our Club. We hope it will bring some joy to families in need in our community.



*Deliciously*  
**Naughty**  
& always **Nice**  
*for your community.*



**Always.**  
lionsaustralia  
75 years and counting





**FIDELITY — INTEGRITY — SERVICE**



# AROUND THE CLUBS

## PORT AUGUSTA REQUIRES SUPPORT

### Lions Helping to Make a Difference in Men's Health!

The Lions Club of Port Augusta has approved the featured service project for the current 2020/2021 year.

The district has a number of Lions clubs that are within the surrounding areas that could well be accessing this unit.

As the Zone 8 Chairperson I would like to invite the other Lions Clubs in Zone 8, as well Zones 7 and 9 to join with Port Augusta to raise this service project as a multizone Zone project. However, all district clubs are invited to support this project.

District Lions Clubs within Zones 7,8 & 9 including:  
Booleroo Centre & District, Cowell, Jamestown, Kimba, Orroroo & District, Port Pirie, Port Augusta, Peterborough & District, Quorn, Rocky River, Whyalla, Whyalla Mount Laura, and Wudinna.

The unit is expected to be commissioned by June 2022 and will ensure that public patients across the Health Network will have the same level of service that is available in Adelaide.



### Lions Challenge:

**To raise \$45,000  
to match The  
Male Bag Foundation's  
\$45,000 grant!**



**Steve Fawcett**

The Service project is to raise at least \$45,000.00 to assist in facilitating the purchase of a leading-edge prostate cancer biopsy machine for the Flinders and Upper North Local Health Network. The transperineal biopsy machine will be based at Port Augusta. The balance of the machine's cost will be assisted by funds raised by the Whyalla Prostate Support Group. With \$45,000.00 being donated by the Malebag Foundation.

Health Network CEO Craig Packard:

"...also thanked Port Augusta Lions who saw the unique health value of the project and immediately stepped up to raise funding for the Health Network. The Network and Lions are now in regular contact with the Foundation, and I am confident our shared mission will be delivered on time and have lasting benefits for our community".

### DONATE TODAY

Mail cheques to:  
Lions Club of Port Augusta  
PO Box 644,  
Port Augusta SA 5700

BSB: 035 065  
Account #: 234 641  
Account Name:  
Lions MB Prostrate Account

Contact Steve Fawcett: 0477 003 102  
[www.portaugustalionsclub.org.au](http://www.portaugustalionsclub.org.au)





FIDELITY — INTEGRITY — SERVICE



# AROUND THE CLUBS



## Members of The Athelstone Lions Club

*Cordially invite you to*

## *Our 45th Anniversary Dinner*



**Highbury Hotel**

1017 Lower North East Road, Highbury

Saturday 6th November 2021

**6.30pm for 7pm**

**\$50 per person Set Menu (see attached)**

*RSVP : Michael Cook*

mico@chariot.com.au

**Please advise dietary requirements**

0432 955 472

By 22 October 2021

**Bank Details**

BSB 105-152

Account 055007540

Ref: 45th Anniversary plus your name



**Drinks available at Bar**

**No Disability Access**





## AROUND THE CLUBS

### LIONS CLUB OF PETERBOROUGH & DISTRICT Inc. NEWS UPDATE

On Wednesday 15 September members provided morning tea for 25 people attending the Men's Shed opening of their new shed.

President Julie Atkinson, Shirley Dearlove, Jenni Kendal and Judy Higginson went to the Lions Auction at Jamestown on the morning of Sunday 19<sup>th</sup> September to sell donuts from the Lions Club of Jamestown's van.

Their members were busy with the Auction and so, offered our Club the opportunity to sell donuts. We were kept so busy, that Judy had to meet Vanessa in Yongala to pick up more donut mixes!!! So, this was a great fundraiser for the Club. Thank you Lions Club of Jamestown for allowing us to use your van and for the opportunity to fundraise!

The Club had been collecting money for the coin line for the ALCCRF since the Diabetes Day in May 2021 and then with jars at the July Handover and a jar left at the Railway Hotel. The total raised was \$400, which will go to the worthwhile cause.

President Julie recently attended the Christmas Pageant meeting with Council and Rotary and other groups.

On Sunday 26<sup>th</sup> September, members attended the first working bee held at the Lions Den, doing raking, weeding, cleaning gutters etc. Members then enjoyed morning tea provided by Vanessa Malycha.

On Saturday 2<sup>nd</sup> October, members made Fairy Floss for the first time in years, in readiness for the Lions Markets that were held on Sunday 3<sup>rd</sup> October in the Main Square from 9-1pm, with various stall holders, who paid site fees to Lions.

Prior to the Markets, Shirley did the COVID planning etc for the event. Members set up the area and then were busy selling the donuts and Fairy Floss from the Lions Van.

Vanessa Malycha and Shirley Dearlove will be attending the Salisbury District Convention in October, as our Club delegates. Convention Chairman Shirley will present our Club's submission to hold the District Convention here in Peterborough. Vanessa has been asked to assist with various tasks on Friday and Saturday.

Our Club recently sent 270 pairs of glasses off to Queensland for the Lions Recycle for Sight Campaign.

Lions are busy planning for the Lions Senior Citizens and Aged Pensioner's Christmas Dinner on Friday 26<sup>th</sup> November, 2021 in the Town Hall, for Senior Citizens and Aged Pensioners, aged 60 years and over. They will enjoy a free 3 course meal, with entertainment in the Town Hall.

Due to COVID last year, it was cancelled for the first time in its long 38 year history, so we are looking forward to hosting it again!





## AROUND THE CLUBS

### NEWS FROM BURNSIDE CLUB

In October our club has undertaken 427 hours of volunteer activity including participation in training for LEHP, digital imaging in Aged Care Centres, stamp and spectacle collection and processing, Christmas Cake sales plus our processing of donations and sale of goods from our Bargain Centre.

We hosted our daughter club members from Glenside for a social dinner with guest speakers from Stroke SA. In addition to hearing from our two speakers we allowed members from each club to share their Lions Club story of involvement. This enabled all present to realise the years of service that have been achieved.

Burnside also shared our experiences we are facing in having our new shed erected....the added expenses and protocols that need to be faced to achieve our goal. If any other clubs are planning such projects we would be happy to share and advise.

Mike Neal, one of our most recent members, has undertaken the task of coordinating training of members from Tea Tree Gully, Glenside and Burnside in the LEH Project. To put their training into practice members from the three clubs set up a stall at the District Convention.

Feedback from members of the public participating as candidates for testing was most positive, as were the practical experiences gained by the Lion testers.

Mike is also coordinating the recording of steps taken by our club members...these are then sent on to a club in District N2 that is undertaking a walk...Steps for Diabetes. Our steps are fed into their progress as they attempt to now walk to Perth and beyond from Canberra.

Our club will celebrate our 60th birthday next May. We are now planning for this event and will be looking to locate and communicate with members who may have been involved with Burnside Lions in some way in the past years.

Anyone wishing to be invited, or know the whereabouts of past Burnside members, can

email [b\\_crookall@yahoo.com.au](mailto:b_crookall@yahoo.com.au)

Burnside Council have offered to support us in holding this event.

Our new shed is scheduled to be erected in mid December and we will then need to spend our energies on reorganising the management of goods and club materials during the January break.

November also will see us busy with Christmas Cake sales at Burnside Village plus extra sales of Bargain Centre goods as part of the Garage Trail. The dates for our Garage Trail sales are November 20th and 21st. All Lions and friends are invited to come along-there is always that special something for you in amongst the clothing, books and bricabrac plus the tools and hardware. Burnside Photo >>>>>>>>>>

### BAROSSA VALLEY CLUB TRANSFERS

Our club has been very fortunate to have three Lions transfer from other clubs. At our meeting on Thursday the 1st of October 2021 our club president Trevor Irrgang welcomed Lion Ray Brussow from the Lions Club of Gawler S. A. and Lions Gail & Wayne Fleming from the Lions Club of Samford QLD into our club and presented them with their new club badges. Gail & Wayne presented President Trevor with a Lions Club of Samford District 201 Q3 banner.



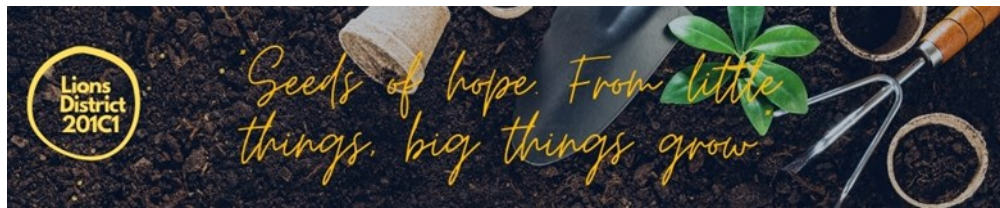
From left President Trevor Irrgang, Wayne Fleming, Gail Fleming and Ray Brussow







## SEEDS OF HOPE. FROM LITTLE THINGS, BIG THINGS GROW.



### Get set to plant commemorative gardens to mark 75 year anniversary in 2022

The countdown is on for the celebration of Lions Australia's 75th anniversary in September 2022.

Local Lions District 201C1 clubs are encouraged to start planning and planting commemorative gardens to mark the special occasion.

The goal is for Lions clubs across Australia to plant at least 75 gardens before the official anniversary in September 2022 and DG John Barnes says, "The gardens will be a great way to recognise the anniversary and celebrate the impact of Lions with the local community by creating their own colourful impact. We encourage the planting of commemorative gardens to recognise the significance of the occasion. Lions Australia's 75-year anniversary is an exciting milestone and a great opportunity to recognise our local volunteers who have made such a difference over the years. We look forward to planting and nurturing our Clubs gardens in the coming months and celebrating within the communities that we serve."

Early conversations have sprouted ideas such as "sensory gardens", native bush gardens, joining forces with local community groups on collaborative gardens and simple rose gardens. Each will take on their own life and grow into a lasting tribute to our community.

#### TYPES:

**Sensory Gardens:** Include features, surfaces, objects and plants that stimulate our senses through touch, sight, scent, taste and hearing.

**Community Gardens:** Single piece of land gardenized collectively by a group of people. Community gardens use either individual or shared plots on private public land while producing fruit, vegetables, and/or plants grown for their attractive appearance.

**Native Gardens:** showcase innovative and artistic ways of using native plants on a domestic scale. These include examples of native plants used for hedging, structural planting, screening vegetation, specimen plants, formal and informal garden beds, pots, and as copses of trees

The District has draft letters for use to send to Councils for permissions to use areas and we are happy to discuss your initiatives to support ideas.



For more information about our 75-year anniversary, contact Lion Charlie, Public Relations 0424644624 [charliehelenrobinson@gmail.com](mailto:charliehelenrobinson@gmail.com)





## **HUMOUR FROM CLUB NEWSLETTERS**

From Clare District

Pupils at a London school were asked to write about the harmful effects of oil on fish. One 11-year-old wrote: "When my mum opened a tin of sardines last night, it was full of oil and all the sardines were dead."

=====

The old woman had a huge bottle with her as she passed through customs at an Irish airport. "What have you there?" asked the customs man suspiciously.

"'Tis Lourdes water I'm bringing home with me."

He took the bottle, tried some and spluttered. Let me tell you, that's not Lourdes water. That's first-class French brandy."

"Lord bless us", she said. "'Tis a miracle."



**Where's Walla Walla?  
Half way between  
Ting Tang and Bing Bang**





## ENVIRONMENT NEWS

**lions australia**  
we serve



### Environment

A core project of Lions Clubs International



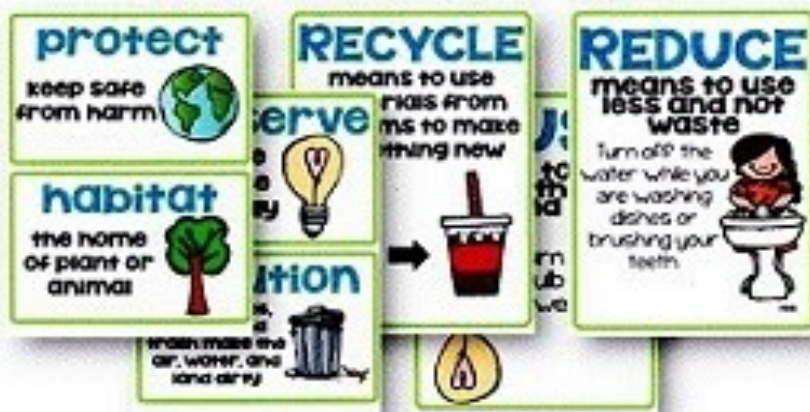
.Hi Everyone,

If you have not already done so, why not start up a **Community Recycling Program**. It may take a little planning to execute a program like this, but the benefits for your community and your participating Lions makes it well worthwhile.

See a few steps that will help you on your journey.

1. **Get a Team Together:** The first thing you will need is Community support. It has been said before by Lions, but a Community Needs Assessment Survey will help put all your efforts into the direction that the community would like an Environment Project to go. Different communities will have different needs, and it is up to you to find out exactly what those local needs are. Approach a group that is already involved in Sustainability, your local council or any of the local schools. Find a "champion" and get them involved.
2. **Plan:** Once you find the people who will support this project, organise a meeting to answer a few questions.
  - What items does your community currently Recycle?
  - What items does your community feel they need to Recycle.
  - Can you utilise existing Recycle depots?
  - Who will do the sorting?
  - Would any neighbouring Clubs or Communities be able to join/help this program?
  - What are the specific goals you would like to accomplish in the short term , and into the future?

## VOCABULARY CARDS



3. **Appoint a Recycling Coordinator:** This person will hold the group together as there will be a few mistakes made along the way. Basic Role Description.
  - Administration of local Recycle programs.
  - Guiding Recycling and Waste reduction efforts for public events.





## ENVIRONMENT NEWS CONT

5. **Host A Recycling Information bbq:** Get together a few Wheelie Bins and label them with the items you would like to see placed in them. Invite the public to attend the bbq in a local park and ask them to bring along their Soft Plastics, Household batteries, Ink Cartridges and any other common item that is going to landfill. Have a few Environment brochures and flyers ready to offer to all who attend and engage them in a discussion about all things Environment..., and Lions!!

6. **Constant Promotion:** Once you have had some success with your program, be sure to constantly inform the public. To keep your profile in the public eye, you will need to reach out and let your community know that you are doing what you can to create a Sustainable Future for your children and grandchildren. Hold a monthly Pop-Up Information Booth, (or quarterly) in that same mall and let the public know how you are progressing. This is a task for the PR Team, advertise regularly in the local newsletter, and if there is not one, create one!



*Patrick Williams:*

District C1 Environment Coordinator,

e: [simba103@bigpond.com](mailto:simba103@bigpond.com)

m: 0411 492223

"I acknowledge Aboriginal people as the Traditional Custodians of the lands on which we live and work.  
I pay my respects to the Elders past, present and future, and recognise their continuing connection to the land and waters."



Like Us







# LIONS EYE HEALTH PROGRAM

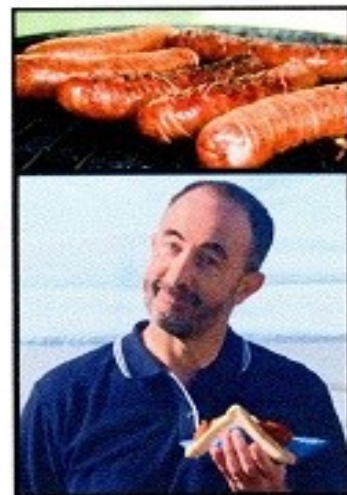


LEHP-Australia  
Lions Eye Health Program



## Sausages Save Sight

Well they can if they are bought from a Lions Club BBQ or Sausage Sizzle where the proceeds are donated to the Lions Eye Health Program (LEHP), a national project of Lions Clubs, that aims to reduce the incidence and impact of vision loss in Australia. When considering where to 'put to work' the profits from your next Lions Club BBQ (Bunnings or otherwise) please consider this:



- Over half-a-million Australians are vision impaired in both eyes to the extent that they can no longer legally drive.
- 90 per cent of vision loss in Australia is avoidable or treatable.
- Too many Australians are losing their sight, when it didn't have to be the case.
- The annual cost of vision related problems to the Australian people is over 16 billion dollars.
- But apart from this, research has found that people with vision loss are at an increased risk of; falls, hip fractures, depression, social dependence and early admission into nursing homes.
- 1 in 5 children has an undetected vision condition.

Profits from an upcoming BBQ being run by your club, if donated to LEHP, will contribute towards education programs to encourage all Australians to have Regular Eye Examinations to detect the effects of Diabetic Retinopathy, Age-related Macular Degeneration and Glaucoma.

Funds will also be used to conduct Vision Screenings in schools, sporting and community centres throughout the country, to detect undiagnosed vision problems in children, so they will not fall behind in school because of poor vision and can have the best possible start in life.

LEHP can supply posters, brochures, audio visual presentations, stickers and other promotional items to support your 'BBQ to Save Sight'.

Donations can be sent to: **The Treasurer, LEHP-Australia, PO Box 86 Camperdown Vic 3260**

Or by Electronic Funds Transfer (EFT):

Account Name: **Lions Eye Health Program**

BSB: **633 000** Account Number: **108999475**

**Please use the word BBQ and your Club Name as a reference**



Thank you for considering supporting Lions Eye Health Program - Australia as part of your Lions Clubs International Vision Global Cause and local service challenge.





## OPPORTUNITIES FOR OUR YOUTH

Take a look around your local community ... what is your Lions Club doing to foster the development of your youth?

LEO CLUBS provide a great opportunity for young people from 12 to 30 years of age to get involved in their community, make friends, have fun and make a positive difference in their world.

In my experience, many young people are genuinely interested in 'giving back' to their community but this opportunity is only possible if LIONS CLUBS make the decision to sponsor a LEO CLUB.

As you are making plans for this new Lions year, please consider forming a LEO CLUB in your area. The benefits are immense, and it will not 'cost' your club anything - as it is a club project, the expenses come from your community account.

Please contact me if you are interested in finding out more about starting a LEO CLUB - I would be happy to help you get it up and running.

Thanks,

**Lion Beau Brug**

**District Leo Chairperson**

[Beau.brug@live.com.au](mailto:Beau.brug@live.com.au)

0430188175



**Leadership**  
**Experience**  
**Opportunity**

## LIONS MASKS WITH EMBLEM



We have organised Lions District 201C1 face masks. Contact Charlie via [charliehelenrobinson@gmail.com](mailto:charliehelenrobinson@gmail.com) if you are keen to get your hands on one (or two). \$15 each with proceeds to the Lions Medical Research Foundation (SA).

