



**DG Tony**

# TONY'S TATTLER

## TALES FROM OUR DISTRICT

### AND BEYOND

May 2021



MEMBERS AS AT 1/7/2020	NEW MEMBERS SINCE 1/7/2020	DECEASED AND DROPPED MEMBERS SINCE 1/7/2020	DISTRICT MEMBERS AS AT 1/5/2021	INC/DEC SINCE 1/7/2020
1123	136	89	1170	+48

World Wide 1,408,735



Lions,

You should all be aware that we are running the C1 Making Strides District Project, which commenced on 1 April 2021. Currently, at the time of this report, we have virtually travelled over 8,100 km, having achieved reaching our original goal of attending the ANZI Convention in Cairns after numerous stops along the way (5,848km). Now are moving on to the site for this year's virtual international Convention in Montréal Canada, another 15,000km. Having achieved over 8100 km in three weeks by 18 participating clubs (and some of which are still to report all their kilometres UpToDate), we should exceed 25,000 km by the 30<sup>th</sup> June.

My challenge to the district is for more clubs to participate, bearing in mind that all steps/kilometres travelled from 1 April 2021 count, to see how far our district can travel in the three months to 30 June 2021. It's not just about helping your club clock up steps, it's about working together as a district. There are regular updates on the district Facebook page, spotlights on clubs across the district, along with information about diabetes. This is one of our key projects as part of our diabetes awareness program for the current Lions year.

The Diabetes Regional Project, in partnership with Diabetes SA, is well underway and by 1 May four event days will have been held at Clare, Port Augusta, Cleve and Port Lincoln. The approach by Diabetes SA has been very professional and supported ably by the local Lions clubs. I thank all those involved.

We are continually being challenged by natural disasters and the continuing saga of Covid 19. I thank those clubs who have supported the Australian Lions Foundation in their latest appeal in respect to assisting those who have been affected by severe flooding in New South Wales and Queensland. Your assistance is vital for the ALF to be able to provide the support required.

The Multi District Convention is being held in Canberra in early May and this will be the first time in two years where Lions will be able to discuss face-to-face matters concerning the organisation and its future progress. I ask that all clubs look at the motions to be discussed at the business sessions and let me or other Lions attending the convention know their views on each of them.

I am pleased to also report that our membership at the date of this report is 1,171 members, a net increase of 48 since 1 July 2020. This is the fourth highest net increase of all districts in Australia. Let us try and increase this to a net 75 by 30 June 2021.

Keep up your good work in serving your communities as the future success of our Lions organisation will be the result of what we do in this area.

Yours in Lionism  
Tony Pederick OAM  
District Governor

District 201 C1



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Date Bulletin placed

Contact Details

Lions Club of

Where's  
Lennie





### MD201C1 & DIABETES SA & PHN COUNTRY SA DIABETES AWARENESS & SCREENING PROJECT

On Thursday 25<sup>th</sup> March, the Lions Club of Clare District hosted the first of ten Diabetes Awareness and Screening clinics to be held in the north and west of the state.

This major project is a collaboration between **Diabetes SA (DSA)** (provider of the 6 health professionals and also funder of an associated PR campaign “face the facts”), **phn COUNTRY SA** (funding the regional events) and **Lions District 201C1 and local Lions Clubs** who facilitate the events locally.



Lions also funded the purchase of three of the POC HbA1c testing machines along with other supporting material. The testing machines and iPads will stay with Diabetes SA, while the additional banners and tear drop flags, De-fib unit and first aid kit will stay with the District and will go with the PR trailer/kits.

At all locations the halls are setup in a way to facilitate the safe (COVID-19 Virus Compliant) and efficient movement of people through the process. This worked very well. The process simply is people check in at one desk, and whether they have already registered via the web site or not they are directed to an appropriate desk which then guides the people through a Risk Assessment review (AUSDRISK).

If this assessment returns a high-risk level, the people are asked to go to the Point of Care test using the sophisticated (and expensive) HbA1c machines which returns an average sugar level for the previous 3 months (it is not affected by size and time of last meals). Visitors, and Lions of course, could then attend a short lecture/presentation on Diabetes and its management. The DSA professionals were at all times available to discuss any associated issues including dilatory information.

What a team. Dr Foorough (DSA), David Bond (Clare Lions identity), Emma Young (phn COUNTRY SA – part funder of the project) and Cathy Whiteley (DSA)

Interesting stats from this first event showed 56% of people screened recorded a high risk for type 2 Diabetes and of those who then had a Point Of Care (POC) HbA1c test, 10% returned a positive result for Type 2 Diabetes. All those screened that returned a high-risk score were given a letter of referral for their GP.



It should be noted that people who have already been diagnosed as Type -2 Diabetic, and under professional care, were not , and will not be tested. The DSA Health professionals will of course discuss any issues relating to risk reduction or Diabetes management with those who attend.

The handout material is excellent and will help people to minimise their risk and manage, where required, their condition. Of course, there was plenty of Lions info available, not just on Lions generally, but importantly about the local club, hosting the event. In fact, the Clare event should lead to 3 new members to Clare Lions and it certainly helped cement the club's reputation in the local community. So, besides the good it does detecting people with high risks of contracting Type 2 Diabetes (and as such reduce their and the country's health costs), it also enhances Lion's reputation in their community and importantly should attract new members to hosting Clubs.

Screening events are still to occur to the end of June and include locations in the west coast, Yorke Peninsula and the mid north. Go to the web site [www.facethefacts.org.au](http://www.facethefacts.org.au) for more details on Diabetes risk factors and the dates and locations of the next 9 screening events.



### MD201C1 & DIABETES SA & PHN COUNTRY SA DIABETES AWARENESS & SCREENING PROJECT (CONT)

	Event date	Town	Lions Club Main Contact	Lions Zone Contact
1	<b>COMPLETED</b>	Clare	Rob Royal – Ph: 0418 803 938 Email - <a href="mailto:rob.royal@adam.com.au">rob.royal@adam.com.au</a>	Rob Royal
2	Thursday 8 April	Port Augusta	Anne-Marie Fawcett: Ph 0417 830 747 Email: <a href="mailto:lionsportaugusta@gmail.com">lionsportaugusta@gmail.com</a>	Steve Fawcett
3	Wednesday 28 April	Cleve	John Schumann – Ph: 0439 207 042 Email: <a href="mailto:john.schumann@bigpond.com">john.schumann@bigpond.com</a>	Allan Zerna
4	Friday 30 April	Port Lincoln	Gavin Roberts – PH: 0428 831 339 Email: <a href="mailto:gavrob@outlook.com">gavrob@outlook.com</a>	Allan Zerna
5	Thursday 6 May	Wallaroo	Barbara Newman – Ph: 0457 596 488 Email: <a href="mailto:barbnewman@@hotmail.com">barbnewman@@hotmail.com</a>	Ian Marschall
6	Thursday 13 May	Minlaton	Tom Martin – Ph: 08 88532183 Email: <a href="mailto:minlatonlionsclub@gmail.com">minlatonlionsclub@gmail.com</a>	Ian Marschall
7	Wednesday 19 May	Peterborough	Judy Higginson – Ph: 0488 694984 Email: <a href="mailto:shirley.dearlove@bigpond.com">shirley.dearlove@bigpond.com</a>	Don Pritchard
8	Thursday 27 May	Whyalla	Garry Pattingale – Ph 0488 440 377 Email: <a href="mailto:gcpattingale@gmail.com">gcpattingale@gmail.com</a>	Steve Fawcett
9	Thursday 3 June	Ceduna	TBA	Steve Fawcett
10	Thursday 10 June	Laura	Don Pritchard: Ph 0417 835 761 Email: <a href="mailto:rockyriverlions@gmail.com">rockyriverlions@gmail.com</a>	Don Pritchard

Detailed info packs are being sent to each location's coordinator and includes location specific posters, details on tasks to be performed on the day, in fact everything that local lions need to know. A Zoom meeting will be scheduled soon to discuss all the issues and expectations etc for the remaining nine events.

It's a great project, and it deserves everyone's support. For those clubs that are involved, it is a real chance to grow your brand in the community and to increase your membership, not just members of the public that attend, but the local Diabetes health professionals in your community who are invited by Diabetes SA to participate in the events.

The poster pictured (on the following page) is the Clare specific poster. Each location will have its own poster as the QR code on each is unique. This will take the person to a web site that not only has all the information on Diabetes and how to reduce the risk of getting it or managing it, it will also include details of the event and a booking function for those who want to make a specific time for their screening.

Rob Royal - District 201C1 Zone 8 Chair





### MD201C1 & DIABETES SA & PHN COUNTRY SA DIABETES AWARENESS & SCREENING PROJECT (CONT)

#### Diabetes Awareness and Screening Event – Clare 25th March 2021



On 25th March the Lions Club of Clare District supported the first of 10 type 2 diabetes awareness and screening events that are being conducted by Diabetes SA. 56% of the just under 100 people screened were identified as being at high risk for type 2 diabetes. All those who had the blood test on the day were provided with a letter of referral to their GP, about 10% had a blood result indicating they required immediate follow-up with their GP. Clare was followed by Pt Augusta on 8<sup>th</sup> April. Thanks to the Clare and Pt Augusta Lions who helped the team.. Lions who helped out. Check out the website for useful information: [www.facethefacts.org.au](http://www.facethefacts.org.au).

The next few screenings are being held in Cleve (28 Aril), Pt Lincoln (30 April), 6 May (Wallaroo), Minlaton ( 13 May), Peterborough (19 May, Whyalla 27 May, Ceduna3 June), Laura (10 June). Spread the word, and if you are not helping out on the day, make sure you do the test and check out the web site

Rob Royal

Zone 8 Chairman



Kids....

My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him "I am 62." My grandson was quiet for a moment, and then he asked, "Did you start at 1?"



**DISTRICT GOVERNOR HANDOVER**

**All Members and Partners are invited to attend.**



**You are invited  
to the**

***201 C1 District Governor's  
Handover Dinner***

**Saturday 17 July, 2021**

**6pm for 6:30pm Start**

**Adelaide Pavilion**

**Cnr South Tce & Peacock Rd,  
Adelaide (Veale Gardens)**

**3 Course Dinner**

**\$50 per person**

**Dress: Black Tie**

**RSVP**

**[secretary@adelaidecitylions.org.au](mailto:secretary@adelaidecitylions.org.au)**

**by Friday 2 July, 2021**

**Payment to:**

**201C1 District Admin**

**BSB: 105057**

**Acc #: 029004140**

**Ref: DG - Surname**





### STATE YOUTH OF THE YEAR FINAL



Cameron Dixon Overall winner and Evelyn Vincin Walker winner of the Public Speaking section

Golden Grove Lions hosted the state final of Youth of the Year quest. This included all of SA and NT as well as parts of NSW and Vic. Congratulations to all who participated including the overall winner, Cameron Dixon, representing Berri Lions and Evelyn Vincin Walker who won the public speaking award and represented AthelstoneLios Club. Special thanks to Brooke Joppich who represented Golden Grove Lions, Graeme Pascoe for organising the event, Richard Alderson for doing the lunch, all of the other Golden Grove Lions who assisted and the judges who gave up their Sunday to help.

Congratulations to the winners who will now contest the national finals which will be held at the Multiple District Convention in Canberra in May.

### The Finalists



Cameron Dixon, Evelyn Vincin Walker, Taylor White, Brooke Joppich, Annie Aldridge, Connor Perry

### [Link to Convention Website](#)





### AUSTRALIAN LIONS CHILDRENS MOBILITY FOUNDATION INC



A word from our Chair

#### The last 18 months

You haven't heard too much from us in the past eighteen months. We chose not to actively seek donations (other than for specific requests for equipment) as clubs were supporting drought and fire affected communities. During Covid, funds were hard to come by, and so we continued to stay silent. Covid also reduced demand for, and supply of, walkers.

But we have continued to provide equipment to those who need it.

During this time, your trustees have looked at what is happening in mobility environment, and re-viewing how we support our clients



#### *Australian Lions Children's Mobility Foundation - The times they are a Changing"*

Hello – the few 18 months have seen changes and challenges on the Australian landscape.

But we know Change is a constant in life. And it applies to our catchphrase 'Where there's a need there's a Lion'. Sometimes we need to re-prioritise those needs, and also change how we respond to them.

This newsletter provides an update of our plans for the future, and an insight to how we got here.

My thanks to everyone who has helped us purchase a walker, fund raise or promote our cause. I look forward to continuing to work with Lions to help children achieve their full potential and 'get their feet on the ground

**Danny Richardson**  
Chair  
ALCMF

#### Changing the way we respond

NDIS now delivers much of the service previously delivered by ALCMF but is not in a position to deliver all the walkers needed by children nor can they deliver all of them in a timely fashion. ALCMF can help fill the gaps.

Our signature Hart Walker is still available, but there are many more devices to assist children's mobility in today's marketplace and ALCMF are starting to deliver some of these, including other types of walkers, orthotics, body suits, and TAD and other bikes and trikes.







### AUSTRALIAN LIONS CHILDRENS MOBILITY FOUNDATION INC (cont)



#### Devices

#### **We Serve**

As well as our signature Hartwalker, here are **some** of the other devices that enable a child to self-mobilise we can supply (subject to physiotherapist agreeing the device is suitable) We will consider any request for mobility equipment, providing the child is using their legs to move. We do not deliver wheelchairs and motor vehicles

**We now provide many different walkers**



**Walking with cerebral palsy uses more energy and fine-tuning splints to suit the individual makes a huge difference to mobility.**



**Body suits provide support for muscles, but allow joint movement**

**Trikes that provide support where needed enable children to exercise and compete**



#### **A glimpse of the future**

ALCMF now looks forward with confidence to the opportunity to help more children face the world from an upright position, to be able to go their mum and dad when they want a hug, and to play in the school yard like other children. Trustees invite all Lions to continue their support as our plans develop.

#### **Want to know more**

Check our new [Website](#) and [Facebook](#) page or contact your District ALCMF Chair or State Trustee

#### ALCMF Trustees

W Districts	Margaret Halford	N Districts	Danny
C Districts	Bryan	Q Districts	Richard

We look forward to working with you as we, and you, embrace and endorse these changes and make life so much better for many families.







# LIONS MEDICAL RESEARCH FOUNDATION INC

Patron His Excellency the Honourable Hieu Van Le AC Governor of South Australia

Chairman Phillip Donato OAM  
Secretary Carol Barnes  
Email - [lmrfsa@gmail.com](mailto:lmrfsa@gmail.com)

Tel - 0416 229 885  
Tel - 0428 218 822  
Web - [www.lmrfsa.org.au](http://www.lmrfsa.org.au)

Post - 34 Highview Grove Moonta Bay SA 5558  
Donations - PO Box 323 Port Noarlunga SA 5167  
ABN 33 304 508 699



25<sup>th</sup> March 2021

Dear fellow Lions,

The Lions Free Skin Cancer Screening Project has re-commenced after our enforced shut down due to COVID19. The screening dates and locations for this calendar year are listed on the web site.

The Lions Medical Research Foundation is an entity that reports to both the 'C' Districts. The Skin Cancer Screening Program (SCSP) operates as a subcommittee of the Foundation which is responsible for overseeing and managing the operations and financial assets of the Skin Cancer Screening Program. The Foundation funds research projects and research related events, **it does not fund the Skin Cancer Screening Program from its research funds.**

**This SCSP program is predominantly funded as a result of the generous financial support provided by contributing 'C' Districts Lions Clubs.**

The Screening Project was fortunate to receive a \$30,000 grant from the BankSA Foundation to assist with the purchase of a new truck valued at \$100,000 in 2019.

During the COVID break we still continued to support the program by financing the training of new screeners by our training partner HEALTHCERT.

In an effort to assist with these training expenses we are asking Clubs to consider a donation of \$1,000 to sponsor a screener.

When donating to the Screening project please address your correspondence to LMRF (Screening) P.O. Box 323 Pt. Noarlunga S.A. 5167. If donating via EFT: BSB 633 000 A/c 154 221 642 please reference your club name.

Kind regards

Mick  
PDG Mick Millar  
Treasurer  
Lions Medical Research Foundation



**Lions Clubs International  
FOUNDATION**

## sponsor a screener

• FOR \$1000 YOUR CLUB CAN SPONSOR THE TRAINING OF A SCREENER

Donations to LMRF (SCREENING)  
PO BOX 323  
PT. NOARLUNGA  
SA 5167

or EFT:  
BSB 633 000  
a/c 154 221 642  
(Ref club name)

*Fostering health and well-being*





# **Final Lioness Luncheon Canberra Convention 2021**

**Date:** Thursday 6th May (prior to the opening of the Convention)

**Time:** 11.30 am for a 12:00 Noon start

**Venue:** 65 NORTHBOURNE, 65 Northbourne Ave Canberra

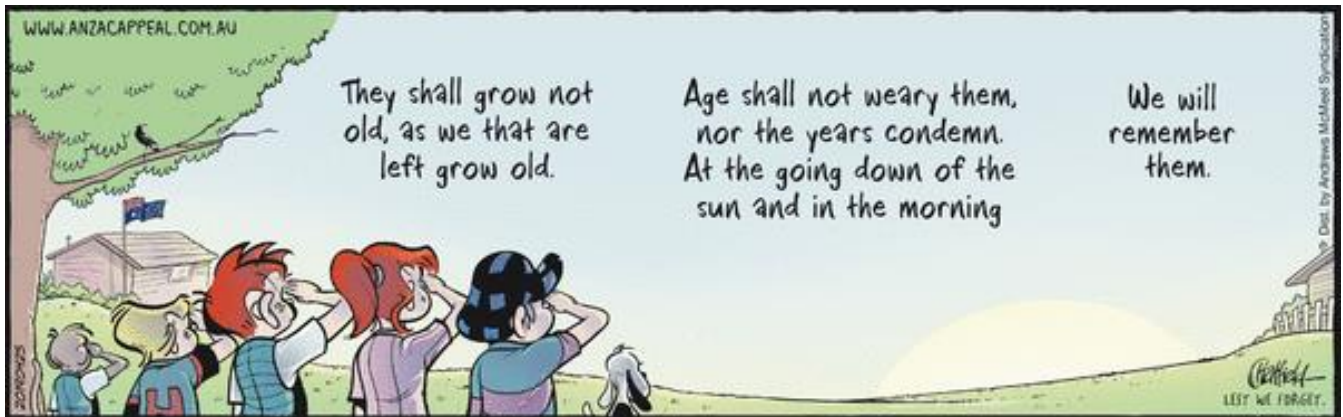
**Bookings:** Via the MD Convention Registration forms when available.

Your Multiple District Committee look forward to welcoming all Lionesses, former Lionesses and their partners to celebrate the amazing legacy of Lionesses in Australia.





### ANZAC DAY TRIBUTE



[And the Band Played Waltzing Matilda \(song by Eric Bogle\)](#)

Click + Ctrl on the link

Please skip through the ads





## **FOUND ON FACEBOOK**

***This is what we, who are aged 70 or 80 years plus, can look forward to.***

This is something that happened at an assisted living center. The people who lived there had small apartments but they all ate at a central cafeteria. One morning one of the residents didn't show up for breakfast so my wife went upstairs and knocked on his door to see if everything was OK. She could hear him through the door and he said that he was running late and would be down shortly, so she went back to the dining area.



An hour later he still hadn't arrived, so she went back up towards his room but found him on the stairs. He was coming down the stairs but was having a hard time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her no, he wasn't in any pain and just wanted to have his breakfast. So, she helped him the rest of the way down the stairs and he had his breakfast. When he tried to return to his room, he was completely unable to get up even the first stair step, so they called an ambulance for him.

A couple of hours later she called the hospital to see how he was doing. The receptionist there said he was fine, he just had both of his legs in one side of his boxer shorts.

I'm sending this to my children so that they don't sell the house before they know all the facts.

*Thank you VDG John Barnes*





### C1 MAKIG STRIDES PROGRESS REPORT

#### Where are we now?

Off to the 2021 Lions Clubs International Convention  
which was originally going to be in Montreal, Canada

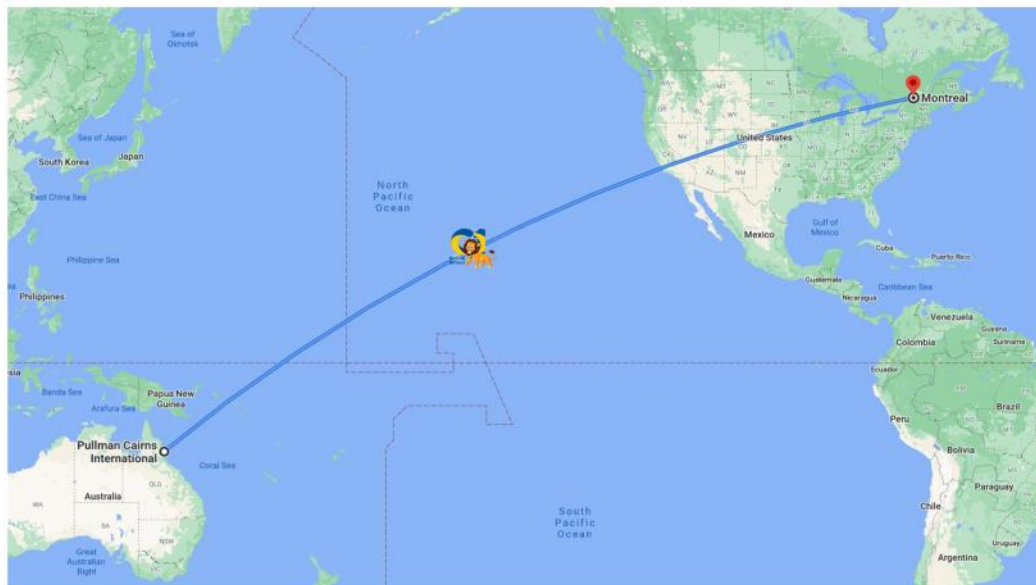
Updated: 30 April, 2021



#### LEADER BOARD

(updated 30 April 2021)

1. Golden Grove
2. Port Augusta
3. Rocky River
4. City of Adelaide
5. Athelstone
6. Elizabeth Playford
7. West Beach
8. Salisbury
9. Richmond
10. Norwood
11. Clare
12. Glenside
13. Gilles Plains
14. Balaklava
15. Paralowie
16. Angle Vale
17. Charles Sturt
18. Port Pirie
19. Gawler
20. Port Lincoln
21. Peterborough
22. Cowell



**District Total**  
**12,994.20km**



**3,038.92km**



**181.2km**



**15.09km**



**5.9km**



**9,750.09km**



**3km**



C1 Making Strides is doing just that, making strides. Our clubs are coming together with this project, getting involved and having some fun with a bit of healthy competition as we work together to travel virtually to numerous destinations.

We now have 22 clubs who have submitted their steps/kms for the project, with other clubs confirmed to join the challenge in the coming days too.

We started in Tumby Bay, travelled around the district visiting all the clubs in C1 until we reached the Onkaparinga Lions Club. That's approximately 1,980km. We then travelled across to the MD Convention venue in Canberra (that's another 1,146km) before heading up to the Lions Australia Head Office in Newcastle (another 435km). Of course we didn't stop there. We travelled another 2,287km to the ANZI Forum venue in Cairns. But wait, there's more ... the Lions in our district are very determined to smash these goals, and together we are now almost halfway to the original venue of the 2021 Lions Clubs International Convention in Montreal. That's right, we're now swimming (or perhaps rowing) across the Pacific Ocean. It's not that far from Cairns, only 15,176km.

It has been fantastic to hear from Lions across the district who have been motivated by this project to get out there and get active, while others are pushing themselves just a little bit harder to take just a few more steps. We've even had feedback from a few people who have learnt something about diabetes and decided they needed to go get checked as a result of this project. It may seem trivial, but this project is bringing lions and clubs together, motivating people to get active, adopt a healthy lifestyle and raise awareness about diabetes.

All clubs, big and small, are invited to join the challenge. It's not too late. All steps/kms from April 1<sup>st</sup> to June 30<sup>th</sup> count. Some clubs only have 1 or 2 participating, others have many. You'd be surprised at the impact just one lion participating can have on the tally. Check out the updates weekly on the District Facebook page (and website), with clubs highlighted along the way and diabetes facts posted too. **And don't forget about the project pin that is available for \$4.**

Remember, every step counts!

Petrea Stacey

**Project pin ordering information is on page 27**



## FOUND ON FACEBOOK

### EATING IN THE FIFTIES

Pasta had not been invented. It was macaroni or spaghetti.

Curry was a surname.

A take-away was a mathematical problem.

Pizza? Sounds like a leaning tower somewhere.

Bananas and oranges only appeared at Christmas time.

All chips were plain.

Oil was for lubricating, fat was for cooking.

Tea was made in a teapot using tea leaves and never green.

Cubed sugar was regarded as posh.

Chickens didn't have fingers in those days.

None of us had ever heard of yogurt.

Healthy food consisted of anything edible.

Cooking outside was called camping.

Seaweed was not a recognized food.

'Kebab' was not even a word, never mind a food.

Sugar enjoyed a good press in those days, and was regarded as being white gold.

Prunes were medicinal.

Surprisingly muesli was readily available. It was called cattle feed.

Pineapples came in chunks in a tin; we had only ever seen a picture of a real one.

Water came out of the tap. If someone had suggested bottling it and charging more than gasoline for it, they would have become a laughing stock.

The one thing that we never ever had on/at our table in the fifties ... was *elbows, hats and cell phones.*





# ENVIRONMENT NEWS

**lionsaustralia**  
we serve



## Environment

A core project of Lions Clubs International



Hi All Recyclers,

Sorry, This link does not work . Editor

[Student recycling program teaching good habits right from the start - ABC News](#)

Most of us have seen the "War On Waste" Television series and this has sparked great interest in the Sustainability of our planet. The ability to teach children about Recycling at an early age is a huge bonus for the future, but the War On Waste is far from over. Even though more people worldwide are Recycling more, there is more plastic being manufactured than ever before!

*To be able to educate young school students about Sustainability is a wonderful opportunity.*

*Why not approach your clubs and suggest that they try to start a Sustainability Program in one of their local schools? Develop a plan and present it to the School Principal and or the school Science teacher. Include a few notes such as the possibility of being able to provide some funding through a local Lions Club and via Grant opportunities.*





# ENVIRONMENT NEWS CONT

Sorry, This link does not work . Editor

[5 ways to inspire kids to reduce, reuse and recycle - Marianne Stenger - ABC Education -  
http://education.abc.net.au/newsandarticles/blog/-/b/3202170/5-ways-to-inspire-kids-to-reduce-reuse-and-recycle-?null](http://education.abc.net.au/newsandarticles/blog/-/b/3202170/5-ways-to-inspire-kids-to-reduce-reuse-and-recycle-?null)

*A Plan to present to a local school could be as simple as a few points below:*

1. **Conduct a Waste Audit.** "What do you throw away each day?"
2. **Design their own Recycling Waste Bin Graphics.** "Use emoticons, could be a fun event!"
3. **Start a Composting Program.** "Or rejuvenate a long forgotten one".
4. **Encourage Creativity.** "What can we use this old T-Shirt for instead of putting it in the bin?"
5. **Turn it Into a Challenge.** "Will an in-school competition on Recycling get them excited?"



*Patrick Williams*

MD 201 Environment Coordinator

Member of the Lions Club of Clare District

e: [simba103@bigpond.com](mailto:simba103@bigpond.com)

m: 0411 492223

"I acknowledge Aboriginal people as the Traditional Custodians of the lands on which we live and work. I pay my respects to the Elders past, present and future, and recognise their continuing connection to the land and waters."



Like Us







# AROUND THE CLUBS

## GILBERT VALLEY CEMETARY PROJECT (from Facebook)



Well today (10TH April) 4 Lions members/Partners and two regular volunteers got stuck into pruning at the Riverton Cemetery ready for the working bee on Wednesday 14th. Lots to pick up. A total of 21 Volunteer Hours done.

Be great if someone had a tipper trailer or small tipper truck for it. Otherwise the one tipper is going to be busy - Loading by John Lloyds Bob Cat..

## NOTE TO CLUB BULLETIN EDITORS AND CLUB SECRETARIES

Do you think that your club has missed out on getting an article in the Bulletin.

Well it is probably because you have sent the information to the wrong email address.

Please make sure that you send the information to

**[tednelse@bigpond.com](mailto:tednelse@bigpond.com)**

***This address is stated on the back page of every bulletin that I send out.***

## PROSPECT – BLAIR ATHOL LIONS CLUB ANNIVERSARY

The Club celebrated the anniversary of each of the two clubs at a social gathering at the Empire Hotel on February 22<sup>nd</sup>. It was the 57<sup>th</sup> anniversary for Prospect (chartered in 1964) and the 46<sup>th</sup> anniversary for Blair Athol (chartered in 1975). The combined club was formed in July 1998.

District Governor Tony Pederick and the Mayor of Prospect David O'Loughlin both commended our clubs on their involvement in the local area and their commitment to service in the Lion's tradition. Amongst the guest attending the celebrations were several partners off past members and a potential new member. Also attending was Lion Vaal Dix OAM who was congratulated on her recent award for service to the community through Lions.

This gathering was an opportunity for our latest member, Graham Poyzer, to be formally inducted into the Lions family by DG Tony. DG Tony also presented his banner to the club, Mayor David and to the Hon. Rachel Sanderson, the Member for Adelaide and a member of the club.

There was also a farewell presentation to Pam Oster, wife of past member Clarrie, as she is relocating to Naracoorte to be closer to family.

The celebratory cakes were cut by the longest serving member from each of the founding clubs – Mike Kain (Prospect ) member for 49 years and Kerry Souter (Blair Athol) a charter member with 46 years membership.



President Gary Pavlich receives banner from DG Tony



# AROUND THE CLUBS

## NEWS FROM MODBURY CLUB

From SOUTH PACIFIC SCHOOL AID

Three pallets of books arrived at Divine Mercy schools, Apia, Samoa.

Sister [Matalena Leota Su'atele](#) wrote:

"Thank you so much for the books and all these beautiful resources for our schools. We have received them all in good conditions.

"Thank you to all your helpers and the generous people who contributed to these. God bless you and your generous helpers.

Sr Matalena"

This is what makes all the hard work worthwhile!

Graham's hard work: "I painted most of these boxes that got painted b4 being needed for the delivery [including the roo and SPSA identity]."



## CLARE CLUB DIABETES SCREENING

### Diabetes Awareness and Screening Event – Clare 25<sup>th</sup> March 2021

On 25<sup>th</sup> March the Lions Club of Clare District supported the first of 10 type 2 diabetes awareness and screening events that are being conducted by Diabetes SA. 56% of the just under 100 people screened were identified as being at high risk for type 2 diabetes. All those who had the blood test on the day were provided with a letter of referral to their GP, about 10% had a blood result indicating they required immediate follow-up with their GP. Thanks to the Clare Lions who helped out. Check out the website for useful information: [www.facethefacts.org.au](http://www.facethefacts.org.au). Rob Royal



I hope you enjoy reading the latest ALCCRF Newsletter

[View Newsletter Here](#)

Thank you  
Sandy Royal  
Newsletter Editor  
email: [sandy.royal@adam.com.au](mailto:sandy.royal@adam.com.au)





# AROUND THE CLUBS

## NEWS FROM PETERBOROUGH & DISTRICT CLUB

### WELCOMES NEW MEMBER!!

Our Club was really pleased and proud to have another new member inducted at our Dinner Meeting held at the Railway Hotel on Tuesday 16th March.

Zone Chairman Don Pritchard, inducted new member Andrew Smith, and presented Andrew with his lapel pin and Membership Kit. Andrew was sponsored by Leo Malycha.

All club members came up and welcomed Andrew into the Club. We are pleased to have Andrew become a member, as we know he will be an asset to the Club. Welcome Andrew!!

Andrew has recently participated in several Club activities, including helping Leo and Ian cook the Bbq at the recent Basketball Grand Finals.

Like most Clubs, who struggle to find members, we are so lucky and pleased to have Andrew join our Club along with our two other new members, Julie Grenfell and Ian Satterley, who were both inducted in February. We hope they all enjoy their time in Lions!

Both Zone Chairman Don Pritchard and Gillian McKenzie attended the Dinner Meeting and prior to inducting Andrew, Don gave a report to our Club on Lions activities in his Zone and Cabinet information. Don was pleased to do Andrew's Induction!

Members had a working bee at the Lions Rose Garden at the Cemetery on Sunday 28th March.

Members will be busy delivering around the town, the recently arrived telephone books before the 25<sup>th</sup> April. Members will work in pairs to hand deliver the books to people's letter boxes. The money raised from this project goes to our Administration funds.

The Club is looking forward to being involved in the Diabetes SA Community Awareness and Screening Event to be held here in Peterborough on Wednesday 19<sup>th</sup> May in the Town Hall.

At the 6<sup>th</sup> April Works Meeting, members decided to host the Australia's Biggest Morning Tea on Thursday 3<sup>rd</sup> June at the Senior Citizens Hall and plans are underway for this important event.

The event was cancelled last year, so this will be nice to host this event for the local community and tourists to enjoy!



Zone Chairman Don Pritchard, new member Andrew Smith, and sponsor Leo Malycha.



Leo Malycha cooking the Bbq with soon to be inducted member Andrew Smith, who helped with the Bbq



Vanessa Malycha and Julie Atkinson working in the Lions Donut Van.



# AROUND THE CLUBS

## WEST LAKES SEATON CELEBRATION

West Lakes-Seaton Lions club celebrated our 20th Anniversary party on the 28th March 2021,

Where: Eagles Function centre Oval Ave, Woodville South

Time 5pm

Dress Code Smart Casual

In Attendance District Governor Tony Pedrick and his Wife Marilyn, 2nd Vice District Governor Zig Osis and his wife Jennifer and other special guests



Hellen Riley receiving her 20 year Monarch

A bit of details about the event, David Myers received his 20 years Chevron Award as well as Hellen Riley who also got her 20 years Chevron Award and also Shirley Knevitt received her 10 year Chevron Award.

They were presented by myself and District Governor Tony also I had my Secretary Lisa Anderson present Shirley Knevitt her mother's award.

We also had a presentation given by Lioness Hellen and Lion David about the clubs history and projects the club has been involved with over the past 20 years, I also had a special table with some of the clubs memorabilia on it, it was a great night of celebration and it was ended with a Anniversary cake.

Thank you for putting our Celebrations in the Bulletin.

Regards Karen



Shirley Knevitt receiving her mother's award

## PORT LINCOLN NEWS

### ZONE 11 PICNIC

A successful Zone 11 picnic was hosted by the Port Lincoln Lions on Sunday the 14th of March.

Attended by 60 odd Lions, Lions Ladies and visitors from Whyalla, Crystal Brook, Cowell, Tumby Bay, Cummins and Port Lincoln Clubs.

Everyone seemed to enjoy the day of fellowship and camaraderie.

Thankyou to the Cooks, Robert and Noel and the Lions ladies in the kitchen and of course anyone else who contributed in any way. Next year this day will be hosted by the Cowell Lions Club.



Editors note:- Where did the "odd" lions come from?

## SAVE THE DATE

**Tuesday 15th June 2021**

**LIONS CLUB OF GILLES PLAINS INC**

**42nd Handover Dinner**

**B Social Restaurant,**

**246 Fosters Road,**

**OAKDEN**

**6.30pm for 7.00pm**

**More information in next bulletin**







## HUMOUR FROM CLUB NEWSLETTERS

I went to see my psycharartist today & he told me I have a split personality.

He charged me \$160, so I gave him \$80 & said get the rest from the other idiot.

Man in resturant chats up pretty waitress in a lunch time cafe, until his wife says

"George, Tell her about your erectile disfunction ap-  
pointment this afternoon"

A middle aged couple were having a glass of wine on the patio one evening when the wife said'

. "I love you so much I dont think I could live without you"

To which the husband asked " Is that you or the wine talking?"

The wife replied " I am talking to the wine not you"



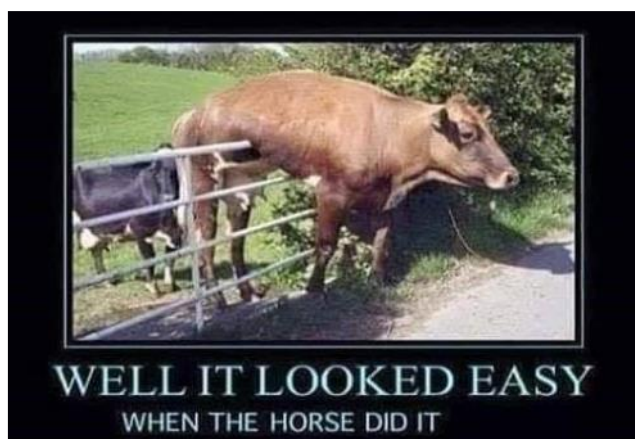
Back in the woods, a redneck's wife went into labor in the middle of the night, and the doctor was called out to assist in the delivery. Since there was no electricity, the doctor handed the father-to-be a lantern and said, "Here, you hold this high so I can see what I'm doing." Soon a baby boy was brought into the world. "Whoa there," said the doctor. "Don't be in a rush to put the lantern down..... I think there's yet another one to come." Sure enough, within minutes he had delivered a baby girl. "No, no, don't be in a great hurry to be putting down that lantern... It seems there's yet another one in there!" cried the doctor. The redneck scratched his head in bewilderment, and asked the doctor, "Do you think it's the light that's attractin' 'em?"

A girl was visiting her blonde friend, noticed she had acquired two new dogs, and asked what she named them.

The blonde responded by saying that one was named Rolex and one was named Timex.

Her friend said, "Whoever heard of someone naming dogs something like that?"

Whereupon the blonde responded, "What else you gonna' name watch dogs?"





### PDG PHIL IN ENGLAND

Good morning all from “bloody cold” England where Jeanette and I have been living with and looking after her Dad who is 98 (this June). So, I thought I might drop you a line to let you know what it is like here in LIONS District 105SE.

Our District covers all of Kent and into Sussex in SE England, part of 8 Districts in MD 105 which includes England, Wales, Scotland and Northern Ireland.

Membership and Fundraising are probably the two most important issues like anywhere, I guess. When you sit back and think about it, we have all the same problem and that is our aging clubs.

In the past 18 months + that I have been here, I have seen 3 clubs close around me and more considering closure, because of the age of members and they just can't go on. Difficulty in gaining new members has been big problem as we can't get to functions or out in the streets to attract new members.

Here on the Romney Marsh, we have several Facebook pages, local village or town newsletters and magazines. I try to put articles in the newsletters as often as possible and occasionally in the Facebook. However, to no avail at this time, because of continued Lockdown. With a bit of luck when summer comes in June, we might be able to attract some new faces.

Fundraising is different, particularly when you don't have a “sausage sizzle” to work on. Big attitude of “we tried that”, “oh you have to have a certificate to cook”, “oh no too much work”.

So, we spend our time at shops or in the High Street “Bucket Rattling”. During summer there are several “town shows” and Fayre's which we had arranged to have a stall at but of course the Virus made a mess of that idea. This year we hope to get in amongst it to spread the word.

People in England don't know anything about LCI, it is the best kept secret, so I have been suggesting that when they are out why not wear the Club or MD Shirt so that people take note of who you are and ask “what is Lions”. What MD shirt?? Exactly what I said because I could not find one, they don't have an MD Shirt or Jacket and that is something I am proud to wear when I am out and that puts the Lions Logo and name “out there”.

The Club meeting and even the District meetings start with a Toast to Lions District and LCI. Interesting that they do not include England and the Queen! I have also noticed that clubs do not read the Objects or Ethics unless it is a special occasion. That is something I have been able to have my club do, is read at least one of these during the club meeting.

Finally, I am so very pleased that I have been included into the DG Advisory Team, particularly when I get phone calls from DG and then the incoming DG to get some advice on how “it's done in OZ”. Since I have been here, I have been asked on 4 occasions to nominate for VDG and of course I said “what part of NO don't you understand”. But on the last time I said yes, and then I sat back and took a look at the consequences, particularly the fact that I would be 78 when I am DG.

So, at the end of the day, I have withdrawn my nomination as I don't want to be an old DG in Lions.

(since writing this article, the Boss aged 97 sadly passed away?)

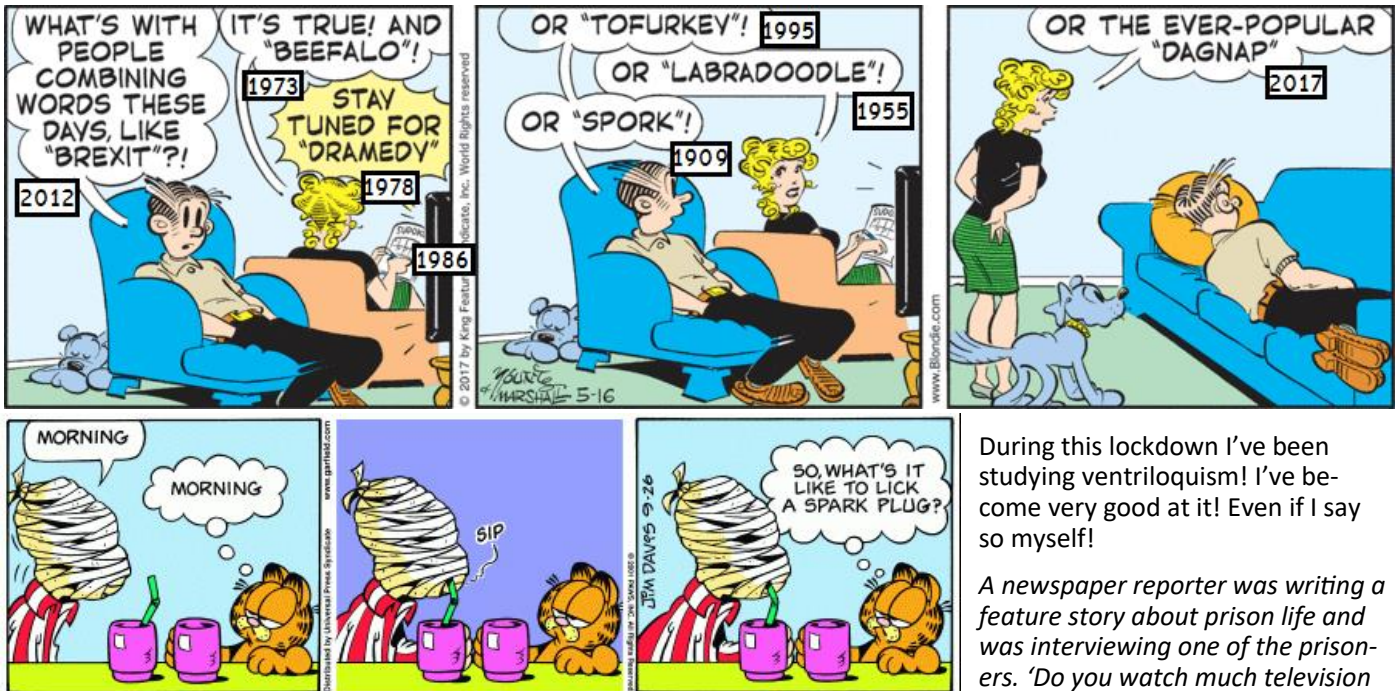
Best Wishes to all my friends







# AMUSEMENTS



During this lockdown I've been studying ventriloquism! I've become very good at it! Even if I say so myself!

A newspaper reporter was writing a feature story about prison life and was interviewing one of the prisoners. 'Do you watch much television here?'

"Only the daytime shows," he inmate said. "At night we're locked in our cells and don't see any television."

"That's too bad," said the reporter. "But I do think it's nice that the warden lets you watch it in the daytime."

"What do you mean, nice?" the inmate said. "That's part of the punishment."

Q: Why did the A go to the bathroom and come out as an E?

A: Because he had a vowel movement.

The other day my wife told me that sex is better on holiday. It wasn't the best postcard I've ever received.

A girl was visiting her blonde friend, noticed she had acquired two new dogs, and asked what she named them.

The blonde responded by saying that one was named Rolex and one was named Timex.

Her friend said, "Whoever heard of someone naming dogs something like that?"

Whereupon the blonde responded, "What else you gonna' name watch dogs?"

From Modbury Newsletter

97

## QUICK WORDSEARCH



## ARMED AND READY

ARMADA ARMLOCK  
ARMADILLO ARMOIRE  
ARMAGEDDON ARMORIAL  
ARMAGNAC ARMPIT  
ARMAMENT ARMS  
ARMBAND ARMY  
ARMED  
ARMISTICE  
ARMLESS

Solution on last page





### MyLCI DATA CLEANSING INFORMATION SHEET FOR CLUB SECRETARIES

The following Information Sheet has been prepared to assist each Club to undertake data cleansing exercise recently endorsed by the Council of Governors at the September Council meeting.

Over the next twelve months each Club has to finalised this review and standardise their Club MyLCI records with a view to dispensing with the PU101 in 2022 and the Multiple District Directory compiled from corrected Club MyLCI records.

#### Mobile and Telephone Numbers:

Based on the standards shown on line, mobile and telephone numbers should be listed as follows –

1. Home or Work No: currently listed as (02) 4823 6358 should be shown as \_

Country Code	Area Code	Number
61	2	4823 6358

2. Mobile No: currently listed as 0427 261 361 should be shown as –

Country Code	Area Code	Number
61	427	261 361

#### Address:

Please do not use abbreviations for Street or Road type and the entire address should preferably be in Capitals.

a. An address shown currently as 120 Green Valley Rd, Goulburn, NSW 2580 should be shown as \_

Address Line 1 City State (select from menu) Post Code

120 GREEN VALLEY ROAD GOULBURN New South Wales 2580

#### Other Contact Information:

- It is imperative **all contact information be as complete, up to date and accurate as possible** unless the Lion involved indicates that some or all of the information is not for publication.
- For example, **if the Lion has an email address that can be listed, please show it (if is in agreeance)**, as that is generally how Lions Clubs International communicate with us.
- If the Lion has a **mobile or home (or other) phone number that can be shown, include the number/s**. For the purpose of future Directories, the default **preferred phone number to be listed should be the Lions Mobile Number**.
- Ultimately it is up to the individual Lion whether they **adopt a separate Officer Correspondence Address from their home address**. If they are one and the same, remember to **tick the check box under their personal address for correspondence**.

#### Dates of Birth:

With the advent of full dates of birth at the beginning of 2019, most listed birthdays were incorrect because a default 1st January or 30th June date was added to the year of birth already in MyLCI.

**The day and month of birth can be corrected at a Club level but if there is an error in the year of birth, that MUST be changed by Lions Clubs International.**

When amending dates of birth ensure the check box "Date of Birth is confirmed" is ticked prior to saving.

#### Other MyLCI Club Information:

##### 1. Club Information -

Club Information is found under My Lions Club Tab and then Club Info. Double check that the meeting venue, day / time are correctly listed. If meeting times and locations vary, or if one meeting is of a different type to other that month, ensure the correct information is shown.

##### 2. Officer Information –

Found under My Lions Club Tab and then Officer Info. Please ensure that all appropriate officers for the current Lions year are listed e.g. President, Secretary, Treasurer, Administrator, Membership Chairperson, Vice President's and Service Chairperson. If they are no listed access to this system will be declined.

I have attached a number of examples of current member MyLCI listings to show where the deficiencies might exist with some private contact details redacted.

Ted Osborn, District Administration and Club Support Chairman.





### GENERAL INFORMATION

#### INFORMATION FROM MULTIPLE DISTRICT NEWSLETTER

##### CLUB WEBMASTERS PLEASE NOTE

##### CLOSURE OF Oz-Clubhouse website

Closure of Oz-Clubhouse Lions Clubs using Oz-Clubhouse should consider alternative options. Background The Oz-Clubhouse system has been provided free-of-charge to Lions Clubs and Districts in Multiple District 201 for a decade. It was put in place to provide a simple website for Lions Clubs, at a time when there were few low-cost alternatives. Oz-Clubhouse was designed and built at no charge, by an Australian Lion. In the intervening period it has been upgraded once and is currently being maintained by the Multiple District. As a custom-built system, it is costly and difficult to upgrade and it is now plagued by ongoing 'bugs' and has become impossible to maintain. The Lions Multiple District Council has resolved to retire the system in the coming months.

Follow the link for more information

<https://lionsclubs.org.au/wp-content/uploads/2019/06/20210112-Oz-Clubhouse-Withdrawal.pdf>



#### NEW MEMBERS IN APRIL

#### WELCOME TO LIONS

Club	Member	Sponsor
<b>Adelaide Hellenic Inc</b>		
New	Debbie Niblett	Evelyn Chefalachis
<b>Gilles Plains Inc</b>		
Trf	Lida Telfer	From Charles Sturt
<b>Norwood Inc</b>		
New	Maurice Phillips	
<b>Salisbury Inc</b>		
New	Simon Yahoo-Taylor	Erin Williams
New	Karina Spencer	Victoria Neander
<b>Torrens Valley Inc</b>		
New	Sanjay Chandaparam	Robert Brooksby
New	Paulette Green	Chris Molloy

#### UPCOMING CONVENTION LOCATIONS AND DATES

##### DISTRICT 201C1

2021 Hosted by SALISBURY CLUB

2022 Hosted by CHARLES STURT WOODVILLE HIND MARSH CLUB

##### MULTIPLE DISTRICT

69TH Canberra ACT 7th to 10th May 2021

70th Perth WA 6th to 9th May 2022

71st Gold Coast Qld 28th Apr to 1st May 2023

72nd TBA

##### INTERNATIONAL

104th Montreal (Virtual) 25th to 29th June 2021

105th New Delhi 1st to 5th May 2022

106th Boston MA 27th June to 1st July 2023

107th Melbourne Vic 21st to 25th June 2024

108th Mexico City 4th to 8th July 2025

##### ANZI Pacific Forum

Cairns Old 3rd to 5th Sept 2021





## ENTERTAINMENT

### Lions Club of Adelaide Italian



Sunday 16th May 2021

MOVIE Fundraiser

\$25 Adult - \$15 Children under 12

includes A Choc Top and small pack popcorn

Live Again. Love Again

# June Again



Please arrive at 1:00pm movie at 2:00pm

COVID SAFE PLAN will be in place

275 Kensington Road, Kensington Park

Lions Charity Fundraiser for Sister Janet Mead's

ADELAIDE DAY CENTRE FOR HOMELESS PERSONS.





### FROM NATIONAL OFFICE—WARNING—PRODUCT RECALL

## SAMSUNG TOP LOADER RECALL



### IS YOUR WASHER AFFECTED BY THE SAMSUNG WASHING MACHINE RECALL? HERE'S WHAT WE CAN DO FOR YOUR MACHINE.

At Samsung, we're dedicated to your safety and peace of mind.

Some time ago, we made Australians aware of a safety issue with six models of our Top Loader washing machines, made between 2010 - 2013. In some cases, the fault can cause smoke or even fire to come from the machine.

So far, we've resolved the issue with 94% of affected machines across the country.

If you have an affected machine, yet to be addressed, we urge you to act. You can choose to have your machine:

- ☐ **REPLACED** with an equivalent model, or
- ☐ **RETURNED** for a full refund.

Even if you have already had your machine repaired, we will replace or refund at your election. If you think you, or your family or friends, have an affected washing machine, please follow the instructions on the right to find out what to do next.

#### 1. WHERE CAN I FIND THE MODEL NAME?

The model name can be found on the back of the machine



The model name can also be located on the front near the control panel

#### 2. WHICH MODELS ARE AFFECTED?

SW80SPWIP/XSA	SW65V9WIP/XSA
WA85GWIP/XSA	SW70SPWIP/XSA
WA85GWWIP/XSA	SW75V9WIP/XSA

#### 3. I HAVE AN AFFECTED MODEL. WHAT CAN I DO NOW?

Contact us to get your machine replaced, or to ask for a refund.



##### 1. GO ONLINE

Visit our dedicated product safety website:  
[samsung.com/au/washingmachinerecall/](http://samsung.com/au/washingmachinerecall/)



##### 2. EMAIL US

Email us on: [wm.samsung@samsung.com](mailto:wm.samsung@samsung.com)



##### 3. CALL US

Contact our Product Safety Hotline on  
**1800 239 655** 8am - 8pm AEST, 7 days

## MAKING STRIDES PROJECT PINS

### Project Pins Have Arrived

The project pins have arrived. They are 25mm and available for \$4 each. You can collect them from me directly, or I can post them to you for an additional \$1.10 to cover the postage.

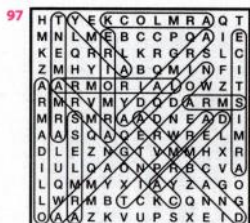
If you are interested in purchasing a pin(s), please contact me via the below contact details. Payment is to be made to the following account (or cash/cheque when collecting):

201C1 District Admin, BSB: 105 057, Account: 029004140, Ref: Pins [name]

If you have any queries, please don't hesitate to contact us.

Kind regards, Petrea Stacey, 201 C1 Cabinet Secretary

Mob: 0410 625 005 | Email: [cabsec.c1@lions.org.au](mailto:cabsec.c1@lions.org.au), PO Box 139, Walkerville SA 5081



Please ensure that all articles are submitted no later than 14th. of each month to-

Bulletin editor, Ted Osborn ( e ) U164 /32 Homestead Ave Walkley Heights SA 5098 (H)08-8368-1826 (M)0403 065 357  
[tednelse@bigpond.com](mailto:tednelse@bigpond.com) (Gilles Plains) Pictures to be in jpeg (less than 100kb) format if possible.

Any opinions expressed in this bulletin are those of the individuals providing the information and/or the editor and do not necessarily represent the view of Lions Clubs International