



District C1 Bulletin

Rob's Dream

July 2015



DG Rob Royal

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International President, Jitsuhiro Yamada

First of all I would like to formally acknowledge the great job Rosemary has done as District Governor over the last year. Overall it has been a great year. Yes we have lost a small club (Grange) but we have added Angle Vale and the Adelaide Uni Campus club, both active and growing. With most of the “official” DG visits completed by the DG Team by the end of September, some would think that Rosemary’s life as DG would slow down. In fact I believe it got busier for her. Rosemary made herself available to any and all clubs that requested her assistance in some way or another. It takes a special person to have International Directors attending District Convention dinners with bright pink hair! Rosemary will be remembered for more than her pink hair and clothes, and shoes and bags and office and! Importantly, Rosemary will be remembered also for the great job she did at both District and Council levels. Many of you may not know, that Rosemary nominated for the MD Council Chair role at the last Council meeting in Newcastle. Just missing out on the Council Chair role shows the level of respect that she is held in Council. Not bad for someone who has “only” been in Lions for about 5 years and has pink hair. It was a pleasure being part of her Executive team. I just hope that I can emulate her achievements in my year to come.

Next I must thank those who have agreed to stay on or join this coming year’s District Cabinet. Regardless of the role being undertaken, I hope that together we can achieve a lot and have some, or a lot of, fun on the way. As at early June, we still have a couple of important roles to fill; Zone Chairmen for Zones 10 and 11 and that of Environmental Projects Coordinator. If you would like to, or have thought about taking on a cabinet role but you have some misgivings about it, please give me a call and we will have a chat. No pressure, no obligation. If you are thinking about it for the future, then give Don Pritchard a call (Global Leadership Team Coordinator) and he will tell you about the training and development opportunities available to Lions to help them take on these roles, now or in the future. This is super important as we always need “new” members on Cabinet to keep it refreshed and relevant to the community we are in today, not 20 years ago. We have new technologies we can use to minimise travel and make it easier to communicate with the team in which you work. So please give it some serious thought.

We are entering a great period for Lions as we get closer to the 2017 Year 100 celebrations and this is why we have appointed, (now IPDG) Rosemary as the Centennial Coordinator. We will have

**Dream, Achieve and Make a
Difference.**

great opportunities to publicise Lions leading up to our 100th year. It will be Rosemary's job as the Centennial Coordinator for 201C1, to ensure we maximise these opportunities at both a District and Club level made available to us as a result of celebrating our 100th year. This is why the big projects like the Clip-sal 500 Charity for 2017 and the Skin Cancer Screening bus projects, both joint projects with C2, are so important as they will offer us a rare and extremely valuable vehicle to publicise Lions and make sure the community is well aware of our achievements.

One of Rosemary's little coups was organising a thank you reception at Government House in late May, where members of C1 and C2 cabinet met with the Governor, His Excellency the Honourable Hieu Van Le AO and his wife. A beautiful couple who seemed genuine in their respect that they had for Lions and the work that we all do. The evening was topped by the presentation of a Melvin Jones Fellowship Award to Phil Bowman by the Governor for all the work he has done and is still doing regarding the Sampson Flat bushfire Recovery project. It was great to see how stoked Phil was to receive the award from the Governor. Well earned Phil and congratulations from us all.

In closing this first issue, I would like to introduce my theme for this year. To **Dream, Achieve and Make a Difference**. Barry Palmer told us it's OK to dream, and as a member of Lions our dreams can come true and we can achieve a lot, certainly much more than as an individual. As Lions we are eradicating measles, we are restoring/saving sight of millions of people around the world and we may well soon be helping paraplegics walk again. We are also saying "Hello are you OK?" to our aged and lonely neighbour. We are allowed to dream. Barry also told us it was OK to feel good about what we do. He also told us to make sure we tell the world what we do and how good it makes us feel doing it.

I am looking forward to this year, with some anxiety, but with some confidence. Together we will achieve and make a difference and hopefully have lots of fun doing it. As you read this I am at the International Convention in Honolulu. I look forward to seeing you at the Handover Dinner at Payneham on July 11th.

Rob Royal

District Governor

Phil Bowman Honoured

Well what a night last night at the Reception for Lions C1 & C2 Cabinets at Government House hosted by His Excellency the Governor The Honorable Hieu Van Le AO and Mrs Le. To be presented with a Lions Melvin Jones Humanitarian Service Award by His Excellency was such an honor. We as Lions do not expect awards or rewards but the reward from the recipients of the ALF Emergency Grants who personally thanked us and who sent cards and letters of thanks is more than enough. I was blown away by this award as those in attendance can verify. Thank you so very much for this sensational night.

Phil



Wanted

Zone 10 & Zone 11 Chairmen. New working conditions, some repayment for travel, use video conferencing, good support from a great support team

Remember

The District Convention in Pt Pirie in October – See the website for details. Make accommodation bookings early. Remember, casual social activities on the Thursday before the convention and after the convention closes at noon on Sunday. So plan to come early and stay late. If we get 8 or more registering for a golf game, we will try and organise a game of golf on Monday. Or would a fishing charter be more attractive? So why not take the opportunity for some serious relaxation & social activities with some Lions Friends. More later. Watch this space.

Aidan

Adelaide Italian Lions

Lions serve. One joy of service is the vicarious thrill of pleasure at knowing we play at least a small part in the successes of our service recipients.

Aidan Barry, 17, from Marion in Adelaide's southern suburbs, is providing a lot of thrills for Adelaide Italian Lions.

"We initially got involved in a drive to raise about \$45,000 to get Aidan an Assistance Dog," says Lion Bill Barnes, "after first determining that we couldn't supply one by modifying the training of our Hearing Dogs." An Assistance Dog can carry shopping, press pedestrian crossing buttons and help with daily chores like pulling laundry from the washing machine," explains Aidan.

The "almost" straight A student ("I got a B in year 11 English") at Sacred Heart College was born with multiple health issues. Aidan had his first open heart surgery at two weeks," says mum Bernadette "Bernie" Barry, adding he's had three more open-heart procedures and two "closed" procedures including the fitting of a pace maker. Additional surgery to replace that pace maker is scheduled for mid-February. Aidan also has vision and hearing problems and a lung condition he describes as "asthma-like." He has normal legs and feet. He has hands on arms now about 15cm long but only operable on the right side.

So, all this is enough to keep a young fellow down, awaiting the final count, right? Wrong! Aidan displays constant drive and will to succeed, and it is obvious where he gets it from. Some men see things as they are and ask, Why? I dream things that never were and ask, Why not? Bernie explains that this, her guiding philosophy, originated with Robert Kennedy. "I was told I could never drive a car," recalls Bernie, who replied, "of course I can. We just have to find out how." She drives daily.

Aidan has adopted her attitude, choosing to see opportunities instead of problems. He explains by adapting computer game terminology: "Having a physical disability is like playing Life in Hard Mode."

Aidan's golf career began with an interest at 4, playing at 7, and taking over coordination of golf for persons with disabilities at 14. He plays both ordinary, single-stroke golf and Ambrose Rules. In this adaptation, a foursome tees off as usual from a single point. One player's ball, of course, lands nearest the hole. The other three players then move their balls to that spot so all players play

all their second shots from that same point.

Aidan is captain and honorary administrative officer of the No Handicap Golf Club run through Disability Recreation and Sport South Australia (DRSSA), where Bernie is a board member. The club was originated as the SA Amputee Golf Association by Gary Hart, who had lost part of a leg and who has since died, and is now open to persons, especially young people, with disabilities. Bernie and Aidan cite benefits. "There are kids with autism who would never open their mouths, " says Bernie, "but they'll talk about their golf game."

Marion City Council's Young Citizen of the Year for 2015, SA Winner of the Courage Award in the 2014 Pride of Australia list, and a member of the Youth Brains Trust of Australia, Aidan does a lot of public speaking to raise awareness of the benefits of sport for persons with disabilities.

"I am really grateful to DRSSA and Lions for their support to get an assistance dog -- it doesn't happen without generous people like yourselves," says Aidan. One of his long-term goals is to study law at university. Another is to get golf accepted into the Paralympics and to win a gold medal. Adelaide Italian Lions are taking no bets at any odds against his getting there.



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Angle Vale Lions

Angle Vale Lions held their Biggest Morning Tea function on 17th June at the Angle Vale Gardens Community centre, for the Cancer Council. It was attended by approximate 55 people, and the money raised was approximately \$1045.00 with further donations still to come in as promised

Angle Vale Lions Club sincerely thank those businesses that gave donations to our raffle prizes :

Dressed 4 Success, Angle Vale Newsagency, CC Hair Fashions Angle Vale, Amaja Embroidery, Lisa of Maximum Advertising, Minimal Cost, Fresh & Yummy, Unique Chemicals, Gannon Lifestyle Group Angle Vale Lions Club Inc.



Port Pirie Lions

Lions guest speaker for the Month of May was Raelene Yates from the Dialysis ward of the Port Pirie Regional Hospital.

She spoke on dialysis in Port Pirie and kidney diseases and the effect it had on the heart and other organs, a lot of questions were asked and answered by her. It was a fascinating talk and made all members aware of how important the kidneys were.

A letter from the Mayor and the council was received thanking Lions for their participation at the recent Community BBQ which was arranged at short notice for those within our community affected by the recent gas outage.

The Port Pirie Lions will be hosting the Lions Convention on the 16, 17 and 18th of October, planning is well under way with several sites already booked for the Convention.

There will be first class sessions and speakers including Immediate Past International President Barry Palmer plus a still to be confirmed national identity that will see the Convention Centre fill as soon as his name is announced. Add to that a number of workshops run by the Global Leadership Team, Year of The Youth District Final and panel sessions it will be both entertaining and informative.



Presentation made at Port Pirie Lions meeting

The Lions Club of Charles Sturt

The Lions Club of Charles Sturt is extremely pleased to advise that Charter member Ray Barry has been honoured as a recipient of the Order of Australia Medal (OAM). Lion Ray received his nomination for his exceptional contribution to community service through Lions over the past 51 years and also his contribution to the Cold Storage industry. Lion Ray Barry also stands among the members as a Past President, President's Counsel, Melvin Jones Fellow, Life Member and Lions International Presidential Medal recipient. Lion Ray Barry is indeed held in high esteem by every member of the Club. He is a role model and a mentor, a leader in our fine organisation. Lion Ray has been committed to the Lions Club of Charles Sturt for 51 years, over this time providing advice and counsel from his extensive knowledge and experience of both Lions and business. In recognising this, Lion Ray holds the most honoured position of President's Counsel and continues to be a Board member as he has done so for his entire time with the Club. Ray Barry is popular and well respected. Apart from his community service work, Ray has had many accomplishments in his career, but is nonetheless still known as never being too busy to be there for others.



Congratulations Ray. You are truly a worthy recipient of this honour.

President Dorothy Lewtas takes pleasure in inviting all Lions Clubs to join The Angle Vale Lions Club Inc. for an

End of year picnic bbq luncheon

At the Angle Vale clubrooms oval at Gabriella Court Angle Vale

SUNDAY 15th NOVEMBER 2015

at 12.00 noon, \$15 for your BBQ lunch

Bring your own chair and drinks.

RSVP by Oct. 30th. To

Dorothy 0412 691 721 , *dixie-dee1@gmail.com*

or

Neville Case: 0408 110 440



MALLALA AND DISTRICT LIONS CLUB NEWS

At their May dinner meeting the Mallala Lions Club members welcomed six new inductees into the Two Wells sub branch of the Mallala Club. As Guest Speakers, the District Governor Rosemary Wenham and Megan Butler (2nd Vice District Governor Elect and Global Membership Coordinator) both gave members and guests an overview of how a sub-branch operates as a separate entity.

The six new members, Ian Gameau, Malcolm Frost, Strathmore Wendland, Rodney Mildred, Brenton Applebee and Rodney Wilms-hurst after being welcomed into the Mallala Club joined members and guests at a dinner presented by the Local Mallala publicans Dylan and Bec Stodardt.

Lion Marg Slater



From left: Megan Butler (2nd VDG Elect & Global Membership Coordinator), Kym Taylor (Seated) Rosemary Wenham (DG) Peter Kirvan, Mick King, and inductees - Brenton Applebee, Rodney Wilms-hurst, Strathmore Wendland, Ian Gameau, Malcolm Frost and Rodney Mildred

Police Checks

For the Youth of the Year or other volunteer work with the vulnerable, Lions may require a Police Check.

These are free for volunteer organisations and details are found at

<http://201c1.lions.org.au/resources>

Please ensure you follow the process correctly as it is so frustrating to do the work and have the application returned as it correct process was not followed.

Free mammograms for all women over 40



The Rose Clinics are now located in David Jones stores in Perth, Sydney, Melbourne, Brisbane and Adelaide, and in case you were wondering, the initiative is a partnership between DJs and BreastScreen, so the mammograms are performed by highly trained medical personal.

The Rose Clinics are generally open weekdays during normal business hours, and appointments can be made by calling 13 20 50 between 8am and 5pm weekdays.

While state health departments and BreastScreen provided the staff and equipment, David Jones covered all the costs of building the clinics.

Across Australia, over 12,000 women will be affected with breast cancer every year.

A mammogram takes only twenty minutes, about the time you might spend having a cuppa and a muffin, and thanks to DJs, it's now easier than ever to look after your health.

Adelaide

Adelaide Central Plaza, Lower Ground
100 Rundle Mall
Adelaide, SA 5000
Monday - Friday: 9:30am - 5:00pm

PDG Peter Panagaris
District 201-C1
Public Relations

Can You Relate to this?

Someone asked an old man: 'Even after 60 years, you still call your wife Darling, Honey, Luv. What's the secret?'

Old man: 'I forgot her name and I'm scared to ask her'

Free clinic sheds light on potential skin cancers

By Genevieve Cooper

Nearly 30 people received a potentially lifesaving warning when they stepped into a free skin cancer screening clinic at Woodside earlier this month.

They were among the more than 160 residents who attended the clinic, run by the Lions Club of Onkaparinga over May 9 and 10 as part of a wider project run by the Lions Clubs of WA's Lions Cancer Institute.

Qualified volunteer screeners discovered 42 suspected skin lesions on 28 of the people who attended and 24 of those lesions were classified as "suspected life-threatening if left untreated".

Residents diagnosed with suspect lesions are directed to consult their GP and seek specialist advice for further examination and possible treatment.

Garth Beckwith, a clinic volunteer and a Lions' skin cancer committee member, said it would be some time before the Lions Cancer Institute received any feedback about the referrals from the Woodside clinic.

"The number of discovered lesions is about average," he said.

Saving lives

"The results follow a similar pattern to other screening at various locations in SA and if follow-up treatment with general practitioners or specialists is undertaken, our weekend of screenings could hopefully have saved some lives."

Mr Beckwith said about 70% of those who attended the session had never had their skin screened before.

"That's about average too," he said.

However, Mr Beckwith, 75, said the community was much more aware about skin protection than they had been in past generations.

"People are more aware of the problem now



Lions volunteers Moira Carter, left, Ed Horton and Garth Beckwith took part in a free skin cancer screening program at Woodside recently.

but those of my age who didn't wear a hat for the past 40 to 50 years have inherited all these spots from playing cricket, fishing and other sports activities and that's now an issue," he said.

The Woodside clinic is the first time that the Lions Club of Onkaparinga has hosted a skin cancer screening session.

The screenings were conducted by Colin Beauchamp from Perth and Chris and Siva Lowings from Aberfoyle Park with organisational help from Lions members.

Similar clinics have been run by clubs in Gawler and Wallaroo and another is scheduled for Burnside in July.

According to Mr Beckwith, the logistics of organising the screening and finding qualified staff to volunteer their time meant it could be a while before the Onkaparinga Club would host another session, although other clubs in the Hills could choose to pursue the program.

"This has only been happening in SA for a couple of years but it's been happening in WA for 20 years through their Lions Cancer Institute program," he said.

Onkaparinga Lions

Data Summary

Total Screened	163
Males	73
Females	90
Referred	28
Suspect lesions	42
Potentially life threatening	24
Screened in last 6 months	1
Screened 6—12 months	11
Screened over 1 year ago	50
Never screened	101

Burnside Lions

The Open Garden Day at Beechworth was a brilliant team effort by the valiant few of our members who fought off the elements and did a magnificent job of providing the catering and gate-keeping at Beechwood. The garden lovers were, by all account, undaunted by the weather and donned boots and oil-skins, hats and scarves to enable them to enjoy the treats of the day.

The organizers were so pleased with our efforts that we have been invited to work our magic at their October open day. Michelle gave us who could not attend a very comprehensive and graphic description of the fun, the trials and the excitement of the day. We also owe much to our non-lion partners Brigitta, Rosemary, Sue and also to Sandra who worked tirelessly and with great sense of humour. I asked for some photographs for this Bulletin and while it appears that all those attending were too busy to be photographers, I am indebted to Maggie's Daughter in Law for these contributions of such a beautiful setting. Well done!

Julie has not as yet finalised the finances but I believe the Gate alone raised, as our share in excess of \$1,680. That is certainly

cream on the cake (or should that be scones). The story doing its rounds of the club is that it may not be politic to ask Brian to cook sausages for a while yet.

Congratulations Michelle for leading the "A Team" in a very successful venture.





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Where can I buy Lions merchandise?

Most Lions merchandise is available through our [online store](#) or as a custom order through our [Club Supplies Sales Department](#). If purchasing Lions merchandise from any other source, you can verify that you are using an authorized supplier through the listing of [Official Licensees](#) in our online store.



What if I can't find what I want at LCistore.org or through the licensees?

If you are looking for an item that is not provided by Club Supplies or our Official Licensees, you may contact our Club Supplies Sales Department to either:

- Place a custom order, or

Obtain written authorization to have an unlicensed supplier of your choice use the emblem on that single, specific order.



What should I do if a company is selling Lions merchandise and isn't on the list?

Report any unauthorized suppliers of Lions merchandise to TrademarkUse@lionsclubs.org and help protect your emblem. Revenue from the sale of Lions merchandise through the Club Supplies and Distribution Division of LCI and our Official Licensees helps to keep our dues the lowest of any like service organization.

I know a company that would make a good licensee; who should they contact?

If you are aware of a company that would like to become an official licensee, please have the company contact LCI directly at TrademarkUse@lionsclubs.org

Vale

Lion	Club
Mr Ernest Masters	Booleroo Centre & District Inc

Making Friends Outside of Facebook.

Currently, I am trying to make friends outside of Facebook whilst applying the same principles. Therefore, every day I go down on the street and tell a passer-by what I have eaten, how I feel, what I have done the night before, and what I will do afterwards; I give them pictures of my meals, my partner, family, friends, my cat, my garden, and 'selfies' of when I am pursuing my hobbies such as walking on the beach. I also listen to their conversations, and I tell them that I love them. And wow, it really works. Already I have 3 people following me: 2 police officers and a psychiatrist

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Our Website <http://201c1.lions.org.au/>

New Lions.

Club	New Lion	Sponsor/Transfer
Booleroo Centre & District Inc	Paul Arthur	Bec Simpson
	Noel Arthur	Garry Wauchope
	Benjamin Mkuchu	Port Lincoln Inc
Cummins & District Inc	Anthony Ashman	Peter Meaney
	Ronald Fuss	Ian Rodgers
Kapunda District Inc	Julie Bricknell	Maureen Altus
	Brian Randell	Maureen Altus
Lock Inc	Jennifer Gorschelski	Garry Hodge
Mallala & District Inc	Brenton Applebee	Peter Kirvan
	Martin Hart	Peter Kirvan
	Rodney Mildred	Peter Kirvan
	Edward Stubing	Peter Kirvan
	Rodney Wilmshurst	Peter Kirvan
	Malcom Frost	Mick King
	Ian Gameau	Mick King
	Strathmore Wendland	Mick King
Onkaparinga Inc	Sonya Millar	Vonny Mahlburg
	Scott Millar	Peter Mahlburg
	Roger Paul	Gavin Roberts

Please ensure that all articles are submitted no later than 14th. of each month to-

Bulletin editor, Harry Webb (e) hlwebb@bigpond.com or post to PO Box 7, St Agnes, 509. Pictures to be in jpeg (less than 100kb) format if possible.

Any opinions expressed in this bulletin are those of the individuals providing the information and/or the editor and do not necessarily represent the view of Lions Clubs International